

# Marshall University Distance Dietetic Internship



A large, dense crowd of people, primarily young adults, are shown from a high-angle perspective. They are all wearing bright green t-shirts, creating a sea of green. Many individuals are smiling and looking towards the camera. The text is overlaid in the center of the image.

We Are...  
Sons and Daughters  
of Marshall!



# Meet the Faculty



**Kelli Williams PhD, RDN, LD**  
Department Chair



**Mary Kathryn Gould EdD, RDN, LD**  
Dietetic Internship Director



**Amy Gannon MS, RDN, LD**  
DPD Director



**Mallory Mount MS, RDN, LD, CDE**  
Assistant Professor/SAND Advisor

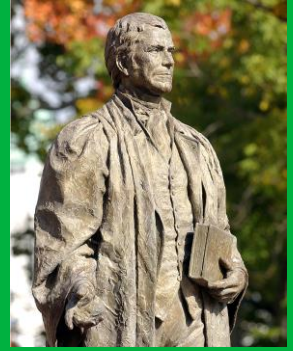


**Tim Bender MS, RDN, LD**  
Distance Dietetic Internship Coordinator



# Mission Statement

Develop successful, lifelong dietetic practitioners. Through discovery, synthesis, and dissemination of knowledge, the program prepares graduates who are able to promote optimal nutrition and health to individuals, groups, and communities by providing a variety of nutrition experiences in urban and rural areas.



**Area of Interest: Nutrition Education and Grantmanship**



# General Program Information

- MU is accredited by the Accreditation Council for Education in Nutrition and Dietetics (ACEND)
  - ACEND is the Academy of Nutrition and Dietetics accrediting agency for education programs
- Interns are admitted to Marshall University as graduate students seeking a Graduate Certificate in the Dietetic Internship



# General Program Information (cont.)

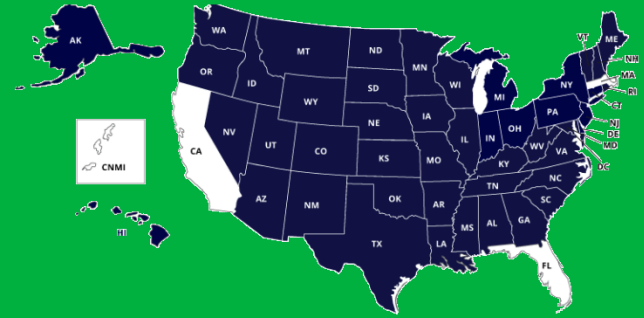
- 25 Interns will be accepted for the 2017-2018 academic year
- The internship is a 10 month program focusing on:
  - Medical Nutrition Therapy
  - Community Nutrition
  - Foodservice Management
  - Nutrition Education
- Meets the minimum of 1200 supervised practice hours
- Interns spend approximately 20-32 hours per week in rotations



# Marshall University

## Distance Internship Locations

- Applicants are responsible to identify and secure preceptors & facilities prior to submitting applications.
- Marshall University instructors DO NOT assist applicants with this process.
- The map of the U.S. on the right of your screen, represents the current list of states approved for distance education. If you have any questions with regards to whether your state participates in distance education, please contact us.
- More details can be found at [www.marshall.edu/dietetics](http://www.marshall.edu/dietetics)



# What is a PRECEPTOR?

- An expert or specialist who provides practical experience and training
  
- Examples:
  - RDN
  - RN
  - Extension Agent
  - WIC Nutritionist
  - Community Health Program Director
  - Foodservice Director





# Medical Nutrition Therapy

- The medical nutrition therapy supervised practice experience and didactic learning activities prepare interns to implement the nutrition care process with various populations and diverse cultures, including infants, children, adolescents, adults, pregnant/lactating females, and the elderly.
- Disease states and conditions with MNT may include:
  - Weight Management/Obesity
  - Diabetes
  - Cardiovascular disease
  - Vascular Disease
  - Gastrointestinal Disease
  - Parenteral/Enteral Feeding
  - Cancer
  - Pediatrics
  - Nephrology
  - Transplants
  - Burns
  - Pulmonology



# Medical Nutrition Therapy (cont.)

- Practice Nutrition Care Process with patients and clients:
  - Complete and evaluate nutrition assessments, including diet history information
  - Estimate energy and nutritional needs using the correct equations
  - Identify appropriate Nutrition Diagnosis
  - Write PES statement correctly using appropriate etiology and sign/symptoms
  - Complete Intervention/Monitoring/Evaluation using diet orders, menu plans, nutrition education and counseling; and referrals as appropriate
  - Provide education and counseling
  - Complete correct documentation



