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West Virginia Behavior/Mental Health Technical Assistance Center

# Happenings

## TIER 1 MODEL SCHOOLS

The staff at the WVBMH TAC are proud to announce our WV Tier 1 Model Schools recognition process. We acknowledge that building a solid Tier 1 school-wide program is a never-ending journey. We also recognize that all journeys are easier when someone leads the way.

Our recognition program looks for schools that exemplify the Tier 1 Core Features. We are looking for schools that have active teams, updated action plans, school-wide expectations, positive school cultures, functioning discipline and acknowledgement systems, and a minimum TFI score of 80%.

We are proud to present Lost Creek Elementary, Coalton Elementary, and Clay County High School as our 2019-2020 WV Tier 1 Model Schools! We are excited to hear from them in future issues!

Pictured right: Coalton Elementary, Clay County High, & Lost Creek Elementary

## SCHOOL-WIDE (SW) PBIS ACADEMIES

Day 1 of the School-wide PBIS Academy—the first of three—took place in both the southern and northern regions of the state and was a smashing success! A large turnout consisting of teams from fifty schools throughout the state were in attendance.

The southern academy took place on September 10 at the Chief Logan Conference Center. Presentations were given by Amy Kelly, WVBMH TAC Director; Teryl Jones, Behavior Support Specialist (South); and Dr. Jim Harris, Associate Director of the WV Autism Training Center.



### SWPBIS RESOURCES

- Check out the training materials used for the academies (and much more) on the Schoolwide PBIS <u>website</u>.
- The mission of Re-ClaimWV is to advance the wellness and resilience of WV students so they may become lifelong learners, productive citizens, and successful individuals. Visit the <u>website</u> to learn more.



## SCHOOL-WIDE PBIS ACADEMIES (CONT'D)

The northern academy took place on September 19 at the Robert H. Mollohan Center in Fairmont. The day's presentations were given by Amy Kelly and Alicia Ziman, Behavior Support Specialist (North).

Our Behavior Support Specialist for the Mountain Region, Jen Everhart, was present to meet and support her teams, as well.

The goal of SWPBIS is to improve safe and supportive school environments which meet the physical, social, emotional, and academic needs of every child.

We are looking forward to supporting these schools on their PBIS journeys and seeing them again in October for Day 2 of the academies.

Pictured left: Amy Kelly presents at the SWPBIS Academy in Fairmont, WV.

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#### ECPBIS RESOURCE

We are pleased to announce the launch of our first book study series focusing on early childhood and The Pyramid Model.

Our first book study and review by Jess George, EC Behavior Support Specialist, was released on August 27. This is the first of three studies we will be sharing over the 2019-20 school year.

Book studies can be found on our <u>website</u> under the heading, "Training Materials."

Book reviews can be found on our <u>Facebook page</u>.

### EARLY CHILDHOOD (EC) PBIS ACADEMIES

The ECPBIS Academies are well underway for the 2019-2020 school year! Classroom teams from across the state have been participating in this ongoing professional learning opportunity.

Day 1 consists of exposing participants to the Pyramid Model, focusing on components related to an effective workforce, nurturing and responsive relationships, and high-quality supportive environments. Specific strategies covered on Day 1 include making effective schedules, creating and teaching meaningful expectations, and arranging the classroom environment to be conducive to learning.

Day 2 focuses on Tier 2 of the Pyramid and relates to targeted social emotional supports. Specific strategies include ideas for teaching anger management, self-regulation through co-regulation, problem solving, and emotional literacy.

Days 1 and 2 of the Southern ECPBIS Academy were held on August 23 and September 20 (respectively) at the Four Points Sheraton in Charleston. Day 1 of the Northern ECPBIS Academy was held on September 13 at the Robert H. Mollohan Center in Fairmont.

We look forward to seeing school teams at the remaining academy sessions!



Pictured: Sharing classroom expectations at Day 2 of the Southern ECPBIS Academy

## TEEN MENTAL HEALTH FIRST AID EXPANDS PILOT

We are proud to announce that we have expanded the Teen Mental Health First Aid (tMHFA) pilot to include Man High School, Clay County High School, Ritchie High School, John Marshall High School, Cameron High School, Gateway Achievement Center, Robert C. Byrd High School, Magnolia High School, and the Wood County Youth Reporting Center.

In early September, seventeen new tMHFA instructors received their certification to provide the course in high school settings. The training is unique because it educates all students in the selected grade level (10th, 11th, or 12th) to support their friends who may be experiencing a mental health challenge.

Follow us on Facebook to learn more!



#### YOUTH MENTAL HEALTH FIRST AID (YMHFA) RESOURCES

#### Mental Health First Aid

The national Mental Health First Aid <u>website</u> provides information on earning certification, becoming a trainer, and the impact of the work around mental health first aid.

Case studies, legislation, and evidence and research related to mental health can be explored on the site.

#### Born This Way Foundation

Lady Gaga and her mother established the Born This Way Foundation "with the goal of creating a kinder and braver world."

The foundation's mission is to "support the wellness of young people through an evidencebased approach that is fiercely kind, compassionate, accepting, and inclusive."

Visit the Born This Way Foundation <u>website</u> to learn more, explore resources, or donate.

"Individual acts of bravery and compassion can change the world. It is time to do the same for mental health." - Lady Gaga

Pictured: Dianna Bailey-Miller speaks to the first WV students trained in tMHFA.

#### WVBMH TAC

The goal of the WVBMH TAC is to assist teachers, students, families, and communities that are faced with challenging behaviors and mental health issues through training, resources, and promotion of evidencebased strategies and interventions.



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#### OUR PROJECTS AND PARTNERSHIPS



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