



# Social Workers in West Virginia Schools

*Tiffany N. Hendershot, MSW, LICSW  
Behavior Support Specialist*

# A Collaborative Project of



# Overview

## Why Schools are Hiring Social Workers

- Behavior and Mental Health Needs

## How Social Workers Can Help Schools

- Multi-Tiered Systems of Support
- Social Emotional Learning and Regulation
- Data-Based Decision Making



# The River Analogy

# ACEs at School

- ACEs are the single greatest predictor for health, attendance and behavior.
- ACEs are the second strongest predictor for academic failure, after special education status.
- **56%** of children with an ACE score of **4+** had learning and behavior problems in school compared with **only 3% of children with an ACE score of ZERO.**

**Source:** Burke, N.J., Hellman, J.L., Scott, B.G., Weems, C.F & Carrion, V.C. (June 2011).

“The Impact of Adverse Childhood Experiences on an Urban Pediatric Population,”  
Child Abuse and Neglect, 35, No. 6.

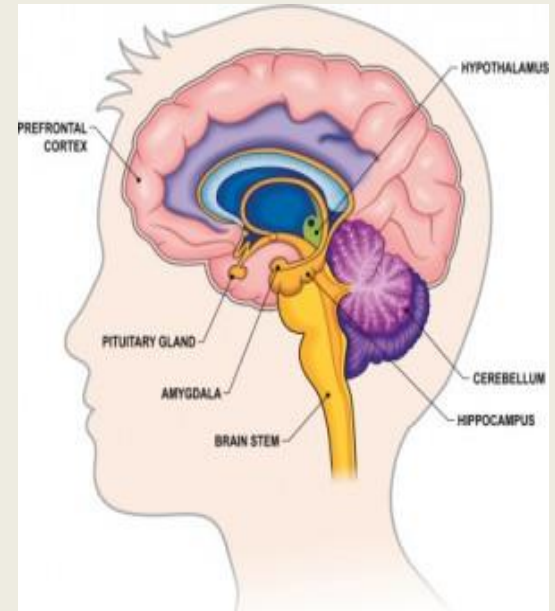


# Why do Students with high ACE scores end up in the office?

Chronic Toxic Stress leads to an overactive limbic system and immature pre-frontal cortex.

The pre-frontal cortex is responsible for:

- Focusing Attention
- Predicting Consequences
- Impulse Control
- Anticipating Events
- Managing Emotional Reactions



**Do you know any students with an overactive limbic system and immature prefrontal cortex?**



Annual household income  
of less than \$15,000 are 3X as likely to have  
4 + ACEs compared to an  
adult with an annual household income of  
\$75,000 or more.

#### West Virginia Poverty Facts

In 2018, WV was 1 of 2 states where the poverty increased.

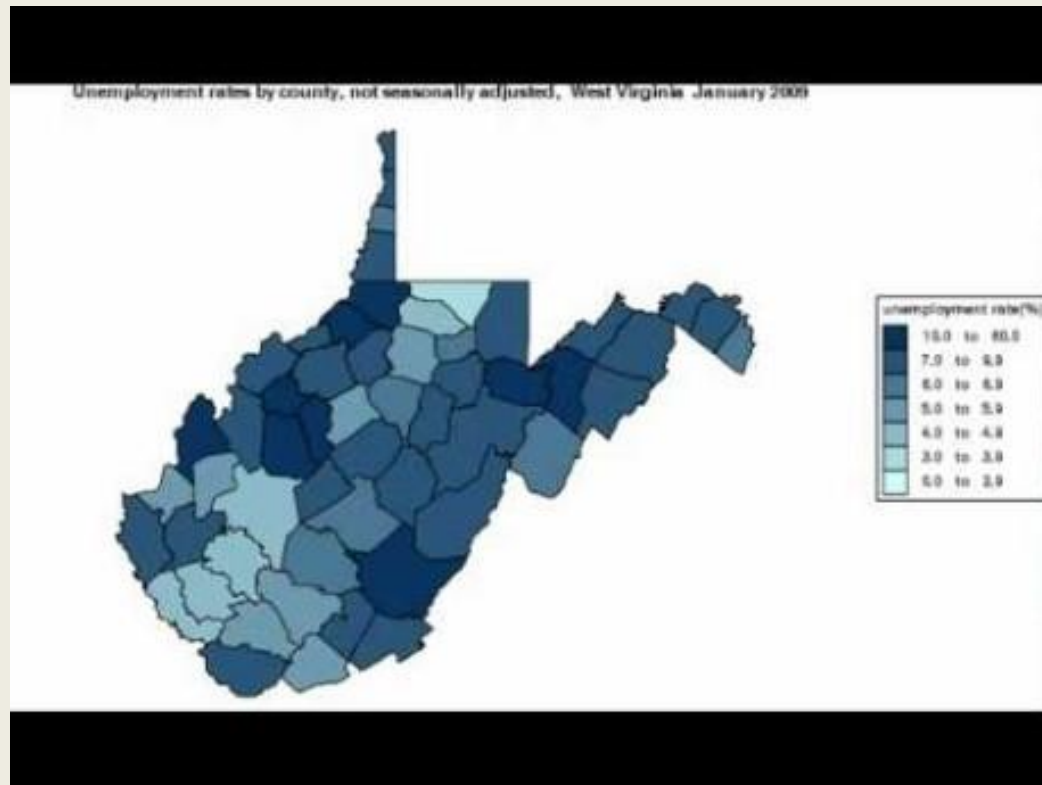
Children 6-11 years old- poverty rate is 24.7 percent.

Adolescents 12-17 years old- poverty rate is 20.1

1 in 4 West Virginians are employed at a low-wage job.



# West Virginia Unemployment Map



2007-2012

As unemployment rises  
Blue darkens

Students in 2<sup>nd</sup>-6<sup>th</sup> grade  
were born during this  
time.

How will COVID-19 impact  
ACEs in our state?



# West Virginia Mental Health and Substance Use Impacts Students

- 57.8 people per 100,000 died from drug-related overdose deaths in West Virginia (WV) in 2017, the highest rate in the United States.
- 6,938 children in West Virginia were placed in foster care as of March 2019. Parental substance abuse was a factor in 82% of those placements.
- More than 40,000 children live with grandparents or other relatives.
  - 10.6% of all children under age 18
  - 34,806 of these children live with grandparents
  - 21.5% of those grandparents live in poverty
- West Virginia ranked 14th in the nation for suicide rates at 18.4 per 100,000 people compared to the national average of 13.8.
- The second leading cause of death among individuals ages 15-34 in WV is suicide.

# Neonatal Abstinence Syndrome

## How are schools effected?

2013

33 out of every 1,000 infants  
in West Virginia were born  
with NAS

Those students are in 2<sup>nd</sup>  
grade right now

2017

50 out of every 1,000  
infants in West Virginia  
were born with NAS

Those students are in  
Pre-K right now

West Virginia is 10x the National Average

# **“Crisis in the Classroom”**

## **West Virginia Teachers and the Opioid Epidemic**

### **2,205 WV Teachers Surveyed in 2018**

#### **INCREASED IMPACT ON SCHOOLS**

Over 70% of teachers reported an increase of students impacted by substance use in the home

#### **NEED FOR SPECIFIC TEACHER TRAINING**


Despite the increased numbers of students impacted, over 70% of teachers reported not receiving training specific to children impacted by parent/caregiver substance use

#### **RELIANCE ON COLLEAGUES FOR SUPPORT**


80% of educators rely on fellow teachers and administrators for resources to better support students

#### **TEACHER CONFIDENCE**


90% of teachers are not confident in knowing how to support children with parents/caregivers who use substances




For those children that I do recognize are coming from homes of addiction or are broken for some reason or another, I know they need more support in the classroom, I just don't know what supports those are or how to deliver them.




Do I have the right to reach out and offer resources and services to get the parent help? To open and honestly talk to the parent about their addiction? Is that overstepping?



Teach? We are no longer just teaching. Teachers and administrators are now counselors, policemen, CPS workers, food pantries, friends, and teachers.



Some students are so fixated on “survival” that learning is not a priority for them.



I used to be energetic and love teaching kindergarten. Now, however, I am fearful for what each school year brings.

