

March, 2018



## In This Issue

- Spring Break 2018!
- Spotlight: Career Education
- Course Reguistration (Fall '18)
- Midterms
- SGA Elections
- Women's History Month
- Res Hall Care Packages!
- New Family Fun Fest!



# Nearly There Spring, 2018

Midterms will signal the halfway point of the 2018 Spring Semester and our students are excited to get to Spring Break. For some, that means successful completion of their very first college year and advancement to the second level of higher education is getting closer. For others, it is a reminder that the end of their time at Marshall is rapidly approaching. Seniors begin the search for their first career move, triumphantly struggle in their capstone projects or thesis writing, and possibly apply to graduate school to further enhance their resume and experience.

For parents, it means students will travel home for spring break, stress about midterms and soon be worried about finals. No matter the worries, excitement or needs, we can help. In this newsletter, we will cover Spring Break transitions, what Women's History Month means to Marshall University and how your student can begin the search for their career long before graduation.

Marshall University
Office of Parent and Family Services



Cedric Gathings
Vice President for
Student Affairs
gathings@marshall.edu
304/696-6423



Michelle Barbour
Student Advocate and
Success Specialist
michelle.barbour@marshall.edu
304/696-2284



Michael Circle
Parent and Family
Services Coordinator
circle@marshall.edu
304/696-6833

Thank you for entrusting Marshall University with the safety, education and future of your student. It is our goal to ensure the students (and parents too!) have every opportunity to succeed. Please contact us any time you have a question or concern. We Are...here for you!

# Spring Break at Marshall University

Spring Break is quickly approaching and our students will be coming home! As they return, please keep in mind things will not be the same, especially if your young adult is a first year student. Below, we have a list of tips to get you and your week-long house guest on the same page.

- 1. Your student might be a little more independent. They have set their own schedule for the past few months and have developed different routines. Their sleep schedule might be different; and, you may feel they aren't communicating with you as much as before. Open communication is the best thing to practice! Just keep trying -- and remember -- everyone is adjusting.
- 2. There have been changes for the entire family during these past few months. Remember your student has been establishing their new routine, but so have you and the rest of the family who still reside at home. It is important to remind your student that life at home, and the routines they were used to in high school, may look a little different. Reminding your student, and the entire family, to be respectful of everyone's space and feelings are critical during these times.
- 3. Your student might be exhausted the first few days at home. They just took their midterm exams and are likely mentally drained from several weeks of studying. This is when students really understand how college is different than high school. Give them time; and, remind them that you are there to support their college success.
- 4. **Your student will want to connect** with their high school friends and may seem slightly distant at first. They are excited to connect with friends and tell of their college experiences. Be supportive of their peer connections, but it is okay to remind them that family time is precious when they only have a limited number of days before they return to campus.
- 5. **Communicate but mostly, listen.** Students will have a lot to say about their second semester of the 2017-18 school year. Some may be frustrations in classes, with peers or professors. Be sure to listen to them to show them you care. Responding is not always the best reaction. Sometimes, just listening will allow them to work through the issues on their own.
- 6. **You are not alone!** Remember, that the Marshall University Division of Student Affairs is always available to assist with transitioning for the entire family.

A little encouragement can go a long way and with Care packages through Our Campus Market, you can help your student through the gifts of food, stress relief and love.

Parents, guardians, grandparents, aunts and uncles all can send a care package to the student by visiting marshall.edu/parents and clicking the Care Package Program link to the right. If your student lives on campus, you will be sent a letter that you can personalize and send back along with the care package of your choice. Packages range from Energy Kits, Stress Busters, gluten free and nut-allergy assortments and more!

"Our students can get lonely sometimes and hearing from a loved one at home or receiving a care package can show them they have the support needed to succeed," Resident Life Specialist Tracey Eggleston said. "It really brightens their day to get a little love from home and some encouragement from the sender."

All of the proceeds from these care packages are put back into the residence hall leadership programs, and give our students a chance to go to leadership conferences and create larger-scale programs for residence hall tenants.

