

Marshall University Distance Dietetic Internship



A large, dense crowd of people, primarily young adults, are shown from a high-angle perspective. They are all wearing bright green t-shirts, which are the color of Marshall University. The crowd is diverse in age and ethnicity, and many individuals are smiling or looking towards the camera. The background is filled with more people, creating a sense of a large gathering.

We Are...
Sons and Daughters
of Marshall!



Meet the Faculty



Kelli Williams PhD, RDN, LD
Department Chair



Mary Kathryn Gould EdD, RDN, LD
Dietetic Internship Director



Amy Gannon MS, RDN, LD
DPD Director



Mallory Mount MS, RDN, LD, CDE
Assistant Professor/SAND Advisor



Tim Bender MS, RDN, LD
Distance Dietetic Internship Coordinator



Mission Statement



Develop successful, lifelong dietetic practitioners. Through discovery, synthesis, and dissemination of knowledge, the program prepares graduates who are able to promote optimal nutrition and health to individuals, groups, and communities by providing a variety of nutrition experiences in urban and rural areas.

Area of Interest: School Nutrition Education and Grantsmanship



General Program Information

- MU is accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND)
- Interns are admitted to Marshall University as graduate students seeking a Graduate Certificate in the Dietetic Internship



General Program Information (cont.)

- 35 interns will be accepted for the 2018-2019 academic year
- The internship is a 10 month program focusing on:
 - Medical Nutrition Therapy
 - Community Nutrition
 - Foodservice Management
 - School Nutrition Education/Grantsmanship
- Meets the minimum of 1200 supervised practice hours
- Interns spend approximately 20-32 hours per week in rotations



Marshall University

Distance Internship Locations

- Applicants are responsible to identify and secure preceptors & facilities prior to submitting applications.
- Marshall University instructors do not assist applicants with this process.
- In order for Marshall University to reach a legal distance education agreement with a state, the state has to be an approved member of NC-SARA (National Council for State Authorization Reciprocity Agreements).
 - To determine if your state is a member of SARA, please use the following link:
<http://nc-sara.org/sara-states-institutions>
- More details can be found at www.marshall.edu/dietetics



What is a PRECEPTOR?

- An expert or specialist who provides practical experience and training
- Some examples would be:
 - RDN/Diet Technician Registered
 - RN
 - Extension Agent
 - WIC Nutritionist
 - Community Health Program Director
 - Foodservice Director



Medical Nutrition Therapy

- The medical nutrition therapy supervised practice experience and didactic learning activities prepare interns to implement the nutrition care process with various populations and diverse cultures, including infants, children, adolescents, adults, pregnant/lactating females, and the elderly.
- Disease states and conditions with MNT may include:
 - Weight Management/Obesity
 - Diabetes
 - Cardiovascular disease
 - Vascular Disease
 - Gastrointestinal Disease
 - Parenteral/Enteral Feeding
 - Cancer
 - Pediatrics
 - Nephrology
 - Transplants
 - Burns
 - Pulmonology
- You are encouraged to gain as many experiences as you can so don't limit yourself to one or two items above when choosing your rotation sites.



Medical Nutrition Therapy (cont.)

- Practice Nutrition Care Process with patients and clients:
 - Complete and evaluate nutrition assessments, including diet history information
 - Estimate energy and nutritional needs using the correct equations
 - Identify appropriate Nutrition Diagnosis
 - Write PES statement correctly using appropriate etiology and sign/symptoms
 - Complete Intervention/Monitoring/Evaluation using diet orders, menu plans, nutrition education and counseling; and referrals as appropriate
 - Provide education and counseling
 - Complete documentation



Foodservice Management

- The foodservice management supervised practice experience and didactic learning activities prepare interns for the production and delivery of meals for patients or students.
- Interns will work with the facility's:
 - Retail operations
 - All activities related to menu processing
 - Service of meals
 - Nourishments and enteral feedings to patients



Foodservice Management (cont.)

- Dietetic interns will gain experience in systems related to:
 - Food production
 - Distribution and service operations
 - Maintenance
 - Sanitation of the serving pantries and equipment
 - Managing human resources
 - Quality assurance and continuous quality improvement



Food Service Management (cont.)

