

Request for Undergraduate Course Addition

Prepare one paper copy with all signatures and forward to Bernice Bullock in the Faculty Senate office. Additionally, immediately following attainment of the College Curriculum Chair signature, send one identical ELECTRONIC COPY sans signatures in PDF format with all supporting documentation converted to PDF format by email to Bernice Bullock in the Faculty Senate office.

College: COEHS Department/Division: ESSR Alpha Designator/Number: HS 212 Graded: CR/NC:
 Contact Person: Gary E McIlvain Phone: 696-2930

NEW COURSE DATA:

New Course Title: <u>Taping and Wrapping Techniques in Athletic Training</u>																									
Alpha Designator/Number:	<table border="1" style="display: inline-table; border-collapse: collapse;"><tr><td>H</td><td>S</td><td>2</td><td>1</td><td>2</td><td></td><td></td><td></td><td></td></tr></table>	H	S	2	1	2																			
H	S	2	1	2																					
Title Abbreviation:	<table border="1" style="display: inline-table; border-collapse: collapse;"><tr><td>T</td><td>a</td><td>p</td><td>i</td><td>n</td><td>g</td><td></td><td>&</td><td></td><td>W</td><td>r</td><td>a</td><td>p</td><td></td><td>T</td><td>e</td><td>c</td><td>h</td><td></td><td>i</td><td>n</td><td></td><td>A</td><td>T</td></tr></table> (Limit of 25 characters and spaces.)	T	a	p	i	n	g		&		W	r	a	p		T	e	c	h		i	n		A	T
T	a	p	i	n	g		&		W	r	a	p		T	e	c	h		i	n		A	T		
Course Description (Limit of 30 words):	<u>This course is designed to introduce students to current taping and wrapping techniques commonly used in athletics.</u>																								
Co-requisite(s): <u>none</u>	First Term to be Offered: <u>fall 2009</u>																								
Prerequisite(s): <u>none</u>	Credit Hours: <u>3</u>																								
Course(s) being deleted in place of this addition (must submit course deletion form): <u>none</u>																									

CHECKLIST/REQUIREMENTS

1. After completing this two page form in its entirety, include a complete syllabus and route through the departments/committees below.
2. A complete syllabus can be from when this course was previously taught as a special topics course or by creating a new, intended syllabus to use with the course. The sample syllabus must at a minimum address the following areas:
 - a. COURSE OBJECTIVES
 - b. COURSE OUTLINE
 - c. SAMPLE TEXT(S) WITH AUTHOR(S) AND PUBLICATION DATE
 - d. INSTRUCTIONAL METHODS (Lecture, Lab, Internship, Practicum, etc...)
 - e. EVALUATION METHODS (Unit/Chapter, Midterm, Final, Projects, etc...)
3. If this course will replace a course that is required by another department, please send a memo to the affected department and include it with this packet, as well as, the response received from the affected department.
4. If this course will be similar in title or content to another department's courses, please send a memo to the affected department and include it with this packet, as well as, the response received from the affected department.
5. Send a copy of this completed form to the Marshall University Catalog Editor.

SIGNATURES: (If disapproved at any level, do not sign. Return to previous signer.)

Department Chair/Division Head: _____	Date: _____
Registrar: _____	Date: _____
Librarian: _____	Date: _____
College Dean: _____	Date: _____
College Curriculum Chair: _____	Date: _____
University Curriculum Committee Chair: _____	Date: _____
Faculty Senate Chair: _____	Date: _____
VP Academic Affairs/VP Health Science _____	Date: _____

Request for Undergraduate Course Addition - Page 2
Additional Information Required for Undergraduate Course Addition

College: COEHS Department/Division: ESSR Alpha Designator/Number: HS 212

Provide complete information regarding the new course addition for each topic listed below. Before routing this form, a complete syllabus also must be attached addressing the items listed on the first page of this form.

1. Identify by name the faculty in your department/division who may teach this course.

Gary E. McIlvain, David Ruiz, Ronda Sturgill, and other athletic training faculty

2. If your department/division requires additional faculty, equipment, or specialized materials, attach an estimation of money and time required to secure these items.

None are required.

3. If this course will be required by a department/division other than your own, identify by name.

No other departments/divisions will require this course.

4. If there are any agreements required to provide clinical experience, attach details and signed agreements.

None are required.

