



The West Virginia Public Employees Insurance Agency have teamed up with the Huntington Y to offer eligible children in the Huntington, WV area a program of physical activity that is fun!



Children ages 5-17 may be eligible for this program if:

- They have PEIA Preferred Provider Benefit insurance
- They have been referred and released to participate by their pediatrician or family practice doctor
- Their parents or guardians agree that their children will be able to participate in the entire program

What do they receive?

- Their own physical activity plan
- Access to the Kids in Motion exergaming facility at the Phil Cline Family Y in Huntington, WV
- Nutrition classes taught by a licensed dietitian in collaboration with Huntington's Kitchen
- Their own fitness tracker which they will wear
- Activities which are fun and make it more likely your child will adopt physical activity as a new habit

How much does it cost?

- There is no cost to the participants

When does it start and when can I register?

- The 10-week session starts August 19th and runs until October 23rd



**FOR MORE INFORMATION, CONTACT THE HUNTINGTON YMCA, KIDS IN MOTION,
304-697-7113 OR BY EMAIL: KIDSINMOTION@HUNTINGTONYMCA.ORG**

 <https://www.facebook.com/kidsinmotionhuntingtonymca>