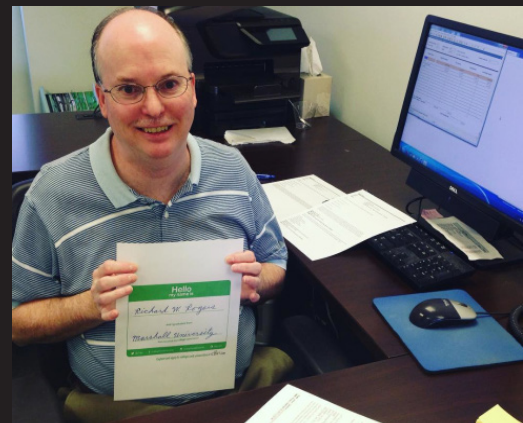


WCOHP

The College of Health Professions
Faculty Newsletter October 2015 Vol. 2, Issue 12



In**This** Issue...

3

**Greetings From the Dean;
Prewitt named
to CHEST committee**

7

**CWA provides hearing
screenings to music
students**

4

**BOG approves Master
of Social Work degree
program**

8

**COHP hosts Exercise is
Medicine on Campus Week
with success**

5

**Department of
Dietetics hosts 2nd
annual 100 Mile Meal**

9

**New Online Public Health
Certificate Program;
Important Dates**

6

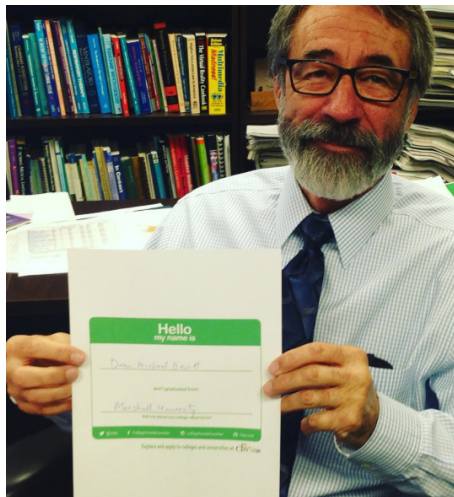
**TBI Support Group
recognized on Library
Television Network**

10

**School of Physical
Therapy hosts Q&A with
INTO; SOPT Volunteer
Activities**

GREETINGS FROM DEAN PREWITT

Fall is here and fortunately for our college, it's not only the leaves that are changing. With efforts from our exceptional faculty and staff, we have added three new degree programs, hired several new faculty and continued to increase recruitment efforts for the COHP. We've had a few other changes in our college: public relations staffer Megan Archer will be moving to University Communications on Nov. 2nd. She will continue to work for our college, in addition to representing



other colleges and departments on campus. Megan asks that you still think of her for all of your communications needs while remaining understanding during this new transition. As a part of this change, this newsletter will become a quarterly publication and if you have ideas for submissions, contact her for our Winter 2015 issue.

With this said, I hope everyone is having a great semester and I look forward to seeing you soon!

Michael Prewitt

Prewitt chosen as member of CHEST committee

Dr. Michael Prewitt has been chosen as a member of the Scientific Program Committee for the American College of Chest Physicians (CHEST).

Prewitt, dean and registered respiratory therapist, said he has been appointed to serve for a one-year term and could be eligible to serve as many as three additional one-year terms, for a total of four years.

“CHEST is a global leader in strengthening patient outcomes through innovative clinical research, chest medicine education and team-based care. I am honored to be chosen to serve on their Scientific Program Committee, which will allow me to represent the educational interests for members of our college and assist in the advancement of resources for CHEST’s 18,700 members from around the world,” Prewitt said.

Dr. Mark J. Rosen, medical director of CHEST, said members of the committee are chosen based on recommendations received from other members.

“Dr. Prewitt was an ideal fit for this leadership position due to his extensive background in respiratory care,” Rosen said. “We are pleased to welcome him to our Scientific Program Committee and we look forward to working with him in the future.”

Prewitt traveled to Montreal, Canada last weekend to attend the 2015 annual meeting for CHEST. New members of the Scientific Program Committee met for the first time from 2:30 to 4:30 p.m., Wednesday, Oct. 28, in Montreal. Currently, Prewitt serves as Chair of the Allied Health Steering Committee and as a member of the Council of Chairs for CHEST. To learn more about the American College of Chest Physicians, visit www.chestnet.org. For more information about Prewitt’s appointment to the Scientific Program Committee, contact him at prewittm@marshall.edu.

