

Curriculum Vitae

NAME: Jonathan Lent, PhD, PC, LSC, NCC

ADDRESS: 1364 13th St. Huntington, WV 25701

EDUCATION:

Ph.D., 2010, Counselor Education & Supervision, The University of Akron, Akron, OH

M. Ed., 2007, School Counseling, California University of Pennsylvania, California, PA

B.A., 2005, Psychology, California University of Pennsylvania, California, PA

LICENSES: Professional Counselor, Ohio (PC; C.0800142)

Licensed School Counselor, Ohio (LSC)

Certified School Counselor, Pennsylvania

PROFESSIONAL EXPERIENCE

• **TEACHING AND LEADERSHIP EXPERIENCE:**

- Associate Professor, College of Education and Professional Development, Marshall University, May 2015 – present
- Assistant Professor, Graduate School of Education and Professional Development, Marshall University, August 2011 – May 2015
- Contributing Faculty, Walden University, August 2010 – present
- Visiting Assistant Professor, Department of Education and Allied Studies, John Carroll University, August 2009 – Summer 2011
- Guest Lecturer, Department of Education and Allied Studies, John Carroll University, Fall, 2009
- Teaching Assistant, Department of Counseling, The University of Akron, Spring 2009
- Instructor, Department of Counseling, The University of Akron, Summer 2008 – Fall 2008

• **COUNSELING PRACTICE EXPERIENCE:**

- Counselor, PsyCare, Inc., 2008 –2011
- Counselor, Clinic for Individual and Family Counseling, 2008-2010
- Clinic Staff, Clinic for Individual and Family Counseling, 2008 – 2009
- Mobile Therapist, WJS Psychological Associates, 2007
- School Counselor, Brownsville Area High School, 2006 – 2007
- School Counselor, Central Elementary School, 2006 - 2007
- Therapeutic Staff Support, WJS Psychological Services, 2005 – 2007

PROFESSIONAL PUBLICATIONS

REFERRED PUBLICATIONS

- Burton, L., & **Lent, J.** (2016). The use of vision boards as a therapeutic intervention. *Journal of Creativity in Mental Health*.
- **Lent, J.**, Schwartz, R. C., & Lind, B. (2014). Understanding dimensions, consequences, and preventive strategies for burnout in psychotherapy. *Annals of Psychotherapy and Integrated Health, 16*, 68-74.
- Hermon, D., & **Lent, J.** (2012). Transition from career to retirement: A psychoeducational group design. *Career Planning and Adult Development Journal, 28*, 33-44.
- **Lent, J.**, & Schwartz, R. C. (2012). The impact of work setting, demographic characteristics and personality factors on burnout among professional counselors. *Journal of Mental Health Counseling, 34*, 355-381.
- Schwartz, R. C., **Lent, J.**, & Geihlsler, J. (2011). Gender and diagnosis of mental disorders: Implications for mental health counseling. *Journal of Mental Health Counseling, 33*, 347-358.
- **Lent, J.** (2011). The placebo effect. Retrieved from http://counselingoutfitters.com/vistas/vistas11/Article_54.pdf.
- **Lent, J.** (2010). Stressors and stress reduction of counselors: Findings from interviews of professional counselors. Retrieved from http://counselingoutfitters.com/vistas/vistas10/Article_73.pdf
- **Lent, J.** (2009). Journaling enters the 21st century: The use of therapeutic blogs in counseling. *Journal of Creativity in Mental Health, 4* (1), 67-73.
- Williams, K., & **Lent, J.** (2009). Scrapbooking as an intervention for grief recovery for children. *Journal of Creativity for Mental Health, 4*, 455-467.

NON – REFERRED PUBLICATIONS

- Burton, L., & **Lent, J.** (2013, September). Envision the future. *ASCA Magazine*, 14-16.
- Adamson, N., Bradley, N., Eaton, J., Kelly, B., Edenfield, M., Yensel, J., **Lent, J.**, & Hoffman, R. (2010). Social networking: Ethical considerations. *Ohio Counseling Association: Guidelines, 36*, 11-13.

