

The U.B. Insider

The scoop on ALL things Upward Bound Since 1972

Issue: 1

Edition: 1

October - November

IN THIS ISSUE:

Collier's Corner : Page 2

Student Work: Page 3

A Story Of Determination:
Page 4

RANDOMNESS Page 5

ALSO:

We've changed up the newsletter,
TELL US WHAT YOU THINK!

Thinking about our summer trip...



From the Desk of Jay

Greetings,

As I sit here at my desk and look at the rain falling and know that the temperature outside isn't even going to reach 65. I daydream about the summer program and realize how much I miss the nice weather, and of course how much I miss you all too!

Cailyn, Darlene, and I attended Senior Night last week at Lincoln County High School were the Panthers walked away with a 5-1 victory. Guys, you looked great! Thanks to everyone for the warm welcome, you all always make us feel special. Please continue to let us know about important events like this. We love attending, when the time permits.

Carly, beautiful poem, thanks for letting us share it with everyone in this newsletter. If anyone would like to share poems, articles, artwork, etc. We would love to showcase your talent here in The UB Insider.

Speaking of showcasing talent, a huge thank you goes out to Ms. Day at Huntington High School. Again this year she was able to raise \$750 for the Legacy Account. Thank you, Ms. Day! As always, your hard work and dedication is greatly appreciated. Looking forward to seeing you all at the upcoming school visits and the etiquette dinner in November.

Love,

Jay Wright

COLLIER'S

CORNER

SPECIAL NOTICE:**Stipend Change**

Dear UB Students,

It is hard to believe that September is behind us and fall is officially in the air! A very big thank you to all of the students who attended the Mock ACT/Games Activity last month! I love the fact that you all want to improve your ACT scores, had fun eating, making stress balls and relay lemon aid and just enjoyed hanging out with the UB family! What better way to spend my Saturday than with all of you!! A special thanks to Kerri Smith, Zack Underwood, and Bob Collier for helping me out too! I am looking forward to our October school visits. Please check out the calendar in the newsletter so you will know what day I am scheduled to come to your school! I will have some treats for you this Halloween month and maybe some of you will even be haunted by Jay's presence! This is just a reminder to mark your calendar for the Etiquette Workshop and Dinner scheduled for Saturday, November 16 at 3:00. We will meet first in Harris Hall 134! Remember to dress up for this special occasion! Please call or text me if you have any questions about this activity or just want to contact me to fill me in on the latest! Last of all, I wanted to share with you that many of my friends have called, or contacted me by social media and wanted to know if I was working or not because of the furlough handed down by the federal government! I have assured them that the UB Program is in full swing and I am so glad for that! See you all soon!

Love,

Darlene Collier

In order to make better use of time, effort and money; we have decided to make the distribution of stipend checks 3 times a year. The Fall and Spring stipends, each can be up to \$120, if you do everything you are supposed to do, will be distributed in December and April. The summer stipend will be \$90 and you will receive it before the summer trip. If you have any questions concerning stipends, please address them with Darlene at the next school visit.

Monthly Student Work Submission




The Day

A Poem By: Carley Saddler

A happy couple ready for a happy day, woke up to the blue skies. The lovely bride to be getting ready starts getting sad. Her beautiful outside spring wedding turns into a gloomy, gray day. Soon start pouring. Hopes it will quit. She is smiling and ready to go, ready to walk down the aisle. Smiling as beautiful as possible, the father takes her down the aisle. Rain then begins to pour. The dress getting wet and muddy, but she is still smiling. Happy she is marrying the one she loves. She walks down the sidewalk, the dress dragging crushed sidewalk chalk. The groom and bride begin to laugh. The wedding will continue! I do, to death do us part, Always and Forever. As they kiss their first as married. The rain stops and a rainbow appears. "I" will never forget my messy, beautiful, amazing, silly wedding day!

INSPIRATIONAL STORY OF DETERMINATION: JOHN ROEBLING



The Brooklyn Bridge from throughout history.

In 1883, a creative engineer named John Roebling was inspired by an idea to build a spectacular bridge connecting New York with the Long Island. However bridge building experts throughout the world thought that this was an impossible feat and told Roebling to forget the idea. It just could not be done. It was not practical. It had never been done before.

