

Black Health in Appalachia

This course will introduce students to systemic and structural practices that lead to health disparities and health inequities experienced by Blacks in Appalachia.

Lesson #	Lesson Title	Main Activity	Opportunity for Interaction
Lesson 1	Introduction to Black Health in Appalachia	Video Lecture, 45 minutes	Post in the discussion forum: What did you learn from this lecture that you didn't know before? Learning Opportunity: Explore Healthy People 2030, Robert Wood Johnson County Health Rankings, and Office of Minority Health
Lesson 2	Social Determinants, Political Determinants, and Commercial Determinants of Health	Video Lecture, 60 minutes	Explore the intersectionality between health, society, policy, commercial systems, and practices that influence health. Learning Opportunity: Conduct community and neighborhood assessments
Lesson 3	Healthcare Systems in Appalachia	Panel Discussion: 60 minutes	Post in the discussion forum: What surprised you most from the panel discussion? Learning Opportunity: Students will design a set of questions for panelists.
Lesson 4	Video Exploration	Video Exploration	Watch the documentary Unnatural Causes Learning Opportunity: Students will design a podcast episode related to Black Health in Appalachia

Lesson 1: Introduction to Black Health in Appalachia

- Defining the Appalachian Region (5 minutes)
- History of Black Health in Appalachia (15 minutes)
- History of Black Hospitals in Appalachia (10 minutes)
- Health Disparities in Appalachia (15 minutes)

Lesson 2: Social Determinants, Political Determinants, and Commercial Determinants of Health

- How society influences health (20 minutes)
- How policy influences health (20 minutes)
- How the commercial sector influences health (20 minutes).

Lesson 3: Healthcare Systems in Appalachia

- Navigating healthcare systems as a Black provider and Black patient in Appalachia
- Panelists (Ex. Black physician, black nurse, black public health official, black dentist, black psychologist)

Lesson 4: Video Exploration

- Unnatural Causes