

Medical H.E.L.P.



*A Remedial Program For
Medical Students
Residents
Physicians
Who Are
Learning Disabled
Dyslexic
ADD/ADHD*

Marshall University
Medical H.E.L.P. Program

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"I wish I had taken the Medical H.E.L.P. course before starting medical school; it would have made my life much easier. Best investment I could have made in my medical education!"
K.T. Atlanta, GA

Clip and Mail

Please send me more information on Medical H.E.L.P.

I am interested in applying for the program

Name _____

Address _____

City _____

Telephone (____) _____ Email _____

School Attending (Attended) _____



Lynne Weston, Ed.S.
Marshall University
Director, H.E.L.P.



Marshall University H.E.L.P. Program...
Working to change lives

Visit us on the web:
<http://www.marshall.edu/medicalhelp>

LD/Dyslexic/ADHD Medical Students & Physicians

This program is for students who are LD/Dyslexic/ADHD and applying for admission to medical schools or are currently in medical school.

In most cases they have worked hard in college, and their credentials are good (with the likely exception of low scores on the Medical College Admissions Test).

In the past, a number of well-known dyslexic people have made substantial contributions in various disciplines, including medicine. Without appropriate assistance, however, many students will be unable to compete successfully in medical school and/or residencies. With prescribed accommodations they can compete and become competent, creative professionals who contribute significantly to medicine.

Medical students/physicians who are LD/Dyslexic/ADHD must be held to the same standards expected of other students. In our experience, they usually require only:

- * Assistance with study skills
- * Limited academic tutoring in some basic science classes
- * Extended time on examinations
- * Separate rooms for exams to avoid distractions

Purposes of Medical H.E.L.P.

The student enrolled in Medical H.E.L.P. participates in individual and small group sessions that focus on the following:

1. Reading Comprehension

- * Finding the main idea and supporting information
- * Paraphrasing
- * Previewing
- * Changing titles and subheadings into questions
- * Using context clues
- * Identifying reading signs and signals

2. Reading for Speed

3. Studying Skills

- * Mapping Strategies (diagrams, flow charts, concept maps, Venn diagrams, comparison and contrast maps, tables, and character maps)
- * Actively marking the text
- * Paraphrasing while using a dry erase board
- * Color coding
- * Pegging information
- * Recreating information from memory

4. Improving Concentration

5. Time Management & Scheduling

6. Improving Memory

- * Using various memory strategies
 - * Using a multi-sensory approach
 - * Structuring study sessions
- #### 7. Test-taking Strategies
- * Using a systematic approach to marking options
 - * Practicing proper reading and rephrasing of questions
 - * Practicing elimination and selection strategies
 - * Reducing test anxiety
 - * Analyzing errors on exams

8. Note-taking Strategies

9. Improving Self-Esteem

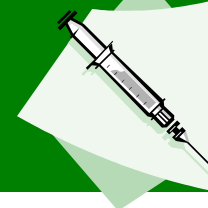
10. Coping in Medical School

Medical H.E.L.P. is a five week course that makes it possible for medical students and physicians to reach their goals. Individual tutoring sessions are also available for physicians.

Ryan Orwig, Coordinator of Medical H.E.L.P.



Medical H.E.L.P.



Boosting
your
Medical
and
Study
Skills