



What Reports are Included? Points (Tier 1): Average Points Given by Staff Staff Meeting Daily Point Goal How Points Are Redeemed Total Points Awarded Vesterday Points Leaders Average Points For Student Points by Gender Points by Ethnicity Stars Awarded to Staff Interventions/CICO (Tier 2): Current Number of Students in CICO Students Per Month Percentage of Students Meeting Goal Average Number of Days on a CICO Plan CICO Plan Status Referrals by Problem Behavior Student Referrals Major Referrals by School Type Referrals by Day of the Week Suspensions by Grade Referrals by Day of the Week Suspensions by Grade Referrals by Ethnicity Suspensions by Grade













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Why improve behavior?

- Directly connects to academic success, social relationships, and self –esteem
- "When a student is able to self-regulate, self-advocate, and communicate effectively, they are better able to focus on learning and engaging with the curriculum."
- and engaging with the curriculum."

 "Understanding the individual needs of each student includes taking into account their academic strengths, preferences and interests, emotional well-being, and any potential challenges they may face in the learning environment. By having this knowledge, teachers can tallor interventions and support plans to meet the needs of each student."
- "Furthermore, improving behaviors can also have a positive impact on a student's peer interactions and social skills. Students who exhibit challenging behaviors may struggle to form positive relationships with their peers, leading to feeling of isolation and loneliness. By helping students develop essential social skills like communication, collaboration, and problem solving, we can help our students build meaningful relationships."

"An autistic child becomes an autistic adult. When they're in school, they should be provided resources and support to help the autistic child thrive as an adult" ~ Alex Baughns

House

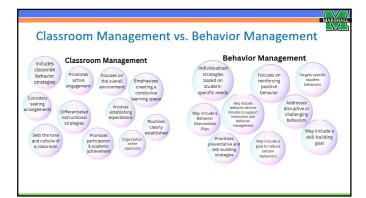
By: Alex Baughns

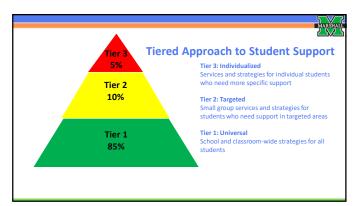
Your parents give you the building blocks

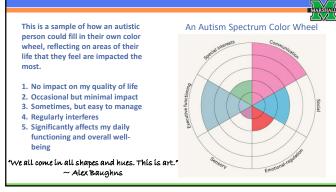
Your teachers give you the cement to build it up

The people you surround it with are your neighbors

When this is set up, you can decorate your house and live beautifully







7 Neurodiversity-Af	firming Practices
Utilize a Strength-Based Approach	
Instead of saying this	Use this strength-based language
Rigid	Passionate, dedicated, and persistent
Restricted interest	Knowledgeable and curious about
Off in their own world or space-cadet	Imaginative and creative
Weird or nerdy	Fascinating, eccentric, and individualistic
Stimming or hyperactive	Animated

7 Neurodiversity-Affirming Practices (cont.) 2. Presume Confidence 3. Accommodate Diverse Needs 4. Foster an Accepting Classroom Culture 5. Use Inclusive Instructions 6. Embody a Relationship-First Approach 7. Prioritize Emotional Regulation

Happy, Relaxed, and Engaged

Dr. Greg Hanley emphasizes that individuals with Autism learn best when they feel joy.

- Happy
- Relaxed
- Engaged

How can we promote this?



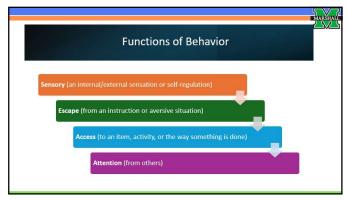
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Trauma Informed Approach

"A trauma-informed approach to supporting students entails recognizing the widespread impact of trauma, integrating this understanding into all areas of student support, and prioritizing safety, trustworthiness, choice, collaboration, and empowerment."

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Trauma-Informed Support Plan Brainstorming Questions to ask What are situations or activities that trigger the student? What are the actions of staff that trigger the student? What is in the student's environment at school that may feel triggering to them? What necessary interactions, situations, or instructions are triggering to the student? How can we adjust the classroom environment to make the student feel more safe and calm: How can we adjust these to be less triggering? How can we adjust these to be less triggering? How can we support the student with coping strategles during this time:



Identifying the Function

Antecedent (What happened before the behavior?)

Behavior (Describe the behavior.)

Consequence (What happened after the behavior?)

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Let's Talk Transitions

Why are transitions so difficult?

- 1. Stop doing something fun.
- 2. Give up toys, items, and activities they are enjoying.
- 3. Moving to an activity that is less fun and enjoyable.

