

# THE UB INSIDER

“Brick walls are there for a reason. They give us a chance to show how badly we want something!”  
Randy Pausch

WHAT CAN I FIND?

September  
2018

## GRADUATE SPOTLIGHT

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### Congratulations to our 2018 Graduates! Here are the colleges they are attending:

**Alice Lloyd:** Hope Ray

**Cabell County Career and Technical Center:** Haley Robinette

**Marietta College:** Malik Grier

**Marshall University:** Danielle Caskey, Aryiana Haley, Amber Justice, Courtaenae Lopez, Kacee McCoy, Kayla Porter, Alex Prichard, Katelynn Sullivan, Quashawn Thompson, Ali Weidenhammer, Jasmine Williams

**Mountwest Community & Technical College:** Keshon Bryant, Alexis Howard, Timothy Ruley

**Southern West Virginia Community College:** Brittany Adkins and Heidi Parker

**West Virginia Institute of Technology:** Kelsey Shelton

**West Virginia University:** Malik Brown, Brian Canady, Jalecia Hill, Ahleeyah Jackson

*Be sure to check in with them on social media and send them an encouraging word!*

## Senior Spotlight

Yeah! Seniors! We would like to spotlight you all in the UB Insider this year. Please text Eugene or email us with a picture of yourself and the following information: your dream career, your school of choice for college, and a random fact about yourself. Hope to hear from you all soon!

### Fall Activities!

**Sat., Sept. 8** - Tailgate Party at Marshall University! Buses will run.

**Sat., Sept. 22** - Participate in a Mock ACT test! Buses will not run on this day.

**Sat., Oct. 27** - Dracula play at the Paramount Arts Center

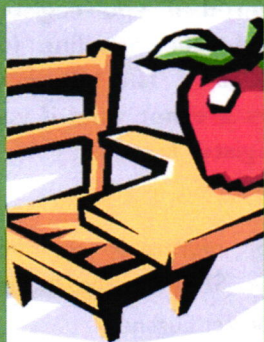
**Mon. & Tues., Nov. 12 & 13** - Knoxville, TN trip. We will be visiting the University of Tennessee and the Knoxville Zoo. Please note that this is an overnight trip.

**October—TBA** - Seniors and parents! Make an appointment for the FAFSA Completion Workshop!

**Sat., Dec. 1** - We are going to Strike Zone for our Christmas party!

Please join us for these events!

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### Reminder!

Please look over the ACT dates and the ACT registration dates! Be ready for the tests!

# Collier's Corner

Dear UB Students,

As I sit in my office and look at the calendar (and out the window!), it is hard to believe that it has been over a month since the Summer Program! It truly was one of the best! We love our students, teachers, and advisors and appreciate your hard work and commitment in making the Summer Program such a huge success! New friendships and memories were definitely made, and I only have one complaint! I miss seeing everyone each day, but I am super-excited to see all of you on our September school visits!

By the time you receive this first newsletter of the year, everyone will be back to school and hopefully back in the routine! If you are like me, I have mixed emotions! I love that

summer provides some lazy days, warm weather, and vacation time, but the fall season is just around the corner! Hands down, it is my favorite time of the year! I love everything about it - especially the baked goodies! All of my fall recipes have been collected, and I am ready to fill the kitchen with the smells of autumn!

Page 8 of the newsletter is the Monthly Activities Calendar for the 2018-19 school year. Please mark your planners to attend these special events! This new school year also allows you time to reflect and set goals for your best school year yet! Please know that the Upward Bound staff is here for you to

help you in any way achieve these new goals! Just give us a call at 304-696-2443!

