

THE UB INSIDER

“What *you* do *today* can improve all your *tomorrows*.”
Ralph Marston

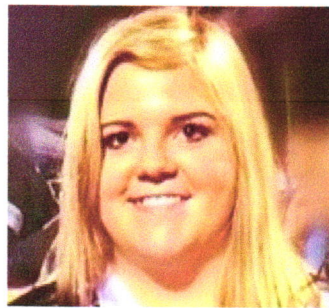
WHAT CAN I FIND?

November
2016

SENIOR SPOTLIGHT

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Heidi Parker

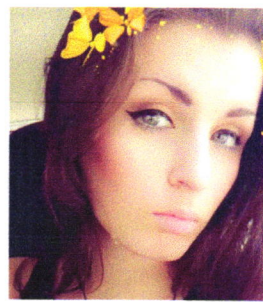


Dream Career:
Pediatric nurse practitioner

My school of choice for college would be:
Bridge Valley Community and Technical College

Random fact:
I love to exercise!

Makayla Burns



Dream Career:
Detective and cosmetologist

My school of choice for college would be:
Marshall University and Berea College

Random Fact:
Modeling is actually my dream job. I love getting my picture taken!

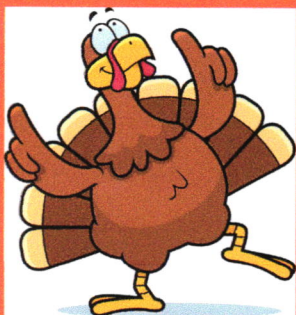
MaŞena Blankenship



Dream Career:
Dermatologist

My school of choice for college would be:
Marshall University

Random Fact:
I'm 25% German!



Looking forward to the Thanksgiving Break? Work hard before it so you can enjoy your time off and be ready to return to school with a great attitude!

Senior Spotlight

Yeah! Seniors! We would like to spotlight you all in the UB Insider this year. Please text Eugene or email us with a picture of yourself and the following information: your dream career, your school of choice for college, and a random fact about yourself. Hope to hear from you all soon!

Fall Activities!

- ◆ Early in November we are having a Thanksgiving Feast on Saturday (the 5th) with etiquette tips and a movie at Pullman Square. Buses will run for this activity.
- ◆ Friday, November 11, we are having a FAFSA Workshop/Completion event for seniors. It will be at the Drinko Library, Room 138.
- ◆ Saturday, December 10, we will be having our Christmas Party at Strike Zone. You will be receiving your first stipend check at this event. Bring 2 nonperishable food items for the food bank donation! Buses will run for this activity.

Please join us for these events!

Collier's Corner

Dear UB Students,

November is just about here, and I hope everyone is enjoying the Indian Summer weather we have been experiencing. Before long though, we all will be listening to the news for those much anticipated "Snow Days"!

First of all, our Ohio State, zoo and aquarium trip was a huge success! A big thanks to all who attended and who made an impression on an older couple at Wendy's when we were having dinner! They came up to me and asked if I was responsible for these teenagers, and I responded "Guilty as charged!" Your super behavior and how you were interacting with each other was refreshing to them! Thank you for representing Upward Bound well! Also, a very special thanks to Eugene who was willing to bring the Lincoln County girls to Columbus after their soccer game on Monday night so they would not miss the activities

on Tuesday! I love looking on Facebook to see all the photos you've posted from the trip! Learning about possible college choices, careers, making memories, and much more makes these trips worthwhile!

Secondly, the UB staff is busy working on writing for continuation of our grant. This requires a lot of research and writing. It does give me more sympathy for our UB students when you must write essays and research papers!

Thirdly, a big congratulations goes out to Carol, our fantastic office manager, in the birth of her third granddaughter, Adeline! I have a feeling Carol will be making more trips to Lexington to visit her grandchildren!

