

The Science of Gratitude

“I love the community that Marshall fosters,” said Kate Etter. “Everyone knows everyone and the people who live here are huge supporters of the university.”

The Cincinnati, Ohio, native chose to attend Marshall because of its proximity to home and smaller campus size. Additionally, it had a swimming team she could compete for and offered her desired major. As a senior, the exercise science major intends to pursue medical school, which she hopes to begin in the fall of 2018.

Kate’s favorite part of her program has been working in the exercise physiology lab and using her own test measurements for data.

“This involved participating in tests ranging from VO2max to flexibility,” explained Kate. “I’m most looking forward to learning about how exercise science can be translated into competitive sports, such as swimming, since I am a member of the Marshall University Swimming and Diving team.”

Kate’s favorite professor is Dr. Kumika Toma in the School of Kinesiology because she truly cares about each of her students.

“She is my biggest advocate in academics here at Marshall,” said Kate.

Kate is the recipient of the Horizon Scholarship for academic achievements and a swimming scholarship, which make her feel proud.

“I am truly thankful for Marshall for taking some stress off my family’s plate. The donors are incredibly thoughtful for providing students with an education, we could never thank them enough,” she said.

In addition to excelling in the classroom and participating on the Swimming and Diving team, Kate started a group called Actively Moving Forward, or AMF. It is a peer led grief support group on campus for those dealing with the illness or death of a loved one. One of her hopes for the university is that her club remains active on campus.

“I hope that Marshall continues to make a name for itself with students and faculty who are succeeding and making a difference all over the nation,” she said. “I hope that Marshall continues to grow their resources and is able to provide more for their students. I hope to repay Marshall by donating, once I have become successful, due to the education they provided me, and I hope that others would do the same.”



Fun Facts:

Class of 2018

Major:
Exercise Science

Hometown:
Cincinnati, Ohio

Textbooks or eBooks:
Textbooks; I enjoy studying with a pen and paper, as well as being able to hold and read from a printed book.

Favorite Color:
Light Blue

Favorite place on campus:
Outside the Memorial Student Center

Favorite place in Huntington:
My favorite thing about Huntington is the community. I love going to Pullman Plaza and shopping locally, as well as eating locally. It has everything you want in a large city in a small city.