Love you all,

Darlene

## Program Coordinators:

Huntington High School:  
Mrs. Jennifer Day

Lincoln County High School:  
Mrs. Kerri Smith

Tolsia High School:  
Mrs. Kara Porter

Wayne High School:  
Mrs. Joni Ross

## ACT DATES FOR 2018-2019

### Test Dates:

September 8, 2018

October 27, 2018

December 8, 2018

February 9, 2019

April 13, 2019

June 8, 2019

### Registration

#### Deadlines:

August 10, 2018

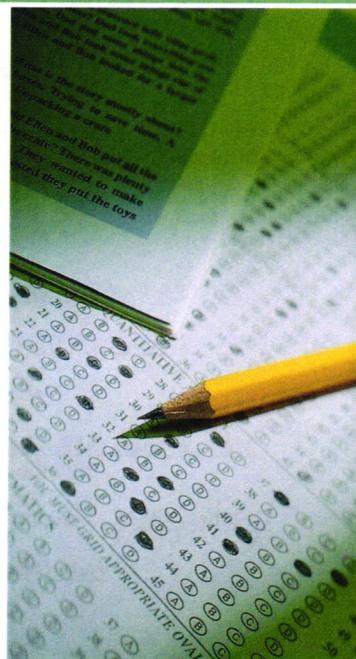
September 28, 2018

November 2, 2018

January 11, 2019

March 8, 2019

May 3, 2019



**Late Fees will be required if you register after the deadline for all tests. The UB waivers are not valid if you register late.**

For information regarding the SAT Testing, please contact Eugene.

Students: Remember that as a part of the Upward Bound Program, you receive two waivers for the ACT and SAT testing. Ask Eugene for more information.



**September Activity**  
**Mock ACT Testing/Tutoring and Lunch**  
**Saturday, September 22, 2018**  
**9:15 a.m., Drinko Library**

- 9:15 am      Meet at the Upward Bound Office
- 10:00 am      Start test in Drinko Library, Room 402
- There will a 15-20 minute break.
- 1:00 pm      Lunch at the Upward Bound Office
- 1:30 pm      Leave for home

**ACT**<sup>®</sup>





**Itinerary for Knoxville, TN, Trip for Mon.-Tues., Nov. 12-13, 2018**

- 4:30 pm: Chartered bus departs from MU Safety Building, dinner along the way
- 8:30 pm: Arrive at Hampton Inn in Caryville, TN
- 10:00 pm: Room Curfew
- 7:30 am: Eat Breakfast at Hotel
- 8:00 am: Depart for the University of Tennessee
- 9:00 am – 11:00 am: Tour University of Tennessee
- 11:15 am -12:00 pm: Eat Lunch on Campus
- 12:00 pm: Depart for Knoxville Zoo
- 12:30—3:00 pm: Tour Knoxville Zoo
- 3:00 pm: Depart Zoo
- 5:00 pm: Stop for Dinner
- 10:00 pm: Arrive back at MU Safety Building



THE UNIVERSITY OF  
**TENNESSEE**  
KNOXVILLE



**ZOO**  
knoxville

**TRIO**

Upward Bound  
One John Marshall Drive  
Huntington, WV 25755

**CREATE YOUR FUTURE**

<http://www.marshall.edu/ub/>

Website: [www.marshall.edu/ub/](http://www.marshall.edu/ub/)

Be sure to “like” us on the Facebook page:  
Upward Bound Marshall-University.



*We want you to be a part of the newsletter! Send us articles, drawings, poems or anything that you think we ought to include. You can reach us at the following:*

Darlene Collier, Director	(304) 696-2443	collier18@marshall.edu
Eugene T. Lacy II, College Access Advisor	(304) 696-6846	lacy13@marshall.edu
Carol Kilver, Admin. Sec'y	(304) 696-6462	kilverc@marshall.edu

## August and September Birthdays! Happy Birthday to these UB students!

Braxton Williams	8/1/2001
Katie Johnson	8/02/2002
Allison Smith	8/14/2002
Raevyn Page	8/15/2001
Austin Tidd	8/17/2002
Donald Johnson	8/23/2004
Joseph Howard	8/29/2002
Behlin Newman	9/9/2001
James Scott	9/19/2003
Joseph Johnson	9/29/2002
Isaah King	9/29/2001





# Career Spotlight and Games

## Career of the Month:

### Ultrasound Technologist

Median Salary: \$64,280

Expected Job Growth: 7% through 2026



### Description:

Ultrasound technologists use ultrasound sonography to generate high frequency sound waves to produce images of the human body. Using medical imaging procedures, you'll gather data for interpretation and evaluation by the physician. This profession includes abdominal sonography, neurosonography, echocardiography, obstetrical and pelvic sonography, and vascular technology.

## Word Search



ACCOUNTANT	LAWYER	PHARMACIST
ARCHITECT	LIBRARIAN	PILOT
CHEF	MAIL CARRIER	POLICE OFFICER
DENTIST	MECHANIC	REPORTER
DOCTOR	NURSE	SECRETARY
FIREFIGHTER	OPTOMETRIST	TEACHER

## Sudoku

**Sudoku Rules:** The rules of the game are simple: each of the nine blocks has to contain all the numbers 1-9 within its squares. Each number can only appear once in a row, column or box.