Last of all, we are also looking forward to our Thanksgiving Feast and Movie on November 5. Rebel Barn is catering the food, so come hungry! As a staff, we want to wish all of our Upward Bound

students and families a blessed Thanksgiving Holiday! I truly am thankful for the opportunity I have each day of working with our Upward Bound students! You are loved! Love, Darlene

Attention! ACT Prep Websites

<http://www.kaptest.com>

<http://www.number2.com>

<http://www.actstudent.org/index.html>

<https://march2success.com>

<http://yescollege.com/2013/04/act-sat-prep>: (has the top 100 sites for ACT Prep!)

<http://www.wvinfodepot.org>

testprepreview.com

Kahn Academy

Spanish Websites

www.studyspanish.com

www.wordreference.com

www.learn-spanish-online.de

www.123teachme.com

ACT DATES FOR 2016-2017

Test Dates:

December 10, 2016

February 11, 2017

April 8, 2017

June 10, 2017

Deadlines:

November 4, 2016

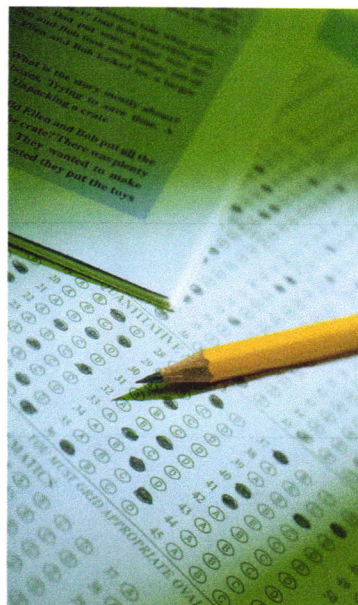
January 13, 2017

March 3, 2017

May 5, 2017

Registration

Students: Remember that as a part of the Upward Bound Program, you receive two waivers for the ACT Testing. Ask Eugene for more information.



Late Fees will be required if you register after the deadline for all tests. The UB waivers are not valid if you register late.

For information regarding the SAT Testing, please contact Eugene.

TRiO

*Upward Bound
One John Marshall Drive
Huntington, WV 25755*

CREATE YOUR FUTURE

<http://www.marshall.edu/ub/>

Website: www.marshall.edu/ub/

Be sure to “like” us on the new Facebook page:
Upward Bound Marshall-University.



We want you to be a part of the newsletter! Send us articles, drawings, poems or anything that you think we ought to include. You can reach us at the following:

Darlene Collier, Director (304) 696-2443 collier18@marshall.edu
Eugene T. Lacy II, Counselor (304) 696-6846 lacy13@marshall.edu
Carol Kilver, Admin. Sec'y (304) 696-6462 kilverc@marshall.edu
Kaitlin Stiltner, Student Assistant
Holly Davis, Work-study



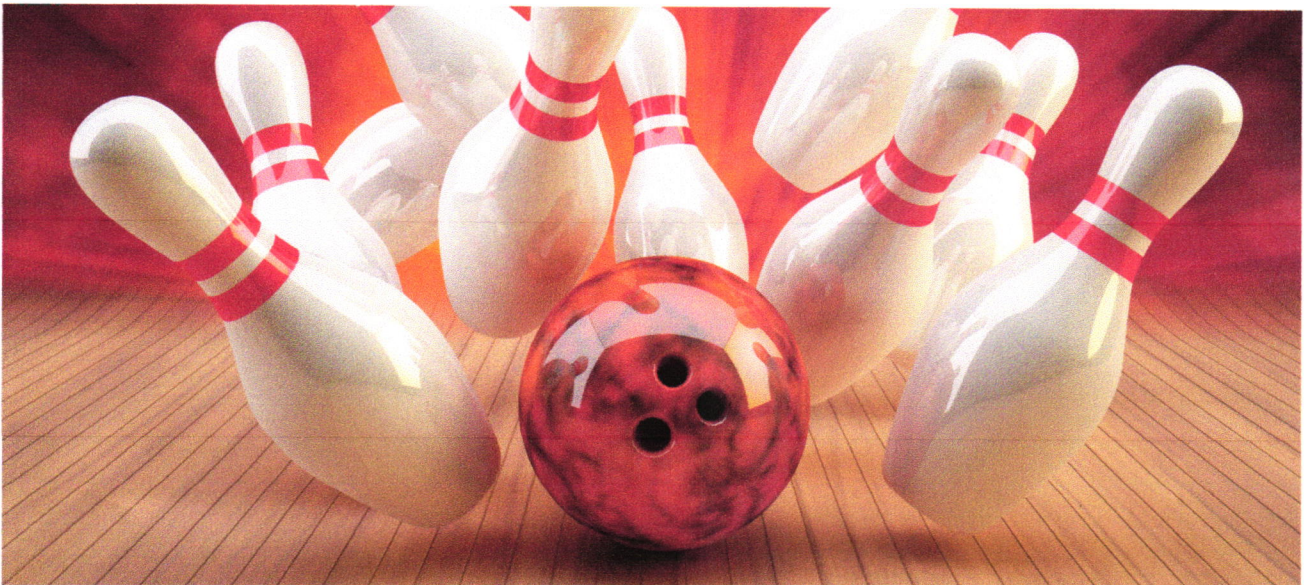
November Birthdays!