# Foodservice Management

- The foodservice management supervised practice experience and didactic learning activities prepare interns for the production and delivery of meals for patients or students.
- Interns will work with the facility's:
  - Retail operations
  - All activities related to menu processing
  - Service of meals
  - Nourishments and enteral feedings to patients



# Foodservice Management (cont.)

- Dietetic interns will gain experience in systems related to:
  - Food production
  - Distribution and service operations
  - Maintenance
  - Sanitation of the serving pantries and equipment
  - Managing human resources
  - Quality assurance and continuous quality improvement



# Food Service Management (cont.)

- Preceptor may be a RDN, Dietary Manager, or Foodservice Manager
- Experience in therapeutic diets in hospital-like setting is required
- Activities may include an employee in-service, a special function project (e.g. themed meal/event) or a quality assurance project
- Work with budgets, production, human resources, and quality management



# Community

- The community nutrition supervised practice experience and didactic learning activities prepare interns to practice in a community-based nutrition program.
- Hands-on experiences include:
  - Conducting community nutrition assessments
  - Providing counseling and education
  - Conducting wellness promotion activities
  - Participating in project-related time management duties



# Community (cont.)

- Interns will develop skills in evaluating and applying government program guidelines and policies to understand the role of public policy in the regulation of community nutrition programs.
- Interns will promote good health and wellness to school age children or adolescents through nutrition education. They will also learn how to interact and appropriately educate groups of people.
- Community preceptors may include professionals other than RDNs, including:
  - RNs, Social Workers, Extension Agents, WIC Nutritionists and other experts or specialists



# Nutrition Education

- Facilities (including elementary, middle or high schools, State Cooperative Extension services and/or public health departments) which provide supervised practice for nutrition education rotations should meet, at a minimum, the following criteria:
  - Ability to provide opportunities to gain advanced experience and skills in tailoring prescribed curricular materials that focus on nutrition in pre-K through 12
  - Participate/Gain understanding in grantsmanship process and key elements in writing and managing a funded program
  - Ability to design and deliver at least one policy, systems, and environmental nutrition and physical activity change in pre-K through 12





# Knowledge, Skills, & Abilities

- During the program, interns will develop skills in the following areas through their various learning activities:
  - Collaboration and teamwork skills
  - Problem-solving and critical-thinking skills
  - Leadership and decision-making skills
  - Cultural competence
  - Professional communication skills
  - Self-assessment skills



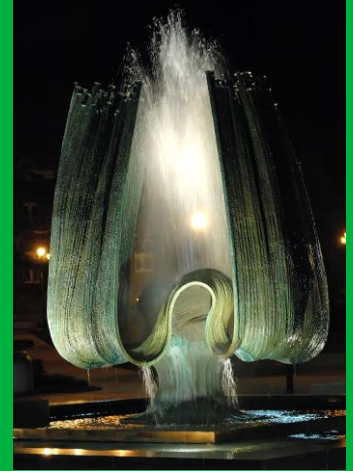
# Knowledge, Skills, and Abilities (cont.)

- Program learning activities involve working with individuals with conditions including, but not limited to:
  - Overweight and obesity
  - Diabetes
  - Cancer
  - Cardiovascular
  - Gastrointestinal
  - Renal diseases
- The nutrition care process will be implemented with various populations and diverse cultures, including infants, children, adolescents, pregnant and lactating females, and the elderly.



# Materials for Application

- Follow instructions on website
  - [www.marshall.edu/dietetics](http://www.marshall.edu/dietetics)
- Preceptor Commitment Letter
  - Required for each primary preceptor
  - Convert to PDF to submit



# Materials for Application (cont.)

- You are required to submit your proposed schedule with your application
  - Complete the rotation schedule ([download rotation application form](#)) and upload AS AN EXCEL FILE with your online DI application. It must also be submitted via email to [ddiapply@marshall.edu](mailto:ddiapply@marshall.edu).