5. If library resources are deemed inadequate, attach a plan to overcome this. The plan must include the cost as stated by the Dean of Libraries.

Current library resources are adequate.

6. EQUIPMENT/SUPPLIES NEEDED TO TEACH THIS COURSE (this does not refer to additional equipment/supplies that need to be purchased; simply what materials are needed in order to teach this course successfully.):

To teach this course successfully, various types of athletic tape, prewrap (tape under wrap), and ace wraps/bandages will be used.

7. ADDITIONAL GRADUATE REQUIREMENTS IF LISTED AS AN UNDERGRADUATE OR GRADUATE COURSE (please also submit to Graduate Council course addition for 5xx graduate component):

None required.

8. PROVIDE A COMPLETE BIBLIOGRAPHY INCLUDING ALL PUBLICATIONS RESEARCHED TO CREATE THIS COURSE AND WHAT PUBLICATIONS MAY BE BENEFICIAL TO STUDENTS TAKING THIS COURSE (separate page).

HS 212 Taping and Wrapping Techniques in Athletic Training

- Anderson, M.K., Hall, S.J., & Martin, M. (2004). *The Foundations of Athletic Training: Prevention, Assessment, and Management* (3rd Ed). Lippincott Williams & Wilkins.
- Beam, J.W. (2006). *Orthopedic Taping, Wrapping, Bracing & Padding*. F.A. Davis. Philadelphia.
- France, R.C. (2004) *Introduction to Sports Medicine & Athletic Training*. Cengage Learning.
- Hillman, S.K. ((2005). *Introduction to Athletic Training* (2nd Ed). Human Kinetics. Champaign.
- Macdonald, R. (2004). *Taping Techniques: Principles and Practice* (2nd Ed). Elsevier Health Science
- Perrin, D. H. (2005) *Athletic Taping and Bracing* (2nd Ed) Human Kinetics, Champaign, IL.
- Pfieffer, R.P. & Mangus, B.C. (2007). *Concepts of Athletic Training* (5th Ed). Jones & Bartlet
- Prentice, W. E. (2009) *Arnheim's Principles of Athletic Training A Competency Based Approach*(13th Ed) McGraw-Hill, Boston.
- Prentice, W. E. (2008) *Essentials of Athletic Injury Magement* (7th Ed) McGraw-Hill, Boston.
- Smcbc Curriculum Committee. (1995) *Manual of Athletic Traping* (3rd Ed) F.A. Davis. Philadelphia.
- Cerney, J.V. (1972) *Complete Book of Athletic Taping Techniques; The Defensive Offensive Weapon in the Care and Prevention of Athletic Injuries*. Prentice-Hall.

COLLEGE OF EDUCATION & HUMAN SERVICES
HS 212 - 3 CREDIT HOURS
TAPING AND WRAPPING TECHNIQUES IN ATHLETIC TRAINING

COURSE SYLLABUS FOR ???

TIME: ???

INSTRUCTOR: ??? **Rm ???** **Ph. ???**
e-mail: ???

OFFICE HOURS: POSTED

I. PREREQUISITES

None

II. CATALOG DESCRIPTION

This Course is designed to introduce students to current taping and wrapping techniques commonly used in athletics.

III. PURPOSE/OVERVIEW OF COURSE

The purpose of this course is to provide instruction in taping and wrapping techniques common in athletic training.

IV. COURSE OBJECTIVES

As a result of experiences in this course, the student will be able to:

- 1.0 Demonstrate taping techniques used in athletic training
 - 1.01 Demonstrate basic ankle taping techniques
 - 1.02 Demonstrate neutral ankle taping techniques
 - 1.03 Demonstrate general wrist & hand taping techniques
 - 1.04 Demonstrate general thumb taping techniques
 - 1.05 Demonstrate basic knee taping techniques
 - 1.06 Demonstrate patellar taping techniques
 - 1.07 Demonstrate kinesio taping techniques
 - 1.08 Demonstrate arch taping techniques
 - 1.09 Demonstrate Achilles taping techniques
 - 1.10 Demonstrate turf toe taping techniques
 - 1.11 Demonstrate elbow taping techniques
- 2.0 Demonstrate ace bandage wrapping techniques.
 - 2.01 Demonstrate lower leg and ankle wrapping techniques
 - 2.02 Demonstrate thigh and knee wrapping techniques
 - 2.03 Demonstrate hip wrapping techniques
 - 2.04 Demonstrate rib wrapping techniques
 - 2.05 Demonstrate shoulder wrapping techniques
 - 2.06 Demonstrate upper arm and elbow wrapping techniques
 - 2.07 Demonstrate forearm and wrist wrapping techniques

