





Mountaineer Flexible Benefits

PEIA sponsors this plan as a vehicle to provide additional benefits to eligible state employees and a tax savings to the participating employees and the State. The Plan qualifies as a Cafeteria Plan authorized by Section 125 of the Internal Revenue Code.

If you do not wish to elect any of offered coverages, you are not required to complete the FBMC enrollment form.



Mountaineer Flexible Benefits makes available to benefitseligible employees dental, optical, disability, group legal, health savings accounts, and flexible spending account plans for medical and dependent care.

<u>There will be NO cards issued for plans except for dental,</u> <u>vision, flexible spending, and health savings accounts.</u>

Fringe Benefits Management Company is the third party administrator under PEIA.



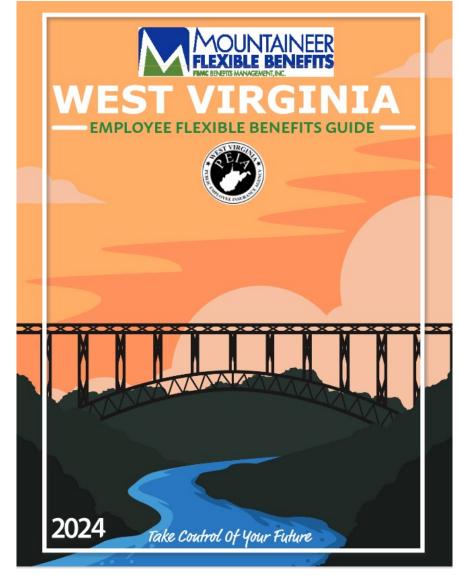
Coverage begins the first day of the month after enrollment.

Premiums are paid by employee with pre-tax dollars and are withdrawn each pay day.

Open enrollment for current employees is held during April of each year, with changes becoming effective July 1; this also includes cancellation of plan participation unless a qualifying event occurs at another time of the year.







Please note: Premiums for the FBMC plan are taken out each pay.

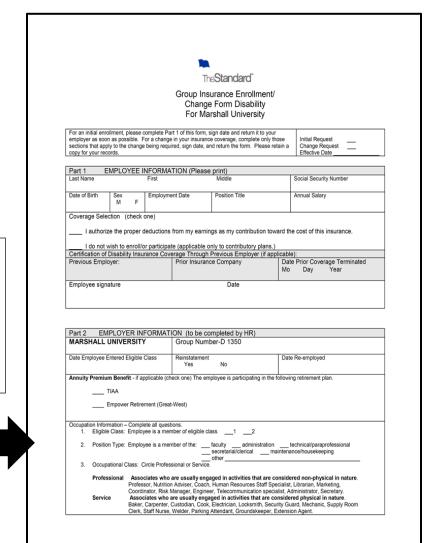
- **12 month employees**, you will look at the 24-pay category for premiums.
- 9 month employees paid over the length of appointment with summer benefits, you will look at the 18-pay category for premiums.
- **9 month employees paid over 12 months**, you will look at the 24-pay for premiums.
- Non-reappointment faculty, you will look at the 24-pay category.



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If you are not opting any coverage, you will not need to complete the <u>enrollment</u> form.

> The Standard Long-Term Disability is a required form. You will need to accept or decline the coverage.



ARSHA





Dental

There are four plans available to employees provided by Sun Life Dental. Sun Life will issue cards for the dental plan.

- <u>Assistance Plan</u>: 100% coverage in-network for preventative services (cleanings, exams, and X-rays); 40% of the cost for basic services (new fillings, simple extractions, and biopsy); 25% for major services (dentures and bridges).
- <u>Basic Plan</u>: 100% coverage in-network for preventative services (cleanings, exams, and x-rays); 80% of cost for basic services (new fillings, simple extractions, and biopsy); 40% for major services (dentures and bridges).
- <u>Enhanced Plan</u>: 100% coverage in-network for preventative services (cleanings, exams, and X-rays); 80% of cost for basic services (new fillings, simple extractions, and biopsy); 75% for major services (dentures, bridges, and TMJ treatment);40% of ortho services (no age limit orthodontic treatment).
- <u>Premier Plan-</u> 100% coverage in-network for preventative services (cleanings, exams, and X-rays); 90% of cost for basic services (new fillings, simple extractions, and biopsy); 75% for major services (dentures, bridges, TMJ, treatment); 50% of the cost of ortho services (no age limit orthodontic treatment).

You should review all online material in the <u>MFBP Shopper's</u> <u>Guide</u> as this presentation cannot cover all information.

