

CURRICULUM VITAE

Laura Stephens, PT, DPT, NCS, CBIS
Physical Therapist, Brain Injury Unit
Encompass Health Cardinal Hill Rehabilitation Hospital
2050 Versailles Road
Lexington, KY 40504
Laura.Brooke@outlook.com
(304) 952-9447

Education

West Virginia University, Morgantown, WV
Doctor of Physical Therapy, May 13, 2012

Liberty University, Lynchburg, VA
Bachelor of Science, Kinesiology, May 2009

Licensure and Professional Memberships

Kentucky State Board of Physical Therapy, License number 006079. 2012-current

American Board of Physical Therapy Specialties certified Neurological Clinical Specialist. Initial certification July 1, 2017.

American Physical Therapy Association, Neurology Section, member.

American Brain Injury Association. Certified Brain Injury Specialist. 2015-current

Employment

Encompass Health Cardinal Hill Rehabilitation Hospital, Lexington, KY (August 20, 2012-Current)-
Formerly known as Healthsouth-Cardinal Hill Rehabilitation Hospital and Cardinal Hill
Rehabilitation Hospital-Kentucky Easter Seals.

Staff physical therapist on the Brain Injury Unit. Evaluate and treat patients with traumatic and acquired brain injuries. Also provide coverage as needed on other specialty units in hospital. (October 2014-current)

Staff physical therapist on the General Rehab Unit. Evaluate and treat patients with wide variety of medical diagnosis: total joint replacements, amputations and prosthetic gait training, multi-trauma, neurological diagnosis and cardiopulmonary conditions. (August 2012-October 2014)

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Teaching Opportunities

Guest lecturer. University of Kentucky Physical Medicine and Rehabilitation residency class.
Neurological Gait Impairments: Take a Walk with PT. April 4, 2018

Community faculty. University of Kentucky Department of Physical Therapy. Lab assistant for PT 850
Advanced Clinical Problem Solving and Manual Skills-Neuromuscular Unit and for PT 847
Management of Neurological Systems

Resident Mentor for Norton/Bellarmino University Physical Therapy resident for Brain Injury Unit while
they complete Neurological Clinical Specialty residency rotation at Cardinal Hill.

Clinical Instructor for multiple DPT students performing clinical affiliations at Cardinal Hill Rehabilitation
Hospital.

Volunteer Activity

Volunteer/supervising faculty. Samaritan's Touch, pro bono clinic organized by University of Kentucky
Department of Physical Therapy.

Technology Council, member. Encompass Health Cardinal Hill Rehabilitation Hospital. Serve on staff
council to pursue development of rehabilitation technology competencies, staff training,
utilization and development of technology programs.

Research Activity

Submitted for publication/peer review

Stephens, Sawaki, Lee, 2017. *Robotic assisted gait training in the recovery of ambulation
following anoxic brain injury: a Case Report.*

Non-Peer Reviewed Presentations

Traumatic Brain Injury and Substance Abuse. June 2017. Presented to therapy and nursing staff at
Cardinal Hill Rehabilitation Hospital as Brain Injury University, continuing education to fulfill
Certified Brain Injury Specialist requirements.

Continued Education

NRTI 7280: NCS Prep Course. Completed May 19, 2017. NeuroRecovery Training Institute. Craig Fox, PT,
DPT, NCS, CSCS, instructor. 40 Contact hrs.

2017 Practical Update in Neurology and Neurosurgery. May 5, 2017. University of Kentucky, UK
Healthcare. 5.5 Contact hrs.

Acute Brain Injury and Disorders of Consciousness. Medbridge. Mary Beth Osborne, PT, DPT, NCS,
instructor. 1.5 Contact hrs.

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- Advanced Training Course in Robotic Rehabilitation Therapy with the Lokomat.* Cardinal Hill Rehabilitation Hospital. October 31, 2016. 5 Contact hrs.
- An Introduction to Vestibular Rehabilitation.* June 4-5, 2016. Indiana University Health West, Avon, IN. Laurie Swan, PhD, DPT, PT, CEEAA, instructor. 16 Contact hours.
- Vestibular Rehabilitation: Identification and Management of BPPV.* March 21, 2016. Medbridge. Jeff Walter, PT, DPT, NCS, instructor. 3 Contact hours.
- Yoga for Balance After Stroke.* March 19, 2016. Medbridge. Arlene Schmid, PhD, OTR and Marieke Van Puymbroeck, PhD, CTRS, FDRT, instructors. 1 Contact hour.
- Vestibular Rehabilitation: Vestibular Disorders.* December 10, 2015. Medbridge. Jeff Walter, PT, DPT, NCS, instructor. 3 Contact hours.
- Treating Patients with Neurological Deficits.* December 8, 2015. Medbridge. JJ Mowder-Tinney, PT, PhD, NCS, instructor. 4 Contact hours.
- Pathological Gait Review and Principles of Bracing in the Neurological Population.* October 14, 2015. Medbridge. Karen McCrain, PT, DPT, NCS, instructor. 4 Contact hours.
- 7th Annual Kentucky Appalachian Rural Rehabilitation Network Conference.* Eastern Kentucky University, Richmond, KY. September 23, 2015. 7.5 Contact hrs.
- Combined Sections Meeting, American Physical Therapy Association.* February 4-7, 2015. Indianapolis, Indiana. 18 Contact hrs.
- Rehabilitation for Persons with Dementia: Making Therapy Worth It.* November 7-8, 2014. Cardinal Hill Rehabilitation Hospital, Lexington, KY. Susan Staples, PT, GCS, instructor. Hosted by Great Seminars and Books, Inc. 20 Contact hrs.
- PT Technology Training.* Cardinal Hill Rehabilitation Hospital, Lexington, KY. November 1-2, 2014. 10 Contact hrs.
- FES Ergometry.* Restorative Therapies. October 8, 2014. 4 Contact hrs.
- Dionne's Safe Patient Handling and Bariatric Rehab.* February 22, 2014. Frazier Rehab Institute, Louisville, KY. Mike Dionne, PT instructor. 8 Contact hrs.
- Getting Results Faster when using NDT to Increase Challenge of the LE's and to Improve Gait, Recovering Function.* June 10-11, 2013. Frazier Rehab Institute, Louisville, KY. Peggy Miller, PT instructor. 15 Contact hrs.
- Introduction to NDT: Achieving Functional Outcomes for Adults with Hemiplegia Using the Principles of NDT, Recovering Function.* June 8-9, 2013. Frazier Rehab Institute, Louisville, KY. Cathy Runyan, OTR/L, instructor. 15 Contact hrs.
- Amputee Walking School.* Kenny Orthopedics, Prosthetics and Orthotics. Cardinal Hill Rehabilitation Hospital. January 19, 2013. 5 Contact hrs.
- Current Topics in Prosthetic Research.* Kenny Orthopedics, Prosthetics and Orthotics. Cardinal Hill Rehabilitation Hospital, Lexington, KY. November 1, 2012. Jason Kahle, CPO, LPO, FAAAOP, instructor. 3 Contact hrs.

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