## West Virginia Teacher Quotes

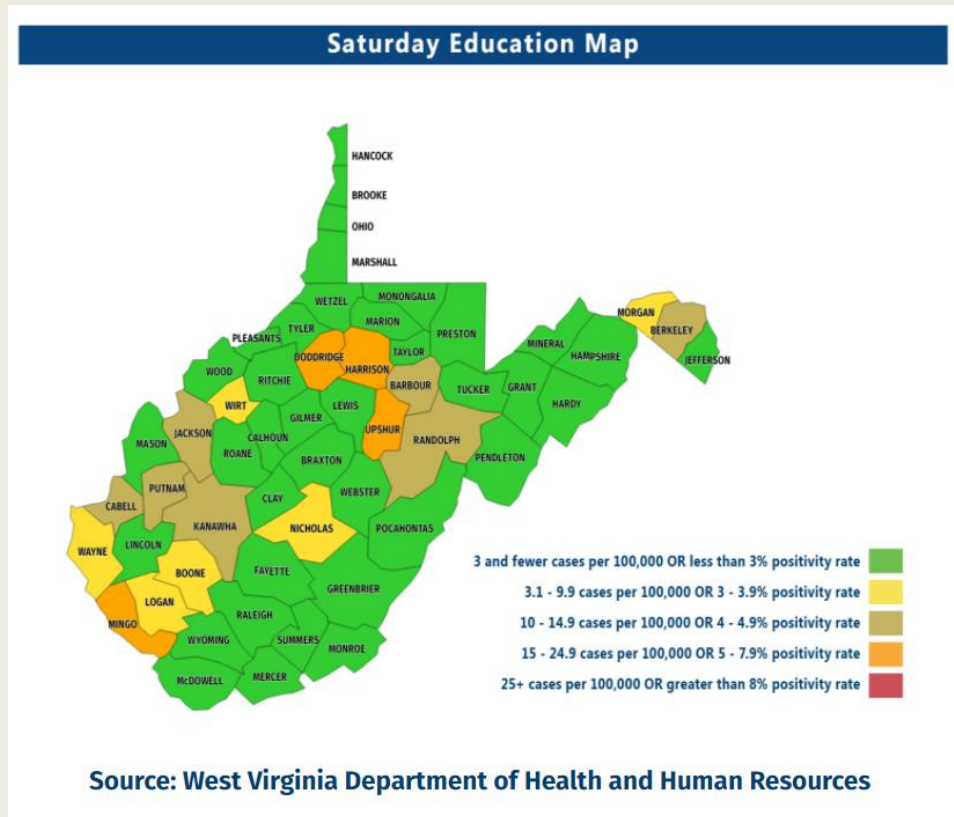
# Teacher Challenges

Most teachers (70%) experienced at least occasional burnout – emotional exhaustion, cynicism, lack of personal accomplishment – on a monthly basis. **One-third of teachers experienced burnout frequently.** With over 206 open professional positions in the state, burnout may lead to an increase in teacher shortages.



In response to the Opioid Epidemic, the West Virginia Department of Education (WVDE) will support and collaborate with local education agencies, schools, communities, and families to address the physical, social-emotional, behavioral, and mental health needs of our students.

# COVID-19 Impact on School Behavior/Mental Health



- Teacher's Exhaustion
- Week to Week Uncertainty
- Decrease in Behavior Incidents
- Virtual Students
  - Prior Attendance and Behavior issues
- Lack of tutoring
- Lack of social engagement

# Social Workers Are Here for Schools

## WEST VIRGINIA SCHOOL SOCIAL WORKERS

*West Virginia school social workers are licensed professionals who serve as a link between school and community to promote and support students' academic and social success.*



## WHO ARE SCHOOL SOCIAL WORKERS?

School Social Workers are trained mental health professionals with a degree who provide services related to a person's social, emotional, and life adjustment to school and/or society. School Social Workers are the link between the home, school and community in providing direct as well as indirect services to students, families and school personnel to promote and support students' academic and social success.



2017-2018 - 58 social workers

2019-2020 - 131 social workers

More than doubled in 2 years! We are growing!



# Where are WV School Social Workers located?

County	FTE
Barbour	1.00
Berkeley	14.00
Boone	-
Braxton	-
Brooke	-
Cabell	10.00
Calhoun	2.00
Clay	-
Doddridge	1.00
Fayette	1.00
Gilmer	-
Grant	-
Greenbrier	2.00
Hampshire	-
Hancock	3.00
Hardy	3.00
Harrison	2.00
Jackson	2.00
Jefferson	-
Kanawha	6.00

Lewis	-
Lincoln	9.00
Logan	3.00
Marion	-
Marshall	-
Mason	3.00
McDowell	3.00
Mercer	9.50
Mineral	1.00
Mingo	3.00
Monongalia	23.00
Monroe	1.00
Morgan	1.80
Nicholas	0.50
Ohio	-
Pendleton	-
Pleasants	-
Pocahontas	-
Preston	-
Putnam	2.00
Raleigh	8.00

Randolph	-
Ritchie	-
Roane	1.00
Summers	-
Taylor	-
Tucker	-
Tyler	1.00
Upshur	-
Wayne	6.00
Webster	-
Wetzel	3.00
Wirt	-
Wood	6.00
Wyoming	-
<b>Total</b>	<b>131.80</b>

# Levels of Social Work Licenses

## A. Licensed Social Worker - LSW

- Bachelor's of Social Work (BSW)
- Passed Basic Social Work Exam

## B. Licensed Graduate Social Worker –LGSW

- Master's of Social Work Degree (MSW)
- Passed Intermediate Social Work Exam

## C. Licensed Certified Social Worker - LCSW

- Master's of Social Work Degree (MSW)
- 2 years Post-Master's
- Passed Advanced Generalist Exam

## D. Licensed Independent Clinical Social Worker – LICSW

- Master's of Social Work, PhD or DSW
- Supervised Clinical Experience
  - 2 years or 3,000 hours
  - 100 hours of supervision
- Completed Psychopathology or Abnormal Psychology Course
- Passed Clinical Social Work Exam

**\*\*All levels of Social Work must complete 40 hours of CEUs every 2 years**



## SCHOOL SOCIAL WORKER'S ROLE

### *Services to students include:*

- provide crisis intervention
- develop intervention strategies to increase academic success
- help with conflict resolution and anger management
- help develop social-emotional skills
- develop alternative education programs for students who have dropped out, truant, or experiencing behavioral barriers to education
- identify and report child abuse and neglect
- provide prevention programs for school violence, substance abuse, & teen pregnancy
- obtain and coordinate community resources to meet students' needs

### *Services to parents/families include:*

- interview the family to assess problems affecting the child's education
- work with parents to facilitate support in their child's school adjustment
- alleviate family stress for the child to function more effectively in school

### *Services to districts include:*

- help assess school climate and develop school safety plans
- help school districts receive adequate support from social and mental health agencies
- coordinate systems of care to provide wrap-around services

# Job Title is less important than Job Description



Every County/School will determine how to use their social worker based on their needs.



Social Workers hired to be coordinators, behavior interventionist, case managers, etc. may have different job responsibilities.



Everyone needs to know what services social worker does and does not provide and to whom they provide them to.

