## SECONDARY EDUCATION PE HEALTH WELLNESS PRE K-ADULT

CORE CURRICULUM

The Core Curriculum is designed to foster critical thinking skills and introduce students to basic domains of thinking that transcend disciplines. The Core applies to all majors. Information on specific classes in the Core can be found at marshall.edu/gened.

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ORE 1: CR	ITICAL THINKING				COI	RE 2:					
CODE	COURSE NAME		HRS	GRADE		CODE	COURSE NAME		HRS	GRADE	
FYS 100	First Year Seminar	•	3		<b>***</b>	ENG 101	Composition I	•	3		
MTH 12	1 Critical Thinking Course	•	3		<b>**</b>	ENG 201	Composition II	•	3		
ESS 218	Critical Thinking Course	•	3			CMM 103	Fund Speech-Communication	•	3		
					<b>***</b>	MTH 121	Concepts & Applications (CT)	•	3		
Additio	nal University Requirements						Natural Science	•	4		
	Writing Intensive		3				Humanities	•	3		
	Writing Intensive		3				Social Science	•	3		
	Multicultural or International		3				Fine Arts	•	3		
CI 450	Student Teaching Capstone		3								

#### **TEACHING SPECIALIZATION**

All Wellness Programs PreK-Adult majors are required to take the following courses:

	CODE	COURSE NAME		HRS	GRADE	CODE	COURSE NAME		HRS	GRADE
<b>**</b>	DTS 210	Nutrition	•	3		ESS 211	Physiology of Fitness	•	3	
	HS 201	Intro Appl Anat & Physiol	•	3		ESS 305	HE & PE in Early Child Prog	•	3	
	HS 220	Personal Health	•	3		ESS 350	Rhy & Movement Children	•	3	
	HS 221	Personal Health II	•	3		ESS 435	Adapted PE & Mainstream	•	3	
	HS 222	HIth Prov First Aid/CPR/AED	•	3			PEL activity course	•	1	
	HS 325	School & Comm Health	•	3			PEL activity course	•	1	
	HS 365	Functional Kinesiology	•	3			PEL activity course	•	1	
	HS 369	Motor Learning	•	3			PEL activity course	•	1	
	HS 426	Curriculum in Health Ed	•	3			PEL activity course	•	1	
	ESS 218	Sports in Society (CT)	•	3			PEL activity course	•	1	

#### PROFESSIONAL EDUCATION CORE

CODE COLIDSE NAME

Students who wish to major in Wellness Programs PreK-Adult must take the following Professional Education Core courses:

HDC CDADE

	CODE	COURSE INAINIE		ппэ	GRADE	CODE	COURSE NAME		ппэ	GRADE
<b>**</b>	CI 350	Inst Tech & Computing	•	3		CI 401	Middle Childhood Curric	<b>•</b>	3	
	EDF 201	Ed Psych Developing Learner	•	3		CI 449	Instr & Clarm Mgt Sec Ed	<b>•</b>	3	
	EDF 270	Level I Clinical Exp	•	0		CISP 422	Differentiate Instruction	<b>•</b>	3	
<b>**</b>	CISP 421	Child with Exceptionalities	•	3		CI 415	Int Meth & Mat: Sec Ed	<b>•</b>	3	
	EDF 435	Classroom Assessment	•	3		CI 470	Level II Clinical Exp	•	0	
	EDF 475	Schools in a Diverse Society	•	3		CI 450	Student Teaching Capstone	•	12	
<b>**</b>	CI 345	Crit Read Writ & Think	•	3			Free Elective		1	

### MAJOR INFORMATION

Admission requirements for ADMI 4:

1. Grade Point Average of 2.80 or higher (both MU and overall), 2. EDF 201 (grade "C" or better) and EDF 270 (credit), 3. Passing scores on the PRAXIS Core exam – all 3 areas (EXEMPT from PRAXIS Core exam with SAT 1240 or ACT composite 26 or higher), 4. Portfolio in LiveText which includes: Self-Assessment, Writing Sample and three Recommendations, 5.21 ACT composite score, 6. MU students: Completion of 26 credits hours, 7. Transfer students: Completion of 12 Marshall University credit hours

Admission requirements for ADMI 5:

1.12 hours of completed Professional Education Core courses, 2.2.8 GPA overall, at MU, and in Teaching Specialization, 3.3.0 GPA in Professional **Education Core** 

Admission requirements for Student Teaching:

1. At least 90% of Teaching Specialization courses completed, 2. Minimum of 100 credit hours completed, 3. 2.8 GPA overall, at MU, and in Teaching Specialization, 4.3.0 GPA in Professional Education Core, 5. Completion of all Professional Education Core Courses (with the exception of EDF 475)

HDC CDADE

COLIDSE NAME

MY ADVISOR'S NAME IS:

- · Many courses require clinical experience in public school during normal school hours. Schedule open time accordingly.
- STUDENTS SHOULD MONITOR THEIR PROGRAM OF STUDY CAREFULLY DUE TO ONGOING CURRICULAR CHANGES.
- ALL coursework in Teaching Specialization and Professional Education Core must be completed with a grade of C or better.
- West Virginia law mandates that all persons entering a school or having contact with students must have completed a background check and have not been found on the sexual offender registry prior to entering a school. Each county and school can also use the results of that background check as a basis for admitting or denying admittance. It is the procedure of the Marshall University College of Education and Professional Development that every student will obtain a background check prior to being placed in a school setting.

