

Course of Study for Biomechanics

YEAR ONE			
Fall Semester	Hours	Spring Semester	Hours
MTH 140 Calculus	3	HS 200 Medical Terminology for the AT (CT)	3
Eng 101 English Composition	3	PSY 201 General Psychology (Sociology)	3
HS 201 Intro to Applied Anatomy and Physiology	3	BSC 227 Human Anatomy	4
HS 220 Personal Health I	3	ENG 102 English Composition II	3
First Year Seminar	3	CMM (elective)	3
Total	15	Total	16

YEAR TWO			
Fall Semester	Hours	Spring Semester	Hours
PHY 201 General Physics I	3	PHY 203 General Physics II	3
PHY 202 General Physics I Lab	1	PHY 204 General Physics II Lab	1
Fine Art	3	BSC 228 Human Physiology	4
ESS 345 Physiology of Exercise	3	HS 365 Functional Biomechanics	3
ESS 346 Physiology of Exercise lab	1	SFT 235 Intro to Safety	3
HS 222 First Aid	3	HS 215 Intro to Athletic Training	3
ESS 369 Motor Learning	3		
Total	17	Total	17

YEAR THREE			
Fall Semester	Hours	Spring Semester	Hours
ESS 401 Ethics or other 300-400 ethics	3	HS 464 Pathomechanics	3
ESS 375 Evaluating Fitness	3	PSY 312 Adult Development	3
HS 465 Biomechanical Analysis of Movement	3	SFT 373 Principles in Ergonomics and Hmn Factors	3
PSY 311 Child Development	3	SFT 373 L	1
MTH 225 Introductory Statistics	3	ESS 410 Principles, Org., & Admin.	3
		elective	
Total	15	Total	14

YEAR FOUR			
Fall Semester	Hours	Spring Semester	Hours
HS 475 Trends in Biomechanical Analysis (capstone)	3	CHM 212 Chemistry	3
ESS 442 Strength and Conditioning	3	CHM 218 Chemistry Lab	2
ESS 442 Strength and Conditioning	1	Eng. Lit. (Humanities elective)	3
CHM 211 Chemistry	3	FCS 210 Nutrition	3
CHM 217 Chemistry Lab	2	HS 490 Internship	3
Total	12	Total	14

TOTAL HOURS—120

Notes: _____