"And it's easy," Eggleston said. "It takes out the need to do the shopping and go to the post office. Simply fill out the card, stamp it and send it back. We'll handle the rest."

For more on our care package programs, visit www.marshall.edu/parents.



# Office of

## Career Education



Finding a job: it's the most important reason we go to college. It's also one of the most difficult things to accomplish after graduating from college.

Our Advice: Don't wait until after graduation!

The Office of Career Education is a valuable resource for all Marshall University Students and can help position your young adult for a real world change long before

commencement. With three locations (Fifth Avenue Career Services Building; The Student Resource Center in Memorial Student Center and an office on our South Charleston Campus) there are plenty of opportunities for students to find internships, job-shadow and get that needed help finalizing a resume.

"Students engaged in Career Services are more prepared to enter the job market in their field," Denise Hogsett, Director of Career Services, said. "We offer a chance to gain early experience through internships and job shadowing. We also help students choose the right major for them and educate them on the job availability in their chosen industry."

Career Education offers career fairs, mock interviews, resume seminars and more to better prepare our students for what to expect when entering the job market. And it does not have to wait until their senior year.

"Get involved early," Hogsett said. "If they come in early, we can help them find the right major through job shadowing and career exploration. We want them to be able to choose for themselves what they want to do. We tell them, 'It's not about what everyone else wants. It's about what you want."

Hogsett said they even offer summer opportunities for those who cannot find the time during their spring or fall semesters. They can help find part-time jobs, summer internships and even have connections through Marshall alumni for some great student opportunities. Cedar Point, in Ohio, is but one example of a great summer working chance.

To learn more about job shadowing, internship opportunities, or The Office of Career Education, visit www.marshall.edu/careereducation.

# Course Registration and Advisor Meetings

Another midterm stressor for college students is the twice-annual Running of the Registrar's Office. Fortunately, it does not have to be that stressful!

Encourage your students to meet with their advisors early to begin work on next semester's schedule of courses. Our advisors are knowledgeable of the required course work for our major programs of study and are ready to help your student prepare for the next level of their college career.

If they do not know how to find their advisor, or who their advisor is, encourage them to seek out the information on their own. They can find their advisor on Degree Works, a program all of our students have access to that can help them plan their semesters and find crucial information such as their college and advisors.



#### MARSHALL UNIVERSITY

# Women's History Month Calendar of Events





#### **MARCH 1**

### Women's History Month Kick-Off Celebration 5:00-7:00 pm, Drinko Library Atrium

Opening reception and gathering of university and community change-makers. Announcement of the month's calendar. Light refreshments served; free and open to the public. Sponsored by Student Affairs and the President's Commission on Diversity, Equality, and Inclusion

#### **MARCH 1**

A.E. Stringer Visiting Writers Series: National Women's History Month Celebration & Birke Fine Arts Symposium Presentation Reading featuring Christa Parravani, Rebecca Gale Howl, and Matthew Olzmann

#### 7:30 pm, MSC Shawkey Dining Room

Sponsored by the College of Liberal Arts, Department of English, Women's Studies Program, Birke Fine Arts Symposium Endowment, West Virginia Humanities Council

#### **MARCH 2**

Sarah Denman Faces of Appalachia Symposium: "The Acceptance of Rape Myths by College Students from Appalachian Culture"

#### 7:00 pm, Francis Booth Experimental Theater

Dr. Wendy Perkins explores perceptions of sexual assault among Appalachian college students

Sponsored by the School of Forensic & Criminal Justice Sciences, Women's Center, Drinko Academy, and Marshall University Libraries

#### **MARCH 5**

## Women's History Movie Night: Hidden Figures 9:15 pm, FY North Theater Room

The true story of three pioneering female African American NASA mathematicians who quite literally put a man in space. Snacks served; open to all students.

Sponsored by the Women's Center, Housing and Residence Life, Faculty in Residence, Freshman North and South Hall Council

#### **MARCH 6**

### Women of Color Celebration 12:00 pm, MSC BE5

Luncheon and recognition of individuals who have contributed towards promoting multicultural understanding and gender equality at Marshall University or in the Huntington Community.