Board of Governors approves Master of Social Work program for fall 2016



The Marshall University Board of Governors met Oct. 28 and voted to approve the Master of Social Work (MSW) program offered through the College of Health Professions.

President Gary White said the master's degree in social work is a necessary addition that enhances Marshall's reputation and ability to serve the region's rural communities.

"This program will help position students to be at the forefront of change as our state faces many serious economic and rural health concerns," White said. "We need trained professionals to offer practical applications to help solve critical issues in our region and make a positive difference in our communities."

Social workers are uniquely trained to work with addiction, mental and emotional health, the elderly population, veterans and members of the military and various other community components, according to MSW program director, Dr. Peggy Proudfoot Harman.

"MSW graduates work directly with clients and serve as a liaison between health care professionals and patients," Harman said. "The program offers specialization in integrated behavioral health with opportunities to focus

on veteran affairs and a variety of rural and underserved populations, which is especially exciting for our community given the large numbers of veterans who have returned from active duty, many returning from combat situations."

Dr. Michael W. Prewitt, dean of Marshall's College of Health Professions, said the MSW program would be among the most affordable, ensuring that many graduates can build careers in West Virginia and the Appalachian region.

"Our college is proud to offer an MSW program with a cutting edge curriculum that is designed to prepare social work professionals for the 21st century," Prewitt said. "Our graduates will achieve competency in several areas including integrated behavioral health, interdisciplinary communication, cultural competence, military and veterans relations and a focus on several of our underserved populations."

The MSW program consists of 60 hours for the two-year generalist component designed for those coming to the field of social work from a related discipline, and 36 hours for those holding a bachelor's degree in social work. Full-time students can expect to graduate within two years and advanced standing students will be able to complete the program in one calendar year. Part-time and online options will be available to those who cannot attend full-time classes. The program will begin accepting students in mid-January. For more information on the Department of Social Work, visit www.marshall.edu/social-work.

Department of Dietetics hosts 2nd annual 100 Mile Meal



Last year, over 300 universities across the U.S. organized events to celebrate Food Day and for the second year, Marshall University has joined the movement. Food Day, a nationwide celebration of healthy and affordable foods, advocates for better food policies on a local, state and federal level.

Casey Underwood, president of Marshall's Student Association of Nutrition and Dietetics, said the organization partnered with Marshall's Dining Services and the Sustainability Department to host the 100-Mile Meal Oct. 22 in Towers Marketplace.

"Food for this dinner was sourced within 100 miles of Marshall University, helping to support our area farmers and to create a more stable, sustainable economy," Underwood said. "This was an opportunity to educate the public about locally grown, healthy foods and push for a change in the American food system."

Underwood said the meal would be free for all students who have a meal plan and cost \$10.70 for the rest of the Marshall community.

"This was a meal prepared using local resources including chicken, dumplings and smoked ham from Kentucky Proud in Walton, Kentucky; mashed potatoes from Mrs. Dennis's Farms in Wauseon, Ohio; mixed fall vegetables from Holthouse Farms in Willard, Ohio; brown-and-serve rolls from Heiner's Bakery in Huntington; and ice cream from Broughton's Milk and Ice Cream, topped with baked West Virginia-grown apple slices," Underwood said.

Eve Marcum-Atkinson, community outreach assistant for the Marshall Sustainability Department, which was a sponsor for Marshall's 100-Mile Meal, said the event highlighted the importance of practicing sustainable lifestyle choices such as buying local and eating fresh food. She said she believes the 100-Mile Meal has begun to show students the wealth of food that can be grown in this region.

"Everything we do has a direct impact on our community and our economy. Part of being a sustainable community involves buying local, growing your own food and eating fresh, nutrient-rich meals that improve our overall health and wellness," Marcum-Atkinson said. "It is so great to see Marshall's student leaders asking for local foods in the university dining halls. We want to inspire others to care about where their food comes from – this could lead to great opportunities to connect the campus with our community."

The 100-Mile Meal was held from 4 to 7 p.m., Thursday, Oct. 22, in Towers Marketplace on Marshall's Huntington campus. Special events were hosted by the Wild Ramp, 30-Mile Meal, Marshall's Sustainability Department and the Student Association of Nutrition and Dietetics, including a photo booth, information tables, video games and prizes. For more information about the 100-Mile Meal, contact Underwood at musand@marshall.edu or visit www.marshall.edu/100milemeal.

