

CURRICULUM VITAE

Name: Kaylan N. Johnson

Address: 1185 W Mountain View Road Apt 2301, Johnson City, TN 37604

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Email Address: kaylanjohnson12@gmail.com

Location of Practice: East Tennessee State University Buc's Sport Physical Therapy Clinic

Education:

Fellowship in Orthopedic Manual Physical Therapy

East Tennessee State University, Aug 2024-Aug 2025

Johnson City, TN

Orthopedic Physical Therapy Residency Program

East Tennessee State University and James H. Quillen VA Hospital, Aug 2023-Aug 2024

Johnson City, TN

Doctorate of Physical Therapy

Marshall University, May 2020-April 2023

Huntington, WV

Bachelor of Science, Exercise Science

Minor: Psychology

Marshall University, Aug 2016-May 2020

Huntington, WV

Licensure Information/Registration Number:

West Virginia License PT 004610

Tennessee Compact License PT 15161

Certifications (eg, ABPTS):

Orthopedic Specialist Certification (Results pending June 2025)

Certified in Functional Dry Needling (ETSU April 2024)

Employment and Positions Held:

Physical Therapist and Fellow in Training

ETSU Physicians & Associates (Buc's Sports PT Clinic) and East Tennessee State University,

Johnson City TN Aug 2024-present

Physical Therapist and Orthopedic Resident

James H. Quillen VA Hospital and East Tennessee State University, Johnson City TN Aug 2023-

Aug 2024

Part Time Physical Therapist

Teays Physical Therapy Center, Hurricane WV May 2023-July 2023

Peer Reviewed Publications:

Johnson, K., Liang, H. Effect of unilateral ankle loading on gait symmetry in young adults. Gait Posture. 2023 Jul;104:120-125. doi: 10.1016/j.gaitpost.2023.06.020. Epub 2023 Jun 29. PMID: 37393845.

Published Abstracts of Peer Reviewed Professional Presentations:

Johnson, K., Bourassa, M., Wassinger, C.A., Whitt, B., Minick, R. Translating Lateral Epicondyle Tendinopathy Recommendations to Medial Epicondyle Tendinopathy: A Case Report. AAOMPT Annual Conference, Orlando FL. October 23-27th, 2024.

Johnson, K., Bourassa, M., Wassinger, C.A., Whitt, B., Minick, R. Low Back Pain: Referred Pain vs Mobility Deficit 5x5 Presentation. APTA CSM, Boston MA. February 13-17, 2024.

Mehta, S., Indramohan P., **Johnson K.**, Singh, M., Gobel, L. Tilburg Frailty Indicator has Good Concurrent and Discriminant Validity in Elderly Patients Attending Geriatric Clinic. APTA CSM, Denver CO, May 2020.

Funded/In Review Grant Activity: N/A

Current/Active Research Activity:

Critical Appraisal:

Assessment of Hip Fracture Clinical Practice Guidelines with AGREE II and AGREE REX tools (submitted to journal for review)

Clinical Research:

The Feasibility of Assessing Effects of Baseline Psychosocial Factors (Pain and Fear-related Behaviors) on Injury Incidence and Severity in Collegiate Athletes

Case Study:

Application of Clinical Practice Guidelines on Subacute Rotator Cuff Tear: A Case Report

Membership in Scientific/Professional Organizations:

American Physical Therapy Association (WV Chapter, Academy of Orthopedic Physical Therapy) 2020-present

American Academy of Orthopedic Manual Physical Therapists 2024-present

Consultative and Advisory Positions Held: N/A

Community Service:

Needs assessment and creation of exercise program for local ballroom studio (Mountain Home Ballroom Studio), April 2024

Monthly CEU presentations/journal club for APTA Tennessee Chapter and other community clinicians, Sept 2023–Aug 2024

Services to the University/College/School on Committees/Councils/Commissions: N/A

Honors and Awards:

Outstanding Academic Achievement Award, Marshall School of Physical Therapy, April 2023

Outstanding Performance on the Comprehensive Mock Board Examination Award, Marshall School of Physical Therapy, April 2023

Student Member of ACAPT National Student Honor Society, Marshall University, April 2023

Continuing Education Attended (last 5 years):

AAOMPT Annual Meeting, Orlando FL, October 2024

Keynote: Safety First!

Keynote: Managing Knee OA – Can we do better?

Keynote: Rotator Cuff Related Shoulder Pain (#RCRSP): What Does Holistic Care Look Like?

The ‘Toe’tal Function of the Foot: Applications for Manual Therapy and Exercise Part 1 and 2

Unscrambling GTPS: More Than Just a Bunch of Letters

Nutritional Insights: Nourishing Solutions for Chronic Musculoskeletal Pain

APTA Combined Sections Meeting, Boston MA, February 2024

DPT, EdD, PhD, or DSc: Making Sense of the Graduate Alphabet Soup

To Screen or Not to Screen: Important Considerations for Conducting Preseason Wellness Screens with Dancers

Distal Radius Fracture Rehabilitation: An APTA Clinical Practice Guidelines Summary and Recommendations

Manual Therapy Unraveled: Separating Melodrama From Merit and Uncovering Mechanisms

Hand and Upper Extremity Platform Presentations

Managing Complex Traumatic Elbow Injuries: Avoid the Pitfalls of Managing the ‘Unforgiving Joint’

Join the Quad Squad: Learn to Identify and Treat Quadriceps Dysfunction After ACL Reconstruction

Imaging Masterclass: Case-Based Learning Experiences with Physical Therapist Imaging Experts

APTA Federal Residency and Fellowship Case Presentations

APTA West Virginia Annual Conference, Charleston WV, September 7 & 8th 2024

ETSU Functional Dry Needling Certification Course (24 hours), Johnson City TN, April 2024

Current Teaching Responsibilities/Experiences:

Thoracic Region Lead and Lecturer at ETSU and James H. Quillen VA Orthopedic Physical Therapy Residency Program, June 2025

Lecturer and Lab Assistant at ETSU School of Physical Therapy for PHYT-6544-008 MSK Disorders of the Spine, Summer Semester 2025

Clinical Facilitator at ETSU for IPE-272E-001 Interprofessional Experience, Spring Semester 2025

Lecturer and Regional Lead for Lower Extremity Content at ETSU School of Physical Therapy for PHYT-6443-001 MSK Disorders of Extremities, Spring Semester 2025

Clinical Facilitator at ETSU for IPE-172E-001 Interprofessional Experience, Fall Semester 2025

Lecturer and Lab Assistant at ETSU School of Physical Therapy for PHYT-6342-001 Introduction to Musculoskeletal PT, Fall Semester 2024

Lecturer and Lab Assistant at ETSU School of Physical Therapy for PHYT-6544-080 MSK Disorders of the Spine, Summer Semester 2024

Lab Assistant at ETSU School of Physical Therapy for PHYT-6443-01 MSK Disorders Extremities, Spring Semester 2024