

## Request for Graduate Course Addition

1. Prepare one paper copy with all signatures and supporting material and forward to the Graduate Council Chair.
2. E-mail one identical PDF copy to the Graduate Council Chair. If attachments included, please merge into a single file.
3. **The Graduate Council cannot process this application until it has received both the PDF copy and the signed hard copy.**

College: COHP

Dept/Division: SOCIAL WORK

Alpha Designator/Number: 650

☒ Graded ☐ CR/NC

Contact Person: PEGGY PROUDFOOT HARMAN

Phone: 304-696-3146

## NEW COURSE DATA:

New Course Title: UNDERSTANDING MILITARY CULTURE

Alpha Designator/Number: *sum*

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Title Abbreviation:

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(Limit of 25 characters and spaces)

Course Catalog Description:  
(Limit of 30 words)

THE PURPOSE OF THIS COURSE IS TO TRAIN STUDENTS TO UNDERSTAND THE MILITARY CULTURE WITHIN WHICH MILITARY FAMILIES FUNCTION. THE COURSE LOOKS AT STRESSORS SUCH AS DEPLOYMENT, DIVERSITY OF MILITARY FAMILY STRUCTURES AND A RANGE OF DIVERSITY FILTERS WHICH IMPACT THE MILITARY FAMILY AND MILITARY CULTURE.

Co-requisite(s): NONE

First Term to be Offered: FALL 2016

Prerequisite(s): *SWK 451 and 511*  
~~500 LEVEL COURSES 613 & 614~~ Credit Hours: 3

Course(s) being deleted in place of this addition (must submit course deletion form): NONE

Signatures: if disapproved at any level, do not sign. Return to previous signer with recommendation attached.

Dept. Chair/Division Head

*Jo De Sade*

Date

*3/25/15*

Registrar

*Roberta Ferguson**440701*

Date

*3/26/15*

College Curriculum Chair

*Commun Gravano*

Date

*4/3/15*

Graduate Council Chair

Date

## Request for Graduate Course Addition - Page 2

College: COHP

Department/Division:

Social Work

Alpha Designator/Number: 650

Provide complete information regarding the new course addition for each topic listed below. Before routing this form, a complete syllabus also must be attached addressing the items listed on the first page of this form.

1.FACULTY: Identify by name the faculty in your department/division who may teach this course.  
Future faculty and such as the Dean and Program Director shall designate

2.DUPLICATION: If a question of possible duplication occurs, attach a copy of the correspondence sent to the appropriate department(s) describing the proposal. Enter "**Not Applicable**" if not applicable.  
Not Applicable

3.REQUIRED COURSE: If this course will be required by another department(s), identify it/them by name. Enter "**Not Applicable**" if not applicable.  
Not Applicable

4.AGREEMENTS: If there are any agreements required to provide clinical experiences, attach the details and the signed agreement.  
Enter "**Not Applicable**" if not applicable.  
Not Applicable

5. ADDITIONAL RESOURCE REQUIREMENTS: If your department requires additional faculty, equipment, or specialized materials to teach this course, attach an estimate of the time and money required to secure these items. (Note: Approval of this form does not imply approval for additional resources.) Enter "**Not Applicable**" if not applicable.

Not Applicable

6.COURSE OBJECTIVES: (May be submitted as a separate document)

To provide students with an understanding of the military culture and how military families cope with and thrive within the military.

To challenge the student to consider ethical dilemmas, diversity issues, and the many stressors inherent in the military, when striving to intervene with military families.

To explore theories and research-informed intervention strategies and have the student assess and develop intervention goals with case studies.

## 7. COURSE OUTLINE (May be submitted as a separate document)

### Introduction to Course & the Culture of Military Family Life

#### Topics

- Review of syllabus
- Growing up in a military family: Military culture
- Contrasting active duty and guard/reserve families
- Ethical considerations for social workers

### Systemic Approach to Military Families

#### Topics

- Family stress and resilience theories
- Family systems
- Military specific family genogram (class exercise)

### Demands & Stressors on the Military Family

#### Topics

- Understanding combat stress/PTSD and the military couple
- Interventions for couples affected by combat PTSD

### Unit 5: Demands & Stressors on the Military Family

#### Topics

- Understanding combat stress/PTSD and the children/family
- Interventions for children affected by PTSD

### Demands & Stressors on the Military Family

#### Topics

- Family violence in military families
- Family advocacy program in the military

### Demands/Stressors on the Military Family

#### Topics

- Geographic relocation: Impact on families and children
- Diversity of family structures
- Diversity in military families
- Dependents with Special Needs (Exceptional Family Member Program)

### Demands/Stressors on the Military Family

#### Topics

- Substance abuse and military families

### Military Family Life and Attachment Issues

#### Topics

- Attachment considerations for children
- Attachment considerations for spouses
- Parent-child interaction therapy as an intervention

### Military Family Demands/Stressors

#### Topics

- Grief & loss in the military family
- Suicide & the veteran family

### Unit 11: Military Family Demands/Stressors

#### Topics

- Employment challenges for civilian spouses
- Veteran transitioning/reintegration
- Women (and mothers) in the military

## Military Family Demands/Stressors

### Topics

- Combat injured families
- Traumatic brain injury
- Family caregiving

## Support for Military Families

### Topics

- Building community strengths to empower military families
- Military children in schools

## Sex and Intimacy for Couples after Wartime

### Topics

- Expression of sexuality post war
- Changes in sexual/intimacy functioning and response
- Couples sex therapy

## Self Care for Trauma Social Workers

## 8. SAMPLE TEXT(S) WITH AUTHOR(S) AND PUBLICATION DATES (May be submitted as a separate document)

Exum, H. A., Coll, J. E., & Weiss, E. L. (2011). *A counselor's primer for counseling veterans* (2<sup>nd</sup> ed.). Deer Park, NY: Linus Publications.