- Adamson, N., Bradley, N., Kelly, B., Hoffman, R., Eaton, J., Edenfield, M., **Lent, J.** (2009). Professional disclosure statements: Are you proficient in your competency areas? *Ohio Counseling Association: Guidelines*, 36, 8-10.
- **Lent, J.** (2008). Getting the most out of your graduate school experience. *Alpha Upsilon Chi Sigma Iota Newsletter*.
- **Lent, J.** (2008). What makes a good leader? *Exemplar*.
- **Lent, J.** (2008). What area is left out of counselor education training? *Exemplar*.

BOOK CHAPTERS

- **Lent, J., & Meniru, M. M.** (2018). Post secondary career and technical education students' career development. In Eliason, G. T., Eliason, T., Samide, J. L., & Patrick, J. (Eds.) *Career development across the lifespan: Counseling for community, schools, higher education, and beyond*. Greenwich, CT: Information Age.
- **Lent, J., Burck, A., & Stretch, L. A.** (2016). Practica and Internship field placements using cybersupervision. In Thomas, C. C. (Eds.) *Technology in Mental Health*. New York, NY: Thomas.
- Burton, L., & **Lent, J.** (2015). Creating a vision (board) with your students. In Degges-White, S., & Colon, B. R. (Eds.) *Expressive arts interventions for school counselors*. New York, NY: Springer.
- **Lent, J., & Meniru, M. M.** (2014). Career development and technical education students. In Eliason, G. T., Eliason, T., Samide, J. L., & Patrick, J. (Eds.) *Career development across the lifespan: Counseling for community, schools, higher education, and beyond*. Greenwich, CT: Information Age.
- **Lent, J., & Meniru, M. M.** (2011). **Postsecondary** career and technical education students and career development. In Samide, J. L., Eliason, G. T., & Patrick, J. (Eds.) *Career development in higher education* (pp.). Greenwich, CT: Information Age.

PROFESSIONAL PRESENTATIONS

NATIONAL

- **Lent, J., & Hermon, D.** (2017). *Providing wellness instruction for counselors-in-training*. Presented at the 2017 ACES Conference, Chicago, IL.

- **Lent, J.** (2016). *Roundtable discussion on transition to retirement for older adults*. Presented at the 2016 ACA Conference, Quebec, Montreal, Canada.
- **Lent, J., & Hermon, D.** (2013). *Career to retirement: A psychoeducational transition group*. Presented at the 2013 ACA Conference, Cincinnati, OH.
- **Lent, J., & Stahl, B.** (2011). *The impact individual characteristics may have on your experience of burnout*. Presented at the third Virtual Conference on Counseling (3VCC), Second Life, Virtual.
- **Lent, J., & Britton, P.** (2011). *Technology and supervision: Let's get on board*. Presented at the 2011 American Counseling Association Conference, New Orleans, LA.
- **Lent, J., Britton, P., & Lind-Stahl, B.** (2010). *Developing and implementing online supervision in counselor education: Strategies to get started*. Presented at the second Virtual Conference on Counseling (2VCC), Second Life, Virtual.
- Perosa, S., Perosa, L., Chopko, B., & **Lent, J.** (2010). *An events-based paradigm: Working through impasses in supervision*. Presented at the annual meeting of the American Counseling Association. Pittsburgh, PA.
- Kress, V. E., Hoffman, R., **Lent, J.**, & Kelly, B. (2009). *Ethical DSM diagnosis: Practice considerations for professional counselors*. Presented at the annual meeting of the American Counseling Association, Charlotte, NC.
- Meniru, M., **Lent, J.**, & Schwartz, R. (2009). *Psychosocial issues with culture shock*. Presented at the annual meeting of the American Counseling Association, Charlotte, NC.

REGIONAL

- Hermon, D. A., & **Lent, J.** (2014). Roundtable discussion on career to retirement transitions. Southern Association for Counselor Education and Supervision (SACES), Birmingham, AL.
- **Lent, J.**, Burton, L. G., Burck, A., Ellison, L. L. (2014). *A counselor educator's guide to use of technology in counselor education*. Southern Association for Counselor Education and Supervision, Birmingham, AL.
- **Lent, J.** & Burck, A. (2013). *Increasing adult learners' success in online classrooms*. Presented at the WV Statewide Technology Conference, Morgantown, WV.
- **Lent, J.**, & Burck, A. (2012). *Cybersupervision: A step-by-step guide for supervisors and*

supervisees. Presented at the 2012 SACES Conference, Savannah, GA.

