

# Jeffery W. Garrett, PhD.

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## Education

- 2004 PhD., Ohio University  
Major: Counselor Education  
Supporting Areas of Emphasis: Treatment of Mental Disorders, Marriage and Family Counseling  
Dissertation Title: The Marital Satisfaction of Interracial Hispanic-White Couples
- 1993 MA, Marshall University  
Major: Agency Counseling  
Supporting Areas of Emphasis: Clinical Counseling
- 1985 BA, David Lipscomb University  
Major: Religious Education

## Experience

### Academic

April 30, 2013 - present Associate Professor: Marshall University.  
Responsibilities include teaching, advising, scholarly activities, service to the university, GSEPD, and the counseling program.

### Teaching Experience

Marshall University

- COUN 477, Stress Management Couns, 1 course.
- COUN 575, Prev & Treat of Addict, 2 courses.
- COUN 577, Stress Management Counseling, 1 course.
- COUN 581, SpTp:Treatment Mental Disorder, 2 courses.
- COUN 603, Counseling Theories, 13 courses.
- COUN 605, Theory Prac Human Appr, 11 courses.
- COUN 607, Coun Tech & Human Relat, 8 courses.
- COUN 608, Practicum, 1 course.
- COUN 631, Diag & Treatment Planning, 2 courses.
- COUN 632, Intro Mar/Coup & Fam Coun, 6 courses.
- COUN 691, Intern Mental Health Coun, 1 course.

**Directed Student Learning**  
August 30, 2011 - December 13, 2011  
Graduate (Research) Assistant, "Graduate Assistant - Research and Training at the Recovery Council," Counseling.  
Advised: Tyler Burns

## Licensures, Certifications and Memberships

**Licensures and Certifications**  
Nov. 19, 2014 - Nov. 19, 2016  
Licensed Professional Clinical Counselor (PCC), Counselor, Social Worker and Marriage and Family Therapist Board.

**Professional Memberships**  
Jan. 1, 2015 - present  
Association for Assessment and Research in Counseling.

Jan. 1, 2015 - present  
Faculty Advisor for the MU Upsilon Chapter of CSI, Chi Sigma Iota - Counseling Academic and Professional Honor Society.

Jan. 1, 2015 - present  
West Virginia Counselor Association.

Jan. 1, 2014 - present  
American Counseling Association.

Jan. 1, 2014 - present  
Association for Assessment and Research in Counseling.

Jan. 1, 2014 - present  
Faculty Advisor for the MU Upsilon Chapter of CSI, Chi Sigma Iota - Counseling Academic and Professional Honor Society.

## Development Activities Attended

October 11, 2015  
Continuing Education Program, "Infusing Wellness into the Counselor Education Curriculum," Association for Counselor Education and Supervision (ACES), Philadelphia, PA, USA.

October 10, 2015  
Continuing Education Program, "Best Practices in Distance Supervision," Association for Counselor Education and Supervision (ACES), Philadelphia, PA, USA.

October 10, 2015  
Continuing Education Program, "Designing An Addictions Course: A Competency Based Approach Using SAMSHA's Top 21 Addiction Counseling Competencies," Association for Counselor Education and Supervision (ACES), Philadelphia, PA, USA.

October 10, 2015  
Continuing Education Program, "Efficient Methods to Improve Student use of APA Style, Writing, Research Appreciation and Synthesis," Association for Counselor Education and Supervision (ACES), Philadelphia, PA, USA.

October 10, 2015  
Continuing Education Program, "Real Diagnosis: Using Movies to Teach DSM and Diagnosis," Association for Counselor Education and Supervision (ACES), Philadelphia, PA, USA.