# Social Work Beliefs and Values

PIE – Person In  
Environment

Importance of  
Relationships

Value the Dignity  
and Worth of  
Every Person

Self-  
Determination

Purposeful  
Expression of  
Feelings

Non-Judgmental

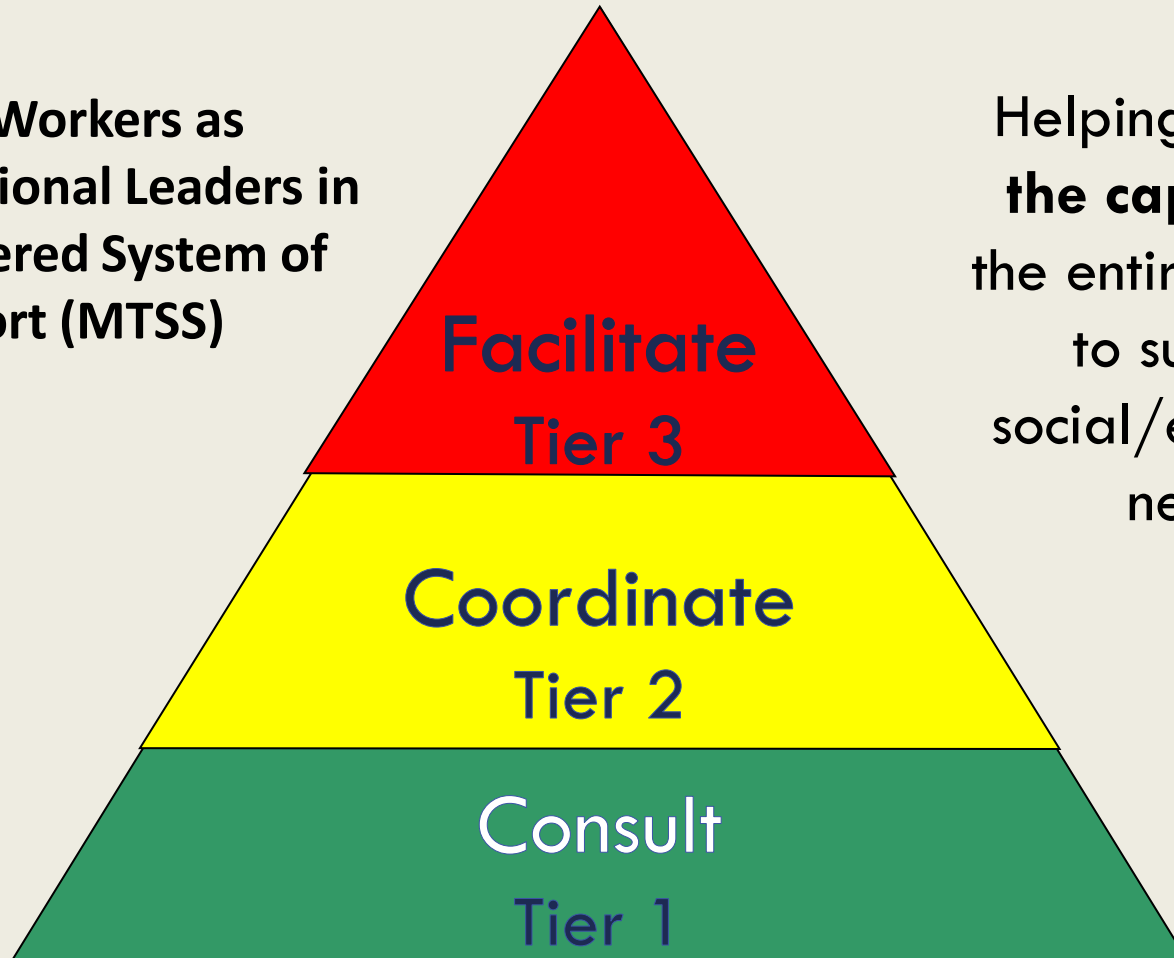
Acceptance

Integrity

Competence

# Where do Social Workers fit in?

Social Workers as  
Social Emotional Leaders in  
a Multi-Tiered System of  
Support (MTSS)



Helping to **build**  
**the capacity** of  
the entire building  
to support  
social/emotional  
needs

# Teachers and Teams (SAT, PBIS, CIS) are Critical to Success



*A common misperception is that these strategies will “fix” the student and the classroom teacher does not need to be an active participant since “specialists” or outside staff are often involved in the intervention – it is important to stress that these interventions will require high level of involvement among ALL staff within the school building.*

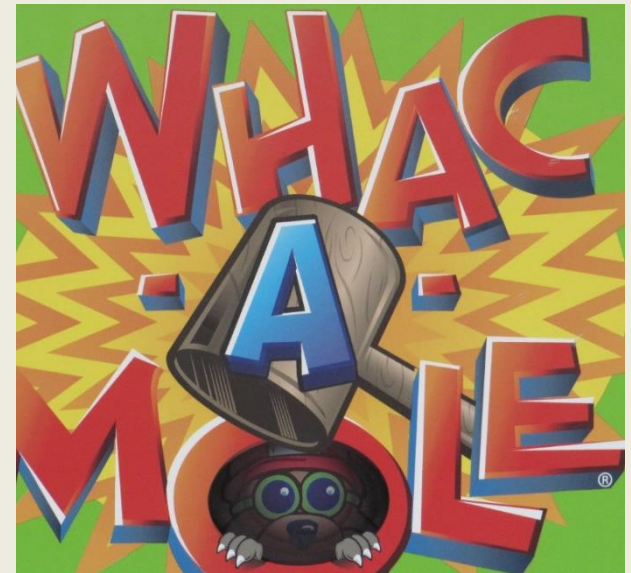
*(Lewis, 2009)*

**\*This is the asterisk when  
hiring a social worker.\***



# Social Worker Without a Multi-Tier System of Support

- **Any** student gets sent to the Social Worker at **any** time for **any** issue
- **Subjective vs. Data Driven** Decisions
  - “How do you think Billy is doing?”
  - No progress monitoring
- Leads to burn-out
  - Am I making a difference?
- No real plan
  - New day, same problems



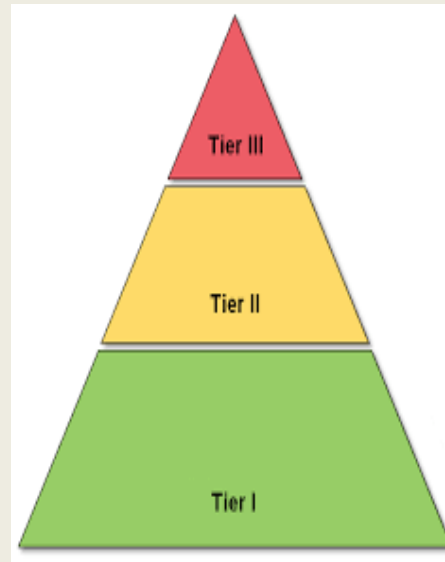
# Positive Behavior Interventions and Supports

## Tier 1 Supports (Consult)

- Identify and Teach SW Expectations
- Feedback and Acknowledgment
- Consistent Consequences
- Classroom Procedures
- Bully Prevention
- Parent Engagement
- Collection and Use of Data
- Team Meetings

## Tier 2 Supports (Coordinate)

- Check-In/Checkout
- Mentoring
- Self-Monitoring
- Targeted Social Skills Training



## Tier 3 Supports (Facilitate)


- Wraparound/Person-Centered Support
- Functional Behavioral Assessments
- Crisis Prevention and Interventions
- Individual Therapy

The WV Dept of Ed recommends implementing positive discipline approaches to minimize student disciplinary involvement and use alternatives to suspension.


<http://wvde.state.wv.us/research/reports2015.html>

# Social Worker's See the Bigger Picture


Systems Change- understands need for shared vision, collaborative communication, and structured planning and problem-solving using data to build capacity




MTSS- understands the need to integrate academic and behavior instruction delivered to all students in varying intensity based on need



PBIS- Understands the need of schools to decrease negative behavior to increase academic performance by using positive reinforcements



Principals of Behavior- Understands the need to apply basic behavior principals with consistency



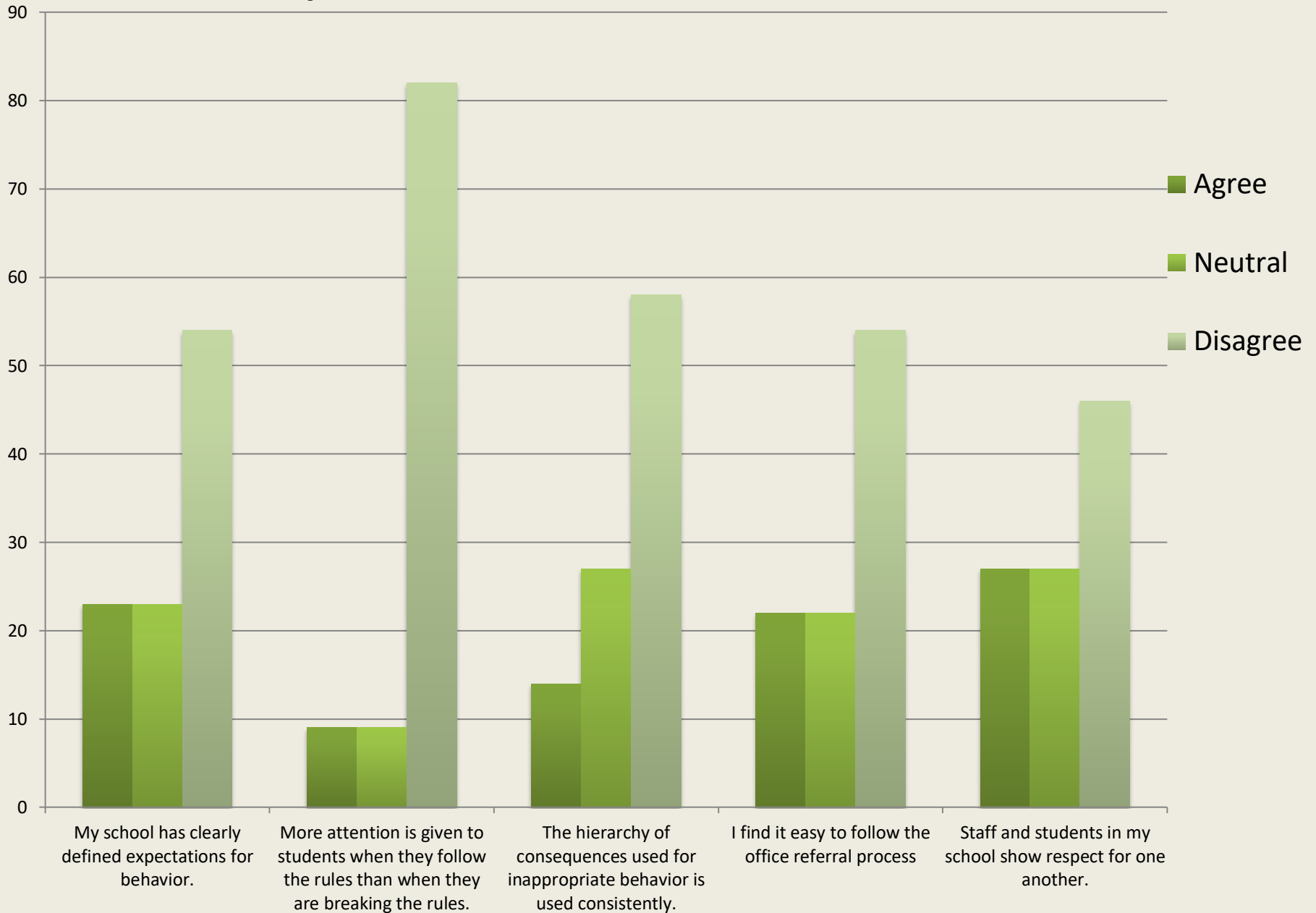
Problem-Solving- Understands the need to stay solution focused and use evidence-based modalities to improve behaviors



