

CURRICULUM VITAE

Laura Stephens, PT, DPT, EdD

ABPTS Board Certified Neurological Clinical Specialist

Associate Professor

Marshall University School of Physical Therapy

Education

Marshall University, Huntington, WV

Doctor of Education, Leadership Studies, December 10, 2022

Stephens, L. (2022). Doctor of Physical Therapy Students' Perspectives on Leadership Development in the Context of the Proposed Leadership Competencies Framework for Physical Therapists (Order No. 29992757). Available from Dissertations & Theses @ Marshall University; ProQuest One Academic. (2753682511).
<https://www.proquest.com/dissertations-theses/doctor-physical-therapy-students-perspectives-on/docview/2753682511/se-2>

West Virginia University, Morgantown, WV

Doctor of Physical Therapy, May 13, 2012

Liberty University, Lynchburg, VA

Bachelor of Science, Kinesiology, May 2009

Licensure

West Virginia Board of Physical Therapy, License number 003060. 2012-2014, inactive 2014-2018, 2018-current

Kentucky State Board of Physical Therapy, License number 006079. 2012-current

Certifications

American Board of Physical Therapy Specialties certified Neurological Clinical Specialist.
Initial certification July 1, 2017.

American Brain Injury Association. Certified Brain Injury Specialist. 2015-current

American Heart Association-Basic Life Support Health Care Provider CPR certification-current

Employment

Marshall University School of Physical Therapy, Huntington, WV (July 2018-Current).

Associate Professor. Primary teaching responsibilities in neurological and integumentary content areas. Faculty coordinator for program pro bono clinic-Marshall University Volunteers in Therapy (MUVIT). University, college, and program service responsibilities detailed below.

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Advanced Physical Therapy, Charleston, WV (August 2018-Current)—PRN staff. Evaluate and treat patients with wide variety of orthopedic and neurological diagnoses in an outpatient physical therapy clinic setting.

Encompass Health Rehabilitation Hospital, Huntington, WV (August 2018-Current)-PRN staff. Evaluate and treat patients with wide variety of medical diagnosis including stroke, traumatic brain injury, spinal cord injury, total joint replacements, amputations and prosthetic gait training, multi-trauma, other neurological diagnosis, and cardiopulmonary conditions.

Encompass Health Cardinal Hill Rehabilitation Hospital, Lexington, KY (August 2012-July 2018)-Formerly known as HealthSouth-Cardinal Hill Rehabilitation Hospital and Cardinal Hill Rehabilitation Hospital-Kentucky Easter Seals.

Staff physical therapist on the Brain Injury Unit. Evaluate and treat patients with traumatic and acquired brain injuries. Also provide coverage as needed on other specialty units in hospital. (October 2014-July2018)

Staff physical therapist on the General Rehab Unit. Evaluate and treat patients with wide variety of medical diagnosis: total joint replacements, amputations and prosthetic gait training, multi-trauma, neurological diagnosis, and cardiopulmonary conditions. (August 2012-October 2014)

Peer Reviewed Publications:

Stephens, L., & Prather, G. R. Gaming the simulation to assess DPT student learning. *Journal of Innovation in Health Sciences Education*. 2026; 3(1)
<https://doi.org/10.46409/003.TRDN2620>

Stephens L, Childress R. Scoping Out Leadership Opportunities and Motivational Factors of Doctor of Physical Therapy Students. *The Internet Journal of Allied Health Sciences and Practice*. 2024 Oct 04;22(4), Article 8

Bayliss, Jamie PT, MPT, DHSc; Schack-Dugre, Judi PT, DPT, MBA, EdD; Hoang, Thuha PT, PhD; Watkins, Molly PT, DPT; Mitchell, Katy PT, PhD; Mariano, Mira PT, PhD; Greco, Jamie PT, DPT, EdD; Colgrove, Yvonne PT, PhD; Wheeler, Emma PT, DPT, MS; Kiyota, Hiroshi DPT, OCS; Pientok, Colette DPT, OCS; **Stephens, Laura PT, DPT, NCS**; McCarthy, Casey PT, DPT; McBride, Gavin PT, DPT; Gleeson, Peggy PT, PhD. Impact of Preadmission Observation Hours on Key Physical Therapist Clinical Education Stakeholders: Quantitative Analysis. *Journal of Physical Therapy Education*: December 2022 - Volume 36 - Issue 4 - p 341-347 doi: 10.1097/JTE.000000000000253