- October 11, 2015 Continuing Education Program, "Successful Assessment Practices and Updating Assessment for the 2016 CACREP Standards," Association for Counselor Education and Supervision (ACES), Philadelphia, PA, USA.
- October 10, 2015 Continuing Education Program, "The Hidden Need: Integrating Trauma Informed Care into Effective School Counseling Programs," Association for Counselor Education and Supervision (ACES), Philadelphia, PA, USA.
- October 10, 2015 Continuing Education Program, "The Mentoring Relationship Between International Students and Faculty Advisors Within Counselor Education Programs," Association for Counselor Education and Supervision (ACES), Philadelphia, PA, USA.
- October 9, 2015 Continuing Education Program, "Competencies for Clinicians Working with LGBTQ Persons Living with Chronic Illness/Disability," Association for Counselor Education and Supervision (ACES), Philadelphia, PA, USA.
- October 9, 2015 Continuing Education Program, "Harm Reduction Curriculum in Counselor Education: Exceeding CACREP 2016 Standards," Association for Counselor Education and Supervision (ACES), Philadelphia, PA, USA.
- October 9, 2015 Continuing Education Program, "Preparing for Internship: Creating Realistic Site Experiences Using Trained Actors as Clients," Association for Counselor Education and Supervision (ACES), Philadelphia, PA, USA.
- October 9, 2015 Continuing Education Program, "Publishing in the Journal of Counseling and Development," Association for Counselor Education and Supervision (ACES), Philadelphia, PA, USA.
- October 9, 2015 Continuing Education Program, "The 2014 ACA Code of Ethics: How the New Code Impacts Counselor Education Programs," Association for Counselor Education and Supervision (ACES), Philadelphia, PA, USA.
- October 9, 2015 Continuing Education Program, "Whose Line Is It, Anyway?: Using Improvisational Skills to Enhance Techniques Training," Association for Counselor Education and Supervision (ACES), Philadelphia, PA, USA.
- October 8, 2015 Continuing Education Program, "Challenging Students to Become Ethical Counselors," Association for Counselor Education and Supervision (ACES), Philadelphia, PA, USA.
- October 8, 2015 Continuing Education Program, "Counselor Education in the Digital Age: Cultural and Ethical Considerations When Generations Collide," Association for Counselor Education and Supervision (ACES), Philadelphia, PA, USA.
- October 8, 2015 Continuing Education Program, "Incorporating Harm Reduction Treatment into Your Substance Abuse and Addictions Courses: What You Need To Know," Association for Counselor Education and Supervision (ACES), Philadelphia, PA, USA.

- October 8, 2015 Continuing Education Program, "Managing Value Conflicts in Counseling," Association for Counselor Education and Supervision (ACES), Philadelphia, PA, USA.
- October 8, 2015 Continuing Education Program, "Online Counselor Training: The Balancing Act of Student Needs, Accreditation Requirements, and Institutional Procedures," Association for Counselor Education and Supervision (ACES), Philadelphia, PA, USA.
- October 8, 2015 Continuing Education Program, "The Evolution of Learning: Online Programs, Counselor Education, and the Therapeutic Relationship," Association for Counselor Education and Supervision (ACES), Philadelphia, PA, USA.
- October 4, 2015 Continuing Education Program, "Multidimensional Assessment Procedures for Substance Abuse Treatment," West Virginia Counseling Association, Flatwoods, WV, USA.
- October 2, 2015 Continuing Education Program, "Creative and Interesting Applications of Adlerian Theory (Part 2)," West Virginia Counseling Association, Flatwoods, WV, USA.
- April 8, 2015 Workshop, "Copyright Workshops: Best Practices for F2F and Online Educational Fair Use," Marshall University, Huntington, WV, USA.
- November 18, 2014 Continuing Education Program, "Motivational Interviewing 101," E-Base Academy (Ohio Department of Mental Health & Addiction Services), Online.
- November 5, 2014 Continuing Education Program, "AA: The Story and the Steps," Balin and Associates (Marcella Barlin Course Provider / Instructor), Indiana Wesleyan University 4100 Rockside Rd., Independence, OH 4413, USA.
- October 28, 2014 Continuing Education Program, "Ethics at the End of Life," Balin and Associates (Marcella Barlin Course Provider / Instructor), North Canton, Ohio, USA.
- October 4, 2014 Continuing Education Program, "Working with the Changes in the ACA Code of Ethics," West Virginia Counseling Association, Flatwoods, WV, USA.
- October 3, 2014 Continuing Education Program, "Adding Color to Cognitive Behavioral Therapy," West Virginia Counseling Association, Flatwoods, WV, USA.
- October 2, 2014 Continuing Education Program, "Creative and Interesting Applications of Adlerian Theory," West Virginia Counseling Association, Flatwoods, WV, USA.
- October 2, 2014 Continuing Education Program, "Dealing with Anger: Uses of Theories and Creative Techniques," West Virginia Counseling Association, Flatwoods, WV, USA.
- September 4, 2014 Seminar, "University Copyright Seminar," Marshall University, Huntington, WV, USA.