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Assistance	10 Pay	12 Pay	18 Pay	20 Pay	21 Pay	22 Pay	24 Pay	26 Pay
Employee Only	\$13.14	\$10.95	\$7.30	\$6.57	\$6.26	\$5.97	\$5.48	\$5.05
Employee & Children	\$26.34	\$21.95	\$14.63	\$13.17	\$12.54	\$11.97	\$10.98	\$10.13
Employee & Spouse	\$29.39	\$24.49	\$16.33	\$14.69	\$13.99	\$13.36	\$12.25	\$11.30
Employee & Family	\$42.66	\$35.55	\$23.70	\$21.33	\$20.31	\$19.39	\$17.78	\$16.41
Basic	10 Pay	12 Pay	18 Pay	20 Pay	21 Pay	22 Pay	24 Pay	26 Pay
Employee Only	\$19.90	\$16.58	\$11.05	\$9.95	\$9.47	\$9.04	\$8.29	\$7.65
Employee & Children	\$39.85	\$33.21	\$22.14	\$19.93	\$18.98	\$18.11	\$16.61	\$15.33
Employee & Spouse	\$44.41	\$37.01	\$24.67	\$22.21	\$21.15	\$20.19	\$18.51	\$17.08
Employee & Family	\$64.40	\$53.67	\$35.78	\$32.20	\$30.67	\$29.27	\$26.84	\$24.77
Enhanced	10 Pay	12 Pay	18 Pay	20 Pay	21 Pay	22 Pay	24 Pay	26 Pay
Employee Only	\$33.58	\$27.98	\$18.65	\$16.79	\$15.99	\$15.26	\$13.99	\$12.91
Employee & Children	\$67.21	\$56.01	\$37.34	\$33.61	\$32.01	\$30.55	\$28.01	\$25.85
Employee & Spouse	\$78.05	\$65.04	\$43.36	\$39.02	\$37.17	\$35.48	\$32.52	\$30.02
Employee & Family	\$111.48	\$92.90	\$61.93	\$55.74	\$53.09	\$50.67	\$46.45	\$42.88
Premier	10 Pay	12 Pay	18 Pay	20 Pay	21 Pay	22 Pay	24 Pay	26 Pay
Employee Only	\$44.16	\$36.80	\$24.53	\$22.08	\$21.03	\$20.07	\$18.40	\$16.98
Employee & Children	\$88.78	\$73.98	\$49.32	\$44.39	\$42.27	\$40.35	\$36.99	\$34.14
Employee & Spouse	\$103.42	\$86.18	\$57.45	\$51.71	\$49.25	\$47.01	\$43.09	\$39.78
Employee & Family	\$147.85	\$123.21	\$82.14	\$73.93	\$70.41	\$67.21	\$61.61	\$56.87

Dental Plan Rates – Plan Year 2024



Dental - Partial List of Covered Services- Assistance and Basic Plans

ASSISTANCE & BASIC DENTAL PLAN

Type I Preventive Dental Services, Including:

- Oral evaluations 2 in any benefit year
- Routine dental cleanings 2 in any benefit year
- Fluoride treatment 1 in any 6 month period. Only for children under age 19
- Sealants no more than 1 per tooth in any 36 month period, only for permanent molar teeth. Only for children under age 14
- Space maintainers only for children under age 19
- Bitewing x-rays 2 in any 12 month period
- Intraoral complete series x-rays 1 in any 36 month period
- Genetic test for susceptibility to oral diseases

Type II Basic Dental Services, including:

- New fillings
- Simple extractions, incision and drainage
- Surgical extractions of erupted teeth, impacted teeth, or exposed root
- Biopsy (including brush biopsy)
- Endodontics (includes root canal therapy) 1 per tooth in any 24 month period
- General anesthesia/IV sedation medically required
- Minor gum disease (non-surgical periodontics)

- Scaling and root planing $-\,1$ in any 24 month period $\,$ per area
- Periodontal maintenance 2 in any benefit year
- Localized delivery of antimicrobial agents
- Major gum disease (surgical periodontics)

Type III Major Dental Services, including:

- Dentures and bridges subject to 5 year replacement limit
- Stainless steel crowns only for children under age 19
- Inlay, onlay, and crown restorations 1 per tooth in

any 5 year period

Waiting Periods

For a complete description of services and waiting periods, please review your certificate of insurance. If you were covered under your employer's prior plan the wait will be waived for any type of service covered under the prior plan and this plan.

- No waiting period for preventive or basic services
- 6 months for major services

You should review all online material in the <u>MFBP Shopper's Guide</u> as this presentation cannot cover all information.





