Ashley N. Walters PT, DPT, ATC
Board Certified Specialist in Pediatric Physical Therapy
Associate Professor & Co-Director of Clinical Education
Marshall University School of Physical Therapy
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EDUCATION

Shenandoah University August 2010
Doctorate in Physical Therapy

West Virginia Wesleyan College May 2007
Bachelor of Science in Athletic Training; Human Biology Minor, Honors Minor

LICENSURE

West Virginia Athletic Training Licensure	2022-Current
West Virginia Physical Therapist License PT002880	2010-Current
National Board of Certification Certified Athletic Trainer 050702105	2007-Current

CERTIFICATIONS

HOME Framework Certified	2025-Current
APTA Level 1 Credentialed Clinical Trainer	2023- Current
Board Certified Specialist in Pediatric Physical Therapy	2017- Current
Advanced Credentialed Clinical Instructor	2017- Current
Credentialed Clinical Instructor	2014-2017

EMPLOYMENT

Marshall University Huntington, WV 02/2016-Current
- Co-Director of Clinical Education 05/2017- Current
- Full Time Associate Professor 06/2016- Current
- Adjunct Faculty 02/2016-06/2016

St. Mary's Medical Center Huntington, WV 03/2015-06/2020
- Per Diem Physical Therapist 05/2016- 06/2020
- Full Time Staff Physical Therapist 03/2015-05/2016
- Clinical Instructor for students from multiple universities

Children's Therapy Clinic Cross Lanes, WV 11/2011-Current
- Part Time Staff Physical Therapist

Charleston Area Medical Center Charleston, WV 11/2010-02/2015
- Full Time Staff Physical Therapist
- Clinical Instructor for students from multiple universities
- Member of Cystic Fibrosis Center multidisciplinary team
- Member of March of Dimes Committee

- Member of Developmental Supportive Care Team

Developmental Therapy Center Huntington, WV 08/2010-05/2011
- Full Time Staff Physical Therapist

Shenandoah University Winchester, VA 09/2007-08/2010
- Part Time Graduate Assistant Athletic Trainer

Warren County Public Schools/
Lord Fairfax Community College Warren County, VA 09/2007-08/2010
- Part Time Graduate Assistant Athletic Trainer

PEER REVIEWED PUBLICATIONS

Jarrett T, Haliwa I, Ludrosky J, Mason A, Prather G, Barlett B, Snodgrass A, Dino G. Teacher Outcomes with a School-Based Mindfulness Intervention during COVID-19. OBM Integrative and Complementary Medicine 2023; 8(2): 019; doi:10.21926/obm.icm.2302019.

Haliwa I, Layman H, Coffman J, Snodgrass A, Santer P, Barlett B, Long L, Mason A, Pfost G, Harden J, Dino G, Jarrett T**.** Perceptions and Expectations Surrounding School-Based Mindfulness in Appalachia during the COVID-19 Pandemic. Front Public Health. Accepted for publication 2022.

Mason AN, Haer B, Lively A, Parsemain C. A Review of Alberta Infant Motor Scale (AIMS). *Crit Rev Phys Rehab Med*. 2018;30(3).

Mason AN, Broussard B, Cook J, Duszkiewicz. A Review of the Peabody Developmental Motor Scales- Second Edition (PDMS-2). *Crit Rev Phys Rehab Med*. 2018;30(3).

Mason AN, Park C, Leslie R, Roberts R, Mehta SP. Measurement Properties of the Shoulder Pain and Disability Index: A Systematic Review. *J Orthop Sports Phys Ther.* 2018;48(1):A148-149.- Abstract Only

Mason AN, Bitner D, Green R, Harper M. Agitated Behavior Scale. *Crit Rev Phys Rehab Med*. 2018;29(1):93-95.

Mason AN, Hively A, Itani B, Loop W. Bruininks-Oseretsky Test of Motor Proficiency-II. *Crit Rev Phys Rehab Med*. 2018;29(1):105-107.

Mason AN, Foderaro F, Kawash M, Keene D. Physical Performance Test. *Crit Rev Phys Rehab Med*. 2018;29(1).

Mason AN, Lum J, Milligan A, Robinson J. Functional Reach Test. *Crit Rev Phys Rehab Med*. 2018;29(1).