- June 7, 2013 Continuing Education Program, "DSM-5: What You Need To Know - A Masters Workshop from APA Experts," American Psychiatric Association & Ohio Psychiatric Physicians Association, Dayton, Ohio, USA.
- March 23, 2013 Continuing Education Program, "The Intersection of Neuroscience and Counseling," American Counseling Association (ACA) 2013 Conference and Expo, Cincinnati, Ohio, USA.
- March 21, 2013 Continuing Education Program, "Advancing Your Suicide Prevention, Assessment, and Intervention Skills: Practical Information for Counselors," American Counseling Association, Cincinnati, Ohio, USA.
- March 21, 2013 Continuing Education Program, "Counseling Theory in Practice," American Counseling Association (ACA) 2013 Conference and Expo, Cincinnati, Ohio, USA.
- March 21, 2013 Continuing Education Program, "Understanding DSM-5 Personality Disorders," American Counseling Association (ACA) 2013 Conference and Expo, Cincinnati, Ohio, USA.
- September 10, 2012 Workshop, "Addiction Knowledge," Moore Counseling and Mediation Services, Inc, 22639 Euclid Avenue, Euclid, Ohio, USA.
- April 21, 2012 Seminar, "Individual Counseling (Part 2)," Moore Counseling and Mediation Services, Inc, Euclid, Ohio 54014, USA.
- March 22, 2012 Workshop, "Documentation in Substance Abuse Counseling," Moore Counseling and Mediation Services, Inc, Euclid, Ohio 54014, USA.
- March 20, 2012 Self-Study Program, "Counseling Board Ethics Course 8335253," Ohio Counseling, Social Worker, and Marriage and Family Board, Columbus, Ohio, USA.
- March 20, 2012 Seminar, "Individual Counseling (Part 1)," Moore Counseling and Mediation Services, Inc, Euclid, Ohio 54014, USA.
- January 13, 2012 Workshop, "Depressants II: Hallucinogen & Inhalant," Compass Point Counseling Services, 1251 Niles Rd Fairfield, Ohio 54014, USA.

## Presentations

Garrett, J. W. (Presenter & Author), "Effective Residential Treatment for Women (participants received 3 hours of CE)," The Recovery Council, Waverly, Ohio.

Garrett, J. W., West Virginia Counselors Association, "Effective 12 Step CBT Strategies for Resistant Clients in Substance Abuse Treatment," WVCA Conference, Flatwoods, WV. (October 2, 2015).

Garrett, J. W., Seminar for CEUs and RCHs, "Developing Skills for Substance Abuse Counseling," Recovery Council, Waverly, Ohio. (September 9, 2015).

Garrett, J. W., Seminar for CEUs and RCHs, "Introduction to 12 Step CBT for Substance Abuse Treatment," Recovery Council, Waverly, Ohio. (August 26, 2015).

Garrett, J. W., Seminar for CEUs and RCHs, "Individual Counseling using CBT for Addiction," Recovery Council, Waverly, Ohio. (June 3, 2015).

Garrett, J. W., Seminar for CEUs and RCHs, "Group Therapy - Utilizing CBT Skills," Recovery Council, Waverly, Ohio. (May 26, 2015).