Supervised Practice Area	Hours Contributed
Medical Nutrition Therapy* (including in-patient and out-patient care, acute care, long-term care, dialysis and renal rotations, nutrigenomics)	640
Program Concentration Area – Nutrition Education and Grantmanship	200
Food Service Management	168
Community Nutrition and Public Health (including various social service agencies, WIC, Cooperative Extension, Child Nutrition Services such as the USDA National School Lunch and Breakfast program, Summer Foodservice Feeding Program, public health department, food banks/pantries, and wellness programs)	176
Professional Development	16
Orientation (REQUIRED)	30
Total Supervised Practice Hours	1230



# Other Important Items

- Preceptor Forms
  - Each primary preceptor will need to complete an online Preceptor Form
    - This form will collect detailed information from the preceptor about their contact information/position/credentials/years of experience/responsibilities
    - Memorandum of Understanding of their commitment as a preceptor
    - **To be completed after the MATCH**



# Other Important Items (cont.)

- Supervised Practice Facility Form
  - Each preceptor (or other assigned person within the facility) will complete an online form that gives detailed information about the facility
    - **To be completed after the MATCH**
- Affiliation Agreement
  - Required to be signed and submitted prior to starting in facility (*not required to be submitted with the application*)
    - July 1<sup>st</sup> annual deadline



# Orientation

ALL interns are **REQUIRED** to attend orientation. It will be held in August prior to the start of the semester in Marshall's Department of Dietetics in Huntington, WV. **NO EXCEPTIONS.**

Orientation includes:

- Review the Code of Ethics
- Practice professional skills to jumpstart your dietetics career
- Practice and perfect communication skills with co-workers and client
- Understanding how to calculate enteral and parenteral nutrition
- Utilize critical thinking skills when applying the Nutrition Care Process to real-life settings
- Complete Practice RD Exam
- Review internship competencies and expectations





# Admission Requirements

- Bachelor of Science degree or higher
- Verification Statement from an accredited DPD Program
- International Students
  - The completed degree must be from a U.S. regionally-accredited college or university or foreign equivalent, or the student must present documentation of the equivalence of his or her foreign degree(s). These students may be required to complete the following coursework from a U.S. regionally-accredited university:
    - Medical Nutrition Therapy
    - Nutrition Education and Counseling Methods
    - Scientific study of Food/Food Science
    - Community Nutrition
  - Marshall requires a TOEFL score of 80 for graduate study



# What We Look For In An Intern

- We look at is overall GPA, DPD GPA, positive references, representation of personal qualities and skills in a personal letter, work, and volunteer experience that has provided transferable professional skills such as, but not limited to:
  - Excellent communication skills with a variety of audiences and formats (instructors, preceptors, peers, clients)
  - Excellent time management and organizational skills
  - Ability to perform self-assessment and apply constructive feedback
  - Self-motivation and follow-through
  - Flexibility and adaptable to changing circumstances
  - Ability to manage stress effectively
  - Positive attitude and interpersonal skills
  - Computer literacy in online coursework, document sharing, Microsoft Office, and email
  - Ability to work independently



# What We Look For In An Intern

- The fast pace of the internship requires that the successful intern is one who is 100% committed to the internship. The supervised practice and professional project schedule does not leave time for additional work or other commitments.
- The schedule you include during the application process is reviewed to determine appropriate facilities and rotations are planned to meet the guidelines. We also require commitment letters from preceptors.



# Intern Selection Process

- The following are considered during the selection process:
  - Overall GPA, positive references, strong letter of application, work experience that has provided transferable professional skills
  - Recommended GPA (4.0 scale):  $\geq 3.0$  overall
  - Self-motivated, independent individuals
- GRE Scores are required
  - Minimum of 285 on verbal and quantitative portions
  - A copy of your scoresheet must be emailed to the Dietetic Internship Director or Coordinator by February 15. Official GRE scores will need to be sent after match day to the Graduate Admissions Office



# D&D Digital

- Responsible for the nationwide matching of applicants and internships
- Register with D&D Digital
- Computer Matching Fee
- Applicants use the following Code
  - Marshall University Distance-track DI Number

• **783**



# DICAS

- Applicant information
  - Contact, personal, and history
- Education
  - Colleges attended and coursework
- DPD Contact Information
  - Declaration of Intent
  - Verification Statement
- Other Information
  - Resume
  - Personal Statement
  - Work and Volunteer Experiences
  - References
  - Official Transcripts from all colleges attended



# Tuition and Fees

- **Tuition and Fees for Distance Dietetic Internship (2 semesters + summer):**
- Tuition is charged at the same rate for both resident and non-resident interns.
  - \$8000.00
  - Regardless if Prior Assessed Learning (PAL) credit has been granted, tuition is \$8,000.00