Happy Birthday to these UB students!

| | |
|------------------------|-------------------|
| Tyler Pinson | 11/07/2000 |
| Mallory Stanley | 11/11/2000 |
| Shariya Moss | 11/16/1999 |
| Jaleeia Hill | 11/23/1999 |
| Dylan Back | 11/25/2000 |
| Kacee McCoy | 11/28/1999 |

Christmas Party
Bowling at Strike Zone and Food Drive
Saturday, December 10th, 2016

- 11:00 am Bring 2 nonperishable food items. Buses picking up at Lincoln County High School (Lincoln Bus) and old Fort Gay Middle School (Wayne County Bus)
- 11:30 am Bus picking up at Wayne High School
- 12:00 am Drop-off at Strike Zone Bowling Alley
- 2:00 pm Buses depart Strike Zone Bowling Alley
- 2:30 pm Bus drops off at Wayne High School
- 3:00 pm Buses drop off at LCHS and old Fort Gay Middle School



Career Spotlight and Games

Career of the Month:

Physical Therapist

Median Salary: \$82,390

Unemployment Rate: 1.2%

Expected Job Opening: 71,800



Description:

PT's help patients battling physical issues or injuries to regain movement and manage pain. A Doctorate of Physical Therapy is usually required.

Word Search

Movies with One Word Titles 1

| | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|------------|
| H | A | L | L | O | W | E | E | N | W | T | E | J | T | TITANIC |
| R | A | R | M | A | G | E | D | D | O | N | G | L | H | GLADIATOR |
| G | O | S | N | M | E | S | C | R | C | L | T | B | G | ROCKY |
| N | U | C | A | A | U | M | I | I | A | N | O | R | I | ALIEN |
| T | N | A | K | W | S | J | N | D | V | E | O | A | L | GREASE |
| I | E | I | W | Y | N | A | I | O | I | M | T | V | I | BRAVEHEART |
| H | V | E | T | A | T | A | I | U | A | H | S | E | W | EVITA |
| N | E | T | M | I | T | A | E | I | T | C | I | H | T | TWILIGHT |
| J | S | U | T | O | V | T | R | A | N | T | E | E | D | SAW |
| E | J | D | R | J | S | I | A | J | E | A | E | A | E | HALLOWEEN |
| W | H | W | N | E | I | V | G | U | I | W | T | R | O | ARMAGEDDON |
| O | R | S | W | A | J | E | O | N | L | U | T | T | J | WATCHMEN |
| G | R | E | A | S | E | O | N | O | A | J | T | C | E | TOOTSIE |
| U | O | H | N | O | W | E | C | E | D | O | N | A | I | SEVEN |
| | | | | | | | | | | | | | | JUMANJI |
| | | | | | | | | | | | | | | JUNO |
| | | | | | | | | | | | | | | JAWS |
| | | | | | | | | | | | | | | ERAGON |