Garrett, J. W., Seminar for CEUs and RCHs, "Introduction to Group Therapy: How to Run a Group," Recovery Council, Waverly, Ohio. (May 18, 2015).

Garrett, J. W., Seminar for CEUs and RCHs, "Working with Resistant Clients Using Behavioral Strategies and Techniques," Spectrum Outreach Services, Ironton, Ohio. (April 21, 2015).

Garrett, J. W., Seminar for CEUs and RCHs, "CBT Techniques for Substance Abuse Treatment," Recovery Council, Waverly, Ohio. (March 31, 2015).

Garrett, J. W., Seminar for CEUs and RCHs, "Clinical Supervision," Recovery Council, Waverly, Ohio. (March 17, 2015).

Garrett, J. W., Seminar for CEUs and RCHs, "CBT for Highly Resistant Clients," Recovery Council, Waverly, Ohio. (February 24, 2015).

Garrett, J. W., Seminar for CEUs and RCHs, "CBT for Treatment Resistant Addiction," Recovery Council, Waverly, Ohio. (February 10, 2015).

Garrett, J. W., Seminar for CEUs and RCHs, "Using CBT with Difficult Clients," Recovery Council, Waverly, Ohio. (January 27, 2015).

Garrett, J. W., Seminar for CEUs and RCHs, "Working with Resistant Clients Using Behavioral Strategies and Techniques," Recovery Council, Waverly, Ohio. (January 9, 2015).

Garrett, J. W., Seminar for CEUs and RCHs, "Increasing Motivation in Resistant Clients in Substance Abuse Treatment," Recovery Council, Waverly, Ohio. (December 16, 2014).

Garrett, J. W., Seminar for CEUs and RCHs, "Effective Strategies for Resistant Clients in Substance Abuse Treatment," Recovery Council, Waverly, Ohio. (December 9, 2014).

Garrett, J. W., Seminar for CEUs and RCHs, "Counseling Skills that Enhance 12 Step CBT," Recovery Council, Waverly, Ohio. (September 5, 2014).

Garrett, J. W., Seminar for CEUs and RCHs, "Developing Basic Counseling Skills and Competencies," Recovery Council, Waverly, Ohio. (August 19, 2014).

Garrett, J. W., Seminar for CEUs and RCHs, "Twenty-Five Counseling Techniques for Establishing and Maintaining a Strong Therapeutic Alliance," Recovery Council, Waverly, Ohio. (July 22, 2014).

Garrett, J. W., Seminar for CEUs and RCHs, "Clinical Competencies: Enhancing Basic Skills During Video Recorded Simulated Role-Plays," Recovery Council, Waverly, Ohio. (July 15, 2014).

Garrett, J. W., Seminar for CEUs and RCHs, "Counseling Lab- Practicing Counseling Techniques in Simulated Role-Plays," Recovery Council, Waverly, Ohio. (July 8, 2014).

Garrett, J. W., Seminar for CEUs and RCHs, "Person Centered Counseling for Addiction," Recovery Council, Waverly, Ohio. (July 1, 2014).

Garrett, J. W., Seminar for CEUs and RCHs, "Effective Techniques for 12 Step Recovery Alcohol and Drug Treatment," Recovery Council, Waverly, Ohio. (May 27, 2014).

Garrett, J. W., Seminar for CEUs and RCHs, "Working Step 1 in Drug and Alcohol Treatment Alcohol and Drug Treatment," Recovery Council, Waverly, Ohio. (May 27, 2014).

Garrett, J. W., Seminar for CEUs and RCHs, "Working Step 2 in Drug and Alcohol Treatment Alcohol and Drug Treatment," Recovery Council, Waverly, Ohio. (May 27, 2014).

Garrett, J. W., Seminar for CEUs and RCHs, "Working Step 3 in Drug and Alcohol Treatment Alcohol and Drug Treatment," Recovery Council, Waverly, Ohio. (May 27, 2014).

