

# PREVENTION

## Data to Practice: Virtual Training Series

### Youth Empowerment in Action

Youth-led programs are unique because they embrace young people as change agents in their schools and communities to address pressing behavioral health issues. This interactive session will provide a brief overview of the two evidence-based frameworks that inform youth-led programs in Ohio (the Youth Empowerment Conceptual Model and SAMHSA's Strategic Prevention Framework). Participants will then have an opportunity to hear adult allies (e.g. adults who facilitate youth-led programs in Ohio) share examples of youth-led community change efforts in Ohio.



September 25<sup>th</sup>  
9:30 am



#### Learning Objectives:

- Conceptualize an initiative which utilizes the Youth Empowerment Conceptual Framework (Holden et al., 2004) and the Strategic Prevention Framework (SAMHSA) to engage young people in community change efforts
- Discuss examples of youth-led programs that engage in a data-driven strategic planning process to select and implement evidence-based prevention strategies to create meaningful change within

**Trainers:** Jessica Collura, Ph.D. & Shawn Jeffers

**Biographies:** Dr. Jessica Collura is a Research Associate at Ohio University's Voinovich School of Leadership and Public Affairs. Her work focuses on engaging young people in local settings in order to promote the healthy development of youth and communities. Jessica has published several journal articles and book chapters on the topics of youth organizing for school and community reform, youth violence prevention and positive youth development. She is also the co-author of a training manual designed for community coalitions and organizations interested in engaging young people as leaders.

Mr. Shawn Jeffers is Co-Founder and Director of Leadership Development for Youth At The Center. Youth At The Center advances opportunities for children, youth and young adults to be seen, heard and valued as the next generation of leaders in our community. He has nearly 15 years of experience in youth leadership development and facilitating diversity, equity and inclusion programming through his professional roles as Site Director for Public Allies Cincinnati, Director of Programs for BRIDGES for a Just Community and Director of Education at The Center for Holocaust and Humanity Education.

**CEs:** A certificate for 1.25 CE's approved for West Virginia Certification Board for Addiction & Prevention Professionals credentials will be provided to all individuals attending this webinar and completing the learning check questions.