



SEMINAR LUNCH MENU

Catered by Cheerful Heart, Charleston, WV

Boxed lunch including sandwich, chips, cookie & drink

SANDWICH OPTIONS

CLUB SANDWICH

Turkey, ham, cheese, lettuce, tomato & honey mustard on a hoagie roll

CHICKEN SALAD CROISSANT SANDWICH

All white meat chicken salad on a croissant

VEGGIE WRAP

Assorted fresh veggies (peppers, lettuce, tomatoes, cucumbers, and thinly slice carrots) with the special house herbed cream cheese spread

GRILLED CHICKEN WRAP

Grilled chicken with tomato, lettuce & ranch dressing

PIMENTO CHEESE SANDWICH

DRINK OPTIONS

Coffee, Water, Iced Tea, Lemonade, Pepsi, Coke, Diet Pepsi, Diet Coke & Sierra Mist

CHIPS & COOKIES