Garrett, J. W., Seminar for CEUs and RCHs, "Using the principles and practices of 12 Step Recovery in Alcohol and Drug Treatment," Recovery Council, Waverly, Ohio. (May 20, 2014).

Garrett, J. W., Workshop for CEUs and RCHs, "Basic 12 Step Interventions and Methods for Addiction," Recovery Council, Waverly, Ohio. (May 20, 2014).

Garrett, J. W. (Presenter & Author), Clinical Workshop for Substance Abuse Counselors, "Improving Retention," Recovery Council, Waverly, Ohio. (September 24, 2013).

Garrett, J. W. (Presenter & Author), Overcoming Resistance and Building the Counseling Relationship, "Overcoming Resistance and Building the Counseling Relationship," Recovery Council, Waverly, Ohio. (September 10, 2013).

Garrett, J. W. (Presenter & Author), "Inpatient Treatment for Women: Training and Consultation (participants received 3 hours of CE)," The Recovery Council, Waverly, Ohio. (June 2, 2012).

Garrett, J. W. (Presenter & Author), Recovery Council Training Workshop, "Inpatient Case Presentation/ Consultation (Participants received 3 hours of CE)," The Recovery Council, Waverly, Ohio. (Dec. 20, 2011).

Garrett, J. W. (Presenter & Author), Recovery Council Training Workshop, "Training Videos: 12 Step CBT for Substance Abuse Treatment (Ohio Chemical Dependency Board approved for CE)," The Recovery Council, Waverly, Ohio. (December 20, 2011).

## Media Contributions

|               |   |
|---------------|---|
|               | <b>Internet</b>   |
| Jan. 2, 2013  | Website - Resources for Chemical Dependency Counselors.   |
|               | <b>Other</b>  |
| Sept. 9, 2015 | Eleven Video Recorded Training Workshops on using 12 Step Cognitive Behavioral Therapy for Substance Abuse Treatment. |
| Dec. 31, 2014 | Training Videos (DVDs) for Substance Abuse Counselors.  |
| Dec. 19, 2013 | 12 Step CBT Training Video: Effective Techniques for Clients in Early Recovery.                                       |
| Jan. 2, 2012  | Training Videos (DVDs) for Substance Abuse Counselors.  |
| Dec. 20, 2011 | Counselor Training Videos (DVDs) - 12 Step CBT for Substance Abuse Treatment.   |

## Contracts, Grants and Sponsored Research

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|---------------------------------|---|
|                                 | <b>Contract</b>   |
| Jan. 9, 2015 - present          | Garrett, J. W. (Principal), "12 Step Cognitive Behavioral Therapy (CBT) for Substance Abuse Treatment," Sponsored by Recovery Council, Other, \$5,500.00.   |
| Sept. 24, 2014 - present        | Garrett, J. W., "Consultant, Trainer and Researcher for Substance Abuse Treatment," Sponsored by Recovery Council, Other, \$10,000.00.  |
| Jan. 15, 2011 - present         | Garrett, J. W., "12 Step Cognitive Behavioral Therapy (12 Step CBT) with Intensive Case Management (ICM)," Sponsored by The Recovery Council, Other, \$4,000.00.  |
| Sept. 24, 2013 - Dec. 31, 2014  | Garrett, J. W. (Principal), "12 Step CBT for Substance Use Disorders: Combining 12 Step Recovery with Evidence Based Treatment," Sponsored by Recovery Council, Other, \$10,000.00.   |
|                                 | <b>Sponsored Research</b>   |
| Sept. 30, 2015 - Sept. 29, 2018 | Garrett, J. W. (Co-Principal), Saunders, A. (Principal), "Marshall University Screening, Brief Intervention, and Referral to Treatment (MUSBIRT)," Sponsored by Substance Abuse and Mental Health Administration (SAMSHA), Federal, \$931,000.00. |

## Service

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|-------------------------------|---|
|                               | <b>Department Service</b>   |
| Jan. 2, 2013 - present        | Committee Member, Assessment Committee.   |
| Jan. 2, 2012 - present        | Committee Member, Assessment Committee.   |
| Sept. 1, 2009 - Dec. 31, 2014 | Coordinator for the Counseling Program Website, Coordinator for the Counseling Program Website. |



Oct. 12, 2011 - Dec. 17, 2011 Committee Member, Counseling Program Assessment Committee.

