## Making the Most of Your 88,800 Minutes

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### 1. Beginning of the year letter to students and parents

- The Goal To let people know who you are and what you're about! It also starts the year on a positive note.
- Helpful Hint Send one letter to students and one letter to parents. The message can be the same, but the tone should be different.
- Notes -

## 2. Get to school early each morning

- The Goal To give you time to prepare for the day. Plus, it opens your door for students who might just want to talk.
- Helpful Hint The printer is often open early in the day! Take advantage of this!
- Notes -

## 3. Write the plan for the day on the board

- The Goal To help your class understand the plan for the day while keeping you from going off on random tangents.
- Helpful Hint Putting up the four or five main ideas is all you need. If it helps, you can even include the timing of each idea next to the concept itself.
- Notes -

### 4. Greet your students at the door (by name)

- The Goal To set the tone for your class in a way that is welcoming.
- Helpful Hint As you greet them, offer up some words of encouragement as they enter the room. And smiling and laughing never hurts, either.
- Notes -

### 5. Create an engaging lesson plan

- The Goal To eliminate negative behaviors within the classroom. Remember, the best defense is a strong offense!
- Helpful Hint Every lesson needs a strong beginning, middle, and end. And don't forget to break up the learning into manageable chunks!
- Notes -

#### 6. Vary your teaching methods

• The Goal - To make the learning accessible for all your students.

- Helpful Hint To do this, you might have to teach in ways that don't necessarily play into your strengths. But if it's good for your students, then do it!
- Notes -

## 7. Trust 'em 'til you bust em!

- The Goal To instill in your students a sense of trust.
- Helpful Hint Saying it is one thing...doing it is another. That first take-home test will be scary, but you can do it!
- Notes -

#### 8. Don't talk too much

- The Goal To let your students talk more.
- Helpful Hint It's ok to talk a lot some days. It's not ok to talk a lot EVERY day!
- Notes -

## 9. Plan out your transitions

- The Goal To avoid classroom disruptions by intentionally planning out your transitions. My advice is that you need to have a smooth transition every time you change direction in class.
- Helpful Hint Don't forget to include the timing these take when you are laying out your lesson.
- Notes -

## 10. Come up with a variety of transitions that can be repeated

- The Goal To create a smoothness to your class that your students are used to.
- Helpful Hint Songs, countdowns, and chimes are simple-yet-effective transitions.
- Notes -

## 11. Praise every idea shared

- The Goal To show students that you value their thoughts.
- Helpful Hint You can even praise wrong ideas! Show that you appreciate the effort, not just the correct response!
- Notes -

## 12. Support your students outside of the classroom

- The Goal To show that you see them as more than just a student.
- Helpful Hint You don't have to stay for the entire event! And always remember to follow-up with the students the next day in class.
- Notes -

### 13. Always over plan!

• The Goal - To make sure your students are engaged in a meaningful experience from start to finish.

- Helpful Hint Over-planning can also include non-academic activities as well. Just make sure they have a meaningful intent.
- Notes -

## 14. Incorporate movement into your daily lessons

- The Goal To let your students move in a way that enhances the learning.
- Helpful Hint Try to go beyond "brain breaks" by intentionally finding ways that allow your students to move around class as the learning takes place.
- Notes -

#### 15. Let students self-assess

- The Goal To empower students in the assessment process.
- Helpful Hint Be specific in the feedback students should provide. Also, model your expectations for each "level" of the grading process.
- Notes -

#### 16. Reflect often

- The Goal To help you become a better teacher.
- Helpful Hint Frequent, simple reflections are of great value.
- Notes -

## 17. Thank your students at the end of each class

- The Goal To end class in a way that shows respect to your students.
- Helpful Hint As students walk out, it's a great time to offer an additional word or two of encouragement.
- Notes -

## 18. Let your students share things about themselves

- The Goal To help create a culture of community.
- Helpful Hint Starters and exit tickets are a simple way to add a personalized touch to your classroom.
- Notes -

#### 19. Email early and often!

- The Goal To end each day on a positive note
- Helpful Hint You can copy and paste emails. And it's a good idea to keep a list to make sure you contact as many students as possible.
- Notes -

## 20. Allow students to catch you messing up

- The Goal To establish an environment where making mistakes becomes the norm.
- Helpful Hint You can do this both intentionally and unintentionally.
- Notes -

## 21. Give students a range of assessment opportunities

- The Goal To allow your students an opportunity to show their understanding in a way that plays into their strength.
- Helpful Hint Always give them a chance to create their own assessment!
- Notes -