PEER REVIEWED PRESENTATIONS

- Walters A, Prather G, Brehm H, Hills L, Collins K. APTA-WV Annual Conference. (Author Only) Enhancing Clinical Readiness: Impact of an Acute Care Course. APTA-West Virginia, Charleston, WV. (August 2026)
- Hall A, Joins S, Lewis E, Mason A, Stephen L. (Presenter and Author) APTA Combined Sections Meeting. The Lived Experience of Academic Probation: Student Stories of Challenges and Achievements. American Physical Therapy Association, Anaheim, CA (2025).
- Hall A, Joins S, Lewis E, Mason A, Stephen L. (Presenter and Author) APTA-WV Annual Conference. The Lived Experience of Academic Probation: Student Stories of Challenges and Achievements. APTA-West Virginia, Charleston, WV. (August 2025)
- Stephens, L. (Presenter & Author), Mason, A. N., (Presenter & Author), APTA Combined Sections Meeting, " The Lived Experience of Academic Probation: Student Stories of Challenges and Achievements" American Physical Therapy Association, Houston, TX. (2025).
- Stephens, L. (Presenter & Author), Mason, A. N., Fox, J. (Presenter & Author), Cordova, M. (Author Only), Reese, D. (Author Only), APTA Combined Sections Meeting, "Facilitating Student Academic Success: A Survey of Program Strategies," American Physical Therapy Association, Boston, MA. (2024).
- Stephens, L., Mason, A. N., Herron, A., Craft, A., APTA-WV Annual Conference, "Facilitating Student Academic Success-a Survey of Student Experiences Facing Academic Challenges.," APTA-West Virginia, Charleston, WV. (September 8, 2024).
- Mason, Ashley. Physical Therapy for Pediatrics, an Update on Current Research. APTA-WV Annual Conference. August 27, 2023.
- Mason AM, Ball M, Martin M, McCutcheon A, Neidermeyer C, Peek S. Assessing barriers to participation in regular physical activity in adolescent patients with cystic fibrosis who reside in Appalachia. Poster Presentation. Academy of Pediatric Physical Therapy Annual Conference 2021.
- Mason AM, Chiu YP, Pfost GR. Public Elementary School Educators in Areas of Appalachia Impacted by the Opioid Epidemic: Perspectives, Classroom Experiences, and Current Practices of Mindfulness. Poster Presentation. WVPTA 2021. Roanoke, WV.
- Mason AM, Chiu YP, Pfost GR. A Public-School Based Yoga and Mindfulness Program to Build Resilience for Elementary Children Living in Appalachia; Symposium presented at the American Congress of Rehabilitation Medicine Oct 21, 2020
- Holland P, Miller C, Casto A, Martin L, Mason A, Williams D. Functional Approach to Feeding Assessment and Intervention: An Interdisciplinary Forum. Platform Presentation. WVSHA 2019. Bridgeport, WV.
- Pfost GR, Mason AN, Mcgrew T, Oliver R, Schneider H, Cave N, Fischer L, Sargent J, Chiu Y. Vestibular Function in Children with Developmental Deficit and/or Hearing Loss. Poster Presentation. WVPTA 2018. Roanoke, WV.

- Mason AN, Park C, Leslie R, Roberts R, Mehta SP. Measurement Properties of the Shoulder Pain and Disability Index: A Systematic Review. Poster Presentation. CSM 2018. New Orleans, LA.
- Mason, AN. When It's Not Just Growing Pains: Knee Pain in Adolescence. Continuing Education Presentation. Marshall University 8th Annual Assessment of Orthopaedic Athletic Injuries. July, 2017. Huntington, WV.

CURRENT RESEARCH ACTIVITY

- Rebels with a Cause: Decelerated Physical Therapy Education for Student Success. Co-Investigator (Laura Stephens PI) Submitted: 4/2/26, Approved 4/15/26. IRB Number: 2425031-1.
- Assessing Student Physical Therapists' Confidence in Acute Care Practice. Co-Investigator. (Gretchen Prather PI) Submitted: 10/21/25, Approved 11/6/25. IRB Number: 2328139-2.
- Facilitating Student Success-A Survey of Students Experiencing Academic Challenges- Co-Investigator (Laura Stephens PI) Submitted: 1/26/24, Approved 1/31/24. IRB Number: 2116100-2 (Initially submitted on 12/11/23 and approved on 12/19/23)
- Can the Learning and Study Strategies Inventory predict first year DPT student academic success or difficulty? - Co-Investigator (Laura Stephens PI) Submitted: 3/18/25, Approved 3/20/25. IRB Number: [2158084-3] (Initially submitted on 02/23/24 and approved on 04/05/24)
- The Lived Experience of Academic Probation: Student Stories of Challenges and Achievements Co-Investigator (Laura Stephens PI) Submitted: 11/14/24, Approved 12/18/24. IRB Number: 2249088-2
- Assessing Student Physical Therapists' Confidence in Acute Care Practice Co-Investigator (Gretchen Prather PI) Submitted: 5/19/25, Approved 5/20/25. IRB Number: 2328139-2