STATE

- **Lent, J.** (2016). *Maintaining self-care in stressful work environments: Strategies to remain well*. Presented at the West Virginia Counseling Association Fall Conference, Daniels, WV.
- **Lent, J., & Dahalia, G.** (2015). *Art, Asana, movement, and you*. Presented at the West Virginia Counseling Association Fall Conference, Sutton, WV.
- **Lent, J.** (2014). *A guide to social media for counselors*. Presented at the West Virginia College Counseling Association Spring Conference, Charleston, WV.
- **Lent, J.** (2012). *Career transition groups for older adults*. Presented at the West Virginia Counseling Association Fall Conference, Sutton, WV.
- **Burton, L. G., & Lent, J.** (2012). *SAT meetings: What does a good one look like?* Presented at the KidStrong Conference, Charleston Civic Center, Charleston, WV.
- **Lent, J., & Burton, L. G.** (2012). *Getting back to basics: Group leadership refresher*. Presented at the KidStrong Conference, Charleston Civic Center, Charleston, WV.
- **Burton, L., Burton, M., Burck, A., & Lent, J.** (2011). *Clinical supervision: An in-depth look at all aspects (Parts I & II)*. Presented at the West Virginia Counseling Association Fall Conference, Sutton, WV.
- **Lent, J.** (2011). *The impact individual characteristics may have on your experience of burnout*. Presented at the West Virginia Counseling Association Fall Conference, Sutton, WV.
- **Perosa, S. L., Perosa, L. M., Chopko, B. A., Lent, J., & Fink, J.** (2011, April). *An event-based paradigm: Working through impasses in supervision (Advanced)*. Presented at the 2011 Symposium on Supervision, Kent State University, Kent, OH.
- **Lent, J., & Kaelber, K. A.** (2010, November). *The impact individual characteristics may have on your experience of burnout (Advanced)*. Presented at the 2010 All-Ohio Counselor's Conference, Columbus, OH.
- **Perosa, S. L., Perosa, L. M., Chopko, B. A., Lent, J., Fink, J., & Meniru, M. O.** (2010, November). *An event-based paradigm: Working through impasses in supervision*

(Advanced). Presented at the 2010 All-Ohio Counselor's Conference, Columbus, OH.

- Kress, V. E., Hoffman, R., **Lent, J.**, Kelly, B., & Leynk, J. (2008). *Ethical DSM diagnosis: Practice considerations for professional counselors*. Presented at the All Ohio Counselors Conference, Columbus, OH.
- **Lent, J.**, & Meniru, M. O. (2008). *Culture shock*. Presented at the All Ohio Counselors Conference, Columbus, OH.

Local

- **Lent, J.** (2016). *Wellness: Working toward success*. Invited speaker for Huntington Junior College, Huntington, WV.
- **Lent, J.** (2015). *Graduate study in counseling and a discussion of wellness/self-care*. Invited speaker for Department of Psychology Brown Bag Discussions, Marshall University, Huntington, WV.
- **Lent, J.** (2014). *Dealing with difficult graduate students*. Invited speaker for Part-Time Faculty Seminar, College of Education and Professional Development, Marshall University, Huntington, WV.
- **Lent, J.** (2010). *Ethical Considerations when Using Technology with Adolescents*. Invited workshop for the North Central Ohio Counselors Association. John Carroll University, University Heights, OH.
- **Lent, J.**, & Meniru, M. (2009). *Signs and symptoms of culture shock*. Conference on Graduate and Undergraduate Student Research, The University of Akron, Akron, OH.
- Williams, K. M. & **Lent, J.** (2008). *Strategies to promote a positive classroom climate*. Invited workshop. The University of Akron, Akron, OH.
- **Lent, J.** (2006). Ethical decisions in school counseling. *California University of Pennsylvania, Departmental Workshop*

SERVICE

Department Service

- Committee Member, CACREP Committee. (November 15, 2011 - Present). Committee member responsible for attending meetings and preparing information to be shared at meetings.

