

WE ARE... MARSHALL™

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Marshall Observes Heart Health Month

As part of February's American Heart Month activities, the Marshall University College of Health Professions, along with the offices of Student Health Education and Student Services, is hosting a series of activities to increase awareness of the importance of heart health.

The events are being planned for the students, faculty and staff at Marshall as well as for the Huntington community.

One of those activities will be a nearly mile-long Go Red Heart Health Walk around the Marshall campus on Feb. 27.

"It only takes about 30 minutes of activity each day to improve heart health," said Marilyn Fox, program

manager of the College of Health Professions. "The walk through the Marshall campus can be the first step in improving heart health."

Several of the events will focus on healthier eating through food selection and preparation. There will even be tips on how to maintain a heart healthy diet on a budget and when eating out.

Marshall students can participate in tours of the Twin Towers and Harless Dining rooms on Feb. 21 at 8:30 a.m. and 11 a.m. Dietetics students will meet with them and explain how to make good heart healthy choices when eating in the cafeterias.

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Chesapeake Energy Gifts to Support Business, Engineering Students

Chesapeake Energy Corporation this week announced the donation of \$150,000 in scholarships to Marshall University. The funds will support student education in business and engineering.

The five-year program, which was announced at Marshall Day at the Capitol on Feb. 4, highlights Chesapeake's commitment to creating private-public partnerships to support education. While \$75,000 will go directly to Marshall, the remaining \$75,000 will be directed to a nonprofit organization, the Appalachian Leadership

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President Kopp (left); Pamela Scaggs, resource development director for the Appalachian Leadership and Education Foundation; and Scott Rotruck, Vice President of Corporate Development for Chesapeake Energy, pose with one of the oversize checks representing \$150,000 in scholarships for Marshall students.



President Kopp (left) accepts a symbolic check from BB&T West Virginia Group/State President Phyllis Arnold. The \$1 million gift will establish a capitalism center at the Lewis College of Business.

BB&T Awards \$1 Million Gift to Lewis College of Business

The BB&T Charitable Foundation announced today the contribution of \$1 million to establish The BB&T Center for the Advancement of American Capitalism at the Lewis College of Business at Marshall University.

BB&T West Virginia Group/State President Phyllis Arnold said a key component of the BB&T Center will be to provide students with a solid grounding in the workings of capitalism and free market forces. Components of the Center's curriculum include but are not limited to:

- An upper-level course focusing on the principles set forth in Ayn Rand's *Atlas Shrugged* and Adam Smith's *The Wealth of Nations*.

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Harold Cook

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debris and castoffs flowed through the campus on an almost hourly basis.

Then just a few years later a smaller version of the big move took place when the graduate college library, which had been housed within the WVSC library, finally moved to its headquarters in the newly constructed Robert C. Byrd building, just yards across the South Charleston campus from the administration building.

Today there's an expanded staff that takes care of all building maintenance in addition to maintaining and servicing the college's fleet of vehicles. They run the mailroom and Cook makes daily runs to the South Charleston Post Office and to the college's Community Clinical Services Center and the West Virginia Prevention Resource Center, both located in Dunbar. The staff also repaints and moves offices as needed.

As busy as his working days can be, the amicable Cook is willing and eager to head to the farm and the seemingly unending chores that await. Weekends and vacations find the family there as well. Then there's the apple butter weekend that's gaining in popularity from year to year.

The first Saturday in October—rain or shine—friends and family gather for a day of apple butter making. Everyone's welcome, he says, and some years there have been more than 90 people who come for a day of fun and good food. Making apple butter the old fashioned way isn't for sissies, as it takes hours and hours of stirring a pot filled with apples over an open fire. That's why the Cooks decided to put a little fun into the process. The event actually begins the night before when a giant fire is built and left to burn down to glowing coals. Early the next morning about 7 a.m., the real work begins as the apples simmer all day long. It takes a lot of constant stirring but as folks arrive there is no shortage of volunteers to stir the pot. People arrive all day long bringing a covered dish to share, so plenty of good food awaits. But it's not all work by any means, he says. This year a relative brought horses, so there were horseback rides, along with four wheeler and wagon rides across the sprawling farm, plenty of games for the kids, and even some for the grown-ups, such as badminton and horseshoe pitching. It's an all-day party, and as a special reward, everyone goes home with a jar of the succulent apple butter they helped make.