Nichols, M. P. (2007). *The essentials of family therapy* (3<sup>rd</sup> ed.). New York, NY: Pearson.

Hall, L. K. (2008). *Counseling military families: What mental health professionals need to know*. New York, NY: Routledge.

Matsakis, A. (2007). *Back from the front: Combat trauma, love and the family*. Baltimore, MD: Sidran Institute Press.

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## 9. EXAMPLE OF INSTRUCTIONAL METHODS (Lecture, lab, internship)

Lecture, Simulated Client Lab, written assignments

## 10. EXAMPLE EVALUATION METHODS (CHAPTER, MIDTERM, FINAL, PROJECTS, ETC.)

Assignment	Due Date	% of Final Grade
1: Topic In-Class Presentation		25%
2: Reflective Journal		25%
3: Case Study Assignment		40%
Meaningful Class Participation		10%

## 11. ADDITIONAL GRADUATE REQUIREMENTS IF LISTED AS AN UNDERGRADUATE/GRADUATE COURSE

Not Applicable

## 12. PROVIDE COMPLETE BIBLIOGRAPHY (May be submitted as a separate document)

- Barker, L. H., & Berry, K. D. (2009). Developmental issues impacting military families with young children during single and multiple deployments. *Military Medicine*, 174, 1033-1042.
- Bell, D. B., Stevens, M. L., & Segal, M. W. (1995). *How to support families during overseas deployments: A sourcebook for service providers*. Alexandria, VA: U. S. Army Research Institute for the Behavioral and Social Sciences. Research Report 1687.
- Boss, P. (2007). Ambiguous loss theory: Challenges for scholars and practitioners. *Family Relations*, 56(2), 105-111.
- Bowling, U. B., & Sherman, M. D. (2008). Welcoming them home: Supporting service members and their families in navigating the tasks of reintegration. *Professional Psychology: Research and Practice*, 39, 451-458.
- Burrell, L. M., Adams, G. A., Durand, D. B., & Castro, C. A. (2006). The impact of military lifestyle demands on well-being, army, and family outcomes. *Armed Forces & Society*, 1(33), 43-58.
- Council on Social Work Education. (2010). *Advanced social work practice in military social work*. Alexandria, VA: Author.
- Everson, R. B., & Figley, C. R. (Eds.). (2010). *Families under fire: Systematic therapy with military families*
- Figley, C. R. (1995). Compassion fatigue as secondary traumatic stress disorder: An overview. In C. R. Figley (Ed.), *Compassion fatigue: Coping with secondary stress disorder in those who treat the traumatized* (pp. 1-20). New York, NY: Routledge.
- Kennedy, C. H., Zillmer, E. A. (2006). *Military psychology: Clinical and operational applications*. New York: Guilford Press.
- Hall, L. K. (2008). The military family. In *Counseling military families: What mental health professionals need to know* (pp. 71-100). New York, NY: Routledge
- Hall, L. K. (2008). Introduction. In *Counseling military families: What mental health professionals need to know* (pp. 3- 23). New York, NY: Routledge.
- Hall, L. K. (2008). Military service members. In *Counseling military families: What mental health professionals need to know* (pp. 25-41). New York, NY: Routledge.
- Hall, L. K. (2008). The unique culture of the military. In *Counseling military families: What mental health professionals need to know* (pp. 45-70). New York, NY: Routledge.
- Matsakis, A. (2007). Sex now, sex never?. In *Back from the front: Combat trauma, love and the family* (pp. 136-163). Baltimore, MD: Sidran Institute Press.
- Nunnink, S. E., Goldwaser, G., Niloofar, A., Nievergelt, C. M., & Baker, D. G. (2010). The role of emotional numbing in sexual functioning among veterans of the Iraq and Afghanistan Wars. *Military Medicine*, 175, 424-428.
- Ponsford, J. (2003). Sexual changes associated with traumatic brain injury. *Neuropsychological Rehabilitation*, 13, 275-289.
- Weeks, G. R. (2005). The emergence of a new paradigm in sex therapy: Integration. *Sexual and Relationship Therapy* 20, 89-103

Please insert in the text box below your course summary information for the Graduate Council agenda. Please enter the information exactly in this way (including headings):

Department:

Course Number and Title:

Catalog Description:

Prerequisites:

First Term Offered:

Credit Hours:

Department Social Work

Course Number and Title: SWK 650 Understanding Military Culture

Catalog Description The purpose of this course is to understand the military culture within which military families function, the stressors such as deployment that they navigate, and the diversity of military family structures and how a range of diversity filters can impact the military family and military culture.

Prerequisites: SWK 501 & 511

First Term Offered: Fall 2017

Credit Hours 3