## Tier 1 – Consult Universal Supports

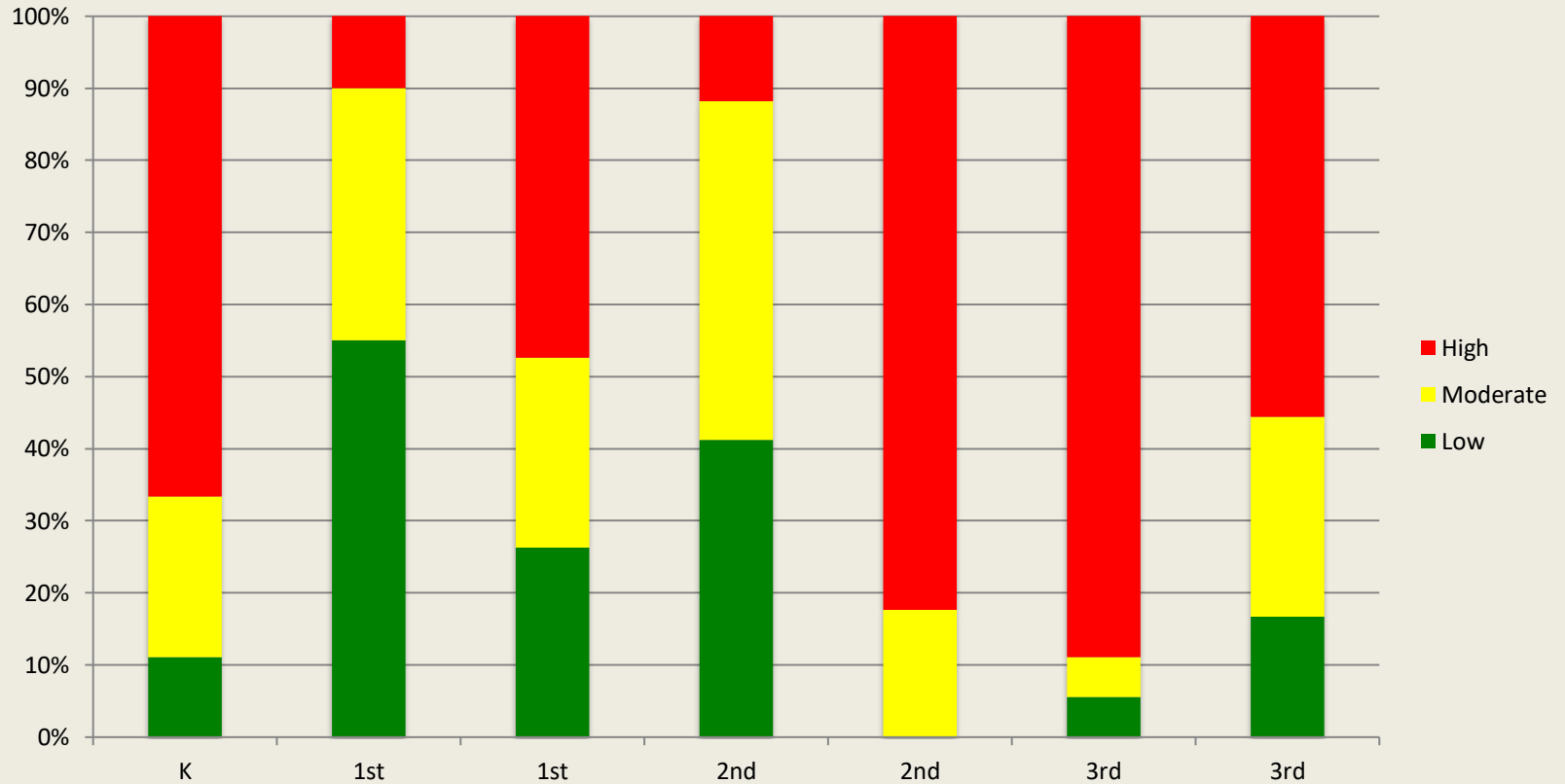
- All students in the school receive Tier 1 Supports
- 80% of students should be successful at Tier 1
- School-wide Expectations
- Recognition for Positive Behavior
- Acknowledgements and Feedback
- Discipline System
- Data Based Decisions
- Classroom Management
- Social Emotional Learning

# Who/What Needs an Intervention?



# Universal Screening Data

## Sample School SRSS-IE Results

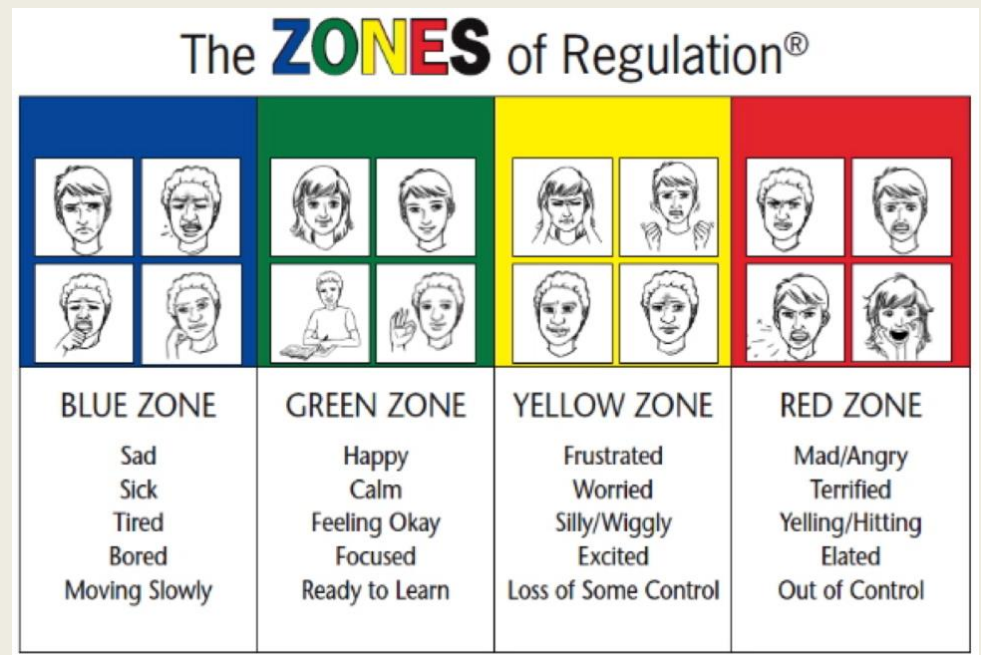


Where should the social worker focus?  
Whole School? Groups? Individual?

# Why is Self-Regulation Important?

Social Worker AKA  
“Co-Regulator”

- Increased learning
- Improved self-control
- Increased positive relationships
- Improved self-confidence
- Increased engagement



If the limbic system is the accelerator and the prefrontal cortex the brake, then self-regulation is the dashboard indicator lights.



WHO YOU  
GONNA CALL?



# Emotional Support Calls

- Teacher calls Social Worker on a radio
- Usually for an upset, fidgety, or irritated child
- Social Worker co-regulates with the student in the classroom, if possible
- Social Worker logs support call as a tally
- Teacher logs support call on chart

“You've made this day a special day, by just your being you. There's no person in the whole world like you. And I like you just the way you are.”



