

Request for Graduate Course Addition

1. Prepare one paper copy with all signatures and supporting material and forward to the Graduate Council Chair.
2. E-mail one identical PDF copy to the Graduate Council Chair. If attachments included, please merge into a single file.
3. **The Graduate Council cannot process this application until it has received both the PDF copy and the signed hard copy.**

College: COHP

Dept/Division: SOCIAL WORK

Alpha Designator/Number: 683

☒ Graded ☐ CR/NC

Contact Person: PEGGY PROUDFOOT HARMAN

Phone: 304-696-3146

NEW COURSE DATA:

New Course Title: MILITARY MENTAL HEALTH AND THE IMPACT OF TRAUMA

Alpha Designator/Number:

SWK
6 2 3

Title Abbreviation:

M I L M H & I M A C T O F T R A U M A

(Limit of 25 characters and spaces)

Course Catalog Description:
(Limit of 30 words)

THE COURSE EXPLORES THE EFFECTS OF DEPLOYMENT AND COMBAT STRESS ON THE PHYSICAL AND MENTAL HEALTH OF ACTIVE DUTY U.S. SERVICE MEMBERS AND THEIR FAMILIES

Co-requisite(s): NONE

First Term to be Offered: FALL 2016

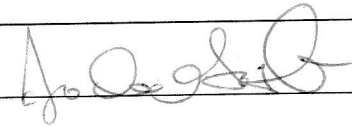
Prerequisite(s): ~~500 LEVEL COURSES 610 & 611~~ ^{SWK 501 and 511}

Credit Hours: 3

Course(s) being deleted in place of this addition (must submit course deletion form): NONE

Signatures: if disapproved at any level, do not sign. Return to previous signer with recommendation attached.

Dept. Chair/Division Head



Date

3/25/15

Registrar

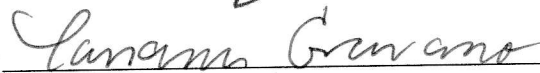


440701

Date

3/26/15

College Curriculum Chair



Date

4/13/15

Graduate Council Chair

Date

Request for Graduate Course Addition - Page 2

College: COHP

Department/Division: Social Work

Alpha Designator/Number: 623

Provide complete information regarding the new course addition for each topic listed below. Before routing this form, a complete syllabus also must be attached addressing the items listed on the first page of this form.

1. FACULTY: Identify by name the faculty in your department/division who may teach this course.
Future faculty and such as the Dean and Program Director shall designate

2. DUPLICATION: If a question of possible duplication occurs, attach a copy of the correspondence sent to the appropriate department(s) describing the proposal. Enter "**Not Applicable**" if not applicable.
Not Applicable

3. REQUIRED COURSE: If this course will be required by another department(s), identify it/them by name. Enter "**Not Applicable**" if not applicable.
Not Applicable

4. AGREEMENTS: If there are any agreements required to provide clinical experiences, attach the details and the signed agreement. Enter "**Not Applicable**" if not applicable.
Not Applicable

5. ADDITIONAL RESOURCE REQUIREMENTS: If your department requires additional faculty, equipment, or specialized materials to teach this course, attach an estimate of the time and money required to secure these items. (Note: Approval of this form does not imply approval for additional resources.) Enter "**Not Applicable**" if not applicable.
Not Applicable

6. COURSE OBJECTIVES: (May be submitted as a separate document)

Analyze the impact of risk and resilience on the development of difficulties related to military service
Evaluate the impact of combat experience on the individual and his/her family.
Appraise the behavioral manifestation of the injuries associated with combat and trauma.
Distinguish the psychosocial factors that impact how individuals respond to trauma.
Evaluate the relationship between such disorders as PTSD and substance abuse in military personnel.
Distinguish problems that are encountered by military personnel and their families across the lifespan

7. COURSE OUTLINE (May be submitted as a separate document)

Week One	Introduction
Week Two	Risk and Resilience
Week Three	Traumatic Brain Injury
Week Four	Post-Traumatic Stress Disorder, Part 1
Week Five	PTSD Part 2
Week Six	Dual Disorders, Part 1
Week Seven	Dual Disorders, Part 2
Week Eight	Other Behavioral Issues
Week Nine	Special Populations
Week Ten	Substance Abuse
Week Eleven	Substance Abuse Treatment
Week Twelve	Special Populations
Week Thirteen	Children and Families
Week Fourteen	Student Projects
Final Exam	

8. SAMPLE TEXT(S) WITH AUTHOR(S) AND PUBLICATION DATES (May be submitted as a separate document)

Foa, E. B., Friedman, M. J., & Cohen, J. A. (2009). (2nd ed.). *Effective treatments for PTSD: Practice guidelines from the international society for traumatic stress studies*. New York: Guilford Press

Najavits, L. (2001). *Seeking safety: A treatment manual for PTSD and substance abuse*. New York: Guilford Press.

The Borden Institute (2011). *Combat and operational behavioral health*. Office of the Surgeon General, United States Army. Available online. Chapters will be posted in Blackboard.

Hoge, C.W. (2010). *Once a warrior always a warrior: Navigating the transition from combat to home including combat stress, PTSD, and TBI*. Guilford, Connecticut: Globe Pequot Press.

Rubin, A., Weiss, E. L., & Coll, J. E. (2013). *Handbook of military social work*. Hoboken, NJ: John Wiley & Sons, Inc..