- Preceptor may be an RDN, Dietary Manager, or Foodservice Manager
- Experience in therapeutic diets in hospital-like setting is required
- Activities may include an employee in-service, a special function project (e.g. themed meal/event) or a quality assurance project
- Work with budgets, production, human resources, and quality management



Community

- The community nutrition supervised practice experience and didactic learning activities prepare interns to practice in a community-based nutrition program.
- Hands-on experiences include:
 - Conducting community nutrition assessments
 - Providing counseling and education
 - Conducting wellness promotion activities
 - Participating in project-related time management duties



Community (cont.)

- Interns will develop skills in evaluating and applying government program guidelines and policies to understand the role of public policy in the regulation of community nutrition programs.
- Interns will promote good health and wellness to individuals of all ages. They will also learn how to interact and appropriately educate groups of people.
- Community preceptors may include professionals other than RDNs, including:
 - RNs, Social Workers, Extension Agents, WIC Nutritionists and other experts or specialists



School Nutrition Education

- This rotation includes providing in-school nutrition education. Can be completed in Pre-school/Head-start, Elementary School, Middle School, or High School.
- Preferred route is working with an agency who has a grant-based program providing services (e.g. Cooperative Extension Service) or utilizing School Nutrition Directors or School Food Service Managers.
- These facilities should meet, at a minimum, the following criteria:
 - Ability to provide opportunities to gain advanced experience and skills in tailoring prescribed curricular materials that focus on nutrition in pre-K through grade 12
 - Participate/Gain understanding in grantsmanship process and key elements in writing and managing a funded program



Knowledge, Skills, & Abilities

- During the program, interns will develop skills in the following areas through various learning activities:
 - Collaboration and teamwork skills
 - Problem-solving and critical-thinking skills
 - Leadership and decision-making skills
 - Cultural competence
 - Professional communication skills
 - Self-assessment skills



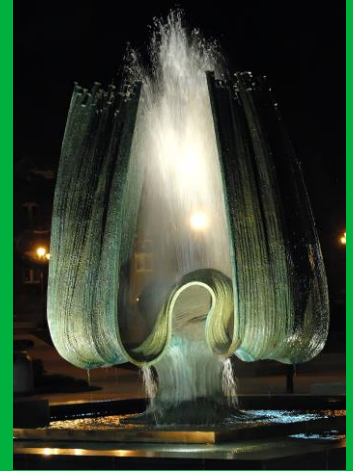
Knowledge, Skills, and Abilities (cont.)

- Program learning activities involve working with individuals with conditions including, but not limited to:
 - Overweight and obesity
 - Diabetes
 - Cancer
 - Cardiovascular
 - Gastrointestinal
 - Renal diseases
- The nutrition care process will be implemented with various populations and diverse cultures, including infants, children, adolescents, pregnant and lactating females, and the elderly.



Materials for Application

- Follow instructions on website
 - www.marshall.edu/dietetics
- Preceptor Commitment Letter
 - Required for each primary preceptor
 - Convert to PDF to submit



Materials for Application (cont.)

- You are required to submit your proposed schedule with your application
 - Complete the rotation schedule ([download rotation application form](#)) and upload AS AN EXCEL FILE with your online DI application. It must also be submitted via email to Rick Rogers at rogers144@marshall.edu.



Supervised Practice Area	Rotation Description	Hours Contributed
Medical Nutrition Therapy (MNT)	Must include an acute care experience. May also include in-patient and out-patient care, long-term care, dialysis and renal rotations, nutrigenomics, etc.	640
Program Concentration Area School Nutrition Education and Grantsmanship	Providing in-school nutrition education. Can be completed in Pre-school/Head-start, Elementary School, Middle School, or High School. Preferred route is working with an agency who has a grant-based program providing services (e.g. Cooperative Extension Service) or utilizing School Nutrition Directors or School Food Service Managers.	200
Food Service Management (FSM)	May include industrial foodservice operations such as hospital, college, school foodservice operation, or prison/detention center facility.	168
Community Nutrition	May include any of the following various social service agencies such as WIC, Cooperative Extension; Child Nutrition Services such as USDA National School Lunch and Breakfast program, Summer Foodservice Feeding Program; or Public Health Department, Food Banks/Pantries, or Wellness Programs.	176
Professional Development	These hours are completed by attending the State Affiliate's (Academy of Nutrition and Dietetics) Annual Conference or attending the Academy of Nutrition and Dietetics Food and Nutrition Conference Expo (FNCE) or other continuing education opportunities as approved by the Distance Dietetic Internship Coordinator.	16
Orientation (REQUIRED)	Held in early to mid-August at Huntington, WV	30
Total Supervised Practice Hours		1230



Other Important Items

- Preceptor Forms
 - Each primary preceptor will need to complete an online Preceptor Form
 - This form will collect detailed information from the preceptor about their contact information/position/credentials/years of experience/responsibilities
 - The form also includes a statement of understanding of their commitment as a preceptor
 - **To be completed after the MATCH**



Other Important Items (cont.)