- Committee was focused on exploring how to seek CACREP accreditation for our Counseling Programs.
- Committee Member, Assessment Committee. (October 19, 2011 - Present).
The original function of the group was to look at the options for assessment procedures we could use in our program and then make a recommendation to the faculty as what we believe would be the most appropriate based on our findings.
Our mission as a committee has expanded to including how assessment plays a role in the various standards that we must abide to. These include, and are not limited to the WV DEP, CACREP, ASCA standards, etc.. As part of our additional mission will be to find a way so that we can now try to incorporate these standards into our daily practice so that when we go for CACREP we can show, for example, how we meet those standards.
- Representative of program at Graduate School Fair, Graduate School Fair. (October 24, 2012).

College Service

- Faculty Recognition Committee, Chair . (2016 – present).
- Attendee, Meeting, Doctoral Faculty. (January 29, 2013).
- Committee Member, P&T Teaching and Advising Ad Hoc Committee. (January 27, 2014 – present). Reviewed and revised promotion and tenure policies for teaching and advising components of promotion and tenureAttendee, Meeting, Doctoral Faculty. (January 29, 2013 - Present).
- Committee Member, Education Personnel Preparation Advisory Committee (EPPAC). (December 1, 2011 – present).
- Attendee, Meeting, PEU. (August 22, 2012).

University Service

- Committee Member, HLC Accreditation Assurance Committee. (June 9, 2014 - Present).
The initial charge is to collect and to assess evidence that supports the assurance argument satisfying each criterion and its respective core components.
- Guest Speaker, New Faculty Orientation. (August 18, 2014).
- Committee Member, Physical Facilities Committee. (October 2013 – June 2016).
- Committee Member, Pickens-Queen Committee. (October 19, 2012 – June 2015).
Review faculty members who are under consideration for the Pickens-Queen award.
- Attendee, Meeting, Academic Affairs Leadership Academy. (October 4, 2012).
- Attendee, Meeting, Academic Affairs Leadership Academy. (November 29, 2012).

Professional Service

- Past-President, West Virginia Counseling Association (2016 – 2017).
- President, West Virginia Counseling Association (2015 – 2016).
- Quality Matters Reviewer. (July 2014 – present).
- President-Elect, West Virginia Counseling Association. (2013 – 2015).

- Committee Chair, Government Relations Committee West Virginia Counseling Association. (January 1, 2013 - Present).
The West Virginia Counseling Association Government Relations and Legislation Committee monitors and identifies areas of governmental policy that impact counseling at state and national levels. This committee develops a state/regional advocacy network to educate members on counseling issues and priorities. WVCA encourages its members to take action on federal and state issues impacting counseling and client populations. WVCA Government Relations and Legislation Committee provides resources to help members look up legislators and pending legislation, as well as provides templates for contacting leaders on topics identified as priority issues.
- Board Member, West Virginia Counseling Association, WV. (November 1, 2012 - Present).
- State Ambassador, New Faculty Interest Network. (September 1, 2012 - Present).
- Mentor, New Faculty Interest Network. (October 12, 2011 - Present).
- The purpose of the new ACA Mentoring Program is to connect ACA members who are graduate counseling students and post-degree, neophyte counselors with ACA members who are experienced senior counselors, and to facilitate formal mentoring relationships in order to promote personal and professional growth and development. Pairs will be matched based upon on each party's interests, location, and personal attributes. The duration of the mentoring relationship is one year or dependent upon the dynamic and needs of the mentor-mentee relationship. The styles of communication used may include face-to-face or electronic (e.g., Skype, phone, email). The ACA Graduate Student Committee Mentoring Program Coordinators will check in with the pairs on a bi-yearly basis email to determine the status of the relationship, progress and challenges.
- Reviewer, Ad Hoc Reviewer, Journal of Mental Health Counseling. (June 1, 2013 - June 15, 2013).
- Review article for acceptance/revisions for the journal.
- Reviewer, Textbook, Sage Publications. (May 1, 2013 - May 5, 2013).
- Participated in a review of a proposal for a new book titled Counseling Children and Adolescents by Sondra Smith-Adcock and Catherine Tucker.
- Reviewer, Conference Paper, Association for Counselor Education and Supervision. (February 2, 2013 - February 20, 2013).
- Review 20 conference proposals.
- Committee Member, Policy 2315 Stakeholders, Charleston, WV. (January 9, 2013).
- An internal task force to review, update and make recommendations for revising Policy 2315, including a comprehensive overhaul of the student standards to better address the needs of 21st Century learners.
- Reviewer, Journal Article, American Mental Health Counselor Association. (December 11, 2012 - December 23, 2012).
- Reviewed manuscript submitted to the Journal of Mental Health Counseling.
- Reviewer, Book, Wiley Publishing. (July 1, 2012 - September 30, 2012).
- Responsible for review of Clinical Interviewing (5th ed.).
- Reviewer, Conference Paper, American Counseling Association. (June 10, 2012 - June 30, 2012).