Hoang, Thuha PT, PhD; Watkins, Molly PT, DPT, NCS; Bayliss, Jamie PT, MPT, DHSc; Schack-Dugre, Judi PT, DPT, MBA, EdD; Mitchell, Katy PT, PhD; Mariano, Mira PT, PhD; Greco, Jamie PT, DPT, EdD; Colgrove, Yvonne PT, PhD; Wheeler, Emma PT, DPT, MS; Kiyota, Hiroshi DPT, OCS; Pientok, Colette DPT, OCS; **Stephens, Laura PT, DPT, NCS**; McCarthy, Casey PT, DPT, MS; Canham, Lara PT, DPT, OCS; McBride, Gavin PT, DPT, MS, CPCS; Gleeson, Peggy PT, PhD Impact of Pre-admission

Observation Hours on Key Physical Therapist Clinical Education Stakeholders:
Qualitative Analysis, *Journal of Physical Therapy Education*: June 2022 - Volume 36 -
Issue 2 - p 107-114. doi: 10.1097/JTE.0000000000000219

Peer Reviewed Scientific and Professional Presentations:

Stephens, L, Prather, G., *Beyond Enjoyment: Using the Simulation Effectiveness Tool to Assess Simulation Based Learning*. Poster presentation at APTA Combined Sections Meeting, February 2026, Anaheim, CA.

Stephens, L, Mason, A., Lewis, E., Hall, A., Joins, S., *The Lived Experience of Academic Probation: Student Stories of Challenges and Achievements*. Poster presentation at WV-APTA Annual Conference, September 7, 2025 and APTA Combined Sections Meeting, February 2026, Anaheim, CA.

Stephens, L, Sparks, K. *Specialty Care with a Local Touch: Collaborative Physical Therapy Management of a Patient with Functional Neurological Disorder*. Poster presentation at WV-APTA Annual Conference, September 7, 2025

Stephens, L, Mason, A, Craft, A., Herron, A. *Facilitating Student Academic Success-a Survey of Student Experiences Facing Academic Challenges*. Poster presentations at WV-APTA Annual Conference, September 8, 2024; Charleston, WV, and APTA Combined Sections Meeting, February 2025; Houston, TX.

Stephens, L, Prather, G. *Gaming the Simulation to Assess Student Learning*. Poster presentation at ACAPT Educational Leadership Conference: October 2024; Oakland, CA.

Stephens L, Mason A, Cordova M, Fox J, Reese D. *Facilitating student success: a survey of program strategies*. Poster presentation at APTA Combined Sections Meeting: February 15-18, 2024; Boston, MA.

Stephens L, *Examining student leaders' experiences through the lens of the Leadership Competencies Framework for Physical Therapists*. Poster presentation at ACAPT Educational Leadership Conference: October 13-16, 2023; Philadelphia, PA.

Stephens L, *Factors motivating pursuit of student leadership opportunities*. Poster presentation at ACAPT Educational Leadership Conference: October 13-16, 2023; Philadelphia, PA and Southern Regional Council on Education Administration Annual Conference: October 23-25, 2023; Huntington, WV.

Stephens L, Lambert M. *Skill and behavior development within pro bono service: a qualitative report*. Poster presentation at ACAPT Educational Leadership Conference: October 28-30, 2022; Milwaukee, WI.

Stephens L, Brown M, Portillo G, Wolfe J, Thompson K, McConnauey H, Thomas, M. *Functional Gains in a Student-Led Pro Bono Clinic: A Case Study of Chronic CVA*. Poster presented at West Virginia Physical Therapy Association state chapter meeting: September 25, 2022. Wheeling, WV.

Prather G, **Stephens L**, Bills A, Stewart J, Krum, R. Leadership practices among physical therapy students participating in a leadership development program. Poster presented at

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West Virginia Physical Therapy Association state chapter meeting Sunday, September 25, 2022. Wheeling, WV.

Stephens L, Pfost G. *Student motivation for leadership opportunities: a pilot study*. Poster presented at West Virginia Physical Therapy Association state chapter meeting: April 25, 2021 and at APTA Combined Sections Meeting: February 2-5, 2022; San Antonio, TX.

Mehta SP, **Stephens L**, Forren FB, Friedman L, Baker, R. *Short Physical Performance Battery Accurately Identified Fallers While Screening Fall-Risk in Community Dwelling Older Adults*. Poster presented at Combined Sections Meeting of the American Physical Therapy Association; February 2-5, 2022; San Antonio, TX.