Dental - Partial List of Covered Services- Enhanced and Premier Services

ENHANCED & PREMIER SERVICES Type I Preventive Dental Services, including:

- Oral evaluations 2 in any benefit year
- Routine dental cleanings 2 in any benefit year
- Fluoride treatment 1 in any 6 month period. Only for children under age 19
- Sealants no more than 1 per tooth in any 36 month period, only for permanent molar teeth. Only for children under age 14
- Space maintainers only for children under age 19
- Bitewing x-rays 2 in any 12 month period
- Intraoral complete series x-rays 1 in any 36 month period
- Genetic test for susceptibility to oral diseases

Type II Basic Dental Services, including:

- New fillings
- · Simple extractions, incision and drainage
- Surgical extractions of erupted teeth, impacted teeth, or exposed root
- Biopsy (including brush biopsy)
- Endodontics (includes root canal therapy) 1 per tooth in any 24 month period
- General anesthesia/IV sedation medically required
- Minor gum disease (non-surgical periodontics)
- Scaling and root planing 1 in any 24 month period per area

- Periodontal maintenance 2 in any benefit year
- Localized delivery of antimicrobial agents
- Major gum disease (surgical periodontics)
- Type III Major Dental Services, including:
- Dentures and bridges subject to 5 year replacement limit
- Stainless steel crowns- only for children under age 19
- \bullet Inlay, onlay, and crown restorations $-\,1\,\text{per}$ tooth in any 5 year period
- Treatment for TMJ Disorder Non-Surgical TMJ treatment \$1,000 lifetime maximum
- Type IV Ortho Services, including:
- No orthodontic treatment age limitation
- Waiting Periods

For a complete description of services and waiting periods,

please review your certificate of insurance. If you were

covered under your employer's prior plan the wait will be

waived for any type of service covered under the prior plan

- and this plan.
- No waiting period for preventive or basic services
- 6 months for major services
- 6 months for orthodontic services

You should review all online material in the <u>MFBP Shopper's Guide</u> as this presentation cannot cover all information.



<u>Vision</u>

There are two plans that are available to employees provided by Humana powered by EyeMed. An insurance card will be issued to the employee.

- Full Service Plan: This covers all routine eye care, including exams, lenses and frames, or contact lenses. The Copayment for materials is \$20.
- Exam Plus: Exam Plus is an alternative to the Full Service plan. You can see any Humana powered by EyeMed doctor you want or use a non-member doctor. Benefits include an eye exam once every plan year and discounts on materials and professional services through Humana powered by EyeMed member doctors. Your Copayment is \$10 for your eye exam.

You should review all online material in the <u>MFBP Shopper's Guide</u> as this presentation cannot cover all information.



Conventional

Medically Necessary

Disposable

Vision Plan Rates, Plan Year 20

Service

Lenses (every plan year)

Vision Examination (every plan year)

Full Service Plan	10 Pay	12 Pay	18 Pay	20 Pay	21 Pay	22 Pay	24 Pay	26 Pay
Employee Only	\$8.59	\$7.16	\$4.77	\$4.30	\$4.09	\$3.91	\$3.58	\$3.30
Employee & Family	\$22.20	\$18.50	\$12.33	\$11.10	\$10.57	\$10.09	\$9.25	\$8.54

Full Service Plan	In-Network Provider	Out-Of-Network Provider
Copayments Exam	\$20	\$40

In-Network Provider Plan Pays

Covered in full after copay

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Service	In-Network Provider Plan Pays	Out-Of-Network Provider Plan Pays
Vision Examination (every plan year)	Covered in full after copay	\$40
Lenses (every plan year) Single Vision Lenses Bifocal Lenses Trifocal Lenses Lenticular Lenses	\$50 \$70 \$105 20% off retail	Not covered Not covered Not covered Not covered
Frames	35% off retail	Not covered
Contact Lenses (in place of lenses and frames)		

Exam Plus	10 Pay	12 Pay	18 Pay	20 Pay	21 Pay	22 Pay	24 Pay	26 Pay
Employee Only	\$1.46	\$1.22	\$0.81	\$0.73	\$0.70	\$0.67	\$0.61	\$0.56
Employee & Family	\$3.31	\$2.76	\$1.84	\$1.66	\$1.58	\$1.51	\$1.38	\$1.27

	Copayments Exam		\$10			С	overed up	to \$40 allov	wance
	Exam Plus		In-Ne	etwork Pro	vider	C	out-Of-Net	vork Provid	der
_	Employee & Family	\$3.31	\$2.76	\$1.84	\$1.66	\$1.58	\$1.51	\$1.38	\$1.27

15% off retail

Not covered

Not covered

2024			

Out- Of –Network Provider Plan

Pays

\$40

Bifoc	e Vision Lenses al Lenses cal Lenses cular Lenses	\$20 \$20 \$20 \$20	Up to \$30 Up to \$50 Up to \$70 Up to \$80	
Frames		Covered in Full up to \$150 20% off balance over \$150	\$75 allowance	Fra
Contact Lenses frames)	(in place of lenses and			
, Medi	cally Necessary	Covered in Full	\$210 allowance	Co
Conv	entional	\$150 allowance- 15% off balance over \$150	\$105 allowance	fra
Dispo	osable	\$150 allowance	\$105 allowance	



Not covered

Not covered

Not covered



Hearing

Hearing is one of the five natural senses that allow us to enjoy life and the world around us. Hearing is a valued life asset that can be protected, treated and assisted through a program for hearing healthcare. Marshall University offers a Hearing plan provided by EPIC.