- Reviewed proposals for the American Counseling Association Conference and Exposition.
- Reviewer, Book, Cengage Publications. (April 30, 2012).
- Served as a book reviewer for a group counseling textbook.
- Reviewer, Conference Paper, Ohio Counselor's Association, Columbus, OH. (August 2010 - October 2010).
- Responsible for reviewing a number of proposals for presentations at the yearly conference for the Ohio Counselor's Association.
- Reviewer, Ad Hoc Reviewer, Journal of Mental Health Counseling, Akron, OH. (March 2009 - May 2010).
- Reviewed manuscripts submitted to the journal.

Community Service

- Our Children, Our Families Forum Organizer and Co-Chair. Huntington, WV (Spring 2015).
- School District Presentation, Putnam County Schools, Invited Workshop on Peer Mediation (Fall 2012).
- Committee Member, West Virginia School Counseling Model Task Force, Charleston, WV. (April 23, 2012 - Present).
- Review and update the School Counseling Model for the state of West Virginia.
- Committee Member, Education Matters Mentoring/Counseling Committee, Huntington, WV. (January 15, 2013 - Present).

This group is working out a plan to explore what is already available in the community in terms of mentoring and counseling for students. They hope to find ways to implement counselors in all schools, but especially where it is most lacking, for example, in elementary schools.

GRANTS RECEIVED

- ACA Southern Region Grant. Sponsored by American Counseling Association. Total amount: \$1,000.00

PROFESSIONAL ADVOCACY

- Professional Advocacy at National Capitol (2015). "Political Advocacy for Field of Professional Counseling" with the American Counseling Association, Washington, DC
- Professional Advocacy at National Capitol (2014). "Political Advocacy for Field of Professional Counseling" with the American Counseling Association, Washington, DC

MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS

INTERNATIONAL/NATIONAL

- American Counseling Association (ACA). 2008-present.
- Chi Sigma Iota Counseling Academic and Professional Society, Alpha Upsilon Chapter. 2007-present.
- Association for Counselor Education and Supervision (ACES). 2008-present.

STATE

- West Virginia Counseling Association. Fall 2012-present.
- West Virginia School Counselor Association. Fall 2011 – present.
- Ohio School Counselors Association. 2009-2011.
- Ohio Counseling Association. 2007-2011.
- Ohio Association for Counselor Education and Supervision. 2007-2011.
- North Central Ohio Counselor Association. 2007-2011.
- Pennsylvania Counselor Association. 2005-2007.

PROFESSIONAL RECOGNITION

- 2016 – Dorothy “Dot” Hicks Award for Excellence in Teaching, Marshall University
- 2015 – West Virginia School Counseling Association Counselor Educator of the Year, West Virginia School Counselor Association.
- 2014 – Dr. C. Robert Barnett Annual Faculty Award for Excellence in Scholarship, Marshall University
- 2014 – John and Frances Rucker Graduate Advisor Award, Marshall University
- 2010 – Outstanding Doctoral Student Research, The University of Akron
- 2009 – Chapter Fellow, Alpha Upsilon Chapter
- 2008 - Chi Sigma Iota Outstanding Doctoral Student, Alpha Upsilon Chapter