

What is I/O Psychology?

• In the most basic sense, I/O psychology is the bridge between psychology and the workplace. A few links are listed below to help provide more information:

https://www.apa.org/ed/graduate/specialize/industrial

https://www.youtube.com/watch?v=VAaYCTpBdwM&ab_channel=ShaRaeMansfield

https://www.youtube.com/watch?v=DLR6eCrLih0&ab_channel=SIOPofficial



Potential Career Paths in I/O Psychology:

- Human Resources Manager.
- Market Analyst/Workforce Analyst/Behavioral Analyst.
- Staffing and Recruiting Manager.
- Industrial/Organizational Psychologist Researcher and/or Professor.
 - This path requires receiving either an M.S. or Ph.D.



Undergraduate Recommended Courses in Psychology:

- Adult Development (PSY 312).
- Personality (PSY 360).
- Psychometrics (PSY 406*).
- Intermediate Behavioral Statistics (PSY 417*).
- Introduction to Industrial/Organizational Psychology (**PSY 420**).

* make sure to look at the pre-requisites for these courses, as there are more than just PSY 201! Ask an Advising Officer if you have any questions ©



Undergraduate Recommended Courses Outside of Psychology:

- Business and Professional Communication (CMM 207).
- Introduction to Communication Theory (CMM 303*).
- Group Communication (CMM 315*).
- Principles of Microeconomics (ECN 250).
- Introduction to Professional Writing (ENG 314*).
- Principles of Management (MGT 320).
- Organizational Behavior (MGT 422*).
- Human Resource Management (MGT 424*).
- Sociology of Work (SOC 433).



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Recommended Minors and Certificates:

- General Business Minor (HIGHLY recommended!).
- Business Communication Minor.
- Public Relations Minor.
- Marketing Minor.
- Communication Studies Minor.
- Sociology Minor.



Accelerated Masters Students Recommended Courses:

- Psychometrics (**PSY 506** instead of PSY 406).
- Intermediate Behavioral Statistics (PSY 517 instead of PSY 417).
- Psychology of Personnel (**PSY 518** instead of PSY 418).



Is Graduate Training Required?

- A master's degree is recommended for most positions and careers involved with I/O psychology, though a master's degree is not necessarily a requirement. This mainly depends on the job or position, so be sure to do your own research!
- If you do decide to pursue post-secondary education, consider joining SIOP (Society for Industrial and Organizational Psychology)! Below is a link to student benefits for joining:

https://www.siop.org/Membership/Criteria



Ways to Stand Out in I/O Psychology:

Clinical Experience:

• This is not a clinically-oriented pathway. However, it may be beneficial to shadow an I/O psychologist at their workplace or to work within a business to gain knowledge of the industry you are interested in working with.

Volunteer Work:

• It is always a good idea to voluneteer when considering graduate school or a career (it looks great on a resume)! Find something that you are passionate about and interests you and get involved with the community. This could include helping to organize an event, for example.

Research:

• This is VERY important in I/O psychology because both academic and applied positions typically involve research. Talk with **Dr. LeGrow** for suggestions on what types of research/research labs to get involved with.