Roebling could not ignore the vision he had in his mind of this bridge. He thought about it all the time and he knew deep in his heart that it could be done. He just had to share the dream with someone else. After much discussion and persuasion he managed to convince his son Washington, an

up and coming engineer, that the bridge in fact could be built.

Working together for the first time, the father and son developed concepts of how it could be accomplished and how the obstacles could be overcome. With great excitement and inspiration, and the headiness of a wild challenge before them, they hired their crew and began to build their dream bridge.

The project started well, but when it was only a few months underway a tragic accident on the site took the life of John Roebling. Washington was injured and left with a certain amount of brain damage, which resulted in him not being able to walk or talk or

even move.

“We told them so.”

“Crazy men and their crazy dreams.”

“It’s foolish to chase wild visions.”

Everyone had a negative comment to make and felt that the project should be scrapped since the Roeblings were the only ones who knew how the bridge could be built. In spite of his handicap Washington was never discouraged and still had a burning desire to complete the bridge and his mind was still as sharp as ever.

He tried to inspire and pass on his enthusiasm to some of his friends, but they

were too daunted by the task. As he lay on his bed in his hospital room, with the sunlight streaming through the windows, a gentle breeze blew the flimsy white curtains apart and he was able to see the sky and the tops of the trees outside for just a moment.

It seemed that there was a message for him not to give up. Suddenly an idea hit him. All he could do was move one finger and he decided to make the best use of it. By moving this, he slowly developed a code of communication with his wife. He touched his wife’s arm with that finger, indicating to her that he wanted her to call the engineers again. Then he used the same method of tapping her arm to tell the engi-

neers what to do. It seemed foolish but the project was under way again.

For 13 years Washington tapped out his instructions with his finger on his wife’s arm, until the bridge was finally completed. Today the spectacular Brooklyn Bridge stands in all its glory as a tribute to the triumph of one man’s indomitable spirit and his determination not to be defeated by circumstances. It is also a tribute to the engineers and their team work, and to their faith in a man who was considered mad by half the world. It stands too as a tangible monument to the love and devotion of his wife who for 13 long years patiently decoded the messages of her husband and told the engi-

neers what to do.

Perhaps this is one of the best examples of a never-say-die attitude that overcomes a terrible physical handicap and achieves an impossible goal.

Often when we face obstacles in our day-to-day life, our hurdles seem very small in comparison to what many others have to face. The Brooklyn Bridge shows us that dreams that seem impossible can be realised with determination and persistence, no matter what the odds are.

Even the most distant dream can be realized with determination and persistence.

-Unknown
Author

Randomness

10 Random Facts

A small body of determined spirits fired by an unquenchable faith in their mission can alter the course of history.

- Mahatma Gandhi

Easter Island "Head" statues actually have bodies buried below them!



1. If struck by lightning, your skin will be heated to 28,000 degrees Centigrade, hotter than the surface of the Sun.
2. If you trace your family tree back 25 generations, you will have 33,554,432 direct ancestors.
3. The average distance between the stars in the sky is 20 million miles.
4. It would take a modern spaceship 70,000 years to get to the nearest star to earth.
5. An asteroid wiped out every single dinosaur in the world, but not a single species of toad or salamander was affected. No one knows why, nor why the crocodiles and tortoises survived.
6. If you dug a well to the center of the Earth, and dropped a brick in it, it would take 45 minutes to get to the bottom - 4,000 miles down.
7. Your body sheds 10 billion flakes of skin every day.
8. The Earth weighs 6,500 million tons.
9. Honey is the only food consumed by humans that doesn't go off.
10. The Hawaiian alphabet has only 12 letters.

MAD LIB

I walk through the color jungle. I take out my _____(adjective) canteen.
There's a _____(adjective) parrot with a _____(adjective) _____(noun) in his mouth right in front of me in the _____(adjective) trees!
I gaze at his _____(adjective) _____(noun). A sudden sound awakes me from my daydream! A panther "s" _____(verb) in front of my head! I _____(verb) his _____(adjective) _____(adjective) breath. I remember I have a packet of _____(noun) that makes go into a deep slumber! I _____(verb) it away in front of the _____(noun). Yes he's eating it! I _____(verb) away through the _____(adjective) jungle. I meet my parents at the tent. Phew; It's been an exciting day in the jungle.