GRANT FUNDING

- West Virginia Bureau for Behavioral Health State Opioid Response Grant 2019-2021 $283,946.00

OTHER SCHOLARLY ACTIVITY

- Idiopathic Toe Walking Guideline Development Group. Role: Critical Appraiser 2018-Current
- Invited Reviewer for Critical Reviews in Physical and Rehabilitation 2021- Current Medicine.

NON PEER REVIEWED PRESENTATIONS

- Developmental Milestones and Red Flags, presented to psychiatric medical residents
- Developmental Supportive Care, presented to NICU nurses

- The Role of Physical Therapy in the Neonatal Intensive Care Unit, presented to Neonatologists and Neonatal Intensive Care Unit nurses
- Current Seizure Medications and Their Implication on Physical Therapy Treatment, presented to Physical Therapists in Pickerington, Ohio school system
- Stability Ball Exercises for Developmentally Delayed Children, presented to Physical Therapists in Pickerington, Ohio school system
- Guideline for Prescription of Orthotics in Children, presented to Outpatient Pediatric Physical Therapy clinic Winchester, Virginia

MEMBERSHIPS

American Physical Therapy Association Member	2007-Current
American Physical Therapy Association Academy of Pediatrics and Education Member; Academic and Clinical Educators Special Interest Group	2007-Current
APTA West Virginia Chapter Member	2007-Current
American Heart Association Healthcare Provider Certification	2003-Current
National Athletic Trainers' Association Member	2004-2010
West Virginia Athletic Trainers' Association Member	2004-2010

SERVICE

National

- APTA Academy of Pediatrics Federal Affairs Liaison 2026-Current

State

- APTA WV Ethics Liaison 2026-Current
- West Virginia Physical Therapy Association Nominating Committee Member 2017-2018; Chair 2019- 2020 2017-2020
- West Virginia Board of Physical Therapy Member 2017-2025
    - Disciplinary Committee Member 2021-2025

University

- Graduate Council 2025- Current
- Guest Lecturer MUSOM Geriatric Experience 2025
- Doctoral Faculty Marshal Commencement 2021
- Secretary of Library Committee 2017-2026
- Member of Communication Disorders Multi-Disciplinary Feeding Clinic 2016-Current
- Member of Autism Training Center Multi-Disciplinary Assessment Team 2016-2019

School of Physical Therapy

- Chair of the Academic and Professional Standards Committee 2018-Current
- Member of the Admissions Committee 2018- Current
- Member of School of Physical Therapy Curriculum Committee 2017-Current
- Member of School of Physical Therapy Clinical Education Committee Chair 2018-Current 2016-Current

- Member of School of Physical Therapy Search Committee 2016-2018
- Member of School of Physical Therapy Service-Learning Committee 2016-2018

Community

- External Promotion and Tenure Review Panel 2026
- Rite Care Royal Knight Out Sponsor and Volunteer 2021
- Developmental Therapy Center Annual EGGCiting Egg Hunt Volunteer 2021
- Rock Steady Boxing Coordinator for MUSOPT Volunteers 2021-Current
- Mountaineer Spina Bifida Camp Coordinator for MUSOPT Volunteers 2019-Current
- Sled Hockey Camp Coordinator for MUSOPT Volunteers 2019-Current
- WV Special Olympics Volunteer 2019
- Organizing, Developing, and volunteering at the Lose the Training Wheels Camp for the Huntington Area through the iCanShine organization 2016-Current
- Marshall University Health Fair Volunteer 2016- Current
- Neonatal Intensive Care Unit Graduate Fair Volunteer 2015
- Children's Therapy Clinic 5K Volunteer 2015
- Shenandoah University Adapted Aquatics Instructor 2009-2010
- Green Circle 5K Race to promote National Physical Therapy Month Course Martial 2007-2010