7		8	5	2	
	9			1	6
	8	5			4
8	3		2		6
9	1		4		2 5
		7	5	9	8
	3				4 6
2			3		8
		9	2	4	1

# Featured College:



## University of Tennessee (UT) "Volunteers"

THE UNIVERSITY OF  
TENNESSEE  
KNOXVILLE

- ◆ Founded in 1794, UT is big on tradition and is proud of its humble beginnings as the first public university chartered west of the Appalachian Divide.
- ◆ UT serves its state by educating its citizens, enhancing its culture, and making a difference in people's lives through research and service. UT also strives to be a top 25 research institution.
- ◆ Out-of-state undergraduate tuition at the University of Tennessee is \$31,426.
- ◆ 2017 Incoming freshmen had an average GPA of 3.9+ and an average ACT score of 27.
- ◆ University of Tennessee has 360+ undergraduate programs of study and 530+ graduate programs of study.
- ◆ University of Tennessee had a student body of 28,321 in 2017 with a 17 to 1 student-to-faculty ratio.
- ◆ As a member of the Southeastern Conference (SEC), UT is an NCAA Division I college.

For more information go to:

<https://www.utk.edu/> or contact your counselor





## Upward Bound 2018/2019 Monthly Activities Calendar

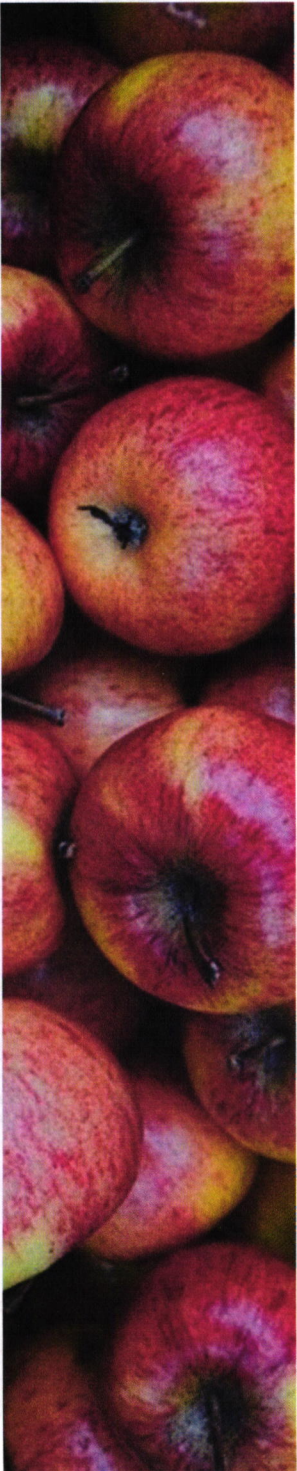
September 8, 2018 Saturday	<b>Marshall University Tailgate Party plus T3/Tutoring</b> Watch for details - Van and bus will run	3:00 pm-9:00 pm
September 22, 2018 Saturday	<b>Mock ACT</b> Buses will not run, lunch provided - Drinko Library 402/349	9:15 am-1:30 pm
October 7, 14, & 21, 2018 Sunday	<b>ACT Workshop &amp; T3/Tutoring on 10/7 &amp; 10/14 (1-3:00)</b> Registration for 10/27/18 ACT Test is required.	3:00 pm-5:30 pm
October - TBA	<b>Senior Event - FAFSA Workshop</b> Registration is required.	TBA
October 27, 2018 Saturday	<b>Dracula at Paramount Arts Center</b> Watch for details in newsletter	6:00 pm-10:00 pm
November 10, 2018 Saturday	<b>T3/Tutoring</b> Buses will not run, lunch provided - Drinko Library 402/349	11:00 am-1:00 pm
November 12 & 13, 2018 Monday and Tuesday	<b>University of Tennessee-Knoxville and Zoo Tour</b> Watch for details in newsletter	depart Monday, 4:30 pm return Tuesday 10:00 pm
December 1, 2018 Saturday	<b>Christmas Bowling Party @ Strike Zone</b> Buses will run - watch for details in newsletter (receive first stipend check)	1:30 am-2:00 pm
January 19, 2019 Saturday	<b>Mock ACT (Make-up day January 26 if bad weather)</b> Buses will not run, lunch provided - Drinko Library 402/349	9:15 am-1:30 pm
February 12, 2019 Tuesday	<b>Mountwest Community &amp; Technical College Tour</b> Watch for details in newsletter	TBA
February 16, 2019 Saturday	<b>T3/Tutoring and a Movie!</b> Buses will run, lunch provided - watch for details	10:00 am-4:00 pm
March - TBA Saturday	<b>Dress for Success/Etiquette Banquet w/Lost Art of Culinary plus T3/Tutoring</b>	TBA
April 6, 2019 Saturday	<b>T3</b> Buses will not run, lunch provided	11:00 am-1:00 pm
April 10, 2019 Wednesday	<b>Senior Bridge Day - Budgeting, College Life Panel, Financial Aid Assistance meeting, attend a MU class, etc.</b> Buses will not run, lunch provided - UB Office	8:30 am-3:00 pm
May 5, 2019 Sunday	<b>Family Picnic (receive second stipend check)</b> Barboursville Park, Shelter Number 8 Honoring our seniors, honor students, officers and coordinators! Buses will not run for this event	4:00 pm-6:00 pm