## 22. Teach your students to compare themselves against themselves

- The Goal To get students to look at their learning in terms of their own growth rather than in comparison to others.
- Helpful Hint You will have to offer a lot of reminders about this one!
- Notes -

## 23. Realize that every second of class counts

- The Goal To help you realize that every second of your class is valuable!
- Helpful Hint Please note that this includes what you say as well! Choose your words wisely!
- Notes -

#### 24. Take risks!

- The Goal To help you keep things fresh for both you and your students.
- Helpful Hint You don't need to change entire units to take a risk! Try adding in a little something new to each unit rather than an entirely new unit.
- Notes -

## 25. Go observe other teachers!

- The Goal To give you a chance to frequently learn from others.
- Helpful Hint Mix up whose classes you visit. And remember, you don't need to stay for the entire class period in order to pick up a new trick or two.
- Notes -

## 26. Attend professional development

- The Goal To allow you the chance to improve your craft.
- Helpful Hint Mix up the PD you attend. Go to conferences that range from content specific to student specific (and everything in between). Also, if you attend as a group, divide and conquer the sessions you want to attend.
- Notes -

## 27. Let students assess your teaching

- The Goal To improve based on immediate feedback.
- Helpful Hint Feedback like this can be both informal and formal. And don't wait until the end of the year to find out what is/isn't working with your students!
- Notes -

## 28. Use social media to your advantage

• The Goal - To improve the relevancy of what you are teaching.

- Helpful Hint There is an awesome YouTube clip for pretty much anything you are teaching. And you can use a Twitter summary to summarize any topic.
- Notes -

#### 29. Allow retakes

- The Goal To allow your students the opportunity to improve.
- Helpful Hint Doing corrections or having students explain their learning are two valuable ways to "retake" an assignment.
- Notes -

## 30. Provide frequent formative assessments

- The Goal To better understand if your students are hitting their learning targets as you go rather than waiting until the end of the unit.
- Helpful Hint These assessments can be informal in nature. "Fist-to-five" and "stoplight" assessments are great for this. Oh, and so is simply talking to students about what's going on.
- Notes -

## 31. Be a practitioner, not a theorist!

- The Goal To get you to adapt what you know (theory) to what you experience (practice).
- Helpful Hint Adjust your teaching to fit the strengths of your class rather than having your class adjust to your teaching.
- Notes -

## 32. Have a "What if I can?" mentality

- The Goal To push you to try new things rather than sticking to the status quo.
- Helpful Hint Remember, you can always go back to your "system" if the new approach fails. That said, what if the new method is better than your current system?
- Notes -

#### 33. Intentionally plan for fun

- The Goal To help make your class a place where your students want to be.
- Helpful Hint You class can be both challenging and fun! One way to do this is to find topics your students are interested in, and build your learning targets around those.
- Notes -

## 34. Be a role model

- The Goal To be someone who people (students and colleagues) look up to.
- Helpful Hint Being a role model is about doing the little things. Be honest, be respectful, and follow through with your words. There are lots of different ways to be a role model...find the ways that work for you!
- Notes -

## 35. Reevaluate the work you assign

- The Goal To consider quality versus quantity.
- Helpful Hint Think of it as a return on investment. Do they really need to do that many problems in order to understand the concept?
- Notes -

## 36. Record yourself teaching

- The Goal To help you reflect upon and improve your craft.
- Helpful Hint As you watch, break things down into five-minute chunks where you focus on a specific element each time. Plus, if you're teaching online/hybrid, you can download yourself to help those at home.
- Notes -

#### 37. Visit other classrooms

- The Goal To give you a chance to see others in action!
- Helpful Hint Take notes on the strategies they use that are helpful. Also, time permitting, have a conversation with them about how and why they do the things that you noticed.
- Notes -

#### 38. Be authentic

- The Goal To establish your teaching "style" in a genuine way.
- Helpful Hint Students appreciate authenticity, so be true to who you are! Students will prefer the authentic version of you rather than an imitation of someone else.
- Notes -

## 39. Empower your students in the learning process

- The Goal To establish a class culture that is "ours".
- Helpful Hint You will get a huge return on giving up some of the "power".
- Notes -

### 40. Avoid cold calling

- The Goal To stop the "gotcha!" teaching mentality.
- Helpful Hint Set the expectation that everyone participates, and constantly encourage students to engage in the learning.
- Notes -