# Principal Support Calls



- Teacher calls Principal on a radio
- Unsafe classroom environment due to child's behavior
- Principal may call Social Worker to assist in regulating the student
- Principal follows school discipline procedures
- Teacher completes Support Call Log

Teacher Name:

**SUPPORT CALL LOG**

Month:

NAME	DATE	TIME	What was the cause of the behavior?	What activity was the student engaged in?	What did the behavior look and sound like?	Teacher Notes:	Parent Contact:
EXAMPLES:	11/1/17	9:05	Obtain peer attention, obtain adult attention, obtain items/activities, avoid peers, avoid adult, avoid task	Whole group instruction, small group instruction, individual work, group work, alone, 1-on-1 instruction, transition, hallway, unstructured time	Student walked onto the carpet, threw himself onto the floor, began rolling around and singing, "I love Rock and Roll!"	I wasn't able to get the student to return to his seat. I moved the class to another area of the room and took the attention away.	Called home and talked to mom.
BILLY	1-Nov	12:15	AVOID TASK	WHOLE GROUP INSTRUCTION/ INDEPENDENT WORK	yelling, crawling under desk and chairs, pulling students chairs out, building fort with chairs-running and jumping over	Student would not listen and continued interrupting class with his behavior	Called mom and she decided to pick him up early
Billy	9-Nov	3:00	AVOID ADULT	Unstructured/Pack-Up	out of seat, rolling around on floor, throwing crayons, told to clip down, screamed and cried, rolling and kicking on floor, knocked over chairs	Did not want to go home at the end of the day in fear of punishment for today's behavior	Mom came to classroom at pick-up
Billy	8-Nov	10:00	Avoid Task	Returning from Library	Told to clip down for slamming the door, got his clip and threw it across the room, started screaming and took shoes off and threw them	Called for Mrs. Hendershot and she calmed him down, helped get shoes on, asked for some work and he stayed with her for 30 minutes	Spoke to dad about Billy needing to make "good choices"

Teacher's Initials:

[REDACTED] initials:

Mrs. Hendershot's Initials:

Return to Mrs. Hendershot the first Friday of every month. If you did not call support write "0" and initial the bottom.

# Restorative Practices



Address and discuss the needs of the school community



Build healthy relationships between staff and students



Reduce, prevent, and improve harmful behavior



Repair harm and restore positive relationships

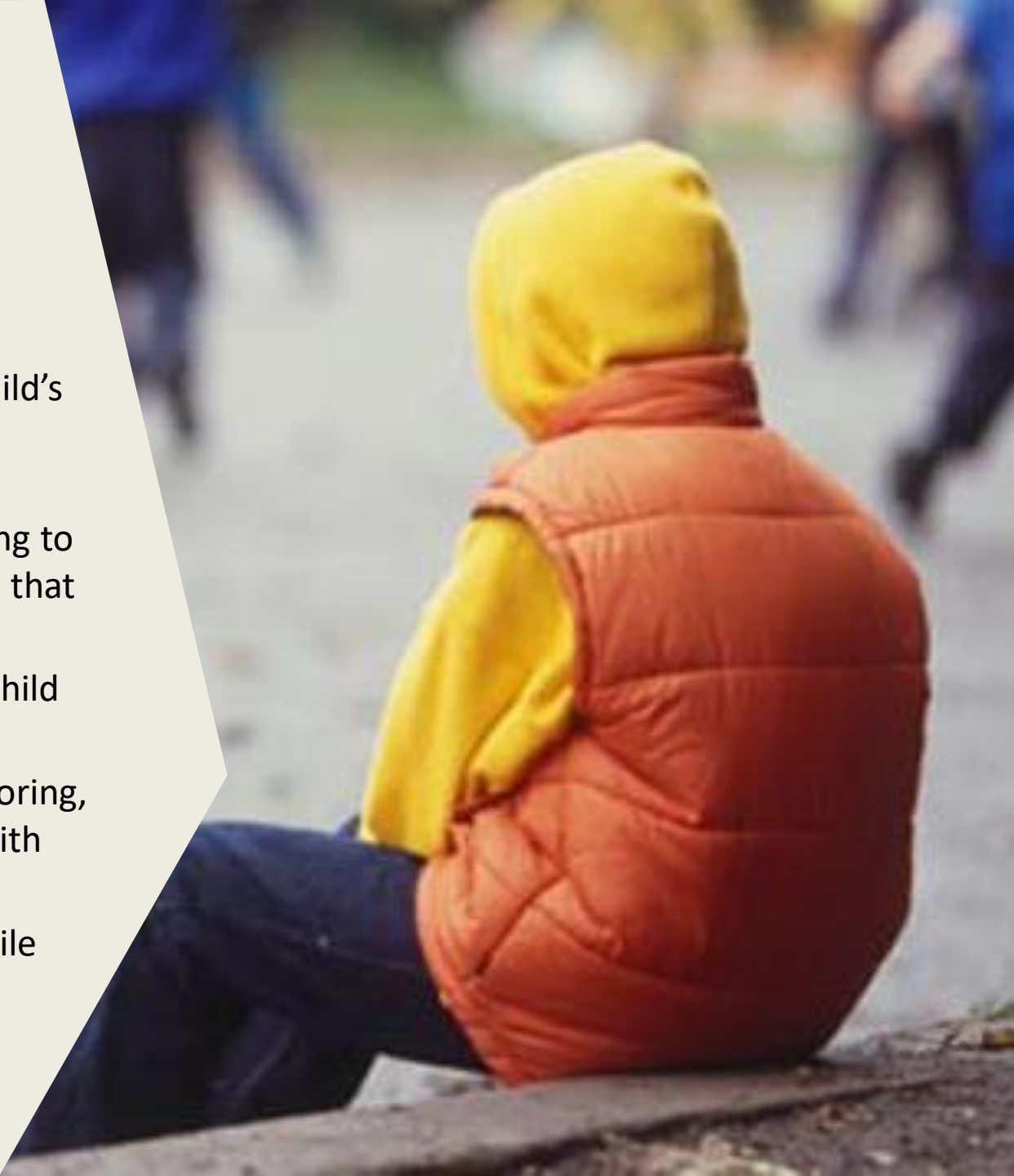


Resolve conflict, hold individuals and groups accountable

# Well-Being Checks

## As-Requested

- Staff notices a change in child's appearance, mood and/or behavior
- Student mentions something to teacher or another student that is worrisome
- Social Worker meets with child and assesses needs
- Put the child at ease by coloring, doing a puzzle or playing with playdoh
- Follow-Up with teacher while maintaining confidentiality







# Classroom Observations

- Requested- Teacher continues to have trouble with students
- Unrequested- Walk-through of classrooms to observe students' behaviors and monitor BIP implementation
- Participate in classroom activities and assist teachers during a lesson
- Makes being in the classroom normal and better able to see true behaviors





# Social Workers Support Teachers

- Encouragement
- Unconditional + Regard
- Empathy
- Problem solving
- Crisis management
- Conflict Mediation
- Motivational Interviewing



# BUILD POSITIVE SCHOOL CLIMATE

- Asset Building Activities
- Connect with Community Partners for Event Planning
- Monthly Staff Luncheons
- Staff Well-Being Activities
- Gratitude Notes
- Build School Spirit
- Matching T-Shirts
- “Our School is the Best” attitude



## Tier 2- Coordinate Targeted Supports

- FBT – Function Based Thinking
- Small Groups
- Student Assistance Team Referral
- Check-In/Check-Out
  - Daily Behavior Report
- Classroom Management Support
- Assigned a School-Based Mentor
- Modified system of Acknowledgement and Feedback
- Family Engagement

# Social Workers Use Function Based Thinking

- More effective disciplinary responses
- Earlier intervention can stop new onset behaviors from becoming entrenched
- Time savings for teachers and administrators due to reduced problem behaviors
- Using FBT as a precursor to FBA can make FBA process more efficient and accurate

## Easy As:

1. Gather information
2. Develop a plan
3. Assess if the plan is working



# Group Sessions

- Controlling Anger
- Social Resistance Skills Training
- Building Strong Relationships
- Self-Regulation
- Drug and Alcohol Prevention
- Coping with Stress

# Check-In / Check-Out

## Daily Progress Report

### CHECK IN CHECK OUT POINT SHEET

Points Possible 36  
 Points Received         
 %of Points         
 Goal Met       

2 – Great Job!  
 1 – So, so  
 0 – Doesn't meet goal

Name:                       
 Date:    /   /   

#### GOALS:

Target Behaviors						
POSITIVE PEER INTERACTIONS	2 1 0	2 1 0	2 1 0	2 1 0	2 1 0	2 1 0
EMOTIONAL RESPONSE IS APPROPRIATE FOR SITUATION	2 1 0	2 1 0	2 1 0	2 1 0	2 1 0	2 1 0
FOLLOWS DIRECTIONS	2 1 0	2 1 0	2 1 0	2 1 0	2 1 0	2 1 0