- Supervised Practice Facility Form
 - Each preceptor (or other assigned person within the facility) will complete an online form that gives detailed information about the facility
 - **To be completed after the MATCH**
- Affiliation Agreement
 - A legal agreement between Marshall University Dietetics Department and the facility which is required to be signed and submitted prior to starting in facility (*not required to be submitted with the application*)
 - July 1st annual deadline



Orientation

ALL interns are **REQUIRED** to attend orientation. It will be held in early to mid-August prior to the start of the semester in Marshall's Department of Dietetics in Huntington, WV. **NO EXCEPTIONS.**

Orientation includes:

- Review the Code of Ethics
- Practice professional skills to jumpstart your dietetics career
- Practice and perfect communication skills with co-workers and patients/clients
- Review internship competencies and expectations
- Complete Practice RD Exam
- Complete required drug screens, obtaining student intern ID's, paying fees, completing paperwork for file

Marshall University Campus



Admission Requirements

- Bachelor of Science degree or higher
- Verification Statement from an accredited DPD Program
- International Students
 - The completed degree must be from a U.S. regionally-accredited college or university or foreign equivalent, or the student must present documentation of the equivalence of his or her foreign degree(s). These students may be required to complete the following coursework from a U.S. regionally-accredited university:
 - Medical Nutrition Therapy
 - Nutrition Education and Counseling Methods
 - Scientific study of Food/Food Science
 - Community Nutrition
 - Marshall requires a TOEFL score of 80 for graduate study



What We Look For In An Intern

- Faculty consider overall GPA, DPD GPA, positive references, representation of personal qualities and skills in a personal letter, work, and volunteer experience that has provided transferable professional skills such as, but not limited to:
 - Excellent communication skills with a variety of audiences and formats (instructors, preceptors, peers, clients)
 - Excellent time management and organizational skills
 - Ability to perform self-assessment and apply constructive feedback
 - Self-motivation and follow-through
 - Flexibility and adaptable to changing circumstances
 - Ability to manage stress effectively
 - Positive attitude and interpersonal skills
 - Computer literacy in online coursework, document sharing, Microsoft Office, and email
 - Ability to work independently



What We Look For In An Intern

- To succeed in this fast-paced internship, interns need to be 100% committed to the program. The supervised practice and professional project schedule does not leave time for additional work or other commitments.
- The schedule you include during the application process is reviewed to determine appropriate facilities and rotations are planned to meet the guidelines. We also require commitment letters from preceptors.



Intern Selection Process

- The following are considered during the selection process:
 - Overall GPA, positive references, strong letter of application, work experience that has provided transferable professional skills
 - Recommended GPA (4.0 scale): ≥ 3.0 overall
 - Self-motivated, independent individuals
- GRE Scores are required
 - Minimum of 285 on verbal and quantitative portions
 - A copy of your scoresheet must be emailed to the Dietetic Internship Director or Coordinator by February 15. Official GRE scores will need to be sent after match day to the Graduate Admissions Office



D&D Digital

- Responsible for the nationwide matching of applicants and internships
- Register with D&D Digital
- Computer Matching Fee
- Applicants use the following Code
 - Marshall University Distance-track DI Number

• **783**



DICAS

- Applicant information
 - Contact, personal, and history
- Education
 - Colleges attended and coursework
- DPD Contact Information
 - Declaration of Intent
 - Verification Statement
- Other Information
 - Resume
 - Personal Statement
 - Work and Volunteer Experiences
 - References
 - Official Transcripts from all colleges attended



Tuition and Fees

- **Tuition and Fees for Distance Dietetic Internship (2 semesters + summer = 21 graduate credits):**
- The anticipated tuition cost is charged at the same rate for both resident and non-resident interns
 - **\$8001.00 (Total)**
 - Fees are paid by semester
 - *The Distance Dietetic Internship tuition cost amount is subject to increase at any time in the event that Marshall University has an increased rate in tuition*
- Fees for PAL (Prior Assessed Learning) Credits are identical to that of the course fees and tuition



Tuition and Fees (cont.)

