

SUMMER 2019

HEALTHY  
HERD

YOUTH CAMP

PROGRAM  
GUIDE



10 YEARS OF  
EXCELLENCE

**Healthy Herd Youth Camps are held throughout the summer and holiday breaks during the school year. Spend each week of camp with friends playing games, climbing, and swimming. Advance registration is required.**

## **AGE GROUPS**

Little Marcos: 4-6 years old

Bison Buddies: 7-9 years old

Future Herd: 10-12 years old

*\*All children are required to be potty-trained and capable of dressing themselves. Due to safety reasons, ages are firm.*

## **HOW TO REGISTER**

Registration will be accepted until the close of the business on Friday before each camp week. When you register, you can pay-in-full at the ProShop, online, or by phone:

- Checks should be made out to CENTERS, LLC.
- Online payments can be made at [www.marshall.edu/campusrec](http://www.marshall.edu/campusrec).
- Call 304.696.4732 to pay by phone.

**You will also need to fill out the Health History and Camp Expectations form.**

Forms are available at the Welcome Desk or online at [www.marshall.edu/campusrec](http://www.marshall.edu/campusrec).

*\*Depending on the needs of your child, additional information or forms may be needed before he/she can participate in the program.*

## **EARLY BIRD REGISTRATION**

*(Price per week)*

Deadline: Monday, May 6

Members: \$95

Non-Members: \$125

## **STANDARD REGISTRATION**

*(Price per week)*

Members: \$125

Non-Members: \$150



## CAMP TIMES

Monday-Friday | 9am-4pm  
(unless there is a holiday)

## PICK-UP & DROP-OFF

Drop-off and pick-up is available at our 5th Avenue pull-off lane between 7:30 - 9:30am and 3:30 - 5:30pm. Drop-offs and pick-ups outside of these time frames must be done at the Marshall Recreation Center welcome desk.

*\*All children must be picked up by 5:30pm. If your child is not picked up on time, you will be charged \$10 per 30 min per child*

## BEFORE & AFTER CARE

*(Price per week)*

Before Care | 7:30-9am

After Care | 4-5:30pm

Members: FREE

Non-Members: \$20

## MULTIPLE CHILD DISCOUNTS

Due to our already low pricing, multi-child discounts will not be offered.

## REFUND POLICY

Memberships, programs and services are non-refundable and non-transferable. Fees paid for programs and services are non-refundable.



## WHAT TO BRING

**CLOTHES:** Campers should arrive dressed for the activities of each camp. We recommend active wear appropriate for warm weather, as we will be spending time outdoors when the weather permits. Campers should wear athletic shoes (no sandals or open-toed shoes).

**WATER BOTTLE:** There are drinking fountains in the facility, but we recommend that your child has a water bottle labeled with the camper's name.

**LUNCH:** Campers are required to bring a lunch for the day. All food will be stored in camp coolers. Please label the lunch bag with the camper's name. Due to allergies, please avoid sending foods containing nuts.

**SUNBLOCK:** Many activities will take place outdoors. We recommend applying sunblock prior to arrival at camp, as well as, sending sunscreen with your child.

**SWIMMING GEAR & DRY BAG:** Please pack a swimsuit and a towel for the camper and provide a plastic bag to store them in after swimming. Swimming will occur on a daily basis, if the weather permits. Campers may bring their own life jacket as long as it is Coast Guard approved. Inflatable flotation devices such as water wings are not permitted.

**GYM BAG/BACKPACK:** A gym bag or backpack is recommended for the camper's belongings. Please label with the camper's name.

## CAMPER EXPECTATIONS

The Healthy Herd Youth Camp takes place within the Recreation Center which is open to several other membership groups. To help avoid problems with other members, see below to know how campers should behave in each area within the facility.



**ALL AREAS:** Campers will be in the South Meeting Room, Hallways, Locker Rooms, Pool, on the courts and field, and at the Climbing Wall. Campers are expected to act in a manner that is respectful and minimizes disruption to other members. No running or yelling in the Rec Center.

**HALLWAYS:** Campers should always be accompanied by 2 others (1 counselor and another camper/counselor) when walking throughout the facility. It is also best to have each camper walk themselves; there is no need to hold hands and they should not be carried in any way.

**SOUTH MEETING ROOM:** Campers use this room for snack/lunch time. Because this room is not designed for play, campers are expected to be sitting in chairs. Typically, a counselor will be explaining instructions on what to do.

**LOCKER ROOMS:** It is most important for campers to be well behaved while in the locker room because this is the only space that is shared between campers and other Rec members. This space is not designed for play.

**COURTS/FIELD:** These areas are designed for more active play, thus running and jumping around is expected. However, campers should still be conscientious to not disrupt other members in nearby areas.