# Data-Based Decision Making

## Monthly Check In/Check Out Data Summary

**Student's Name**

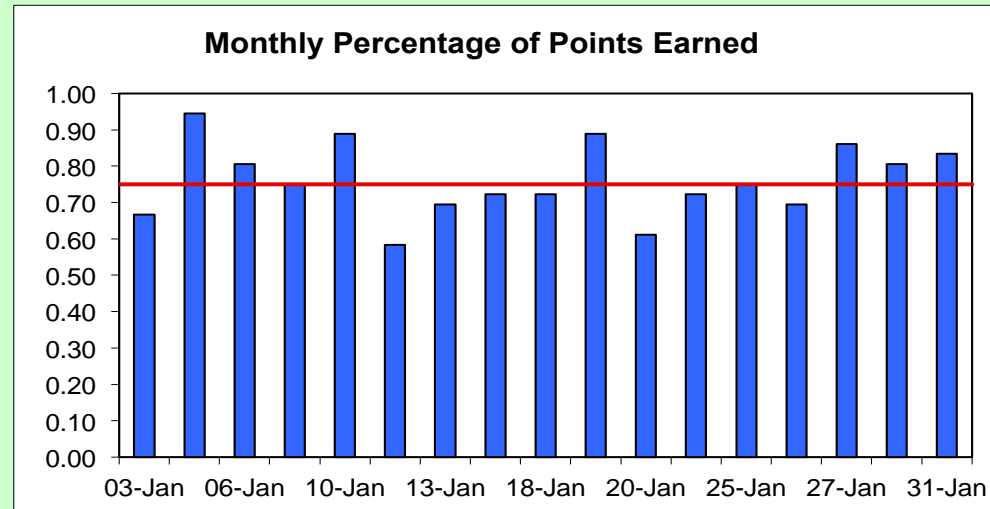
**Year**

**Target Behaviors** 1. Kind to Others 2. Appropriate voice level for environment 3. Follows Directions  
First Time Given

**Goal**

### Data Entry Section

Date	Possible Points	Points Earned	Daily %
1/3/17	36	24	0.67
1/4/17	36	34	0.94
1/6/17	36	29	0.81
1/9/17	36	27	0.75
1/10/17	36	32	0.89
1/12/17	36	21	0.58
1/13/17	36	25	0.69
1/17/17	36	26	0.72
1/18/17	36	26	0.72
1/19/17	36	32	0.89
1/20/17	36	22	0.61
1/23/17	36	26	0.72
1/25/17	36	27	0.75
1/26/17	36	25	0.69
1/27/17	36	31	0.86
1/30/17	36	29	0.81
1/31/17	36	30	0.83



- Monthly Data is used to adjust goals, evaluate target behaviors and monitor progress during follow-up SAT meetings
- Contact our office for PBIS Trainings to meet your school's needs

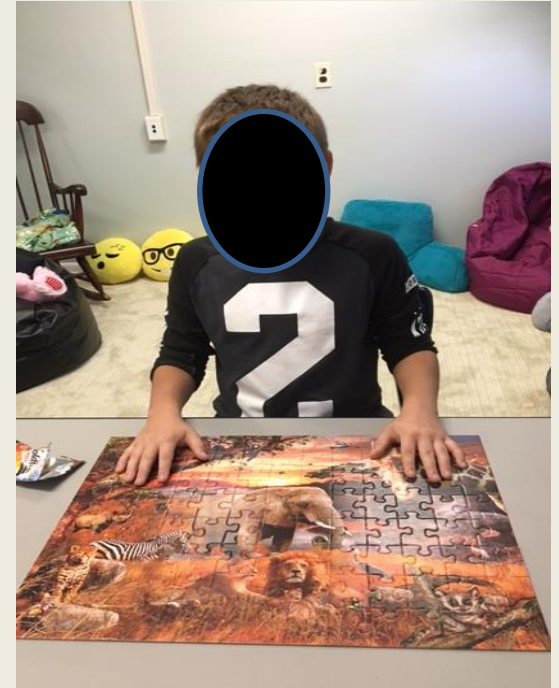
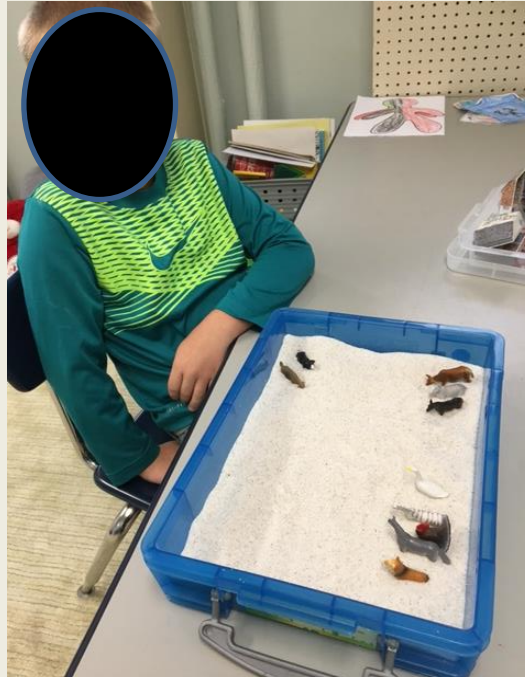
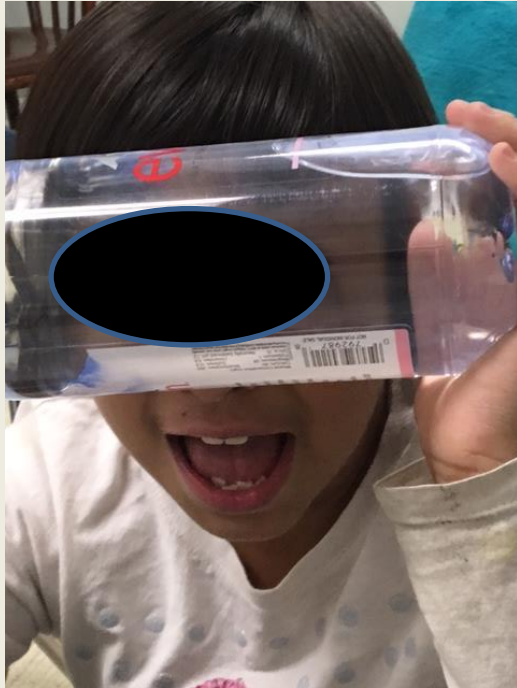


## Tier 3- Facilitate Individual Supports

- Wrap-around Services
- Formal FBA and BIP
- Family Involvement
- Needs Assessment
- School Based Therapy
- Individual Sessions
- Teacher Consults
- Juvenile Drug Court
- Suicidal Assessment



# Individual Therapy Sessions



- Child-Centered Play Therapy
- Sand Tray Therapy
- Trauma Focused-CBT
- Bibliotherapy

\*Social Worker needs to hold appropriate license  
or be under LICSW supervision



## Expressive Therapies

- Art Therapy
- Person Picking an Apple from a Tree (PPAT)
- Person Standing in the Rain
- Self-Portrait
- Family Portrait
- Guided Meditation
- Muscle Relaxation
- Yoga



# Parent Contact -Relationship Building

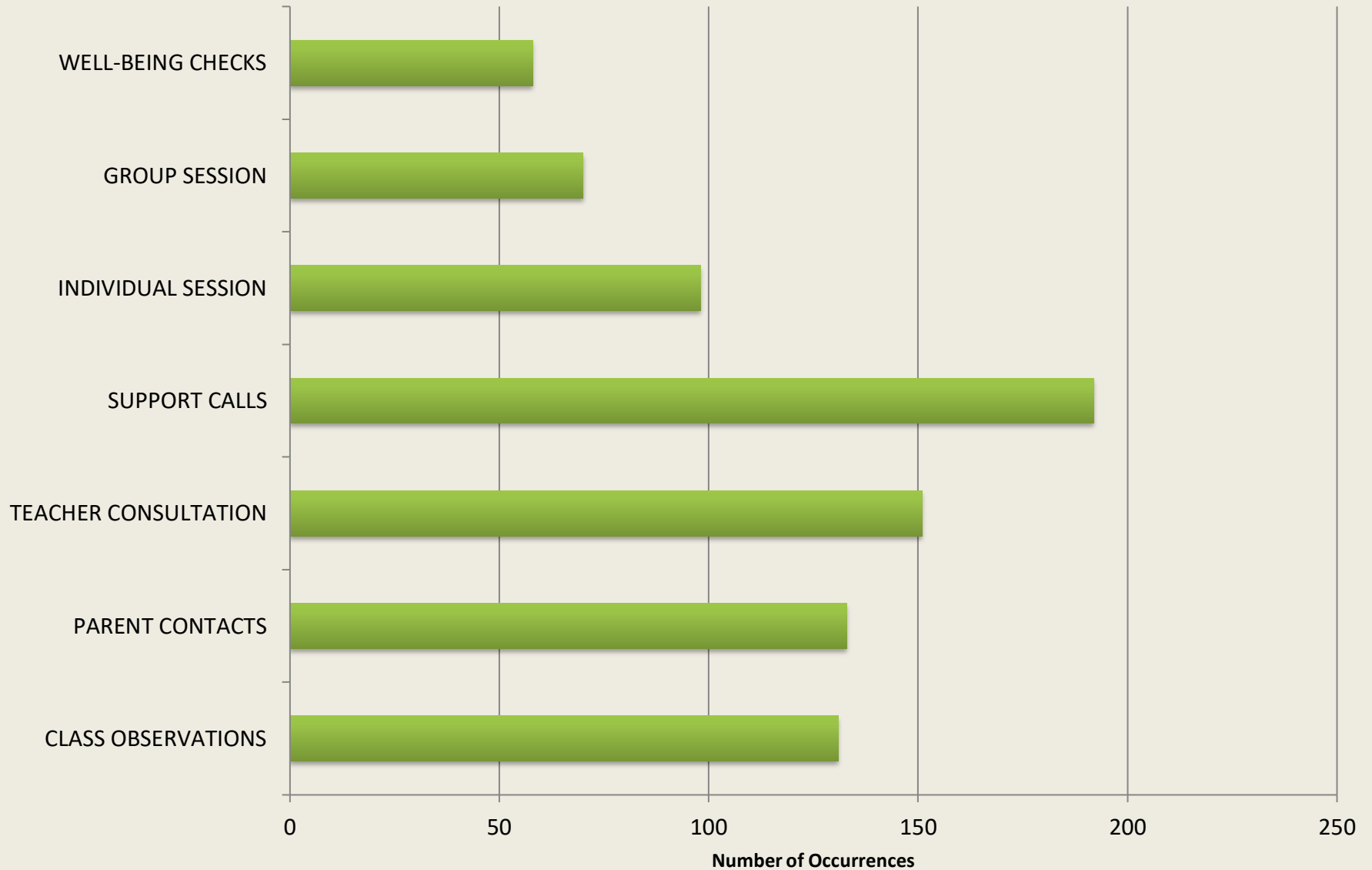
- Home Visits
  - Never go alone
- Courageous Conversations
- Lunch Meetings
- Family Needs
  - Bed bugs
  - Food
  - Parental Depression