Stephens L, Mehta S, Whitwer C, Khaled M, Walls A. *A systematic review of the measurement properties of the Community Balance and Mobility Scale*. Poster presented at West Virginia Physical Therapy Association state chapter meeting: April 25, 2021.

Pfost G, **Stephens L**. *A pilot phenomenological investigation of Doctoral Student Physical Therapists' perceptions of leadership*. Poster presented at West Virginia Physical Therapy Association state chapter meeting: April 25, 2021.

Stephens L, Mehta S, Haer B, Broussard B, Narum J. *Fall risk screening in community dwelling older adults*. Poster submitted to West Virginia Physical Therapy Association state chapter meeting. Virtual presentation (secondary COVID-19 pandemic) June 8, 2020, for West Virginia Physical Therapy Association poster session.

Erickson M, Evans KW, Barrett S, Schmid V, **Stephens L**, Utzman RU. *Rural clinical educator's perceptions of APTA clinical education standards*. Poster presented at West Virginia Physical Therapy Association state chapter meeting: April 2012.

Non-Peer Reviewed Presentations

Gaming the Simulation for Student Assessment. May 1, 2024. Presented at Marshall University iPed Teaching Conference. Dr. Gretchen Prather, co-presenter.

COVID Can't Stop Us: Opening a Student Driven Pro-Bono Clinic During a Pandemic. April 9, 2021. Presented virtually for The Pro Bono Network Conference.

Promoting Functional Independence for the Neurological patient. October 25, 2019. Guest speaker. St. Mary's Hospital Neuro Symposium. Huntington, WV.

Neurological Gait Impairments: Take a Walk with PT. April 4, 2018. Guest lecturer. University of Kentucky Physical Medicine and Rehabilitation residency didactics.

Traumatic Brain Injury and Substance Abuse. June 2017. Presented to therapy and nursing staff at Cardinal Hill Rehabilitation Hospital as Brain Injury University, continuing education to fulfill Certified Brain Injury Specialist requirements.

Membership in Scientific/Professional Organizations

American Physical Therapy Association., Member. 2009-current.

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Section Membership: Academy of Neurological Physical Therapy, Academy of Physical Therapy Education, Academy of Clinical Physiology and Wound Care

American Academy of Brain Injury Specialists. Member 2015-current.

Phi Kappa Phi Honor Society. Member, inducted November 13, 2020.

Professional Service

APTA House of Delegates. (July 2024-present). Elected to represent state chapter at the American Physical Therapy Association Leadership Congress as a delegate for the state of West Virginia. Chief Delegate, 2026-2028

Journal of Physical Therapy Education, Article Reviewer (January 2023-present). Provide peer review for articles submitted for publication to JOPTE.

Academy of Education Reviewer (April-May 2024.) Assisted with review of educational content for presentation at APTA Combined Sections Meeting conference for the Academy of Education and review of educational content for presentation for ACAPT Educational Leadership Conference.

ANPT Combined Sections Meeting – ANPT Program Proficiency Committee member (July 2020-July 2023; 2024). Assist with selection, organization, and review of educational content presented at APTA Combined Sections Meeting conference for the Academy of Neurological Physical Therapy from July 2020-July 2023.

ANPT Brain Injury Special Interest Group Nominating Committee member (July 2020-July 2023).

ACAPT Pre-Observation Hours Taskforce (January-October 2020). Member of taskforce exploration of current practices and perceptions on use of pre-admission observation/volunteer hours and make recommendations to ACAPT membership.

WVPTA Education Committee (2018-2026). Assist in planning and organize West Virginia Physical Therapy Association's annual educational conference and meeting.

Community Service

MUVIT Pro-bono Physical Therapy Clinic. Faculty coordinator. Developed and oversee student-facilitated pro bono physical therapy clinic serving uninsured and underinsured members of Huntington, WV and surrounding communities.