EPIC's Five-Step Plan

The EPIC Hearing Service Plan starts with an evaluation of your ears and hearing. Diagnostic tests and measures will determine the course of treatment most likely to help you hear better.

Rates, Plan Year 2024								
	10 Pay	12 Pay	18 Pay	20 Pay	21 Pay	22 Pay	24 Pay	26 Pay
Employee Only	\$2.18	\$1.82	\$1.21	\$1.09	\$1.04	\$.99	\$.91	\$.84
Employee & Spouse	\$4.33	\$3.61	\$2.41	\$2.17	\$2.06	\$1.97	\$1.81	\$1.67
Employee & Child(ren)	\$3.20	\$2.67	\$1.78	\$1.60	\$1.53	\$1.46	\$1.34	\$1.23
Employee & Family	\$5.34	\$4.45	\$2.97	\$2.67	\$2.54	\$2.43	\$2.23	\$2.05

Feature	Benefit Amount	Frequency	
Examination Adults Children	\$70 \$70	Adults: Once every 2 years Children: Once every year	You should review all online materia in the <u>MFBP</u> Shopper's Guide
Hearing Aid Device Adults Children	\$500 per ear device benefit \$500 per ear device benefit	Adults: Once every 5 years Children: Once every 2 years	as this presentation cannot cover all information.

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Group Legal Plan

The Legal Plans, provided by ARAG Group Legal, covers full representation for many important legal services. There are no maximum coverage limitations, and you may use the plan for an unlimited number of personal legal matters.

Some examples that can be covered by the legal plans are: living wills, divorce & separation, identity theft defense, sale/purchase of a home, traffic ticket defense, powers of attorney and many more!

Group Legal Insurance, Plan Year 2023								
Ultimate Advisor Plan	10 Pay	12 Pay	18 Pay	20 Pay	21 Pay	22 Pay	24 Pay	26 Pay
Employee and Family	\$11.40	\$9.50	\$6.33	\$5.70	\$5.43	\$5.18	\$4.75	\$4.38
Ultimate Advisor Plus	10 Pay	12 Pay	18 Pay	20 Pay	21 Pay	22 Pay	24 Pay	26 Pay
Employee and Family	\$16.68	\$13.90	\$9.27	\$8.34	\$7.94	\$7.58	\$6.95	\$6.42

You should review all online material in the MFBP Shopper's Guide as this presentation cannot cover all information.



Flexible Spending Accounts

The funds in a Flexible Spending account must be spent with the plan year, if you do not use the funds you will lose them at the end of the plan year.

There are two types of Flexible Spending Accounts (FSA):

<u>Medical Expense FSA</u>: You have a maximum deposit of \$3,050 and this can be used for medical expenses not covered by your insurance plan.

<u>Dependent Care FSA</u>: You have either a maximum of \$2,500 or \$5,000 and is determined by how you file your taxes. This account can be used for dependent care expenses, such as school care, babysitting, elder care, etc.

You should review all online material in the <u>MFBP Shopper's</u> <u>Guide</u> as this presentation cannot cover all information. If you sign up for a Flexible Spending account, you will receive a Flexible Spending Account debit card in the mail. If you have a change in address, please update it with Human Resources, PEIA, and FBMC as soon as possible to ensure proper delivery of your card or other information!





Health Savings Account

Marshall University employees have two options to consider for their benefit needs.

Option 1 : TIAA Health Equity **Option 2**: Mountaineer Flexible Benefits (FBMC) in partnership with Payflex

Qualifying for an HSA

To be an eligible individual and qualify for an HSA, you must meet the following requirements:

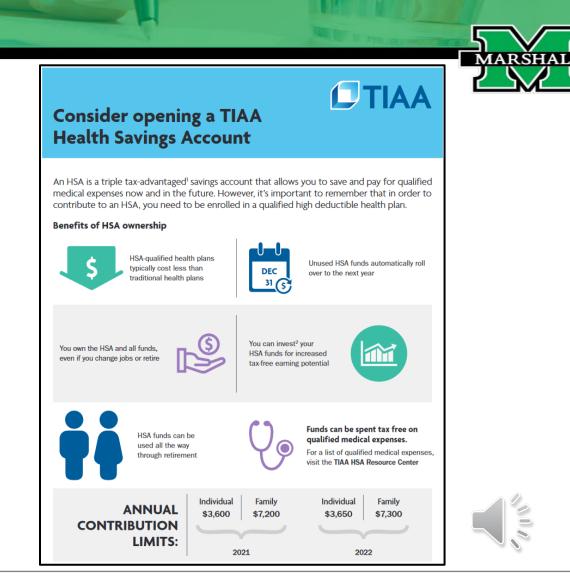
- You are covered under a high deductible plan PEIA Plan C
- You have no other health coverage
- You aren't enrolled in Medicare
- You aren't claimed as a dependent on someone else's tax return

Health Savings Account

TIAA Health Equity

Advantages of a HSA include:

- •A HSA is is owned by the employee. If you leave employment, you can take the account with you.
- •Unlike a Flexible Spending Account (FSA), the funds do not have to be spent in the plan year they are deposited.
- •Employees may make pre-tax contributions to their HSA account.
- <u>TIAA Health Equity Enrollment Form</u>



If you wish to enroll in an Health Savings Account through TIAA/ Health Equity, you must meet the following requirements:

- You are covered under a high deductible health plan (HDHP), PEIA PPB Plan C
- You have no other health coverage
- You aren't enrolled in Medicare
- You are not claimed as a dependent on someone else's tax return

The TIAA/Health Equity enrollment form can be found under the **FBMC section of Documents for Benefits Enrollment or be clicking on the form itself.**

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Enrollment cannot be	processed without your e	mployer's name.					
Employer name:					~		
Account Holder I	nformation						
First name:	ne: MLI.:				:		
SSN;		Gender:	_	Date of bir	th (mm/dd/yyyy)	;	
Email address		Male	Female	Preferred	phone:		
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Health Savings Account

Mountaineer Flexible Benefits (FBMC) in partnership with PayFlex



Manage your health care costs

Put tax-free money into an HSA to help pay for current and future health care expenses. If you don't use all the money, that's OK. It rolls over, year after year. And if you change employers or health plans, the HSA goes with you.



Build retirement savings for a healthy future

With an HSA, you can set aside money to help cover your health care expenses in the future, even into retirement. It's like a 401(k) for health care, with options to invest and grow your balance. And it gets even better — your contributions, earnings and withdrawals are all tax-free.



Enjoy easy access to your money

Your employer may offer the PayFlex Card[®] with your HSA. If so, you can use the card to pay for eligible expenses at qualified merchants. Don't have the card? No problem. Just pay for those expenses out of pocket. Then pay yourself back with your HSA through the PayFlex Mobile[®] app or website. You can even request payment directly to a provider.

- An HSA is a tax-free account that can be used to pay healthcare expenses.
- Unlike an FSA, the funds do not have to be spent in the plan year they are deposited.
- Money in the account including interest or investment earnings accumulate tax-free.
- An HSA is employee- owned and the account can be taken with you and use it for qualified medical expenses.

PRETAX BENEFITS SAVINGS EXAMPLE*						
(With HSA)		(Without HSA)				
\$31,000	Annual Gross Income	\$31,000				
- 5,000	HSA Deposit for Recurring Expenses	- 0				
\$26,000	Taxable Gross Income	\$31,000				
- 5,369	Federal, Social Security Taxes*	- 6,401				
\$20,631	Annual Net Income	\$24,599				
- 0	Cost of Recurring Expenses	- 5,000				
\$20,631	Spendable Income	\$19,599				

By using an HSA to pay for anticipated recurring expenses, you convert the money you save in taxes to additional spendable income. That's a potential annual savings of:

* Based upon a 20.65% tax rate (15% federal and 7.65% Social Security) calculated on a calendar year.

Remember, Limited Healthcare FSAs are available to HSA participants. Dependent Care Spending Account eligibility is not affected by your HSA participation. Limited Healthcare FSAs are ONLY available to HSA participants.



Limited Healthcare FSA

Offered by Mountaineer Flexible Benefits (FBMC)

- Limited Healthcare FSA is offered in conjunction with your Health Savings Account should you elect.
- These funds can only be used for dental and vision.
- You are not allowed to contribute to both a health savings account as well as a standard (non-limited) health care FSA.

More information can be found in the <u>Employee Flexible Benefits Guide</u>



Disability Income Plans – FBMC

Disability Income Plans can help safeguard your family's lifestyle and provide some peace of mind in the event you become disabled and are unable to work.

Short-Term Disability will cover a weekly benefit of 70% of your pre-disability earnings with a maximum of \$750.00. These benefits become payable after the 30-day waiting period and the exhaustion of your sick leave.

