

Family Coaching Sessions

Linking parents to resources and services with current information

- Family Coaching sessions were developed by a parent and has been offered as a resource service for over 14 years.
- Family Coaching sessions are unique sessions 30 minutes in length and conducted by phone at the request of the parents.
- Families choose the session they want and each session is individualized to meet the needs of the family.
- Instructional guides are provided to participants to follow along during each phone session and to keep as a reference guide.
- Parents rate the session after its completion by returning a survey of their experience.
- Family Coaching has been ranked highly by families as an effective support service.



The West Virginia Autism Training Center (WVATC) provides supports to individuals with autism spectrum disorders as they pursue a life of quality

FAMILY COACHING SESSIONS

A Parents Guide To Accessing Resources,
Services & Supports/2015



www.marshall.edu/atc

304-696-2332

800-344-5115

Topics Include:

Advocacy Tips:

Parent Advocacy Strategies

An informational guide that gives instruction on addressing concerns with your child's school or agency. This guide also provides tools for effectively organizing necessary documents

Facilitating Positive Outcomes

This instructional guide provides suggestions on transforming conflict with support agencies and organization. This guide is not meant to be a replacement for an advocate

Bullying and ASD:

This guide provides strategies and resources to deal with bullying issues

Funding and Supports:

Accessing Resources/Parent Resource Guide

An instructional guide that provides information on nationwide resources, including funding, applications, and other services. Assistance in completing applications will be done at the time of session

Addressing Sibling Issues

An instructional guide that provides strategies to help brothers and sisters of children with Autism Spectrum Disorder to understand the unique needs of their siblings

How to Start a Support Group: Making a Connections

An instructional guide that provides suggestions and ideas for organizing a support group in your area. It breaks down the process of how to get started an form a group of your own

Futures Planning:

Life Planning & Guardianship

An instructional guide for your child when they reach adulthood. This guide provides information about how to prepare a life plan, discusses a Special Needs Trust and how to obtain guardianship. This guide is not meant to replace an attorney or accountant but to give you core information to get started on your child's adult needs.

Letter of Intent:

The Letter of Intent guide describes how to develop instruction and information about your child and may be added to a Will or Estate Plan

IEP's:

IEP/Section 504 Checklist

An instructional guide on the Individualized Education Plan (IEP) and how to prepare for an IEP meeting. This guide reviews special education law and procedures. Section 504 covers the policies of school services. This guide is not meant to replace an advocate but to prepare you for understanding the IEP process & Section 504

Social Stories:

Creating Social Stories

Informational guide on how to create your own social stories for your child. This guide explains, what is a social story and how to create one.

Stress Strategies:

Grandparents and Autism Spectrum Disorder

An instructional guide that provides information and support to grandparents

Parent Stress Strategies

An informational guide that gives suggestions and ideas to parents to help with daily stress management. A self-care plan will also be completed with this guide and a follow-up call for support

Transitioning:

Transitioning to Adulthood

An instructional guide that provides information about the process of transitioning from high school to adulthood and into the community

Visual Schedules:

An informational guide on how to create a basic visual schedule for your child. This guide explains visual schedules and how to create one.

Contact Us

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