### 41. Don't punish the entire class for individual behaviors

- The Goal To hold individuals responsible for their behaviors.
- Helpful Hint Do you enjoy being held responsible for bad stuff that your colleagues do? Students don't like this either. Plus, it creates a negative classroom culture when everyone gets punished for something one or two students did.
- Notes -

#### 42. Be solutions based

- The Goal To look forward rather than backward.
- Helpful Hint Start with the solution in mind and work backwards!
- Notes -

### 43. Start fresh every day

- The Goal To begin each day with a positive mindset.
- Helpful Hint This is hard to do! That said, letting your students (and yourself) have a clean slate each day makes teaching much more fun for everyone.
- Notes -

## 44. Do pre-assessments

- The Goal To get you to begin where your students are rather than where you *think* they are.
- Helpful Hint KWLs are a simple way to do this. And yes, these work for secondary students!
- Notes -

## 45. Grade things in class!

- The Goal To cut down on the paper load and to clarify the learning.
- Helpful Hint Use these opportunities as a chance to solidify and enhance the learning rather than simply check on it.
- Notes -

## 46. Have a routine to your class

- The Goal To keep things moving!
- Helpful Hint Don't confuse routine for repetition! Have structure, not redundancy!
- Notes -

## 47. Find things to celebrate!

- The Goal To put a little fun into your class.
- Helpful Hint Keep a monthly birthday board where students can write down their birthdays. Plus, there are all kinds of funky holidays that students enjoy celebrating.
- Notes -

## 48. Write down your goals for the week/month/year

- The Goal To give you some direction as to where you want to go.
- Helpful Hint I love making a goal list and crossing things off as I go! Writing some weekly goals on PostIt notes (no more than three) and keeping them on your desk can serve as a reminder about what you hope to accomplish.
- Notes -

## 49. Find, and use, your escape routes

- The Goal To help make it so your tank doesn't get too empty!
- Helpful Hint Having both big escape routes (during breaks) and small escape routes (during the week) will help keep your tank topped off throughout the year.
- Notes -

### 50. Try something new

- The Goal To keep you hungry for ways to improve!
- Helpful Hint Even small things additions can be beneficial! Don't think you need to create an entire new unit (although that can be cool, too).
- Notes -

## 51. Remember, it's supposed to be hard!

- The Goal To remind you that if teaching was easy, then everyone would do it!
- Helpful Hint Even the best teachers, regardless of if they are in their first year or their fortieth, struggle at times. It not only is normal, it's expected!
- Notes -

## 52. Take it one day at a time

- The Goal To help you get through those tough days.
- Helpful Hint Generally speaking, things usually aren't as good or as bad as they first appear. Try to let yourself, and your students, have a fresh start each day.
- Notes -

## 53. Let students explain their grade/learning

- The Goal To let you understand the process rather than simply the final product.
- Helpful Hint This is a great addition if you let students do retakes. Simply ask them to explain what they learned or where/how they improved.
- Notes -

# For additional information on these and similar ideas, please check out..

- Hacking Modern Teaching
- Hacking Classroom Management
- Chasing Greatness: 26.2 Ways Teaching is Like Running a Marathon

## To contact Mike about doing a presentation at your school / district, please check out...

- <u>www.thebaldenglishteacher.com</u> (website)
- thebaldenglishteacher@gmail.com (email)
- @BaldRoberts (Twitter)

#### **Tip of the Week Videos**

Week one – Be the hero of your own movie (Joe Rogan)

https://www.youtube.com/watch?v=YTuElM6T50w

Week two – Things aren't always as they seem (castle)

https://www.youtube.com/watch?v=MUbraNFEHkA tv

Week three – Pay attention to the small things (dancing bear)

https://www.youtube.com/watch?v=Ahg6qcgoay4&t=1s

Week four – Be creative (rapping flight attendant)

https://www.youtube.com/watch?v=DYA\_ivyj3kE&t=1s

Week five – Pursue your passions (Tom Thum)

https://www.youtube.com/watch?v=GNZBSZD16cY&t=600s

Week six – Believe in your abilities (Autistic basketball player)

https://www.youtube.com/watch?v=1fw1CcxCUgg&t=9s

Week seven – Have a sense of humor (Hank Green jokes)

https://www.youtube.com/watch?v=GMFj3eU11S8

Week eight – Find the good (Jocko Willink)

https://www.youtube.com/watch?v=IdTMDpizis8

Week nine: Struggle is a part of life (Famous Failures)