9. EXAMPLE OF INSTRUCTIONAL METHODS (Lecture, lab, internship)

Lecture, Simulated Client Lab, written assignments

Three primary instructional methods will be used in class: (1) Critical discussion, interaction and transaction among the instructor and students; (2) Didactic presentation by the instructor; and (3) Student reflection. These primary methods will be supplemented with panels and guest speakers, presentation of student experiences/exercises, and analysis of lay and media portrayals relative to actual military experiences and lifestyles

10. EXAMPLE EVALUATION METHODS (CHAPTER, MIDTERM, FINAL, PROJECTS, ETC.)

Reading Quizzes

Online Discussion Board

Class participation Special Populations Paper and Presentation (Group Project)

Film Assignment

11. ADDITIONAL GRADUATE REQUIREMENTS IF LISTED AS AN UNDERGRADUATE/GRADUATE COURSE

Not Applicable

12. PROVIDE COMPLETE BIBLIOGRAPHY (May be submitted as a separate document)

Bernhardt, A. (2009). Rising to the challenge of treating OEF/OIF Veterans with co-occurring PTSD and substance abuse. *Smith College Studies in Social Work*, 79(3), pp. 344-367.

Bray, R.M.; Hourani, L.L. (2007). Substance use trends among active duty military personnel: findings from the United States Department of Defense Health Related Behavior Surveys, 1980-2005.

Bride, B. & Figley, C. R. (2009). Secondary trauma and military veteran caregivers. *Smith College Studies in Social Work*, 79(3/4), 314-329.

Calhoun, P.S.; Stechuchak, K.M.; Strauss, J.; Bosworth, H.B.; Marx, C.E.; Butterfield, M.I. (2007). Interpersonal trauma, war zone exposure, and posttraumatic stress disorder among veterans with schizophrenia. *Schizophrenia Research*, 91(1), pp. 210.

Hoge, C.W., McGurk, D., Thomas, J.F. Cox, A.L., Engel, C.C. & Castro, C. (2008). Mild traumatic brain injury in U.S. soldiers returning from Iraq. *New England Journal of Medicine*, 358(5), 453-463.

In C. Figley (Ed.), *Compassion fatigue: Coping with secondary traumatic stress disorder in those who treat the traumatized* (pp. 150-177). New York: Brunner/Mazel. Tripp, E.F. (2008). *Surviving Iraq: Soldiers' stories*, pp. 183-191- *Losing another woman*; pp. 200-206- *Treating soldiers with PTSD*. Northampton, MA: Olive Branch Press.

Friedman, M. Posttraumatic Stress Disorder: An Overview. <http://www.ptsd.va.gov/professional/pages/ptsd-overview.asp>. United States Department of Veterans Affairs.

• Feczer, D. and Bjorklund, P. (2008). Forever Changed: Posttraumatic Stress Disorder in Female Military Veterans, A Case Report. *Perspectives in Psychiatric Care*, 45(4), pp. 278-291.

Jaffee, M.S.; Meyer, K. S. (2009). A brief overview of Traumatic Brain Injury (TBI) and Post-Traumatic Stress Disorder (PTSD) within the Department of Defense. *The Clinical Neuropsychologist*, 23(8), pp. 1291-1298.

Jones, K.D.; Young, T., and Leppma, M. (2010). Mild Traumatic Brain Injury and Posttraumatic Stress Disorder in returning Iraq and Afghanistan war veterans: Implications for assessment and diagnosis. *Journal of Counseling & Development*, 88(3), pp. 372-376.

Nunnink, S.E.; Goldwaser, G.; Heppner, P.S. Pittman, J.O.E., Nievergelt, C.M.; Baker, D.G. (2010). Female veterans of the OEF/OIF conflict: Concordance of PTSD symptoms and substance misuse. *Addictive Behaviors*, 35, pp. 655-659.

Palmer, C. (2008). A theory of risk and resilience factors in military families. *Military Psychology*, 20, pp. 205-217.

Pearlman, L.A. & Saakvitne, K. W. (1995). Treating therapists with vicarious traumatization and secondary traumatic stress disorders

Pietrzak, R.H.; Johnson, D.C.; Goldstein, M.B.; Malley, J.C., Rivers, A.J.; Morgan, C.A.; Southwick, S.M. (2009). Psychosocial buffers of traumatic stress, depressive symptoms, and psychosocial difficulties in veterans of Operations Enduring Freedom and Iraqi Freedom: The role of resilience, unit support and postdeployment social support. *Journal of Affective Disorders*, 120, pp. 188-192.

Rubin, A., Weiss, E. L., & Coll, J. E. (2013). Handbook of military social work. Hoboken, NJ: John Wiley & Sons, Inc., Chapter 10.

Tyson, J. (2007). Compassion fatigue in the treatment of combat-related trauma during wartime. *Clinical Social Work Journal*, 35 (3), 183-192.

Please insert in the text box below your course summary information for the Graduate Council agenda. Please enter the

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Please enter the information exactly in this way (including headings):

Department:

Course Number and Title: Catalog Description: Prerequisites:

First Term Offered:

Credit Hours

Prerequisites

Department Social Work

Course Number and Title: SWK 623 Military Mental health and the Impact of Trauma

Catalog Description This course provides state-of-the-art information about problems and disorders encountered by veterans and military personnel. This includes information about the signature injuries associated with current and past conflicts, as well as information about problems encountered in family life

Prerequisites: SWK 501 & 511

First Term Offered: Fall 2016

Credit Hours 3