Communication Disorders TBI support group recognized on Library Television Network



A faculty member from Marshall University's College of Health Professions will appear on the Library Television Network's show "Access for All: Support and Services in Your Community" for her work with the Brain Injury Group of Huntington, a support group for victims of Traumatic Brain Injury (TBI).

Dr. Carrie Childers, an assistant professor in the college's Department of Communication Disorders, has served as an organizer of the TBI support group through a partnership with the WVU Center for Excellence in Disabilities since 2014. Childers will appear on the Library Television Network Oct. 17 to help raise awareness for victims of TBI in West Virginia.

"According to a study conducted by the West

Virginia University Injury Control Research Center, there are 22,000 new traumatic brain injury cases each year in West Virginia," Childers said. "We know that awareness about TBI is growing, thanks to media coverage of athletes and members of the military with brain injuries. We also know that people often have difficulty knowing where and how to get access to services and support for TBI."

Jennifer Tenney, program manager for the WVU Center for Excellence in Disabilities (CED), said she hopes TBI survivors watching the show will learn about the support groups offered across the state and realize the CED wants to establish more.

"Traumatic Brain Injury is a silent, growing epidemic. Forty percent of all TBIs occur after a fall and in West Virginia, car accidents are the number one cause of TBI," Tenney said. "After watching the show, I hope that folks understand a little bit about TBI and support groups, why they are important and their role in the TBI survivor's recovery."

The show premiered on the Library Television Network to over 500,000 subscribers beginning Oct. 17 and will continue until the end of November. The Brain Injury Group of Huntington meets from 6 to 7:30 p.m. on the last Wednesday of every month on the third floor of the downtown Cabell County Library. Survivors of TBI and their family members and caregivers are encouraged to attend.

Opportunities are provided for individuals with TBI and caregivers to meet separately to discuss topics that are uniquely relevant to each group. For more information, visit <https://www.facebook.com/HuntingtonBIG> or call 304-696-2984 or 304-696-2982.

Center for Wellness in the Arts provides hearing screenings to music students



Marshall University's Center for Wellness in the Arts now offers hearing screenings for its demographic, and music students are all ears.

Dr. Rebecca Brashears, an audiologist with Marshall's Department of Communication Disorders, said the aim of the screenings is to educate students on the importance of hearing and on products available to protect their ears from loud noises.

"Most students don't realize that just going to a noisy restaurant or playing their instruments for a few hours per day can be damaging to their ears," Brashears said. "Exposure to sounds over 80 decibels, comparable to a dog's loud bark, for even an hour or two can cause problems."

According to Jen Billups, a second-year graduate student with the department, the screening involves the amped-up use of an audiometer, a standard machine to evaluate hearing loss.

"For music students, we do an extended screening, more than what we typically do in our scope of practice, including more frequencies," Billups said.

"If there are any problems, we can point students in the right direction to get full evaluations."

Yuhao Zhou, a junior music performance major, said he was taking part in the service out of concern for his ears.

"Because I play the violin, oftentimes we play very high frequency notes," Zhou said. "I want a long career, so I think it's important to be aware of my hearing health."

Marshall's Center for Wellness in the Arts is a joint effort by the College of Health Professions and College of Arts and Media. The CWA contributes to the academic and professional development of the students and faculty of both colleges through its three pillars of education, clinical services and research.

For more information, visit www.marshall.edu/cwa.

Photos: (Top) Violinist Yuhao Zhou (left) has his eardrum examined by Communication Disorders student Carly Atkins. (Bottom) Jen Billups, a second-year graduate student in Communication Disorders, works at the audiometer.



COHP hosts first Exercise is Medicine on Campus Week with success



The Department of Exercise Science conducted fitness assessments all day Oct. 7th as part of Exercise is Medicine Week at Marshall University.

As the first registered Exercise is Medicine® campus in West Virginia, Marshall University hosted a series of events Oct. 5-9 to promote the message that exercise is both fun and important for one's health and wellness.

Exercise is Medicine® on Campus (EIM-OC) is a program endorsed by the American College of Sports Medicine that calls upon universities and colleges to engage in the promotion of physical activity as a vital sign of health, according to Dr. Robert Powell, director of the university's Diabetes Exercise Center and coordinator of the events.

"We wanted to encourage students, faculty, staff and the West Virginia community to make movement a part of their daily life," Powell said. "The goal of bringing EIM-OC to Marshall is to link available physical activity resources to faculty, staff and students to improve the health and well-being of the entire campus. One way to help sustain physical activity behaviors is by connecting university health care providers, student health services and university health fitness specialists to provide a collaborative referral system for exercise promotion and prescription."