**College Service**

Jan. 1, 2015 - Dec. 31, 2015 Committee Member, Hooding Committee.

Oct. 10, 2014 - Dec. 31, 2014 Committee Member, Hooding Committee.

Jan. 1, 2013 - Dec. 31, 2013 Leadership: Led the Clinical Laboratory Technical Committee, Clinical Laboratory Technical Committee.

Jan. 1, 2012 - Dec. 31, 2012 Leadership: Led the Clinical Laboratory Technical Committee, Clinical Laboratory Technical Committee.

Jan. 1, 2011 - Dec. 31, 2011 Leadership: Led the Clinical Laboratory Technical Committee, Clinical Laboratory Technical Committee.

**University Service**

April 1, 2015 - Dec. 31, 2015 Committee Chair, University Functions Committee.

Dec. 8, 2015 Attendee, Graduation, Graduation Hooding.

May 5, 2015 Attendee, Graduation, Graduation Hooding.

Aug. 15, 2014 - Dec. 31, 2014 Recording Secretary, University Functions Committee.

Dec. 11, 2014 Attendee, Graduation, Graduation Hooding.

May 8, 2014 Attendee, Graduation, Graduation Hooding.

Jan. 2, 2013 - Dec. 31, 2013 Committee Member, Academic Hearing Committee. (January 2, 2013 - December 31, 2013).

Dec. 12, 2013 Attendee, Graduation, Graduation Hooding.

May 5, 2013 Attendee, Graduation, Graduation Hooding.

Jan. 2, 2012 - Dec. 31, 2012 Committee Member, Academic Hearing Committee.

Dec. 13, 2012 Attendee, Graduation, Graduation Hooding.

May 3, 2012 Attendee, Graduation, Graduation Hooding.

Dec. 8, 2011 Attendee, Graduation, Graduation Hooding.

### **Professional Service**

- Jan. 1, 2015 -  
Dec. 31, 2015 Faculty Advisor for the Mu Upsilon Chapter of Chi Sigma Iota, Chi Sigma Iota (Faculty Advisor), Huntington, WV.
- Jan. 1, 2014 -  
Dec. 31, 2014 Faculty Advisor for the Mu Upsilon Chapter of Chi Sigma Iota, Chi Sigma Iota (Faculty Advisor), Huntington, WV.
- Jan. 1, 2014 -  
Aug. 1, 2014 Online Community of Professionals in Mental Health, Designed and Maintained the Recovery Council Website, Waverly, OH.
- Jan. 2, 2013 -  
Dec. 31, 2013 Faculty Advisor for the Mu Upsilon Chapter of Chi Sigma Iota, Chi Sigma Iota, Huntington, WV.
- Jan. 1, 2013 -  
Dec. 31, 2013 Online Community of Professionals in Mental Health, Designed and Maintained the Recovery Council Website, Waverly, OH.

### **Public Service**

- Jan. 1, 2015 -  
Dec. 31, 2015 Pastoral Counseling, Pastoral Counseling, Huntington, WV.
- Jan. 1, 2014 -  
Dec. 31, 2014 Pastoral Counseling, Pastoral Counseling, Huntington, WV.
- Jan. 1, 2013 -  
Dec. 31, 2013 Pastoral Counseling, Pastoral Counseling, Huntington, WV.
- Jan. 1, 2012, Dec.  
31, 2012 Pastoral Counseling, Pastoral Counseling, Huntington, WV.

### **Consulting**

- March 12, 2006 -  
present Consultant and Trainer for Substance Abuse Treatment, Recovery Council, Waverly and Chillicothe Ohio.