# Tuition and Fees (cont.)

Item	Estimated Cost
Books and Memberships	\$1,000.00
E*Value Subscription	\$115.00
Program Application Fee	\$25.00
Background/Drug Screen	\$125.00
Computer	\$500.00
Webcam with built-in microphone	\$40.00 or less
Laboratory Coat	\$50.00
CPR Certification	\$50.00
2 TB Skin Test	\$20.00
Influenza Vaccine	\$15.00
Intern ID Badge	\$15.00
Meals (\$100.00/week)	\$4,500.00
Living	Variable Cost Based on Location
Transportation	Variable Cost Based on Location of Rotation Sites
Academy of Nutrition and Dietetics Membership	Student Member Rate
Pre-Internship Week	Variable- travel, lodging, food
Professional Liability Insurance	Marshall University covers this expense





# After You Match!

- You will receive an email from the Distance Dietetic Internship Coordinator with additional information Sunday evening of the match date.
- You will need to accept or decline your position within 24 hours.
  - If you do not respond within 24 hours, your application is forfeited...NO EXCEPTIONS



# Prior Assessed Learning

- Individuals with significant, relevant work experience may be eligible for Prior Assessed Learning credit
- Prior Assessed Learning (PAL) program is designed to grant internship credit in specific rotations of the internship based on the qualified applicant's previous life experiences including work, volunteer, achievement, education and career.
- PAL program is recognized by the Academy of Nutrition and Dietetics
- PAL credit will be determined by the MU DI Faculty; if credit is granted, applicant may be excused:
  - Medical Nutrition Therapy – up to 6 weeks
  - Foodservice Management – up to 5 weeks
  - Community Nutrition – up to 4 weeks



# Graduate Hours

Dietetic interns must enroll in and successfully complete the following courses as part of internship requirements:

**Fall Semester** (coincides with 400 practice hours)

DTS 670	Advanced Medical Nutrition Therapy I	3 hours
DTS 675	DI Practicum I	3 hours
DTS 690	Research Applications in Dietetics	<u>3 hours</u>

**TOTAL HOURS FOR FALL** **9 hours**

**Spring Semester** (coincides with 400 practice hours)

DTS 673	Administrative Dietetics	3 hours
DTS 676	DI Practicum II	3 hours
DTS 679	Advanced Medical Nutrition Therapy II	<u>3 hours</u>

**TOTAL HOURS FOR SPRING** **9 hours**

**Summer Intersession**

DTS 677	DI Practicum III	<u>3 hours</u>
---------	------------------	----------------

**TOTAL GRADUATE CREDIT HOURS** **21 hours**



# Let's Review the Process

## Application Process

- Step 1: Decide that Marshall University's Distance Dietetic Internship is your #1 choice
- Step 2: Select preceptors/facility's in which to obtain your supervised practice hours
- Step 3: Contact preceptor for each rotation and obtain a commitment letter stating that she/he will be your preceptor
- Step 4: Obtain a schedule of dates for your rotation with each preceptor using the EXCEL schedule located on website at [www.marshall.edu/dietetics](http://www.marshall.edu/dietetics)
- Step 5: Submit your information to DICAS and D&D Digital. Be sure to use DI code: 783 for the Marshall University Distance Internship. Also submit your schedule and preceptor commitment letter to [ddiapply@marshall.edu](mailto:ddiapply@marshall.edu)
- Step 6: Submit a copy of your GRE scoresheet to [ddiapply@marshall.edu](mailto:ddiapply@marshall.edu) by February 15<sup>th</sup>



# Let's Review the Process (cont.)

## After Match Day

- Step 1: Accept your position with Marshall University's Distance Dietetic Internship
- Step 2: Apply for Marshall University Graduate School and submit GRE scores
- Step 3: Participate in Marshall University Dietetic Internship Welcome Webinar
- Step 4: Remind Preceptor to complete Online Preceptor Information Form and submit her/his resume to [dimu@marshall.edu](mailto:dimu@marshall.edu)
- Step 5: Obtain and submit the following to Distance Dietetic Coordinator:
  - Immunization records
  - TB test results
  - Proof of insurance
  - Adult CPR, first aid, and bloodborne pathogens certifications
- Step 6: Ensure that the Supervised Practice Facility information form is completed before July 1<sup>st</sup>
- Step 7: Attend Orientation in August



**We hope you choose  
to become a  
Son or Daughter  
of  
Marshall University!**



If you have any questions pertaining to the Distance Dietetic Internship, please feel free to contact the Distance Dietetic Internship Coordinator.

Tim Bender

[tim.bender@marshall.edu](mailto:tim.bender@marshall.edu)

(304) 696-6431