FBMC Long-Term Disability has two plans that are available to employees. These benefits become payable after the 180-day waiting period.

Plan 1: 50 percent of the first \$6,000 of your monthly pre-disability earnings, reduced by deductible income. The maximum monthly benefit is \$3,000.

Plan 2: 70 percent of the first \$8,571 of your monthly pre-disability earnings, reduced by deductible income. The maximum monthly benefit is \$6,000.

You should review all online material in the MFBP Shopper's Guide as this presentation cannot cover all information.



Calculating Your Short Term Disability Income Plan Rate

Your Pre-Tax Rates

Example: If your weekly salary is \$350, your monthly premium would be calculated: \$350 x \$0.0315 = \$11.02 per month.

If opting in for the STD plan, you will "add coverage on the FBMC enrollment form. Please list your calculation on the "cost per pay period line".

Example Calculation	
Your weekly salary (maximum \$1071.00)	\$350.00
Multiply by \$0.0315 X	<u>\$0.0315</u>
This is your monthly premium	\$11.03
If you are paid more than 12 times a yea	ar, you can
calculate the amount to be deducted fro	om your
paycheck by completing the following c	hart.
Example Calculation	
Monthly Premium	\$11.03
•	-

The worksheet is found in the <u>FBMC Benefit Guide</u>.





Please click on the <u>Standard Long-Term</u> <u>Disability pamphlet</u> to learn more.

> <u>Please note:</u> <u>You may have</u> <u>only one Long-</u> <u>Term Disability</u> <u>plan.</u>



This information is only a brief description of the group LTD insurance policy sponsored by your employer. The Standard may cancel this group policy or increase premiums at its discretion. The group insurance certificate contains a detailed description of the insurance coverage including the definitions, exclusions, limitations, reductions, when benefits and insurance end, and the terms under which the group policy may be amended and terminated. The controlling provisions will be in the group policy issued by The Standard. Neither the certificate nor this Information modifies the group policy or the insurance coverage in any way. For costs and complete details of the coverage, contact your human resources representative or refer to the group insurance certificate.

Standard Insurance Company 1100 SW Sixth Avenue Portland OR 97204

www.standard.com

Group Long Term Disability Insurance

Benefits at a Glance for Marshall University

Group Policy Effective Date October 1, 2003

Group Policy # 134296

Group Long Term Disability (LTD) insurance from Standard Insurance Company provides financial protection for eligible employees by promising to pay a percentage of monthly earnings in the event of a covered disability. The monthly income benefit payable is based on the amount of the employee's monthly wage base.

Eligibility

Eligible Classes

Class 1- All eligible faculty employees. Class 2- All eligible non-faculty employees.

Work Test

All active full-time employees of Marshall University and former employees of West Virginia Graduate College, who must work at least 20 hours a week to be considered full-time employee under the group policy. Except that if you are an otherwise eligible employee, you will not become ineligible for insurance by reason of a reduction in your schedule due to participation in your Employer's Phased Retirement Program.

Waiting Period Before Becoming Eligible for Insurance None

Cost The employee pays the cost of this coverage.

Benefits

.....

Monthly Income Benefit 60 percent of monthly wage base paid by the employer, not to exceed a benefit of \$5,000 a month, less the sum of benefits from other sources that apply to the same month (e.g., Social Security, workers' compensation, state disability, etc.).

In no event will the monthly income benefit be less than \$100; or greater, 10 percent of the Monthly Income Benefit before benefits from other sources are subtracted.

Monthly Annuity Premium Benefit

Continues contributions to the employee's TIAA-CREF or Great West Retirement Services retirement annuity while receiving monthly income benefits. The amount of the monthly annuity premium benefit is equal to 12 percent of the employee's monthly wage base. LONG-TERM DISABILITY

Employee Only, Pretax Benefit

Long-Term Disability (LTD) insurance can help safeguard your family's lifestyle and provide some peace of mind in the event you become disabled and are unable to work.

Because the State of West Virginia's retirement plan may not provide you adequate protection in the event you become disabled, you should consider enrolling in one of the two Long-Term Disability insurance plans offered by Standard Insurance Company.

When am I considered disabled?

During the benefit waiting period and the next 24 months you are considered disabled if, due to injury, physical disease, pregnancy or mental disorder, you are unable to perform with reasonable continuity the material duties of your own occupation, or you are unable to earn more than 80% of your pre-disability earnings while working in your own occupation.

Thereafter, you are considered disabled if, due to an injury, physical disease, pregnancy or mental disorder, you are unable to perform with reasonable continuity the material duties of any gainful occupation for which you are reasonably fitted by education, training and experience, or you are unable to earm more than 60% of your pre-disability earnings while working in your own or any other occupation.