Item	Estimated Cost
Books and Memberships	\$1,000.00
E*Value Subscription	\$115.00
Program Application Fee	\$25.00
Background/Drug Screen	\$125.00
Computer	\$500.00
Webcam with built-in microphone	\$40.00 or less
Laboratory Coat	\$50.00
CPR Certification	\$50.00
2 TB Skin Test	\$20.00
Influenza Vaccine	\$15.00
Intern ID Badge	\$5.00
Meals (\$100.00/week)	\$4,500.00
Living	Variable Cost Based on Location
Transportation	Variable Cost Based on Location of Rotation Sites
Academy of Nutrition and Dietetics Membership	Student Member Rate
On-site Orientation (REQUIRED)	Variable – travel, lodging, food



After You Match!

- You will receive an email from the Distance Dietetic Internship Coordinator with additional information Sunday evening of the match date.
- You will need to accept or decline your position within 24 hours.
 - If you do not respond within 24 hours, your application is forfeited...NO EXCEPTIONS



Prior Assessed Learning

- Individuals with significant, relevant work experience may be eligible for Prior Assessed Learning credit
- Prior Assessed Learning (PAL) program is designed to grant internship credit in specific rotations of the internship based on the qualified applicant's previous life experiences including work, volunteer, achievement, education and career.
- PAL program is recognized by the Academy of Nutrition and Dietetics
- PAL credit will be determined by the MU DI Faculty; if credit is granted, applicant may be excused:
 - Medical Nutrition Therapy – up to 6 weeks
 - Foodservice Management – up to 5 weeks
 - Community Nutrition – up to 4 weeks



Graduate Hours

Dietetic interns must enroll in and successfully complete the following courses as part of internship requirements:

Fall Semester (coincides with 400 practice hours)

DTS 670	Advanced Medical Nutrition Therapy I	3 hours
DTS 675	DI Practicum I	3 hours
DTS 690	Research Applications in Dietetics	<u>3 hours</u>

TOTAL HOURS FOR FALL **9 hours**

Spring Semester (coincides with 400 practice hours)

DTS 673	Administrative Dietetics	3 hours
DTS 676	DI Practicum II	3 hours
DTS 679	Advanced Medical Nutrition Therapy II	<u>3 hours</u>

TOTAL HOURS FOR SPRING **9 hours**

Summer Intersession

DTS 677	DI Practicum III	<u>3 hours</u>
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TOTAL GRADUATE CREDIT HOURS **21 hours**



Let's Review the Process

Application Process

- Step 1: Decide that Marshall University's Distance Dietetic Internship is your #1 choice
- Step 2: Select preceptors/facility's in which to obtain your supervised practice hours
- Step 3: Contact preceptor for each rotation and obtain a commitment letter stating that she/he will be your preceptor
- Step 4: Obtain a schedule of dates for your rotation with each preceptor using the EXCEL schedule located on website at www.marshall.edu/dietetics
- Step 5: Submit your information to DICAS and D&D Digital. Be sure to use DI code: 783 for the Marshall University Distance Internship. Also submit your schedule and preceptor commitment letter to Rick Rogers at rogers144@marshall.edu
- Step 6: Submit a copy of your GRE scoresheet to tim.bender@marshall.edu by February 15th



Let's Review the Process (cont.)

After Match Day

- Step 1: Accept your position with Marshall University's Distance Dietetic Internship
- Step 2: Apply for Marshall University Graduate School and submit GRE scores to the Marshall University Graduate School
- Step 3: Remind Preceptor to complete Online Preceptor Information Form
- Step 4: Obtain and submit the following to Distance Dietetic Coordinator at orientation
 - Immunization records
 - TB test results
 - Adult CPR, first aid, and bloodborne pathogens certifications
- Step 5: Ensure that the Supervised Practice Facility information form and Affiliation Agreements are completed before July 1st
- Step 6: Attend the REQUIRED orientation in August