FOUR YEAR PLAN COLLEGE OF EDUCATION 2019-2020

# SECONDARY EDUCATION PE HEALTH WELLNESS PRE K-ADULT

The College of Education and Professional Development has the distinction of being the oldest part of Marshall University. The CIF (Curriculum, Instruction, & Foundations) program includes elementary, secondary, educational foundations, and educational computing for pre-service teachers. The secondary programs are designed for those wanting to teach content to middle school and/or high school students. The educational foundations and computing courses are designed for those entering the education field. Students receive broad content knowledge in the core academic area of choice as well as in the art and science of teaching

MY ADVISOR'S NAME IS:

			FALL SEMESTER						SPRING SEMESTER			
		CODE	COURSE NAME		HRS	GRADE		CODE	COURSE NAME		HRS	GRADE
		HS 222	HIth Prov First Aid/CPR/AED	•	3			ESS 211	Physiology of Fitness	•	3	
	1	CMM 103	Fund Speech Communication	•	3		<b>***</b>	MTH 121	Concepts & Applications (CT)	•	3	
鱼	177	ENG 101	Beginning Composition	•	3		<b>**</b>	ENG 201	Advanced Composition	•	3	
ONE		FYS 100	First Yr Sem Critical Thinking	•	3				Social Science (M/I, WI)	•	3	
ద			PEL activity course	•	1				PEL activity course	•	1	
YEAR			Fine Arts Elective	•	3				Free Elective		1	
×		UNI 100	Freshman First Class		1							
		TOTAL HOURS			17 TOTAL HOURS				DURS		14	
	Sun	nmer Term (op	otional):									

			FALL SEMESTER						SPRING SEMESTER			
		CODE	COURSE NAME		HRS	GRADE		CODE	COURSE NAME		HRS	GRADE
	<b>***</b>	CI 350	Inst Tech & Computing	•	3		<b>***</b>	CISP 421	Child with Exceptionalities	•	3	
	<b>**</b>	DTS 210	Nutrition	•	3			EDF 201	Ed Psych Developing Learner	•	3	
0		ESS 218	Sports in Society (CT)	•	3			EDF 270	Level I Clinical Exp	•	0	
TWO		HS 201	Intro Appl Anat & Physiol	•	3			ESS 305	HE & PE in Early Child Prog	•	3	
떠			PEL activity course	•	1			HS 365	Functional Kinesiology	•	3	
YEA			PEL activity course	•	1				PEL activity course	•	1	
Y			PEL activity course	•	1				Any ENG 200 level Humanities (WI)	•	3	
	TOTAL HOURS			15		TOTAL HOURS				16		
	Sumr	mer Term (op	otional):									

	FALL SEMESTER							SPRING SEMESTER					
		CODE			LUDG	CDADE		CODE		.ι	LIDG	CDADE	
		CODE	COURSE NAME		HKS	GRADE		CODE	COURSE NAME		HKS	GRADE	
	7	CI 345	Crit Read Writ & Think	•	3			CI 449	Instr & Classroom Mgt Sec Ed	•	3		
臼		CI 401	Middle Childhood Curric	•	3			EDF 435	Classroom Assessment	•	3		
屋		ESS 350	Rhy & Movement Children	•	3			HS 221	Personal Health II	•	3		
THRE		HS 220	Personal Health	•	3			HS 325	School & Comm Health	•	3		
_			Physical/Natural Science	•	4			HS 369	Motor Learning	•	3		
AR													
XE													
	TOTAL HOURS				16		TOTAL HOURS				15		
	Sumi	mer Term (or	ational).										

		FALL SEMESTER	ł				SPRING SEMEST	ER		
	CODE	COURSE NAME		HRS	GRADE	CODE	COURSE NAME		HRS	GRADE
	CI 415	Int Meth & Mat: Sec Ed	•	3		CI 450	Student Teaching Capstone	•	12	
	CI 470	Level II Clinical Exp	•	0						
UR	CISP 422	Differentiate Instruction	•	3						
FOI	EDF 475	Schools in a Diverse Society	•	3						
ᄶ	ESS 435	Adapted PE & Mainstream	•	3						
YEAR	HS 426	Curriculum in Health Ed	•	3						
X										
	TOTAL HO	OURS		15		TOTAL I	HOURS		12	
	Summer Term (or	otional):								