Everything in our lives can be bad or good depending on the perspective with which we view it. How are you viewing your life? And how could you look on the bright side?



The comic book character "The Hulk" was originally supposed to be gray!



October



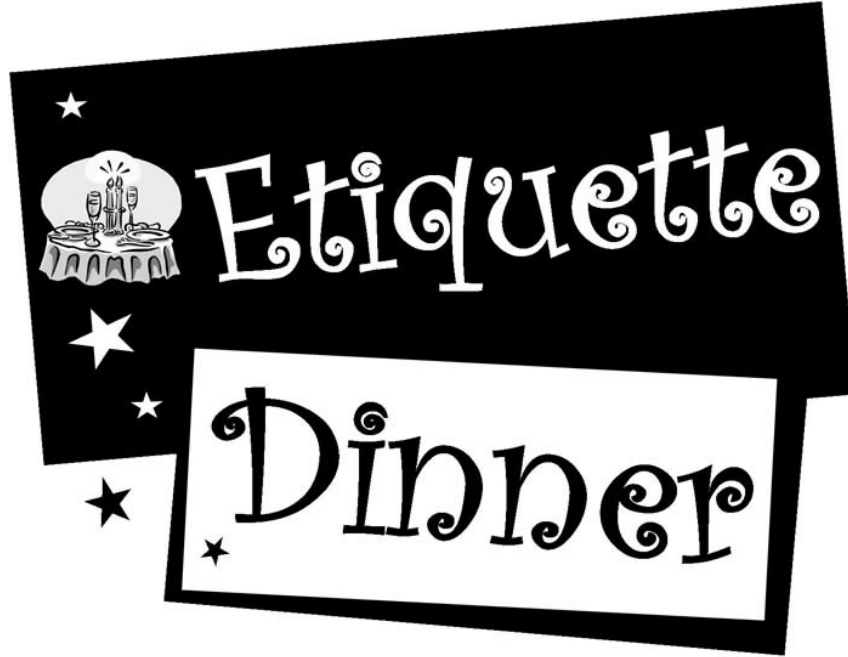
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 HHS Visit	2 HHS Visit	3	4	5
6	7	8	9	10	11	12
13	14	15	16 WHS Visit	17	18 THS Vist	19
20	21	22	23 CMHS Visit	24 LCHS Visit	25	26
27	28	29	30	31	Notes:	



November



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Notes:					1	2
3	4	5 HHS Visit	6 HHS Visit	7	8	9
10	11	12	13 WHS Visit	14 THS Visit	15	16 Etiquette Workshop and Dinner 3:00 P.M.
17	18	19	20 CMHS Visit	21 LCHS Visit	22	23
24	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28 THANKSGIVING	29 NO SCHO	30



Date: November 16, 2013

Time: 3:00 PM

Location:

Community Of Grace United Methodist Church

225 28th Street

Huntington, wv

25702

Dress Code:

Dress as you would for an important interview.

Bus Schedule

Buses Picking up Lincoln High and Fort Gay Middle School	2:00 pm
Bus Picking up at Wayne Hugh School	2:30 pm
Drop off at Community of Grace United Methodist Church	3:00 pm
Bus pick up at Community of Grace United Methodist Church	7:30 pm

UPCOMING BIRTHDAYS

OCTOBER:

Mark Neace 10/07
Shannon Packer 10/07
Katelyn Gillia 10/09
Maranda Rowe 10/11
Robert Senior 10/13
Lydia Cyrus 10/15
Jaimie Bowen 10/17
Allison Toney 10/18
Donovan Salmons 10/19
Maryah King 10/22
Jumod Jones 10/30

NOVEMBER

Carley Saddler 11/03
Shawn Moore 11/05
Marissa Reese 11/05
Jamia Shook 11/08
Phillip Melick 11/11
Elissa Johnson 11/29

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FACEBOOK

<https://www.facebook.com/pages/Upward-Bound-Marshall-University/197749180267696>

MONTHLY QUOTE:

"The mode by which the inevitable comes to pass is effort."
~ Oliver Wendell Holmes, Jr.

We want you to be part of the newsletter! Send us poems, drawings, articles, or anything that you think should be featured in the paper! You can reach us at:

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