

For Marshall University Employees Only

What's Important for 2022?

Note: You must complete open enrollment (on-line or paper form) to make any change (add, cancel or change plans). If no action, all coverage will remain the same.

PEIA

The deadline for open enrollment is May 15th

What's Important for 2022?

PEIA PPB Plans

COVID-19 Update

PEIA has established a COVID-19 policy to support the health and safety of our members. This policy provides the guidelines for diagnosis, testing, and immunization claims processing for our PPB Plan members. PEIA's COVID-19 Policy as well as the Hardship-Exigent Circumstances Policy can be found on our website at peia.wv.gov.

In addition, Optum, part of UnitedHealth Group, offers its Emotional-Support Help Line. Professionally trained, mental health staff are there to support people who may be suffering from fear or stress created by COVID-19. Optum's Emotional-Support Help Line number is 866-342-6892 and will be open 24 hours a day, seven days a week. The service is free of charge and open to all PEIA members.

All PEIA PPB Plans Active employees and non-Medicare Retirees:

- No PPB Plan premium increase
- Naturally Slim Wellness Program
- PEIA is offering policyholders (employees and non-Medicare retirees) and adult dependents (over age 18) enrolled in PEIA PPB plans the opportunity to enroll in the Naturally Slim wellness program. Enrollment opportunities for Naturally Slim will be available quarterly throughout the plan year. Information will be sent to PPB policyholders via their preferred method of communication (postal mail or email) and will be posted on the PEIA website and social media channels. Naturally Slim past participants are not eligible to re-enroll at this time.
- Coverage for Oral Appliances to treat sleep disorders is now covered with certain contracted providers. Contact UMR at **(888) 440-7342** to get a list of the providers who can provide this service.

Annual Physical

PEIA covers an annual physical for members at no cost (state and network rules apply). There is a form at the back of this Shopper's Guide that you may take to your annual physical office visit; it explains what is covered in full as a part of the visit, and how the physician's office needs to bill to have the visit reimbursed correctly.

The Health Plan HMOs and POS

- The Health Plan is an available option in all 55 WV counties for active employees and retirees without Medicare.
- The Health Plan is headquartered in Wheeling, WV, and has offices in Morgantown, Charleston, and Massillon, Ohio.
- The Health Plan will continue to offer three plan designs: HMO Plan A, HMO Plan B and a Point of Service Plan C (POS).
- Copays will not change on all three plans offered by The Health Plan and are the same three plans as offered in 2020-2021.
- Please see The Health Plan's ad in this Shoppers Guide regarding The Health Plan's Preferred Lab Network. Members who choose LabCorp may receive covered lab services at little or no out-of-pocket costs. Find a Lab- Corp location near you at labcorp.com.
- Please review this Shoppers Guide for a listing of benefits. If you have questions, or for a complete listing of The Health Plan Provider Directory for PEIA enrollees, please call The Health Plan at **(888) 847-7902**, email information@healthplan.org, visit www.healthplan.org, or attend a virtual benefit fair.

Has your address changed? Let PEIA know!

- If your address has changed, you can update your records with PEIA by sending the address change in writing to 601 57th St., SE, Suite 2, Charleston, W.Va. 25304-2345 or by going on the agency's website, www.wvpeia.com, and logging into **Manage My Benefits**. PEIA DOES NOT accept address changes over the phone.

Life Insurance



Benefit Scout® — Select your life insurance benefits with confidence

We understand. There's a lot to consider when selecting your life insurance benefits.

That's why we created Benefit Scout — an online decision support experience to help you decide what life insurance options make sense for you and your family.

It's easy to protect your family now

Access all the information you need about your Securian Financial life insurance options in one convenient place.



Find my fit

Visit LifeBenefits.com/PEIA

1

Learn your options

2

Take the guesswork out of selecting benefits. Learn about your options, what's included and how they can help you.

Answer questions

3

It's quick and easy. Based on your answers, we'll provide options available to you.

Review coverage

Find life insurance that is fit for you and your family.

4

Enroll with confidence!

Mountaineer Flexible Benefits

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What's new?

Get ready for benefits open enrollment! Here's what's changing for your upcoming Mountaineer Flexible Benefits Plan Open Enrollment:

- The 2022 annual HSA contribution limit for individuals will be \$3,650 - a \$50 increase from 2021.
- The 2022 annual HSA contribution limit for individuals with family will be \$7,300 - a \$100 increase from 2021.

See your 2022 Employee Benefits Guide for more details.

Keep Your Address Updated

In order to protect your family's rights, you should keep your employer and FBMC Benefits Management Inc., informed of any changes in the addresses of family members. You should also keep a copy for your records of any notices you send to your employer and FBMC. Please see your benefits coordinator to complete the FBMC Demographic Change Form. The Demographic Change Form can also be found on the PEIA website (www.peia.wv.gov).