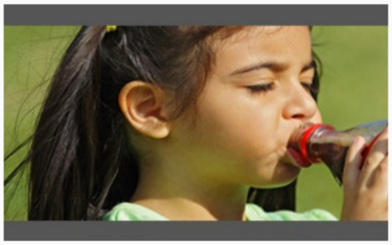
Taken from: http://www.debate.org/opinions/should-children-be-banned-from-drinking-soda 20 July 2016



Should children be banned from drinking soda?

YES or NO

48% Say Yes | 52% Say No

Soft drinks and soda are damaging to one's health. They provide no nutrients to the body and contain loads of sugar. If we want America and the world to be healthy, we need to start with our kids, the foundation. We also need to set an example for them by us doing so also. We need to eat healthy!

Posted by: sensible — Report Post

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It's more dangerous than people realized in the past. Sodas are not just terribly unhealthy, they contain caffeine which can be addictive. Many kids are drinking enough of them to develop type 2 diabetics in childhood, something almost unheard of twenty years ago. The chemicals in the drinks also cause concentration problems, behavior problems, aggression and hyperactivity. What's more, the chemicals are also known to exacerbate current medical conditions such as asthma, epilepsy, ADHD, bed wetting and so on.

Why would it be okay for anyone to drink something like this, let alone children. A child's body is smaller than an adults so it takes a far smaller number of chemicals to get a far bigger reaction.
Soda provides no positive benefits whatsoever.

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One small change can make a big difference. Banning soda will not cut out obesity completely. However, what it will do is decrease this by at least a little. If we only changed things to make the complete difference we would not adopt dogs, we would not clean up trash, we would not teach

Children will simply find another unhealthy source of drink. If the intent is to get children on a healthier diet, banning one particular unhealthy beverage won't solve the problem. Soda will simply be replaced with sugary juice. Sugary juice with high fat milk. It would be beneficial to cut out the middle man and ban all liquids except water, but this solution seems too authoritarian. Perhaps the better solution is to educate children on the dangers and causes of obesity.

Posted by: glassplotful — Report Post

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It should be done in moderation Hjjdfudyfn fudfdhufsgdu yufddddddddddd hhhhhhhhhhhhhhhhhhhhhhhhhhhhhhhhhhhhhhhhhhhhhhhhhhhhhhhhhhh hhhhhhhhhh ccjhfrfhgjfgyfufrrufd fjfjf f f ff ff f f f v v vv v v v v v v v v v v v v