

Huntington Area Food Bank
Attn: Helping Hungry Hearts
1327 7th Avenue
Huntington, WV 25701



One small step for one huge cause
helping hungry hearts



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Helping Hungry Hearts (HHH) is a student-run public relations agency created during the fall of 2009, in conjunction with the Huntington Area Food Bank, as a means to raise money and awareness in response to the growing issue of hunger across the Tri-State.

HHH's Mission: To help feed and support the community through various events and activities. HHH believes that one small, student-run agency can reach out and make a dent in the hunger problem in the Tri-State area. Organizational members believe that any contribution is a major contribution.



Huntington Area Food Bank

The Huntington Area Food Bank (HAFB) is a 501 (c) (3) non-profit organization affiliated with America's Second Harvest, the largest hunger relief agency in the United States.

The HAFB is the hub in a network of food donors and more than 290 agencies that serve hungry people in 17 counties in West Virginia, eastern Kentucky and southeastern Ohio. The HAFB provides products to member agencies that feed the needy.

HAFB's Mission: To help feed hungry people by distributing nutritious food and grocery product through our pantry/agency network. The HAFB envisions a future where no person in the service area goes hungry.

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Pre-Registration:

Come by and pick up your race packet and t-shirt while "carb-ing up" with a spaghetti dinner at the Newman Center, located on 5th avenue, across the street from the student center. Pick up or delivery is available (within 10 miles) on Friday, April 9 from 4-7 p.m. Donations for spaghetti will be accepted on behalf of the HAFB.

Registration:

In advance (postmarked by April 3): \$15
Day of race: \$20

Payment:

Checks and money orders should be made payable to the Huntington Area Food Bank.

Please mail all registration forms and payments to:

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T-Shirts:

Race shirts will be given to all pre-registered participants and those on race day while supplies last.

Awards:

Both the male and female top finishers in each category will be recognized at the awards ceremony.

Race-Day Activities Schedule

Registration	8 - 8:50 a.m.
Race Starts	9 a.m.
Race Ends	10:30 a.m.
Award Ceremony	11 a.m.

Live music and special offers will be featured throughout the day at Pullman Square.

Visit HHH on the Web:

www.marshall.edu/helpinghungryhearts

Join HAFB Facebook group:

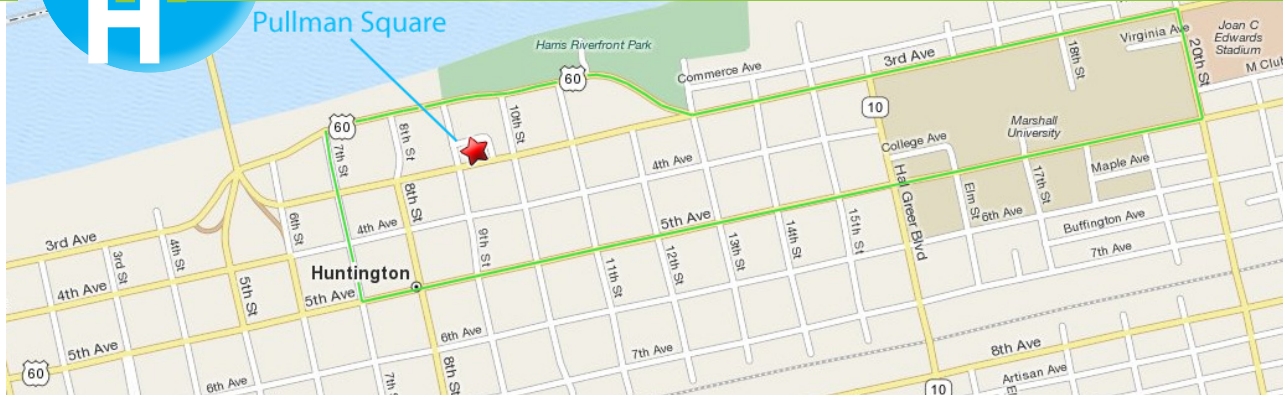
Huntington Area Food Bank

Follow HAFB on Twitter:

HAFBfood4All



Outrunning Hunger 5K Run/Walk



Saturday, April 10 at Pullman Square

Cut here -----

Please detach and mail along with check or money order to the address provided or register On-line at www.marshall.edu/helpinghungryhearts.

Name (please print) _____ Phone Number _____ E-mail _____

Street Address _____ City _____ State _____ Zip _____

Male / Female (circle) Age (on race day) _____ Run/Walk (circle)

Category (circle): 14 & under 15-19 20-29 30-39 40-49 50-59 60-69 70 & up

Shirt Size: S M L XL XXL Number Attending spaghetti dinner _____ Pick up / Delivery

How did you hear about HHH?

Waiver: I, undersigned, waive and release myself, my heirs, executors and administrators, of any and all rights and claims for damages, demands and any other actions whatsoever, which I may have against the City of Huntington, Marshall University, Pullman Square, Centers LLC, Helping Hungry Hearts, the Huntington Area Food Bank and all participating sponsors and supporters of those entities, successors, representatives and assigns, arising out of my participation in the event. Should I suffer any injury or illness, I authorize officials of this race to use their discretion to have me medically treated and transported to a medical facility and I take full responsibility for this action.

Signature: _____

Date _____