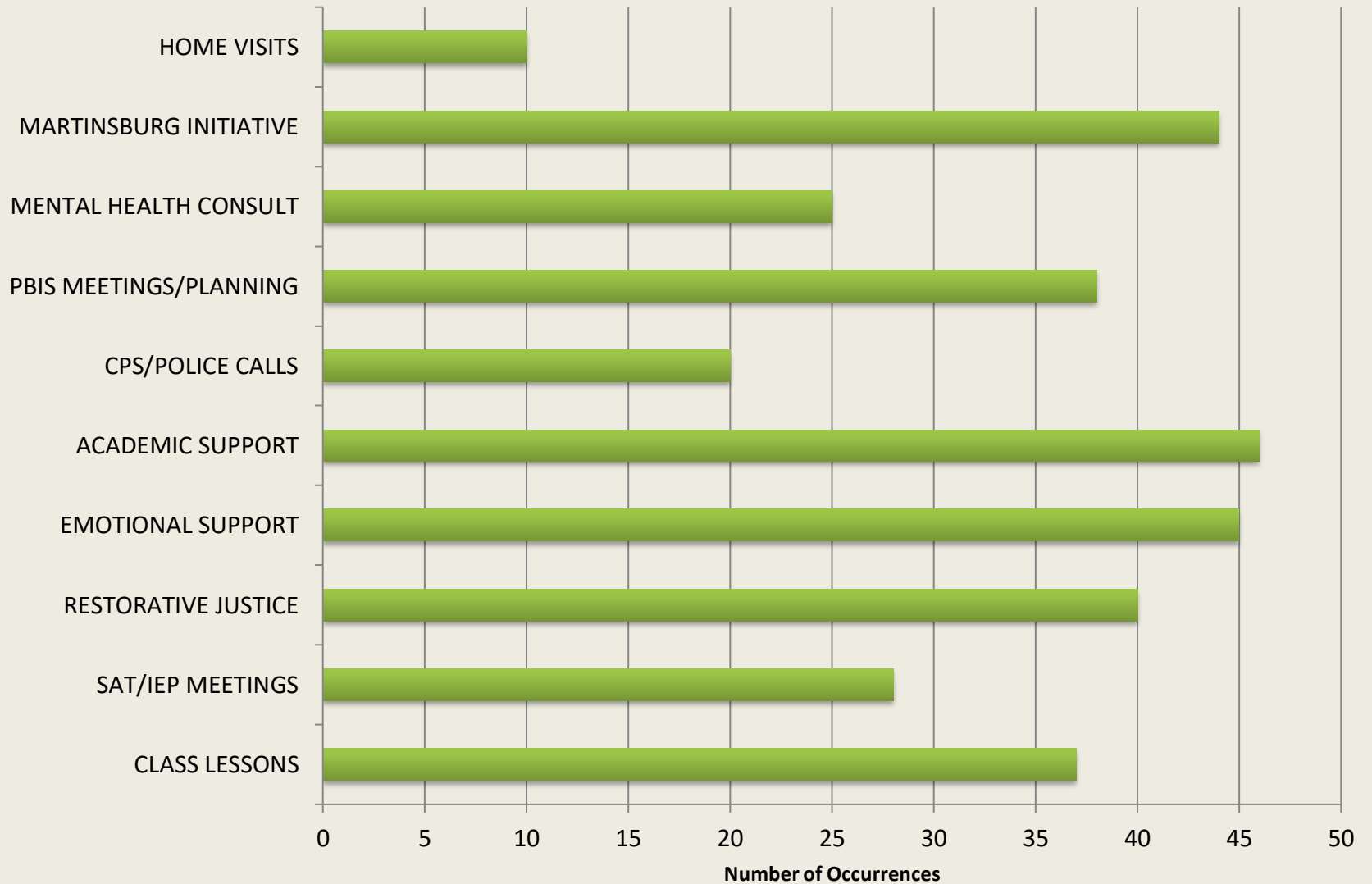
# Community MH Consultation

- Release of Information  
HIPAA/FERPA
- Discuss Medication dosages  
and changes (LICSW)
- Where are the missing meds?
- No Show for appointments
- Collaborate on treatment goals
- Update on school progress  
and/or disciplinary action taken
- Coordinate transportation, if  
needed

## Sample Social Work Data

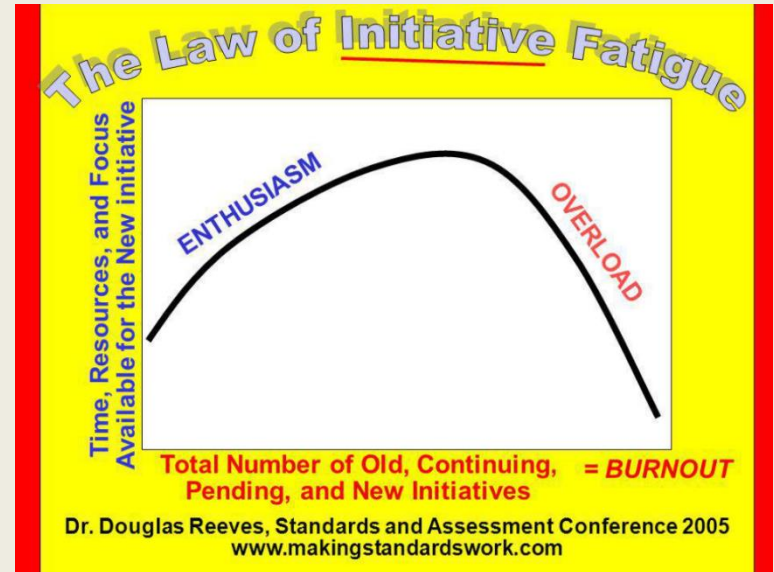


## Sample Social Work Data



# Complication: Initiative Overload

- Trauma Informed
- Mental Health
- Restorative Practices
- Social Emotional Learning
- Popularity breeds fragmentation
- Potential for drift
- Potential for confusion
  - Systems change is complex
  - Multiple Definitions
  - Multiple Interpretations
  - Range of experiences
    - especially in low fidelity settings



# **MTSS School-level Intervention Mapping Tool**

Contact our office for assistance in  
Aligning/Combining Initiatives

- Provides an overall picture of existing social emotional behavioral related interventions or initiatives available to students in your building
- Determines the effectiveness, relevance, and fidelity for each
- Resource allocation
- Determines areas of redundancy