#### **INVOLVEMENT OPPORTUNITIES**

- Student Government Association
- Campus Activity Board
- JMELI
- Commuter Student Advisory Board
- Club Sports
- Religious Organizations
- Political Organizations
- · Residence Hall Association
- Cultural Organizations
- National Society of Leadership and Success
- Greek Life

#### **RELATED MAJORS**

- Public Health
- Health Sciences
- Nursing
- Dietetics
- Athletic Training
- Healthcare Management

#### **GRADUATION REQUIREMENTS**

- · Have a minimum of 120 credit hours (some colleges or majors require more);
- · Have an overall and Marshall Grade Point Average of 2.00 or higher;
- Have an overall Grade Point Average of 2.00 or higher in the major area of study;
- · Have earned a grade of C or better in English 201 or 201 H;
- Have met all major(s) and college requirements;
- Have met the requirements of the Core Curriculum;
- · Have met the residence requirements of Marshall University, including 12 hours of 300/400 level coursework in the student's college (see section entitled "Residence Requirements" in the undergraduate catalogue);
- Be enrolled at Marshall at least one semester of the senior year:
- · Have transferred no more than 72 credit hours from an accredited West Virginia twoyear institution of higher education.

Colleges and specific programs may have unique requirements that are more stringent than those noted above. Students are responsible for staying informed about and ensuring that they meet the requirements for graduation.

This academic map is to be used as a guide in planning your coursework toward a degree. Due to the complexities of degree programs, it is unfortunate but inevitable that an error may occur in the creation of this document. The official source of degree requirements at Marshall University is DegreeWorks available in your myMU portal. Always consult regularly with your advisor.

# PE HEALTH WELLNESS PRE K-ADULT — 2019-2020

#### YEAR ONE



Have questions? Need to talk? You already have a Friend-At-Marshall ready to help you succeed. Find your FAM Peer Mentor here: www.marshall.edu/fam



Take a career self-assessment to help determine what majors fit your talents and interests and consider job shadowing opportunities.



Join or create a club or organization on campus about a particular issue vou care about. Marshall has more than 200 student organizations.



Stay on the Herd Path and come to class! Class attendance is more important to your success than your high school GPA, your class standing, or your ACT/SAT scores.





In order to graduate on time, you need to take an average of 15 credits per semester. Are you on track? Take 15 to Finish!



Volunteer in local museums, non-profit agencies, dog shelters, hospitals, libraries, festivals, or women's shelters.



Attend an intercultural festival or event on campus or in town.

## YEAR THREE



Develop relationships with professors who can serve as future references by attending their office hours.



Stay on the Herd Path and come to class! Class attendance is more important to your success than your high school GPA, your class standing, or your ACT/SAT scores.



Work with a faculty mentor to determine what professional certifications are available to assist you in meeting your career goals.



Take a pulse check. Know what you need to do every year to keep your grants, scholarships, or federal financial aid.





Are you on track to graduate? Meet with your advisor for your Junior Eval to make sure you know what requirements you have left.



Apply theory to practice (Complete Level II Clinical Experience).



Inquire about available Teacher-In-Residence opportunities.

Stay on the Herd Path and come

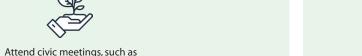
to class! Class attendance is more

important to your success than

your high school GPA, your class

standing, or your ACT/SAT scores.

## YEAR FOUR



Are you completing enough credits to graduate on time? Dropping or failing a class can put you behind. Use summer terms to quickly get back on track.



the school board, neighborhood



Develop relationships with professors who can serve as future references by attending their office hours.



Stay on the Herd Path and come to class! Class attendance is more important to your success than your high school GPA, your class standing, or your ACT/SAT scores.



**YEAR TWO** 

Take a pulse check. Know what you need to do every year to keep your grants, scholarships, or federal financial aid.



Plan on taking the Praxis Core Exam and completing the ADMI 4 Portfolio in LiveText.



Observe in a P-12 Classroom (Complete Level I Clinical Experience)

This is it! Are you on track to graduate? Meet with your advisor for your Senior Eval to see what requirements you have left.



Integrate knowledge, skills, and dispositions during the Student Teaching internship.



Strengthen your resume and enhance your presentation skills. Present what you've learned at an academic conference off campus.



Networking is key! Attend a Career Expo to seek employment opportunities and network with employers in your field.



Want to continue your education and increase your opportunities? Talk to a faculty member about whether graduate school fits your career goals.



Be at the top of your professional game! Prepare a final resume and practice your interview skills with a career coach in Career Education.



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#### · Health and Wellness Education Knowledge Instructional and Curriculum

**Development Skills** Public Resource Knowledge

TRANSFERABLE SKILLS

Communication Skills

ASSOCIATED WITH THIS MAJOR

#### ASSOCIATED CAREERS

- · Public or Private School Health Teacher
- · Community Center Health Program Coordinator
- Wellness Coach
- Sports Team Wellness Advisor