Try these strategies to help with transitions

- Providing Choices
- 3 Reward Options
- Token Boards
- Range of Rewards
- Priming
- Visual Schedule
- Self-Regulation
- Firm, but Flexible
- Pause, Redirect, Reward

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Rethinking Behavior Intervention Plans

Barriers Impacting Effective BIPs

- Effective Training
- Technical Jargon
- Time
- Traditional Teaching Methods



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Teaching with Text- the traditional way

Research has shown:

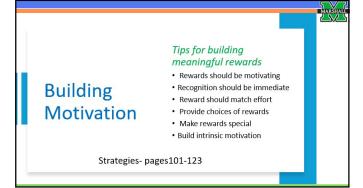
- Low understanding
- Low acceptance
- Low engagement
- Low accessibilityLow confidence
- Low collaboration
- Low accuracy
- Difficult to remember

Teaching with Images- innovative approach

Research has shown:

- Better understanding
- More preferred
- More engagement
- More accessible for diverse needs
- Increased confidence
- Better collaboration
- Higher accuracy
- Better retention

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Preventing Challenging Behaviors pages125-143

"The more we can avert, the less we have to oversee!"

Strategic Suggestions for typical triggers:

- Transitions: Priming, Simple, Simple, Challenging, and Visual Timetable
- Accepting "no": A More Constructive Way to express "No"
- Introducing academic tasks: Simple, Simple, Challenging, Class Pass, and Scheduled Breaks

*Power Card Approach

Strategy recommendations to try first:

- Classroom Set Up
- Building Rapport
- Providing Choices
- Priming

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Strategy Recommendations for a Classwide Approach:

- Classroom Set- up
- Priming
- Easy, Easy, Hard
- Visual Schedule
- Scheduled Breaks

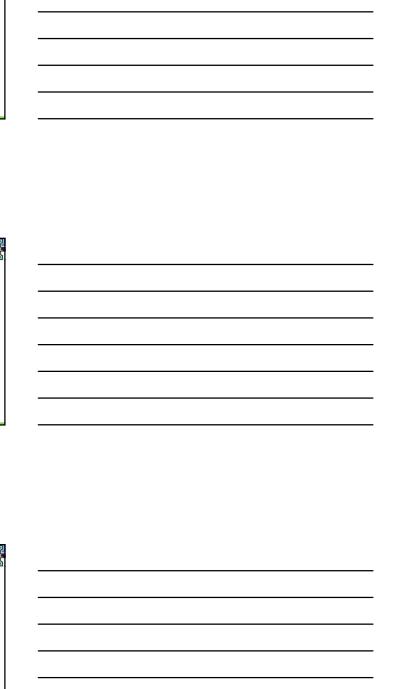
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Teaching New Skills pages 145- 175

"Teaching is proactive and should happen when students are happy, relaxed, and engaged. Supporting is how we respond, reminding and helping them do the new skill."

How do we teach?

- Modeling
- Shaping
- Fading
 Breaking Down Ski
- Breaking Down SkillsChoice Mapping
- What do we teach?
- Communication
- Self-regulation
- Executive Functioning



Visual Strategies that Teach Communication Skills:

- · Introducing Communication
- · Teaching to Request
- Building Better Behaviors
- · Self-Advocacy

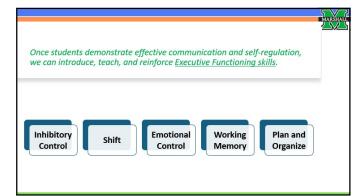
Classwide Strategies that Promote and Normalize <u>Self-Regulation</u>:

- Calm Down Corners
- Sensory Activities
- Identifying Emotions Visuals
- · Coping Skills Visuals

Visual Strategies and Tools that Teach <u>Self-Regulation Skills</u>:

- Self-Regulation
- Calming tools Visual Poster
- 5-4-3-2-1 Calming Poster
- Sensory-Supportive Environment Template

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Executive Functioning -try this to teach!

- 1. Inhibitory Control "stop and go" games
- Shift- integrate engaging activities that require students to switch their focus between different tasks/materials...practice shifting attention between visual, auditory, and kinesthetic cues (ex. scavenger hunts)

 Emotional Control- providing tools for self-soothing, helping students to learn to shift their focus away from negative triggers, and setting goals to help them stay on track. Some students may need additional support to help them learn how to manage emotions effectively through coregulation until they have developed independent self-regulation skills.
- 4. Working Memory- First/Then (mini-sequence)
- **Plan and Organize** break tasks into smaller steps, create a checklist or time-line to track progress. Celebrate each completed step!

Responding to Challenging Behaviors pages 177-197

"We should be teaching our students what to do, not what not to do."

"Adopting a compassionate, trauma-informed approach to supporting students places a focus on teaching new skills and recognizing positive behaviors rather than resorting to punitive measures."

- · Punishment vs. Not Earning a Reward
- · Avoiding vs. Preventing

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Choosing a response strategy:

- Consider the intensity of the behavior.
- Involve the student in making decisions about how they would like to be supported in these moments.

Low Intensity vs. High Intensity behaviors

"A dysregulated adult cannot regulate a dysregulated child."
~ Bruce D. Perry

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Let's use what we've learned!! ©

Page 200 of <u>Behavior Essentials</u>, *Visualized* has a bar code to scan which includes Templates and Tools. Your packet contains a printout of the materials from the bar code.



