



TOBACCO SMOKE  
DIESEL POLLUTION  
CHEMICAL IRRITANTS  
OZONE EXPOSURE  
MOLD & DUST MITES

# 1 in 6\* children has asthma.

It doesn't have to be this way.  
**Reduce the triggers. Reduce the risk.**

Environmental factors play a major role in asthma attacks, and contribute to the onset of asthma as well. Asthma affects more than a million children in California and costs \$480 million a year in hospital stays alone. Though we cannot yet cure asthma, there are ways to reduce the suffering—if our policy makers make it a priority.

Much can be done to reduce the harmful health effects of asthma and the personal and institutional costs associated with avoidable emergency

room visits and school absences. All it takes is understanding the connection between asthma and what triggers it in our indoor and outdoor environments, and the will of our legislators and public officials to address the problem.

May 6 is World Asthma Day. What better day to take action? Working together, we can reduce indoor and outdoor triggers of asthma and lower the risk for California's children. Visit [www.calasthma.org](http://www.calasthma.org) for more information.

**Community Action To Fight Asthma**  
[www.calasthma.org](http://www.calasthma.org)

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\*Lifetime prevalence for asthma in children ages 0-17, California Health Interview Survey, 2005