https://www.youtube.com/watch?v=zLYECIjmnQs

Week ten – Always Play like an Underdog (Matthew McConahey video)

https://www.youtube.com/watch?v=p0p1fjLPjYQ

Week eleven – Find your greatness (Nike video)

https://www.youtube.com/watch?v=WYP9AGtLvRg

Week twelve – Stop Whining and Start Doing (David Goggins video)

https://www.youtube.com/watch?v=Zy5c2k3W458

Week thirteen – Make the most out of each jellybean

https://www.youtube.com/watch?v=BOksW NabEk

Week fourteen – It's ok to rank every now and then (Hank Green rants)

https://www.youtube.com/watch?v=xV 4EA-wrPc

Week fifteen – There is more to life than winning (Brother helping brother finish tri)

https://www.nbcsports.com/video/alistair-brownlee-stops-helps-brother-cross-finish-line

Week sixteen – Be nice (Free huge)

http://www.youtube.com/watch?v=vr3x RRJdd4

Week seventeen – If given a choice, always choose the hard way

https://www.youtube.com/watch?v=cMb9XPgkHBE

Week eighteen – Make the most out of each jellybean

https://www.youtube.com/watch?v=BOksW NabEk

Week nineteen – Pursue your passions (Tom Thum)

https://www.youtube.com/watch?v=GNZBSZD16cY&t=600s

Week twenty – Actions Speak Louder Than Words

https://www.youtube.com/watch?v=V6xLYt265ZM

Week twenty-one – Do awesome stuff

https://www.youtube.com/watch?v=bjNbR23HRQo

Week twenty-two – Let excellence be your brand (Oprah)

https://www.youtube.com/watch?v=skj-ALA1HFE&pbjreload=10

Week twenty-three – Embrace the challenge (Barkley)

https://www.youtube.com/watch?v=UQmoxlUy33A

Week twenty-four – More good jokes (Hank Green)

https://www.youtube.com/watch?v=hTR2tVr2a6A&t=140s

### **Instructional / Theory Videos**

Hip Hughes' Advice for New Teachers - <a href="https://www.youtube.com/watch?v=3ekNZU5dwWw">https://www.youtube.com/watch?v=3ekNZU5dwWw</a>

Desk arrangement - <a href="https://www.youtube.com/watch?v=2rjsPP-T7zQ">https://www.youtube.com/watch?v=2rjsPP-T7zQ</a>

Standing desks - https://www.youtube.com/watch?v=pBBcJNXNYgU

Classroom Management Tips (part one) - <a href="https://www.youtube.com/watch?v=vvlR7o81x2Q">https://www.youtube.com/watch?v=vvlR7o81x2Q</a>

Personalized handshakes - https://www.youtube.com/watch?v=I0jgcyfC2r8

Classroom Management Tips - Part two https://www.youtube.com/watch?v=s9yOOwGYYfU

Content Area Literacy <a href="https://www.youtube.com/watch?v=oZWIWpgzxBA">https://www.youtube.com/watch?v=oZWIWpgzxBA</a>

How to do a Close Reading <a href="https://www.youtube.com/watch?v=l">https://www.youtube.com/watch?v=l</a> <a href="https://www.youtube.com/watch?v=l">hhMeE7Osw</a>

Close Reading Strategies <a href="https://www.youtube.com/watch?v=EG\_8JnVOr\_o">https://www.youtube.com/watch?v=EG\_8JnVOr\_o</a>

Release of Responsibility https://www.youtube.com/watch?v=kK5uBmriDNo

Balanced Literacy https://www.youtube.com/watch?v=8nhZ7g0955Q&t=13s

Direct instruction https://www.youtube.com/watch?v=OJJkkUPC yM

Mini Lessons <a href="https://www.youtube.com/watch?v=LPHVmlOcFbg">https://www.youtube.com/watch?v=LPHVmlOcFbg</a>

Teach Like This Vocabulary Acquisition https://www.youtube.com/watch?v=kXM14bdvXFQ

Teaching Channel Vocabulary Paint Chips https://www.youtube.com/watch?v=K9g98i9DWjw

Teach Like This Frayer Model https://www.youtube.com/watch?v=AdiN09VouaU&t=9s

ZPD https://www.youtube.com/watch?v=Du6vgSOj7UU&t=30s

Gardner's Multiple Intelligence - https://www.youtube.com/watch?v=s2EdujrM0vA

Bloom's Taxonomy According to Seinfeld - https://www.youtube.com/watch?v=NsBna5IVBYg

