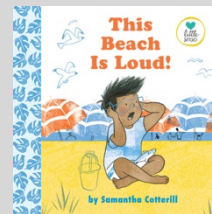




# This Beach is Loud

By Samantha Cotterill



Reading with your child is an excellent way to expose your child to words, topics, and ideas that are more complex than what they would see in books they can read on their own. To help make story time more interactive consider using the PEER method described below. Read more about the PEER method [here](#).

## PEER

### PROMPT

Prompt your child with a question. This will help your child engage more deeply with the book.

Example: Point to an object in the picture. "What is that?"

### EVALUATE

Evaluate your child's response by agreeing or clarifying.

Example: "That's right! That's a balloon."

### EXPAND

Expand on your child's response by connecting it to something they have experienced or by being more descriptive.

Example: "That's a big, red balloon! We saw one of those yesterday!"

### REPEAT

Repeat the prompt you started with and encourage your child to use what you've discussed to answer again.

## Activities

- » Bunny Breaths: Ask your child to tell you about a time where they felt scared or worried. Explain that when they feel scared or worried that they can help their bodies feel calm by focusing on their breathing. Teach them how to do bunny breaths by modeling taking three quick sniffs through your nose and then one long breath out of your mouth.
- » Sensory Sand: Create a sand like substance by mixing 4 cups of flour and a ½ a cup of baby oil. Allow students to explore with the sand as they wish then encourage them to practice writing their name or different letters in the sand.
- » Beach Ball Fun: Practice your child's gross motor skills by tossing a beach ball back and forth or asking them to help you try to keep the ball in the air.
- » Set the Scene: Ask your child to make up their own story involving a beach and share it with you orally. If they would like, they can even create illustrations to go along with their story.

