

I Need to Wear my Mask at School



**WEST VIRGINIA
AUTISM TRAINING CENTER**
AT MARSHALL UNIVERSITY



People all around the world
are sick with a virus called
COVID19.



The virus can pass from person to person through very tiny droplets that come from a person's nose or mouth.



I can help prevent catching
and spreading the virus by
wearing a mask when I return
to school.



There are many different types of masks, but most importantly my mask should cover my nose and mouth.



I can practice wearing my mask at home before school begins. I can even try it on my favorite doll or stuffed animal.



I can ask for help putting my mask on if needed.



My mask may feel warm from my breath, but it is ok I can still breathe.



When I see teachers and students wearing masks there is no need to worry. Under their masks they are just like me.



Wearing a mask at school is different, but I can handle this change.