Sponsored by the Office of Intercultural Affairs, Center for African American Students, Women's Center, Division of Student Affairs, Joan C. Edwards School of Medicine's Office of Diversity & Inclusion and School of Pharmacy

#### **MARCH 6**

#### **Body Shots XI: (S)heroes**

#### 7:00 pm, Francis Booth Experimental Theater

A multimedia presentation celebrating (S)heroes, heroic women and individuals across the gender identity spectrum throughout history and today. Free and open to the public.

Sponsored by the Women's Studies Program, Women's Center, Department of Sociology & Anthropology, College of Liberal Arts, Department of English, Department of History, Sexuality Studies

#### **MARCH 8**

## International Women's Day March for #MMIW 1:00 pm, MSC Plaza

Bring your own sign and wear RED for Missing and Murdered Indigenous Women.

Sponsored by The SOCiety, Women's Studies Program, Department of Sociology and Anthropology

#### MARCH 12

### Women's History Movie Night: The Immortal Life of Henrietta Lacks

#### 9:15 pm, FY North Theater Room

In the 1950s, a young woman became the unwitting source of the "immortal" HeLa human cell line and changed the course of modern medicine – and her own family – forever. Snacks served; open to all students.

Sponsored by the Women's Center and Housing and Residence Life

#### **MARCH 14**

#### Madame President: Women in Student Leadership 5:00 – 6:00 pm, MSC Don Morris Room

Marshall University's Student Government Association celebrates Women's History Month by displaying our own herstory through a panel discussion with former student body presidents. Sponsored by Student Affairs and Student Government Association

#### **MARCH 26**

## Women's History Movie Night: Confirmation 9:15 pm, FY North Theater Room

Before #metoo, there was Anita Hill. Hill's explosive testimony during the Clarence Thomas Supreme Court confirmation hearings riveted TV audiences and launched a national debate about sex, race, and power in America. Snacks served; open to all students.

Sponsored by the Women's Center, Housing and Residence Life, Faculty in Residence, Freshman North and South Hall Council

#### **MARCH 28**

#### Marshall Women's History/Her(d) History Reception 6:00 – 8:00 pm, MSC Shawkey Dining Room

A reception honoring the Marshall women featured in the HER(d) History Poster Project. Light refreshments served. Sponsored by the Women's Studies Program and Women's Center

#### **APRIL** 4

The Charlotte Schmidlapp Lecture in Women's Studies: "The Song Cycles of Beachy Head"
6:30 pm Reception, 7:00 pm Lecture; SH 154

A Lecture and Recital with Elizabeth Dolan, Amanda Jacobs, and Shelley Waite.

Division of Student Affairs and the President's Commission on Diversity, Equality, and Inclusion





#### Academic Calendar

# Student Government Elections



Are you interested in becoming involved with the Student Government Association?

Here's what to expect with our upcoming elections:

**INFO SESSION: FEBRUARY 21 AT NOON** | Student Government Office

FILING DATE: FEBRUARY 27 AT 9 P.M. | Student Government Association Offices

**DEBATE 1: MARCH 5 AT 7 P.M.** MSC Lobby

**DEBATE 2: MARCH 12 AT AT NOON | Shawkey Room** 

**ELECTION: MARCH 13-14** 

Vote through Marshall University Herd Link: https://herdlink.marshall.edu

HERLINK

Contact Michelle Barbour at miller138@marshall.edu to learn more.

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Thursday, March 1 2nd 8 weeks courses begin

Monday, March 12

Students should schedule appointments with advisors to prepare for advance registration for summer and fall. (Required for students with mandatory advising holds.)

Friday, March 16 Last day to drop an individual course

Saturday, March 17, Noon Residence halls close

Monday, March 19– Saturday, March 24 Spring Break – Classes dismissed Monday, March 26 Classes resume

Monday, March 26 Recommended date to apply for December 2018 graduation

Monday, March 26– Saturday, March 30 Advance registration for summer sessions (open only to currently enrolled students)

#### Athletic Calendar



For the full Softball and Baseball schedule, up-to-the-minute news releases, box scores and more, please visit www.herdzone.com.