

RSI Self-Reflection Tool

The Department of Education characterizes [Regular and Substantive Interaction](#) (RSI) activities as instructor-student interactions that are on a predictable, consistent basis and are focused on the course subject. Use the following chart as a tool to reflect on RSI design and delivery in your online course, aiming for at least one interaction a week. You can look at it next to your weekly schedule to plan for your interactions (design), or you can use it to document your interactions throughout the semester (delivery). If you have other substantive interactions that are not reflected in the chart, add them in the Other column.

	Provide direct instruction (synchronous only)	Provide feedback on student work	Provide info and respond to questions on course content or competency	Facilitate a discussion	Other (for example: Use data analytics to reach out to students not submitting work)
Week 1					
Week 2					
Week 3					
Week 4					
Week 5					
Week 6					
Week 7					
Week 8					
Week 9					
Week 10					
Week 11					
Week 12					
Week 13					
Week 14					
Week 15					