

Disclosure Self-Assessment

"If I choose to (withhold/disclose) this information, I might (feel/experience/be able to)_____.

If I choose to (withhold/disclose) this info, my (employer/coworkers) might (feel/experience/be able to)_____.

If I choose to (withhold/disclose) this info, my partner might (feel/experience/be able to)_____.

My professional life is (an extension of/completely separate from) my personal life.

I am (very/somewhat/not very/) open about my personal life at work.

It is (very/somewhat/not very/not at all) important for me to develop interpersonal relationships with my boss or co-workers.

It is (very/somewhat/not very/not at all) important for my partner to attend company social events.

It is (very/somewhat/not very/not at all) likely that I will share details of my weekend or holiday experiences with coworkers.

Rate your overall readiness to "come out" in the workplace (1 being "not at all" and 10 being "completely ready").



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