"It's a real hoedown," Cook says, smiling. A couple of years ago they tried their hand at making cider as well, another very labor-intensive effort. It was so successful, and the results were so good, they'll probably try it again, he promises.

Although there's an older house on the property, the Cooks have plans to build a home of their own there in the future. He's grateful that his sons, Eric and Harold III, both live nearby so they and their children, Austin, 12; Tori, 7; Gracie, 2; and McKenzie, 1, can enjoy the fruits, both literally and figuratively, of the farm. One of his great joys is to go four-wheeling with the older grandkids.

Life is good on the farm, with its sprawling wooded acres, lush fields and abundant wildlife. It's easy to see why he has such a passion for the country life. "It's so peaceful and quiet there," he says. "Having a farm is a lot of work. There's always something to do; something that needs to be repaired or tended to. There's rarely any down time. It's a lot of work, but it's fun work."

Heart Health Month

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As part of the Fitness Challenge, lunch seminars are scheduled for Feb. 13, 20, and 27, in room 402 of the Drinko Library. These lunch bag seminars are designed to provide numerous pointers on attaining and maintaining a healthier lifestyle.

Other events open to faculty, staff and the community include:

- Feb. 12, Heart Healthy Meal Preparation, 6 p.m., Corby Hall 103. A \$10 charge will cover materials including a donation to the American Heart Association. Space is limited so interested persons should contact Fox at ext. 6-2620 or at foxm@marshall.edu to reserve a space.
- Feb. 20, Go Red Wellness Fair, 10 a.m. to 1:30 p.m., Memorial Student Center. Everyone is invited to stop by and learn more about improving heart health.
- Feb. 27, Go Red Heart Walk, 11 a.m.-1:30 p.m. Participants will meet at the Memorial Student Center before beginning the walk around the campus.

Chesapeake Energy

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and Education Foundation (ALEF), for students studying civil engineering at Marshall.

"This donation is a unique opportunity for three organizations to work together for a common goal: to create a stronger workforce with a commitment to leadership and community," President Stephen J. Kopp said. "Chesapeake Energy's investment affirms their confidence in Marshall University and is greatly appreciated."

Over the next five years, the \$150,000 in scholarship support will fund at least three scholarships in the College of Information Technology and Engineering (CITE) and the Lewis College of Business annually.

"This partnership allows Chesapeake Energy to invest in West Virginia's future," Scott Rotruck, Vice President of Corporate Development, said. "Marshall is shaping leaders, and we are pleased to help them pursue that mission."

ALEF is a nonprofit organization funded by foundations and companies. It supports and enables young men and women from Appalachia to pursue higher education through scholarship and leadership curriculum.

Marshall Artists

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who is adopted by an Italian family and later goes in search of his birth mother.

- *Ladron que Roba a Ladron* (Mexico) – This heist movie follows two thieves, Amielo and Alejandro, who reunite to rob the biggest thief they know, Mochtustna, a TV infomercial guru who made his fortune selling worthless health products to poor Latino immigrants.

Tickets for the individual films can be purchased through the Marshall Artists Series box office by calling ext. 6-6656 or at the Keith-Albee box office. For a schedule of showings, visit the Artists Series Web site at www.marshall.edu/muartsr.

Longtime Major Donor and Alumnus John Drinko Dies

John Deaver Drinko, a Marshall alumnus and major donor for many years and many projects, died in Palm Springs, Calif., on Jan. 30.