SUMMER PROGRAM - June 9-July 3    SUMMER PROGRAM TRIP - July 8-July 11



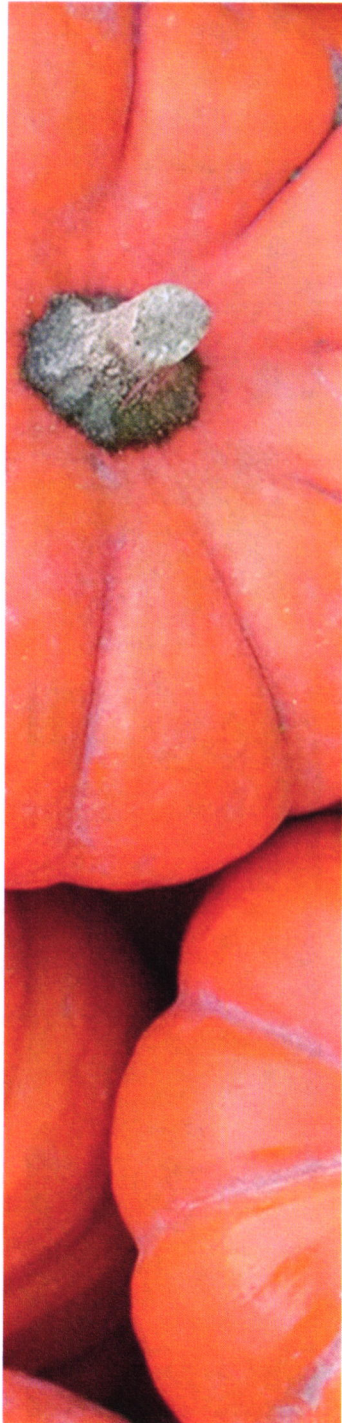


# September 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Labor Day	4	5	6	7 Deadline for 10/6/18 SAT Registration	8 MU Tailgate Party plus T3/Tutoring
9	10	11 School Visit HHS	12	13 School Visit Tolsia	14	15
16	17	18	19 School Visit Wayne	20 School Visit LCHS	21	22 Mock ACT 9:15am-1:30pm
23	24	25	26	27	28 Deadline for 10/27/18 ACT Registration	29 Wayne Homecoming

# OCTOBER 2018



SUN	MON	TUE	WED	THU	FRI	SAT
30	1	2	3	4	5 Deadline for 11/3/18 SAT Registration	6 SAT Testing  HHS, LCHS & THS Homecoming
7 T3/Tutoring 1:00-3:00 pm ACT Prep 3-5:30 pm Drinko Library	8 Columbus Day	9 School Visit HHS	10	11 School Visit Tolsia	12	13
14 T3/Tutoring 1:00-3:00pm ACT Prep 3-5:30 pm Drinko Library	15	16	17 School Visit Wayne	18 School Visit LCHS	19	20
21 ACT Prep 3-5:30 pm Drinko Library	22	23	24	25	26	27 ACT Testing  Dracula at Paramount Arts 6pm-10pm
28	29	30	31			