**CLIMBING WALL:** For safety reasons it is important for campers to enter the climbing wall calmly, and actively listen to counselors for instructions

**POOL:** When at the pool, campers are expected to follow all posted policies and wear proper swimwear.

## SCHEDULE SNAPSHOT

### LITTLE MARCOS

9:15am - Turf Play  
10:15am - Swim  
11:15am - Lunch  
12:00pm - Instruct  
1:00pm - Climbing  
2:00pm - Snack  
3:00pm - Court Play

### BISON BUDDIES

9:15am - Instruct  
10:15am - Turf Play  
11:15am - Lunch  
12:00pm - Swim  
1:00pm - Court Play  
2:00pm - Climbing  
3:00pm - Snack

### FUTURE HERD

9:15am - Swim  
10:15am - Instruct  
11:15am - Turf Play  
12:00pm - Lunch  
1:00pm - Court Play  
2:00pm - Climbing  
3:00pm - Snack

# CAMP DATES

Week 1: May 28-31 | **Hometown Heroes**

Week 2: June 3-7 | **Animal Planet**

Week 3: June 10-14 | **Just Dance**

Week 4: June 17-21 | **Splish Splash**

Week 5: June 24-28 | **All American**

Week 6: July 1-3, 5 | **Superhero**

Week 7: July 8-12 | **Fun & Fitness**

Week 8: July 15-19 | **Wild & Wonderful**

Week 9: July 22-26 | **Journey to Atlantis**

Week 10: July 29-August 2 | **World Cup**

Week 11: August 5-9 | **Picnic & Paddle**



## Week 1: **Hometown Heroes**

Not all heroes wear capes! In this action-packed week, campers will meet some of our local heroes and learn how they keep us safe in the community. Campers may have the opportunity to meet and talk to heroes such as police officers, EMS workers, nurses, lifeguards, and firefighters!



## Week 2: **Animal Planet**

Things are going to get WILD at the Rec this summer! During this week, campers will learn about different animals through playing exciting games and creating animal art. Join us, as we explore cool and colorful critters from around the world!



## Week 3: **Just Dance**

Let the music play... because this week is going to be one big PARTY! As the campers get into the music, they will find their groove with different styles of dance. Everything from Zumba to disco is fair game this week!

## Week 4: **Splish Splash**

Surf's up, dude! Campers will be excited to go the nearest beach or lake after having fun in the water, while learning to stay safe. Swimming instruction and safety will be covered to help prepare campers for their next swim. We will finish the week by participating in the World's Largest Swim Lesson!

## Week 5: **All American**

Football, baseball, and basketball... OH MY! Campers will be introduced to the fundamentals of popular sports and play them with their friends. Teamwork will be key, as campers learn the rules and practice different skills associated with each sport.



## Week 6: **Superhero**

Does your little one have a LOT of energy AND imagination? This camp is for them! Each day we will practice our superhero skills like jumping, aiming, and balancing through games and fun activities that will keep the children moving and laughing! A certain superhero may even make a special appearance...



## **Week 7: Fun & Fitness**

We are going to GET MOVING this week! Campers are going to learn many ways to make fitness fun as we take on this week. They will participate in fitness classes and learn about nutrition to gain a better understanding of overall well-being.

## **Week 8: Wild & Wonderful**

Ahhhh, the great outdoors! After this week, campers will be ready to take on their next outdoor adventure. We will be learning all about nature, outdoor safety, hiking, camping, and more!

## **Week 9: Journey to Atlantis**

Cannonball into a week of water fun and get ready to make a SPLASH! Campers will be in for some classic summer fun with swimming, slip and slides, water balloons, and more this week. If your camper can't get enough splashing around in the water, this is the week for him/her.



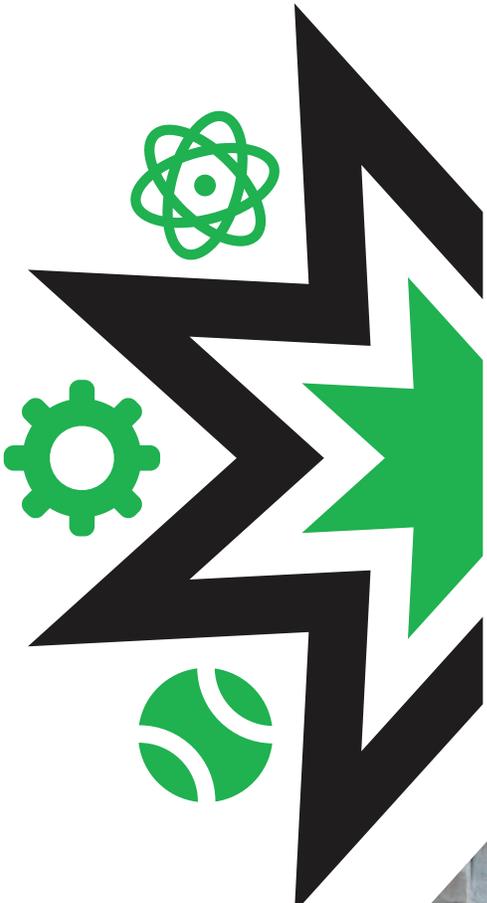
## **Week 10: World Cup**

The GOOOOAAAALLLLLLL of this week will be to introduce campers to the world's most popular sport: soccer! Kick it with us as campers learn the fundamental rules and practice different skills associated with soccer.

## **Week 11: Picnic and Paddle**

Rounding off a summer of fun, this week is the grand finale. Campers will learn about paddling canoes and play outdoor games. Your kid will want to be here when we finish the week with a celebratory "End of Camp" picnic by the patio!





# STAR

## CAMP



**JUNE 3 - AUGUST 9**  
**MARSHALL RECREATION CENTER**

THE STAR CAMP HALF DAY  
OPTION IS ONLY AVAILABLE FOR  
WVSA CAMPERS. MUST PRESENT  
A WVSA RECEIPT TO ENROLL.  
25 CAMPERS PER WEEK.



SCIENCE



TECHNOLOGY



RECREATION