What is the LTD benefit?

The monthly LTD benefit is based on your earnings from your public employer. The group insurance policy refers to these earnings as pre-disability earnings. The group policy has an actively-at-work requirement you must meet before your insurance will become effective.

You may apply for coverage under either **Plan 1** or **Plan 2**. The monthly benefit under each plan is determined as follows:

- Plan 1 50% of the first \$6,000 of your monthly pre-disability earnings, reduced by deductible income. The maximum monthly benefit is \$3,000.
- Plan 2 70% of the first \$8,571 of your monthly pre-disability earnings, reduced by deductible income. The maximum monthly benefit is \$6,000.
- Both plans have a minimum monthly LTD benefit of \$100.

What is deductible income?

Deductible Income is income you receive or are eligible to receive from other sources. It includes, but is not limited to: sick pay or other salary continuation, workers' compensation benefits, Social Security benefits, disability benefits from any other group insurance, 50% of earnings from work activity while you are disabled (after the first 12 months of your disability), and disability or retirement benefits you receive any amount you receive by compromise, settlement, or other method as a result of a claim for any of the above, whether disputed or undisouted. When do LTD benefits because payable? If your LTD claim is approved by The Standard Insurance Company, LTD benefits become payable at the end of the 180-day benefit waiting period. Refer to the Beyond Your Benefits section for information on taxes you may have to pay on insurance payments you receive.

How long can LTD benefits continue?

If you become continuously disabled before age 62, LTD benefits can continue during disability until age 65, or 3 years and six months if longer. If you become continuously disabled at age 62 or older, LTD benefits can continue during disability for a limited time. See the chart below.

How long are benefits payable?

age 69 -

Your benefits are payable according to the following schedule:

AGE	MAXIMUM BENEFIT PERIOD
age 61 or younger	to age 65 (or 3 years, 6 months, if longer)
age 62	3 years, 6 months
age 63	3 years
age 64	2 years, 6 months
age 65	2 years
age 66	1 year, 9 months
age 67	1 year, 6 months
age 68	1 year, 3 months

Benefits are limited to 24 months for each period of continuous disability caused or contributed by a mental disorder. This limitation will not apply if you are continuously confined in a hospital at the end of the 24 months.

This description is designed to answer some common questions about the Long-term Disability coverage. It is not intended to provide a detailed description of the plans. If you become insured, a more detailed description will be available in group insurance certificates provided to you. The controlling provisions are in the master group insurance policies. This description and the certificates do not modify the group policies or the insurance in any way. For rules governing the taxes on the insurance symmetry you may receive, please read the "Notices" section in the back of this guide. The FBMC policy is featured in your booklet. If you wish to enroll in this policy, please choose this coverage on the FBMC form.

LONG-TERM DISABILITY INSURANCE

Available through The Standard Insurance. Disability coverage from The Standard provides benefits-eligible employees with income and retirement protection against disabilities and illnesses that prevent them from working. Income benefit totals 60% of employee's salary at the time of the disability. \$5,000 maximum monthly benefit.

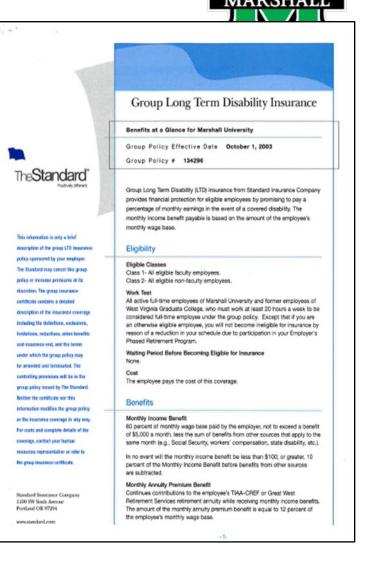


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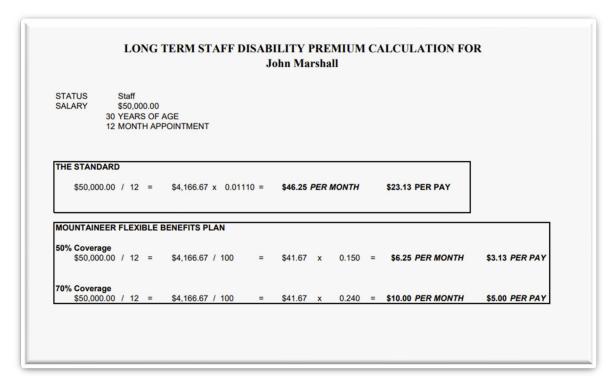
Enrollment for the Standard Plan is any time during the month of employment.

Total cost of the premium is paid by the employee and is based on salary.