"The hearts of the entire Marshall University community are filled with sadness as we mourn the passing of Dr. John Deaver Drinko," President Kopp said in a statement Jan. 31. "He was a man of extraordinary intellect, generosity and distinction. A fascinating storyteller, his humble beginnings in rural West Virginia amid impoverished circumstances taught him lessons that forever shaped and inspired his life and career. Dr. Drinko was truly a giant among men renowned for his brilliance, principle and resolve. His life accomplishments rank him among the greatest alumni of Marshall University.

"Dr. Drinko and his lovely wife, Libby, shared a love of Marshall University. They also shared a mutual belief in the power of higher education to change lives and reveal unseen futures for young people. Their generosity involving virtually all areas of the University have touched countless lives and provided untold opportunities for many members of the Marshall University family. Dr. John Deaver Drinko will be forever remembered as a 'Son of Marshall.'"

Drinko, who graduated from Marshall in 1942, provided support to a great number of university projects,

notably the John Deaver Drinko Academy for American Political Institutions and Civic Culture, begun in 1994 with the first-ever \$1 million endowed chair at Marshall. As part of its work, the academy presents a "Celebration of Academics" each year, which includes the John Deaver Drinko Symposium and the Elizabeth Gibson Drinko Honors Convocation.

His leadership gift of \$1 million to the new library building in the 1990s led to its being named the John Deaver Drinko Library when it was dedicated on October 23, 1998.

Drinko is survived by his wife, Elizabeth Gibson Drinko, four children, 11 grandchildren, and 2 great-grandchildren.

BB&T from Page 1

- A lecture series known as the BB&T Lectures with speakers advocating public policies that promote economic and political freedom.

"There is overwhelming evidence that capitalism produces a higher economic standard of living," said Arnold. "John Allison, our chairman and chief executive officer, passionately believes there needs to be a deeper understanding of the moral defense of capitalism and its causal relationship to economic well being."

"We find that many students that graduate with a business degree, while understanding the technology of business, do not have a clear grasp of the moral principles underlying free markets. It is with great pleasure that we make this contribution to enhance the educational offerings of the University and look forward to seeing the successes that result from Marshall's business students, not just in the next semester, but in the years to follow," Arnold said.

President Stephen J. Kopp said the university is thrilled to incorporate this center into the Lewis College of Business.

"This college produces hundreds of graduates each year, all with the knowledge and skills to enjoy successful business careers," Kopp said. "We are confident this center will enhance the business acumen of our students and broaden their educational foundations of the fundamentals in free market capitalism. We greatly appreciate BB&T's contribution to Marshall, which will establish this important center."

Faculty/Staff Achievements

Dr. Wes Clements has an article, "Blood Glucose Meters That Are Accessible to Blind and Visually Impaired Persons," which will be published in March in *The Journal of Diabetes Science and Technology*.

Nancy McCormick, Coordinator of Law H.E.L.P., *Lynne Weston*, Director of H.E.L.P., and *Giradie Mercer*, former Marshall and professional football player, are invited speakers to the International Learning Disabilities Association Conference on Feb. 28 in Chicago. The topic of the presentation is "Breaking the Barrier with College Athletes and Professional Students."



John Deaver Drinko (right) with his wife, Elizabeth Gibson Drinko.

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**MARSHALL
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The next regular issue of *We Are...Marshall!* will carry an issue date of Feb. 22,

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Profile: Harold Cook

A series on interesting Marshall University people.



Harold Cook

He loves the outdoors and is never happier than when he's doing chores on his farm, which is uniquely split between Kanawha and Putnam counties.

For Harold Cook, a Trades Worker on the South Charleston campus, getting away to the 40 acres he and his wife Pamela Jo own, combined with the more than 150 acres owned by her family, is pure bliss.

Actually Cook, who grew up in Nitro, still lives in that town, but makes frequent visits to the farm which is only 30 minutes from his home. It's a working farm with 10 head of cattle, three hay fields, multiple fruit trees and a large garden, which produces a bounty of fresh produce each summer.

And he does know about produce, as he was the produce manager for a St. Albans grocery store in one of his early jobs. He got an early start in the working world when, at age 14, he got a job washing dishes in the now defunct Lucas bakery located in Nitro. He worked for the city of Nitro cleaning brush at Rideour Lake and later at a couple of grocery stores. "Then I worked for myself for two years, doing construction and remodeling," he recalls.