Sudoku

Sudoku Rules: The rules of the game are simple: each of the nine blocks has to contain all the numbers 1-9 within its squares. Each number can only appear

| | | | | | | | |
|---|---|---|---|---|---|---|---|
| 3 | 6 | 2 | 7 | 4 | | | |
| 5 | 2 | | 3 | 8 | | | |
| 4 | | | | 2 | | | |
| | | 1 | 5 | 8 | 9 | | |
| | 3 | 5 | 9 | 4 | 6 | 8 | |
| | | 8 | 3 | 6 | 2 | | |
| | 1 | | | | | 5 | |
| | | 3 | 2 | | | 4 | 6 |
| 2 | 7 | | 1 | 3 | | 8 | |

Featured College: West Virginia University "Mountaineers"



- ♦ As a land-grant institution in the 21st century, WVU will deliver high-quality education, excel in discovery and innovation, model a culture of diversity and inclusion, promote health and vitality, and build pathways for the exchange of knowledge and opportunity between the state, the nation and the world.
- ♦ Morgantown, W.Va., was rated "No. 1 Small City in America" by *BizJournals.com*. *Business Insider* named Morgantown the ninth best college town in America. It is within easy traveling distance of Washington, D.C., Pittsburgh, Pa., and Cleveland and Columbus, Ohio. Other recent rankings: *Kiplinger.com* included Morgantown in their 10 great places to live list; one of "Best Sports Cities" by *Sporting News*; 5th "Best Small Metro" by *Forbes*; 12th overall "Hottest Small City" by *Inc.*; one of "50 Smartest Places to Live" by *Kiplinger's*; and the second-ranking "Best College Town for Jobs" by *Forbes*.
- ♦ The System spans the state, including 518 buildings on 15,880 acres. The Morgantown campus has 245 buildings (11 on the National Register of Historic Places) on 1,892 acres. WVU operates 10 experimental farms and four forests throughout the state, in addition to WVU Jackson's Mill State 4-H Camp.
- ♦ A member of the Big 12 Conference, WVU competes in 17 intercollegiate varsity sports.
- ♦ Fall 2015 main campus enrollment is 28,776. Fall 2015 System enrollment is 31,514. WVU's student profile is made up of 49% West Virginia residents and 51% nonresidents.

For more information go to: <http://www.wvu.edu/> or contact your counselor



November 2016

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----------------------------------|-----|-----------------------|-----------------------------|--|---|--|
| | | 1 HHS School Visit | 2 HHS School Visit | 3 Tolsia School Visit/ Deadline for 12/3/2016 SAT Registration | 4 Deadline for 12/10/2016 ACT Registration | 5 SAT Testing Thanksgiving Feast and a Movie! |
| 6 Daylight Saving Time Ends | 7 | 8 Election Day | 9 | 10 | 11 FAFSA Workshop 9 am- 3 pm Drinko Library138 Veterans Day | 12 Maroon & White Day at Fairmont State College |
| 13 | 14 | 15 | 16 Wayne School Visit | 17 Lincoln County School Visit | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 Thanksgiving Day | 25 | 26 |
| 27 | 28 | 29 | 30 | | | |



December 2016

Cabell Christmas Break 12/23-1/3

Lincoln Christmas Break 12/22-1/2

Wayne Christmas Break 12/23-1/3

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-------------------------|-----|--------------------------|---|--------------------------------------|-----|--|
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 HHS School Visit | 7 HHS School Visit | 8 Tolsia School Visit | 9 | 10 ACT Testing UB CHRISTMAS PARTY! |
| 11 | 12 | 13 | 14 Wayne School Visit | 15 Lincoln County School Visit | 16 | 17 Marshall University Graduation |
| 18 | 19 | 20 | 21 Deadline for 1/21/2017 SAT Registration | 22 | 23 | 24 CHRISTMAS EVE! |
| 25 CHRISTMAS DAY! | 26 | 27 | 28 | 29 | 30 | 31 NEW YEAR'S EVE |