An important note . . . during a long-term disability period, this Standard policy not only protects income, but also covers the six percent retirement contribution of both the employee and employer.



Long- Term Disability Plans



- The Standard Long-Term Disability plan is **income based**. You will see an increase in your premiums if your income increases.
- The FBMC Long-Term Disability plan is age-based and as your get older, the premiums will increase.
- Please refer to your calculation sheet for premiums for both the Standard and for FBMC plans.





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copy for	your records.						Effective Date
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 Completion of the <u>Standard</u> <u>Form</u> is **Mandatory**. You may click on the link or the form is also found under "Documents for Benefits Enrollment" under the FBMC tab.



Please note: You may only have one Long-Term Disability Plan

MOUNTAINEER FLEXIBLE BENEFITS (PAID BY EMPLOYEES)										
Keep Coverage	ADD COVERAGE	CHANGE COVERAGE	CANCEL COVERAGE		E FITS 9, you must complete the depen	dent information in SECTION 4.	COST PER PAY PERIOD			
				DENTAL Choose One Option: Routine Assistance Basic Enhanced	Employee Only Employee & Children	Employee & Spouse				
				VISION Choose One Option: Exam Plus Full Service	Employee Only	Employee & Family				
				HEARING SERVICE PLAN	Employee Only Employee & Children	Employee & Spouse				
				LONG-TERM DISABILITY INCOME PLAN Employee C	LONG-TERM DISABILITY INCOME PLAN Employee Only S0% Of Salary Coverage 70% OF SALARY COVERAGE					
				SHORT-TERM DISABILITY INCOME PLAN Employee	Only					
				HEALTH CARE FLEXIBLE SPENDING ACCOUNT	Il Claims Must Be	ober 31, 2021.				
				DEPENDENT CARE FLEXIBLE SPENDING ACCOU Married, Filing Separately Married, Filing Jointly Single,		By October 31, 2021.				
				EALTH SAVINGS ACCOUNT Select your HS rage type: Individual (\$3,550 maximum 2021 PY) Individual (\$3,550 maximum 2021 PY) u cannot enroll in a Health Care Flexible Spending Account. Family (\$7,100 maximum 2021 PY) Over 55 Catch-up (additional maximum \$1,000)						
				LIMITED HEALTH CARE FSA Must be enrolled in HSA.						
				LEGAL (POST-TAX) Ultimate Advisor® Employee & Family	Ultimate Advisor Plus ^{IM} En	nployee & Family				
				TOTAL	SALARY DEDUCTION A	MOUNT PER PAY PERIOD				

3.

When opting for long-term disability, please remember to:

- Choose "add coverage"
- Designate 50% or 70 % of salary coverage.
- Add the cost per pay period

	E, FL 3230	2-1878			July 1, 2023	- June	30, 2024						
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DURING OPEN ENROLLMENT, GIVE COMPLETED FORMS TO YOUR BENEFITS COORDINATOR NO LATER THAN MAY 15, 2023.

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If you **do not** wish to elect any of the coverages, you do not need to complete the form.

FBMC124_WV-Active_EnrollmentForm-updated1032024

Care care







Qualifying Life Events

Qualifying/Status Change Event	Documentation Required	Qualifying/Status Change Event	Documentation Required
Divorce	Copy of the divorce decree showing the date the divorce is final.	Death of spouse of dependent	Copy of the death certificate.
Marriage	Copy of valid marriage license or certificate.	Beginning of spouse's or dependent's employment.	Letter from the employer stating the hire date, effectiv date of insurance, what coverage was added, and what dependents are covered.
Birth of Child Adoption	Copy of child's birth certificate. Copy of adoption papers.	End of spouse's or dependent's employment.	Letter from the employer stating the termination or retirement date, what coverage was lost and dependen that were covered.
		Significant change in health coverage due to spouse's or dependent's	Letter from the insurance carrier indicated the change i insurance coverage, the effective date of that change, a
Adding coverage for a dependent child.	Copy of child's birth certificate.	employment.	dependents covered.
Adding coverage for any other child who resides with policyholder.	Copy of court-ordered guardianship papers.	Unpaid leave of absence by employee, spouse or dependent.	Letter from your, your spouse's or dependent's personn office stating the date the covered person went on unpa leave or returned from unpaid leave.
Open enrollment under spouse's or dependent's employer's benefit plan.	Copy of printed material showing Open Enrollment dates and the employer's name.	Change from full-time to part-time employment or vice versa for policyholder, spouse or dependent.	Letter from the employer stating the previous hours worked, the new hours worked, and the effective date of the change.

Documentation must be provided to support your qualifying event.



Congratulations! You have completed the enrollment through Mountaineer Flexible Benefits. Please see the next video for information regarding our retirement carrier, TIAA.