Marshall University ALS clinic. Provided pro bono physical therapy services to Marshall University's multidisciplinary clinic for individuals with amyotrophic lateral sclerosis; providing consultation, evaluation, and family training. (September 2018-July 2020)

Volunteer/supervising faculty. Samaritan's Touch, pro bono clinic organized by University of Kentucky Department of Physical Therapy. (2016-2018)

Services to the University/College/School on Committees/Councils/Commissions:

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Faculty Senate, COHP, 2026-present

University Committees

Member: Academic Hearing Panel (2018-2019, 2021)

Member: University Curriculum Committee (2023-2027)

College Committees

Member: COHP Curriculum Committee (2021-present)

School of Physical Therapy Committees

Academic and Professional Standards Committee (Chair: August 2020-2022; Member: 2019-August 2020)

Administrative Committee (Member 2022-2026)

Admissions Committee (Member 2018-2024, 2026-present)

Clinical Education Committee (Member 2018-2023, 2025)

Curriculum Committee (Member 2026-present)

MUVIT Pro Bono Physical Therapy development committee-Chair, November 2019-Present

Research Committee (Member 2026-present)

Search Committee (Member August 2022-2023, Chair 2023-2025, Member 2025-2026, Chair 2026-present)

Service-Learning Activities Committee (Member: 2019-2023)

Continued Education

CAPTE PT Virtual Self-Study Workshop. APTA Learning Center. Doreen Stiskal, PT, Ph.D., Instructor. March 13, 2026. 12 contact hours

How do you translate effective concussion management strategies into clinical practice? Medbridge. February 13, 2026. JJ Mowder-Tinney, PT, PhD, NCS, instructor. 1.25 Contact hours.

Pathophysiology and plasticity in neurologic conditions. Medbridge. February 12, 2026. Karen McCulloch, PT, PhD, FAPTA, FACRUM, NCS, Instructor. 2 hrs.

Can we augment recovery after SCI with non-invasive spinal stimulation? Medbridge. January 2, 2026. JJ Mowder-Tinney, PT, PhD, NCS, instructor. 1.25 Contact hours.

Combined Sections Meeting, American Physical Therapy Association. Houston, TX. February 13-15, 2025. 10 Contact hrs.

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- Simulating Success: Enhanced Simulation-Based Education Design and Operational Insights.* APTA CSM 2025 Pre-Conference Course. February 12, 2025. Houston, TX. 7 Contact hours.
- Academy of Neurological Physical Therapy, Annual Conference.* Columbus, OH. September 19-21, 2024. 8 Contact hrs.
- Combined Sections Meeting, American Physical Therapy Association.* Boston, MA. February 14-17, 2024. 12 Contact hrs.
- Education Leadership Conference, American Physical Therapy Association/American Council of Academic Physical Therapy.* Philadelphia, PA. October 13-15, 2023. 14 Contact hrs.
- Combined Sections Meeting, American Physical Therapy Association.* San Diego, CA. February 23-25, 2023. 16 Contact hrs.
- Education Leadership Conference, American Physical Therapy Association/American Council of Academic Physical Therapy.* Milwaukee, WI. October 28-30, 2022. 14 Contact hrs.
- Combined Sections Meeting, American Physical Therapy Association.* San Antonio, TX. February 3-5, 2022. 18 Contact hrs.
- Virtual Combined Sections Meeting, American Physical Therapy Association.* February 2021. 17 Contact hrs.
- Implementing an Intensive Inpatient Rehab Locomotor Training Program Incorporating Robotics and other Technology Based Tools.* Completed December 8, 2020. APTA Learning Center-virtual NEXT Conference bundle. 2 contact hours.
- Movement System Neurological Diagnosis.* Completed December 4, 2020. APTA Learning Center-Virtual NEXT conference bundle. 2 contact hours.
- Specialist Certification Examination Item Writing: an Overview.* May 12, 2020. APTA Learning Center. 3 contact hours.
- Combined Sections Meeting, American Physical Therapy Association.* Denver, CO. February 12-15, 2020. 18 Contact hrs.
- Lymphedema Gold Standard Therapy: Risk management and Adaptations.* Completed July 31, 2019. Medbridge. 1.5 contact hours.
- Foundations of Lymphedema Management.* Completed July 30, 2019. Andrea Brennan, OTR/L CLT-LANA, DAPWCA, course instructor. Medbridge. 2.25 contact hours.
- New Faculty Workshop, Academy of Physical Therapy Education.* Chicago, IL. July 11-14, 2019. 23.75 Contact hrs.
- Mechanism Based Approach to Physical Therapy Pain Management.* West Virginia Physical Therapy Association Annual Conference. Roanoke, WV. April 27-28, 2019. Kathleen Sluka, PT, PhD, FAPTA, course instructor 11 Contact hours

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Combined Sections Meeting, American Physical Therapy Association. Washington, DC. January 24-26, 2019. 18 Contact hrs.