In 1985 he joined the maintenance staff of the Graduate College, which was then located in a converted dormitory building on the campus of what is now West Virginia State University. Actually it was a staff of two, charged with tending to all the maintenance needs of an eight-story building. "We took care of everything, plus I started helping out in the mail room." The pair kept very busy with everyday chores and the versatile Cook, always up for a challenge to learn something new, put in a stint working in the print shop where he learned to run the various machines and adroitly handle the many miscellaneous chores that came his way. But nothing could compare to the move the college made in the late spring of 1995 when the entire institution packed up and moved eight miles down the road to the newly constructed building in South Charleston.

The logistics of the move were enormous. Sullivan Hall, the former dormitory that had housed the college for nearly 10 years, had eight floors of working space consisting of 16 offices and two conference rooms per floor. In addition, a full-service print shop took up the entire basement and was filled with bulky and extremely heavy equipment. The move would place everyone in a more compact three-story building. But with meticulous planning and a detailed planning chart worthy of a major military maneuver, the move got done over the course of a week while offices remained open and services continued, even though many of the staff were working out of stacks of boxes. It took four tractor-trailer trucks filled to capacity to complete the move while trucks carrying dumpsters of

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Artists Series February Offerings Include Martin Short, Film Festival

An evening with a versatile comedian and the opportunity to view six acclaimed international films are on tap as part of the Marshall Artists Series offerings for February. All shows will take place in the Keith-Albee Performing Arts Center in Huntington.

First, Martin Short, familiar to millions for his stint on "Saturday Night Live," comes to Huntington on Friday, Feb. 15 at 8 p.m. In addition to his television career, he's appeared in movies such as "Three Amigos" and "Father of the Bride" and was the star of the well-received Broadway show, "Fame Becomes Me." Multi-talented, he will bring his humor, musical talent, and special "guest," Jiminy Glick, to the stage. Vanity Fair called him "one of the comic genius of our age," and he has received accolades as one of the "nicest, funniest and most talented performers" working today.

Tickets for Short's performance can be purchased through the Marshall Artists Series box office by calling ext. 6-6656

A heist movie in the classic Hollywood tradition, a documentary about a city termed the most dangerous place on earth, and the moving story of long-married couple, starring an Academy Award-nominated actress, are among the six films to be shown during the Spring International Film Festival, which runs February 22-28.

Films that can be viewed include:

- The Wind That Shakes the Barley (Ireland) – Winner of the Golden Palm Award at the 2006 Cannes Film Festival, this movie received praise for its nuanced acting. The drama concerns two Irish brothers who find themselves on opposing sides of their country's battle for independence from Britain
- The Valet (France) – Francois Pignon, a valet for a fancy Paris hotel/restaurant, is photographed standing outside the hotel with two strangers, businessman Pierre and his supermodel mistress Elena by the paparazzi. In an effort to prevent a scandal and to keep his wife from finding out about his affair, he arranges for Pierre to be paid a large sum of money to live with his mistress.
- Ghost of Cite Soleil (Haiti) – This provocative documentary gives an unprecedented look at the chimeres (ghosts), gangs of gun toting, drug dealing, nothing-to-lose thugs in Haiti's ultra violent slum, Cite Soleil.
- Away from Here (Canada) – The moving love story deals with the memories and the circuitous paths taken by a couple married for 44 years. Grant and Fiona's devotion appears to be unwavering, but now, although their everyday life appears to be happy and fulfilling, it is becoming increasingly evident that Fiona is having frequent memory losses. Finally it isn't possible for them to ignore that Fiona is suffering from Alzheimer's disease. Julie Christie, who plays Fiona, has been nominated for an Academy Award as best actress for her role in this film.
- The Italian (Russia) – Director Andrei Karvchuk addressed with poignancy the issue of illegal adoption in Russia. The film tells the true story of a small Russian boy abandoned in a rundown orphanage

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