

Ashley N. Mason PT, DPT, ATC

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(304) 696-5605

EDUCATION

Shenandoah University 2007-2010
Doctorate in Physical Therapy

West Virginia Wesleyan College 2003-2007
Bachelor of Science in Athletic Training; Human Biology Minor, Honors Minor

LICENSURE

Approved Candidate for Specialist Certification Examination in Pediatric physical therapy 2016- Current
West Virginia Physical Therapist License PT002880 2010-Current
National Board of Certification Certified Athletic Trainer 050702105 2007-Current

EMPLOYMENT

Marshall University 02/2016-Current

- Full Time Assistant Professor 06/2016- Current
- Adjunct Faculty 02/2016-06/2016

St. Mary's Medical Center 03/2015-Current

- Full Time Staff Physical Therapist
- Caseload of long term acute care, skilled nursing, and adult acute care patients
- Supervised Physical Therapy Assistants and Technicians
- Clinical Instructor for students from multiple universities

Children's Therapy Clinic 11/2011-Current

- Part Time Staff Physical Therapist
- Caseload of Pre-K through High School students

Charleston Area Medical Center 11/2010-02/2015

- Full Time Staff Physical Therapist
- Caseload of Neonatal Intensive Care Unit, Pediatric Intensive Care Unit, acute pediatrics, and acute adult neurologic, geriatric, and general medical-surgical patients
- Supervised Physical Therapy Assistants and Technicians
- Clinical Instructor for students from multiple universities
- Member of Cystic Fibrosis Center multidisciplinary team
- Member of March of Dimes Committee
- Member of Developmental Supportive Care Team

Developmental Therapy Center

08/2010-05/2011

- Full Time Staff Physical Therapist
- Caseload of Pre-K through High School students
- Supervised Physical Therapy Assistant

Shenandoah University

09/2007-08/2010

- Part Time Graduate Assistant Athletic Trainer
- Supervised Student Athletic Trainers
- Provided coverage for lacrosse, men's and women's basketball, dance, softball

Warren County Public Schools/Lord Fairfax Community College 09/2007-08/2010

- Part Time Graduate Assistant Athletic Trainer
- Provided coverage for softball and men's soccer

MEMBERSHIPS

American Physical Therapy Association Member	2007-2010, 2016-Current
American Physical Therapy Association Member Pediatrics Section	2007-2010, 2016-Current
West Virginia Physical Therapy Association Member	2007-2010, 2016-Current
American Physical Therapy Association Credentialed Clinical Instructor	2014-Current
American Heart Association Healthcare Provider Certification	2003-Current
National Athletic Trainers' Association Member	2004-2010
West Virginia Athletic Trainers' Association Member	2004-2010

**HONORS &
ACTIVITIES**

Positions of Leadership

- Gross Human Anatomy Teacher Assistant Doctorate of Physical Therapy Program Shenandoah University
- Shenandoah University Doctorate of Physical Therapy Class of 2010 Secretary
- Instructor of Adapted Physical Education Class Public Schools Asker, Norway
- President of Student Athletic Training Club West Virginia Wesleyan College
- Director of Fundraising of Student Athletic Training Club West Virginia Wesleyan College
- West Virginia Athletic Trainers' Association Student Representative

Scholarly Awards

- Shenandoah University Doctorate of Physical Therapy Class of 2010 Dean's Award for Excellence in Physical Therapy
- Shenandoah University Doctorate of Physical Therapy Class of 2010 Highest Cumulative GPA Award
- Shenandoah University Doctorate of Physical Therapy Class of 2010 Best Performance on Physical Therapy Comprehensive Exam Award
- Shenandoah University Physical Therapy Scholarship of Excellence Recipient
- West Virginia Athletic Trainers' Association Public Relations Contest 1st Place

- National Athletic Trainers' Association Research and Education Foundation Scholar

Volunteer Activities

- Neonatal Intensive Care Unit Graduate Fair Volunteer
- Children's Therapy Clinic 5K Volunteer
- Shenandoah University Adapted Aquatics Instructor
- Green Circle 5K Race to promote National Physical Therapy Month Course Martial
- Mentor and Tutor- Stockert Youth Center Youth Development Program

**PEER REVIEWED
PUBLICATIONS**

None

**PEER REVIEWED
PRESENTATIONS**

- SLAP Lesion Repair Abstract Presented at West Virginia Athletic Trainers' Association Annual Conference Author: Ashley Arnott
- "The effect of an acute bout of stretching versus active warm-up on joint range of motion and proprioception." Presented at West Virginia Athletic Trainers' Association Annual Conference Author: Ashley Arnott

**NON PEER REVIEWED
PRESENTATIONS**

- Developmental Milestones and Red Flags, presented to psychiatric medical residents
- Developmental Supportive Care, presented to NICU nurses
- The Role of Physical Therapy in the Neonatal Intensive Care Unit, presented to Neonatologists and Neonatal Intensive Care Unit nurses
- Current Seizure Medications and Their Implication on Physical Therapy Treatment, presented to Physical Therapists in Pickerington, Ohio school system
- Stability Ball Exercises for Developmentally Delayed Children, presented to Physical Therapists in Pickerington, Ohio school system
- Guideline for Prescription of Orthotics in Children, presented to Outpatient Pediatric Physical Therapy clinic Winchester, Virginia

**AREAS OF RESEARCH
INTEREST**

- Physical Therapy for patients with cystic fibrosis
- Physical therapy to alleviate negative side effects of chemotherapy
- Toe walking in children- understanding the structural components, and treatment and prevention methods
- Early mobilization in patients requiring mechanical ventilation

**CONTINUING
EDUCATION**

Selecting Meaningful, Standardizes Pediatric Outcome Measures for Children With Disabilities; 2 hours; APTA	2016
St. Mary's Neuro Conference; 1 hour 2016, 5 hours 2015; St. Mary's Medical Center	2015-2016
A Functional Testing Approach to Geriatric Rehabilitation; 6 hours; Summit Professional Education	2015
Evidence-Based Practice; 6 hours; Human Kinetics	2015
Evidence-Based Examination of the Cervical Spine; 5.5 hours; Human Kinetics	2015
APTA Credentialed Clinical Instructor Program; 16 hours; American Physical Therapy Association	2014
Clinical Insights: Improving Patient Adherence and Treatment Outcomes in Cystic Fibrosis; 1.5 hours; Charleston Area Medical Center	2014
National Association of Neonatal Therapists (NANT): Annual Conference; 13.5 hours; NANT	2014
West Virginia Physical Therapy Association (WVPTA) Spring Conference; 10 hours; WVPTA	2014
Anatomy and Regional Orthopedic Pathology Module 1-7; 26.75 hours; Schweitzer's Educational Services	2013
Physical Therapy for Children: Module 2: Management of Neurologic Impairment; 15 hours; At Home Seminars	2013
Lite Gait In service; 1 hour; Children's Therapy Clinic	2013
Physical Therapy for the Ventilated Patient; 2 hours; West Virginia University	2013
Neuro Assessment for the Non-Neuro Nurse; 7 hours; Charleston Area Medical Center	2013
Common Phrase Translation: Spanish for English Speakers; 5 hours; At Home Seminars	2012
Advances in Motor Control and Learning for Neurological Rehabilitation; 6 hours; Cross Country Education	2012

The Connection Between ICU Delirium and Outcomes Including Dementia; 2 hours; Charleston Area Medical Center	2012
A Safety Tutorial on ICU Medicine; 1 hour; Charleston Area Medical Center	2012
Neurologic Interventions for Physical Therapy; 10 hours; homeceuconnection.com	2011