LSVT: BIG Certification. LSVT Global, Inc. Patricia Brown, PT, DPT, NCS, Thomas Gangeini, PT, DPT, MBA, Erica Vitek, MOT, OTR, BCB-PMD, PRPC, instructors. Completed August 25, 2018. Marshall University, Huntington, WV. 12 Contact hrs.

Management of Patients with Integumentary Disorders. July 18, 2018. APTA Learning Center. Katherine Biggs Harris, PT, PhD, instructor. 8 contract hours.

NRTI 7280: NCS Prep Course. Completed May 19, 2017. NeuroRecovery Training Institute. Craig Fox, PT, DPT, NCS, CSCS, instructor. 40 Contact hrs.

2017 Practical Update in Neurology and Neurosurgery. May 5, 2017. University of Kentucky, UK Healthcare. 5.5 Contact hrs.

Acute Brain Injury and Disorders of Consciousness. Medbridge. Mary Beth Osborne, PT, DPT, NCS, instructor. 1.5 Contact hrs.

Advanced Training Course in Robotic Rehabilitation Therapy with the Lokomat. Cardinal Hill Rehabilitation Hospital. October 31, 2016. 5 Contact hrs.

An Introduction to Vestibular Rehabilitation. June 4-5, 2016. Indiana University Health West, Avon, IN. Laurie Swan, PhD, DPT, PT, CEEAA, instructor. 16 Contact hours.

Vestibular Rehabilitation: Identification and Management of BPPV. March 21, 2016. Medbridge. Jeff Walter, PT, DPT, NCS, instructor. 3 Contact hours.

Yoga for Balance After Stroke. March 19, 2016. Medbridge. Arlene Schmid, PhD, OTR and Marieke Van Puymbroeck, PhD, CTRS, FDRT, instructors. 1 Contact hour.

Vestibular Rehabilitation: Vestibular Disorders. December 10, 2015. Medbridge. Jeff Walter, PT, DPT, NCS, instructor. 3 Contact hours.

Treating Patients with Neurological Deficits. December 8, 2015. Medbridge. JJ Mowder-Tinney, PT, PhD, NCS, instructor. 4 Contact hours.

Pathological Gait Review and Principles of Bracing in the Neurological Population. October 14, 2015. Medbridge. Karen McCrain, PT, DPT, NCS, instructor. 4 Contact hours.

7th Annual Kentucky Appalachian Rural Rehabilitation Network Conference. Eastern Kentucky University, Richmond, KY. September 23, 2015. 7.5 Contact hrs.

Combined Sections Meeting, American Physical Therapy Association. February 4-7, 2015. Indianapolis, Indiana. 18 Contact hrs.

Rehabilitation for Persons with Dementia: Making Therapy Worth It. November 7-8, 2014. Cardinal Hill Rehabilitation Hospital, Lexington, KY. Susan Staples, PT, GCS, instructor. Hosted by Great Seminars and Books, Inc. 20 Contact hrs.

PT Technology Training. Cardinal Hill Rehabilitation Hospital, Lexington, KY. November 1-2, 2014. 10 Contact hrs.

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FES Ergometry. Restorative Therapies. October 8, 2014. 4 Contact hrs.

Dionne's Safe Patient Handling and Bariatric Rehab. February 22, 2014. Frazier Rehab Institute, Louisville, KY. Mike Dionne, PT instructor. 8 Contact hrs.

Getting Results Faster when using NDT to Increase Challenge of the LE's and to Improve Gait, Recovering Function. June 10-11, 2013. Frazier Rehab Institute, Louisville, KY. Peggy Miller, PT instructor. 15 Contact hrs.

Introduction to NDT: Achieving Functional Outcomes for Adults with Hemiplegia Using the Principles of NDT, Recovering Function. June 8-9, 2013. Frazier Rehab Institute, Louisville, KY. Cathy Runyan, OTR/L, instructor. 15 Contact hrs.

Amputee Walking School. Kenny Orthopedics, Prosthetics and Orthotics. Cardinal Hill Rehabilitation Hospital. January 19, 2013. 5 Contact hrs.

Current Topics in Prosthetic Research. Kenny Orthopedics, Prosthetics and Orthotics. Cardinal Hill Rehabilitation Hospital, Lexington, KY. November 1, 2012. Jason Kahle, CPO, LPO, FAAAOP, instructor. 3 Contact hrs