	Intervention	Indicated Need	Facilitator	Entrance Criteria	% of student enrollment receiving intervention	% of students responding	Evidence Based	Fidelity Measurement
Tier 1	Social Emotional Behavioral Skills Curriculum	Increased social emotional behavioral instructional time	Counselor	None - all students	All	Time out of class reduced by 10%	Yes	Measured by weekly walkthroughs
	Classroom Community Circles	Increased sense of belonging and student voice in decision making	Social Worker	None - all students	All	Student Climate Survey increased by 13%	No	Measured by weekly walkthroughs
Tier 2	Check-in, Check-out	Low level behavioral needs Decision rules: • 2 major ODRs • 1 suspension • 5 nurse visits in 2 weeks	Resource Officer	<ul style="list-style-type: none"> <li>1 suspension</li> <li>2 ODRs</li> <li>Low elevation on screener</li> </ul>	12% of student enrollment	74% of students responding	Yes	CICO - Fidelity Implementation Measure
	Problem Solving Skills Group	Anger Management, problem solving skills	Social Worker	<ul style="list-style-type: none"> <li>No response to CICO</li> <li>Suspension for physical aggression</li> <li>Teacher or family referral</li> </ul>	5% of student enrollment	70% of students responding	Yes – reteaching skills from Tier 1	None
	Divorce Group	Support for students of parental divorce	Social Worker	<ul style="list-style-type: none"> <li>Teacher or family referral</li> </ul>	1% of student enrollment	Unknown	No	None
	Trauma Informed Evidence Based Group	Prevent fight, flight, freeze response per risk indications in screening data	Community Clinician	<ul style="list-style-type: none"> <li>No response to CICO</li> <li>Highly elevated on universal screener</li> </ul>	2% of student enrollment	75% of students responding	Yes	Evidence Based Group Fidelity Tool
Tier 3	Wraparound	Students with needs across home-school-community	School Social Worker & Community Clinician	<ul style="list-style-type: none"> <li>No response to two Tier 2 interventions</li> <li>At-risk for change in placement</li> <li>Highly elevated on universal screener</li> </ul>	2% of student enrollment	72% of students responding	Yes	Wraparound Integrity Tool

# A Word about Confidentiality

Schools are one of the most difficult settings for social workers to maintain confidentiality.

Licensed Social Workers have a professional obligation to respect the privacy of our client according to the NASW Code of Ethics.

**Ask the following questions when deciding to share confidential information:**

- "Why is it important that this information be shared?"
- "How will the student and the student's family benefit by a decision to share or not share information?"
- "Does sharing the confidential information outweigh maintaining confidentiality?"
- "What will be the effect on the student's learning?"
- Can I ask the family for permission to disclose the information?

# Perceived Barriers According to Social Workers in WV Schools

- Grant Funded – Job Insecurity
- Lack of job specific Professional Development
- Lack of local association or organization
- Differentiate from counselors and psychologists
- Additional Pay for Licensure? (WVC §18A-4-4b)
  - \$2,500 supplement
  - Code needs updated to include social work
- Supervisor isn't a social worker
  - Who provides clinical supervision?
  - Who teaches clinical skills?
  - Identify LICSW's in county to provide supervision



# “You have as much power as you think you have.”

- Create your own PowerPoints to provide PD to staff – I’ll help you!
- Find the gaps and fill them!
- Schedule wellness activities, community events, mentoring opportunities, etc.
- Don’t wait for someone else. You are the “someone.”
- Reach out to colleges for interns to help grow school social work
- Ask teachers what they need and be their advocate



We need the  
greatest, most  
evidence-based  
tool for changing  
a student's  
behavior to be at  
their best!



# We Are...Here for You!

## Multi-Tiered System Of Supports

- Early Childhood Positive Behavioral Interventions and Supports (ECPBIS) Overview and Academy
- School-wide Positive Behavioral Interventions and Supports (SWPBIS) Readiness, Overview and Academy
- Tier 2 Academy: A Continuum of Interventions

**Early Childhood**

- Functional Based-Assessment/ Behavior Intervention Plan
- Data

**School-wide**

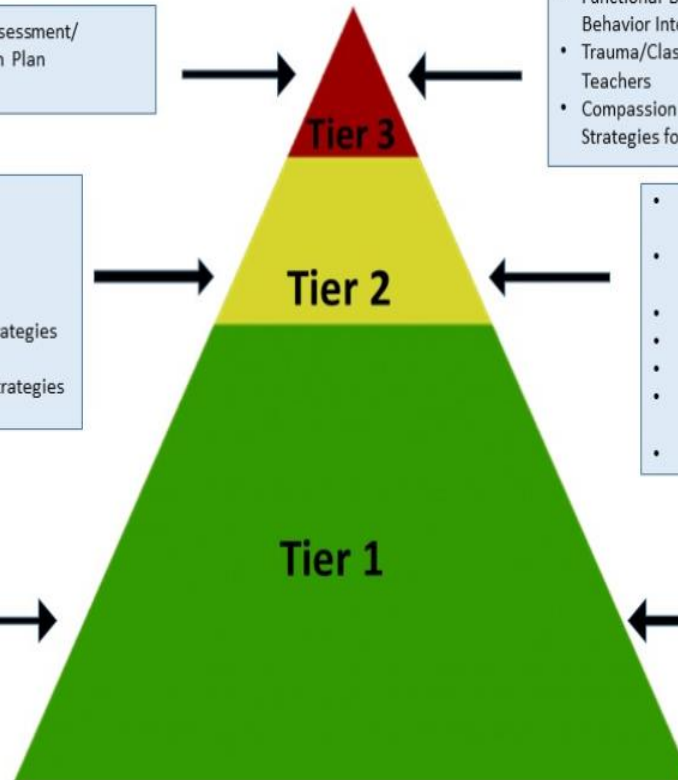
- Functional Based-Assessment/ Behavior Intervention Plan
- Trauma/Classroom Strategies for Teachers
- Compassion Fatigue/Stress/Burnout Strategies for Teachers

- Data
- Self-Regulation & Co-Regulation
- Emotional Literacy
- Classroom Management for Teachers
- Classroom Strategies for Teachers
- Trauma and Toxic Stress/Classroom Strategies for Teachers
- Compassion Fatigue/Stress/Burnout Strategies for Teachers

- Functional Based-Assessment/Behavior Intervention Plan
- Compassion Fatigue/Stress/Burnout Strategies for Teachers
- Check-in/Check-out/Strategies for Students
- Classroom Management for Teachers
- Trauma
- Challenging Behaviors/Classroom Strategies for Teachers
- Tier 2 Readiness for School Leadership Team

- Trauma and Toxic Stress/Classroom Strategies for Teachers
- Data
- Self-Regulation & Co-Regulation
- Classroom Management for Teachers
- Classroom Strategies for Teachers
- Challenging Behaviors/Classroom Strategies for Teachers
- Book Studies

- Trauma/Classroom Strategies for Teachers
- Mental Health First Aid for Teachers
- Classroom Management for Teachers
- Classroom Strategies for Teachers
- Challenging Behaviors/Classroom Strategies for Teachers
- Webinars
- Book Studies
- Tier 1 Readiness for School Leadership Teams



Trainings offered by our office:  
[www.marshall.edu/wvbmhtac](http://www.marshall.edu/wvbmhtac)

# **Introducing: West Virginia School Social Workers Professional Learning Community**

To become a member, you must: 1. Have a degree in Social Work  
2. Enter WV schools as a part of your job responsibilities

## **Benefits of Joining:**

- Feel more **COMPETENT** with improved skills and knowledge through
  - collaborative study
  - professional development trainings
  - professional dialogue specific to education settings
- **CONNECT** to other social workers with similar daily experiences
- Feel **EMPOWERED** to be an agent for positive change in your county



# JOIN US!



<https://www.facebook.com/groups/wvssw/>



Our goal is to build Social Workers competence so you can present these trainings to your own schools!

[www.marshall.edu/bmhtac](http://www.marshall.edu/bmhtac)

We will also be offering a variety of trainings on the Facebook Group at the members' request!

I can't wait to see you there!

My e-mail is:  
henderson6@marshall.edu



#### Trainings We Offer:

- Positive Behavioral Interventions & Supports
  - Trauma and ACE's
  - Resiliency and Self-Care
  - Classroom Management
  - Check-In/Check-Out
  - Social Emotional Learning
  - Compassion Fatigue
  - FBA/BIP Guidance
- More Coming Soon!



## References:

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*National Child Traumatic Stress Network Schools Committee. (October 2008). Child Trauma Toolkit for Educators. Los Angeles, CA & Durham, NC: National Center for Child Traumatic Stress.*

Campaign for Trauma-Informed Policy & Practice (June 2017 Article: Trauma-Informed Approaches Need to be Part of a Comprehensive Strategy for Addressing the Opioid Epidemic <http://ctipp.org/>)

WV ACEs Coalition (2018 Article: Stumbling Blocks or Stepping Stones) <https://www.wvaces.org/>

Associations Between Adverse Childhood Experiences and ADHD Diagnosis and Severity Nicole M. Brown, MD, MPH, MHS; Suzette N. Brown, MD, MPH; Rahil D. Briggs, PsyD; Miguelina German, PhD; Peter F. Belamarich, MD; Suzette O. Oyeku, MD, MPH



# Referenced Websites:

- [www.marshall.edu/bmhtac](http://www.marshall.edu/bmhtac)
- [www.wvpbis.org](http://www.wvpbis.org)
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- [www.nasw.org](http://www.nasw.org)
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- <https://cehs.wvu.edu/project-train>