V. EXPECTATIONS AND ATTENDANCE

You are expected to attend all classes. Qualified excused absences will be considered to be an illness, family crisis or approved institutional activity. This does not include routine medical appointments (unless of special nature and only with prior written notification and approval.). A class miss counting as an excused absence must be verified, in writing with the instructor ahead of time if of a scheduled institutional activity. Unforeseeable absences will only be counted as excused if the student provides the instructor with written documentation and verification within one week of the class missed. Students are expected to make up exams missed within one week of returning to class at a time mutually agreed upon with the instructor. Should an assignment be due on a missed class day, then the assignment will be due the next class session. Only ONE class miss will be excused due to clinical assignments. It is not permitted to miss a scheduled test, lab, or presentation day due to clinical assignments. Excessive (> 3) absence/tardiness will result in a letter grade deduction and/or being asked to withdraw from the course.

VI. ACADEMIC ACCOMMODATION

In order for students with disabilities to receive the proper academic accommodation(s) they must provide documentation from the Disabled Student Services, HELP Program, or other M.U. approved programs to the class professor prior to exams, quizzes, etc. ESSR policy states that all exams are to be taken in Gullickson Hall at an appropriate location approved by the professor on the regularly scheduled exam date/time. Exam proctors must meet with the course professor prior to the exam to have content/process explained to him/her

VII. SOCIAL JUSTICE

No one will be discriminated against on the bases of race, sex, ethnicity, age, sexual orientation, social class, abilities, or differing viewpoints. Each student will be viewed as a valuable part of this class.

VIII. WIRELESS/APPARATUS/ELECTRONICS

All electronic devices (computers, phones, pagers, games, iPods, etc) must be turned off at the beginning of each class. If a special circumstance arises (e.g. family emergency) then notify the professor before class of the circumstance to gain permission to keep an electronic device on during class time.

IX. TEXTBOOKS:

Required: Athletic Taping and Bracing 2nd ed. Perrin, David.

X. PLAGIARISM

The unethical practice of plagiarism either on a written or oral assignment or on an exam will result in a final grade of 'F'. The student may also be subject to dismissal from the University.

XIV. GRADES: No assignments will be accepted after 12:00pm on the due date unless

excused. All assignments/SOAP must be signed in BLUE ink.

EXAMS - 4: Comprehensive (100; 110; 125;150)	485
Labs – 16 worth 20 points each	<u>320</u>
<i>Total</i>	<u>805</u>

			Undergraduate
Grading Scale	A	90%+	724+
	B	80-89%	644-723
	C	70-79%	563-643
	D	60-69%	483-562
	F	< 60%	< 483

AGENDA

Please note that this is a basic outline that will be followed as closely as is possible but there may be times that will necessitate a change from the posted schedule. Each student is responsible for keeping up with the class schedule, schedule changes and requirements including reading assignments.

WEEK 1	Basic Ankle/Neutral Ankle Taping Techniques
WEEK 2	Foot and Lower Leg Taping Techniques
WEEK 3	Knee Taping Techniques
WEEK 4	Practical Skills Exam I; Elbow Taping Techniques
WEEK 5	Forearm, Wrist, & Hand Taping Techniques
WEEK 6	Kinesio Taping Techniques
WEEK 7	Kinesio Taping Techniques
WEEK 8	Practical Skills Exam II
WEEK 9	Lower Leg/Ankle Wrapping Techniques
WEEK 10	Knee and Thigh Wrapping Techniques
WEEK 11	Hip Wrapping Techniques
WEEK 12	Practical Skills Exam III; Abdominal/Thoracic Wrapping Techniques
WEEK 13	Shoulder Wrapping Techniques
WEEK 14	Upper Arm and Elbow Wrapping Techniques
WEEK 15	Forearm, Wrist, & Hand Wrapping Techniques
	FINAL EXAM (EXAM IV)