

Mission Statement

The mission of this project is to inform people about the importance of hunting and gathering on a global scale. This project will use the Clover society as an example of a local hunting and gathering society. By providing attendees of the event food samples, a conference-style poster and informational pamphlets guests attending the event will be able to view examples of the types of food the Clover people ate and will have information on their lifestyle and the way in which their society sustained itself. The goal of this project is to inform people of what a local hunting and gathering society was like and how they sustained themselves. We will accomplish this goal by doing research and by interacting with people at the event. At the end of the event the attendees will go away having learned something that they can possibly apply to themselves. They will be able to hunt and gather just like their predecessors.

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Hunting & Gathering

Discovering food through culture.



What is Hunting & Gathering?

Hunting and gathering is a form of subsistence strategy that was and still is used by many Native American and other groups. Though the strategy has changed and there are other types of strategies used with it, it is still a viable and common strategy. Many groups rely on the surrounding areas food sources such as wild animals (deer, squirrels, various fishes) and wild plants (berries, fruits, nuts). These groups were formed around ten-thousand years ago and continue to exist across the world today.

Types of Food:

- Berries
- Fruits
- Nuts
- Deer
- Squirrels
- Various types of fish
- Other wildlife and edible plants



Messages:

- You too can be a hunter and gatherer. It helps us understand and be closer to the environment.
- Hunting and gathering societies have not disappeared. Though they have adapted to modern environments, they still exist.
- Local foods are viable options for subsistence and are often overlooked. By learning about them you can become a hunter and gatherer.
- Hunting and gathering can be used along with other subsistence strategies.

Why it Matters:

Hunting and gathering societies still exist across the world and by examining these in depth we can apply this strategy to our modern lives.

You Can Do at Home:

- Learn about local environment
- Gather local fruits, nuts, etc.

Helpful Websites:

<http://share.upmc.com/2016/04/pros-cons-paleo-diet/> (Information on the Paleo Diet)

<http://www.wvdnr.gov/main.shtm> (Information on natural resources in West Virginia)

<http://www.huntercourse.com/blog/2011/05/amazing-hunter-gatherer-societies-still-in-existence/> (Discusses hunter and gatherer societies that exist today)

<http://cozine.com/2008-august/hunters-and-gatherers-in-the-21st-century/> (Explores hunters and gatherers in the 21st century)