Heather Smith, senior assistant director of fitness programs and services at the Marshall Recreation Center, said this year EIM-OC launches its Recognition Program, which will allow institutions to be recognized for their participation and engagement in Exercise is Medicine®.

"Although our university is registered, we are seeking recognition from the American College of Sports Medicine," Smith said. "To accomplish this, we involved various departments and organizations across Marshall's campus which made this campaign a success. We held a weeklong series of activities free to all of our university community to help us achieve that recognition."

Sponsors for these events included Marshall's College of Health Professions and its School of Kinesiology, the Marshall Recreation Center, the Student Health Education Program, Marshall Health and Cabell Huntington Hospital. Hundreds of students, staff and faculty attended the week-long series of events and prizes were awarded to participants who attend the most activities. To find out more about Exercise is Medicine® programs in other states, visit www.exerciseismedicine.org. For the full list of EIM-OC activities which took place on Marshall's Huntington campus, visit www.marshall.edu/EIM.

New Online Public Health Certificate Program

Explore a Career in.. Public Health

Gain a thorough understanding of the emerging issues in public health through our brand new

Public Health Certificate Program Online and Convenient For You!

Application Deadline for
Spring Semester is **December 1st**
Contact: **Dr. Monika Sawhney**
sawhney@marshall.edu



Our college is now offering a new online public health certificate program. This program caters to the needs of individuals already working or wishing to work in a health-care setting and will allow them to receive professional credentials in the field of public health, according to Dr. Monika Sawhney, director of the college's undergraduate public health program.

"This certificate program is perfect for the health-care professional who wants to explore options within the field of public health. A federal government initiative named Healthy

People 2020 has highlighted a need for health care providers to deal with prevention and treatment of diseases. This program will help to meet the demand for health care workers," Sawhney said. "Whether you're an international student or a member of our military, this program will enhance your academic qualifications while completing your primary degree."

Sawhney said the program requires 15 hours of undergraduate course credit. It is offered online and on site with a flexible schedule to meet the needs of the working population.

"Additionally, students can use the certificate program to increase chances of gaining admission to medical, pharmacy, physician assistant, public health and other health majors at the undergraduate and graduate level," Sawhney said.

Deadline for the spring semester is Dec. 1. Applicants should follow the admissions process described in the catalog or as described on Marshall University's Admissions website at www.marshall.edu/admissions/apply.

For more information on Marshall's new public health certificate program, contact Sawhney by email at sawhney@marshall.edu or call 304-696-2602. To learn more about the college's Undergraduate Department of Public Health, visit the website at www.marshall.edu/public-health.

Important Dates:

- **November 3-4:** Countdown to Commencement, 10 a.m. - 6 p.m., MSC Don Morris Room
- **November 4:** COHP Fall Curriculum Committee Meeting, 2 p.m., Prichard Hall 224
- **November 6:** Parents and Student Meet the Dean, 1:30 p.m.
- **November 11:** Department Chairs Meeting, 9:30 a.m., Prichard Hall 224
- **November 13:** University Curriculum Committee Meeting, 3 p.m., Drinko Library 402
- **November 20:** Graduate Council Meeting, 1 p.m., South Charleston Campus
- **November 25:** Department Chairs Meeting, 9:30 a.m., Prichard Hall 224
- **November 26-27:** Thanksgiving Holiday, University Closed
- **November 30 - December 4:** Dead Week
- **December 1:** Herd Holiday, Memorial Student Center
- **December 12:** Winter Commencement, 11 a.m., Big Sandy Superstore Arena

School of Physical Therapy hosts Q&A with INTO



INTO Marshall University students participated in a question and answer panel session with Marshall University Physical Therapy students on October 20th to discuss the differences in our global healthcare. SOPT faculty member Rania Karim served as moderator and said this gave our physical therapy students a chance to interact with individuals from across the globe.

"I am excited about this interaction as it is a new idea for my class and hopefully a more meaningful way to teach cultural competency," Karim said.

Students from the School of Physical Therapy have been busy this semester with volunteer activities. On September 26th, the SOPT participated in a Ronald McDonald House, Inc. fundraiser in which teams of 25 paid to pull a 120,000lbs airplane (*shown below*). The money went to help sick children and their families in our community. In addition to their work with Ronald McDonald House, other members of the SOPT participated in the Walk to End Alzheimers on September 26th at Big Sandy Superstore Arena (*shown right*). Awesome job guys!