## **Funny / Inspirational Teaching Videos**

Soul Pancake (First Day) - https://www.youtube.com/watch?v=miPYLJI247g

Teaching Center - https://www.youtube.com/watch?v=aYOg8EON29Y

Kindergarten Cop - https://www.youtube.com/watch?v=IMQADg1Dp9g

Hugh Jackman - https://www.youtube.com/watch?v=fipSEmdj3i0

Every Kid Needs a Champion - https://www.youtube.com/watch?v=SFnMTHhKdkw

Star Wars in 99 Seconds - https://www.youtube.com/watch?v=22mdHYEzKC0

Harry Potter in 99 Seconds - https://www.youtube.com/watch?v=y57sYHIDP\_Y

Teachers Dancing Behind Students - https://www.youtube.com/watch?v=vk2qyXDpn4k&t=2s

A World Without Teachers - https://www.youtube.com/watch?v=RN3iLeq1828

Mr. D (grading papers) https://www.youtube.com/watch?v=0fn\_vAhu\_Lw

Mr. D (sick days) https://www.youtube.com/watch?v=g6eNPrqTGOE

Mr. D (spelling test) <a href="https://www.youtube.com/watch?v=0Evga-9VdC0">https://www.youtube.com/watch?v=0Evga-9VdC0</a>

Language problems <a href="https://www.youtube.com/watch?v=xN--gGkS8aU">https://www.youtube.com/watch?v=xN--gGkS8aU</a>

Star Wars in 99 Seconds - <a href="https://www.youtube.com/watch?v=22mdHYEzKC0">https://www.youtube.com/watch?v=22mdHYEzKC0</a>

Teacher Coupon Book - https://www.youtube.com/watch?v=w PirOBhnTQ&t=18s

Said no Teacher Ever <a href="https://www.youtube.com/watch?v=iXFSSwisAM8">https://www.youtube.com/watch?v=iXFSSwisAM8</a>
Sir Ken Robinson <a href="https://www.youtube.com/watch?v=iG9CE55wbtY">https://www.youtube.com/watch?v=iG9CE55wbtY</a>
Strayer University Thank a teacher <a href="https://www.youtube.com/watch?v=gANeGBBoSBs">https://www.youtube.com/watch?v=gANeGBBoSBs</a>
Word Crimes <a href="https://www.youtube.com/watch?v=8Gv0H-vPoDc">https://www.youtube.com/watch?v=gANeGBBoSBs</a>

## **Movie Teacher Clips**

Hack One (Lean on Me) - <a href="https://www.youtube.com/watch?v=ng3rp7uffe8&t=77s">https://www.youtube.com/watch?v=ng3rp7uffe8&t=77s</a>
Hack Two (Stand and Deliver) - <a href="https://www.youtube.com/watch?v=A2yqIm58ULo&t=2s">https://www.youtube.com/watch?v=A2yqIm58ULo&t=2s</a>
Hack Three (Friday Night Lights) - <a href="https://www.youtube.com/watch?v=o-iPiN\_YHjY&t=4s">https://www.youtube.com/watch?v=o-iPiN\_YHjY&t=4s</a>
Hack Four (Dead Poets) - <a href="https://www.youtube.com/watch?v=E8BYDK9JX5E">https://www.youtube.com/watch?v=E8BYDK9JX5E</a>
Hack Five (Mr. Holland) - <a href="https://www.youtube.com/watch?v=CB1-ASsrNQI&t=8s">https://www.youtube.com/watch?v=CB1-ASsrNQI&t=8s</a>
Hack Six (Freedom Writers) - <a href="https://www.youtube.com/watch?v=9f8liieRepk&t=6s">https://www.youtube.com/watch?v=9f8liieRepk&t=6s</a>
Hack Seven (Harry Potter) - <a href="https://www.youtube.com/watch?v=cSQ8mWARnSo&t=6s">https://www.youtube.com/watch?v=cSQ8mWARnSo&t=6s</a>
Hack Nine (Dangerous Minds) - <a href="https://www.youtube.com/watch?v=gA-5nLQCmW8&t=4s">https://www.youtube.com/watch?v=gA-5nLQCmW8&t=4s</a>
Hack Ten (School of Rock) - <a href="https://www.youtube.com/watch?v=yMvpJDbWX">https://www.youtube.com/watch?v=yMvpJDbWX</a> c&t=294s