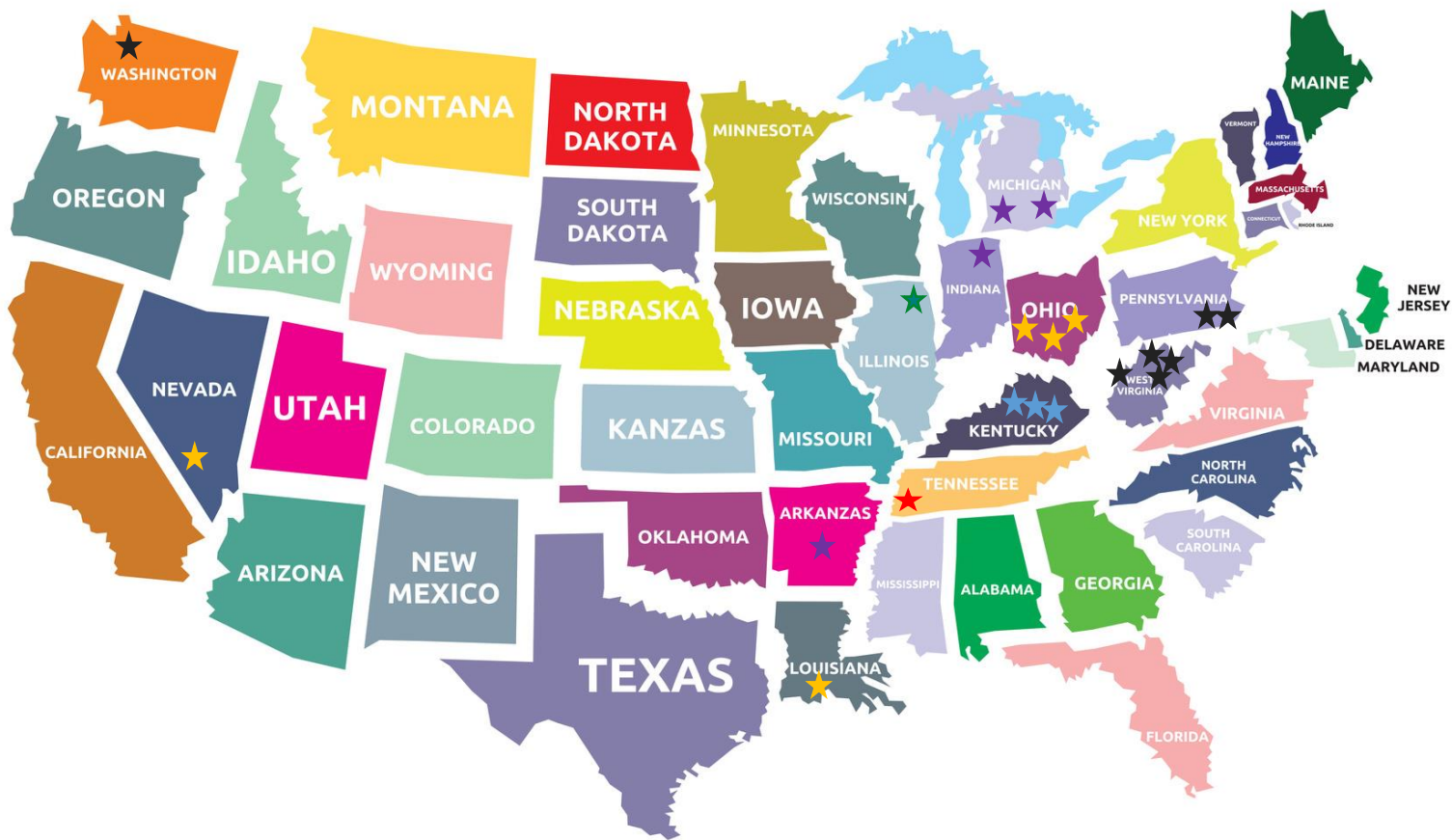


**We hope you choose
to become a
Son or Daughter
of
Marshall University!**



2017-2018 Marshall University Distance Dietetic Interns





Each star-★represents where our Distance Dietetic Interns are located



If you have any questions pertaining to the Distance Dietetic Internship, please feel free to contact the Distance Dietetic Internship Coordinator.

Tim Bender

tim.bender@marshall.edu

(304) 696-6431

